

# Vermont Country Sampler

Free

- Statewide Calendar of Events, Map
- Inns, B&B's, Dining, Real Estate
- Entertainment, Book Reviews
- Plenty of Good Reading!

July 2013

N. Cassidy

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**Vermont Country Sampler**  
July 2013, Vol. XXIX

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**Vermont Country Sampler**  
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[vermontcountrysampler.com](http://vermontcountrysampler.com)



photo by Billings Farm & Museum  
Visitors help load the hay wagon using pitch forks at Billings Farm & Museum's Hay Day. Jason Johnson, Farm Manager, is driving the team of horses, Jim & Joe. Paul LeBlanc is helping the children with the hay.

**Brattleboro, VT**

**Rural Vermont and Wild Carrot Farm Host Raw Dairy Class**

Learn to Make Butter, Ricotta, & Mozzarella from Raw Milk. Rural Vermont is bringing back its popular raw milk dairy processing classes on July 13th from 10 a.m. – 2 p.m. at Wild Carrot Farm in Brattleboro, VT. Rural Vermont Board members and farmers Ben Crockett and Ashlyn Bristle will host and teach this introductory class about using raw milk to make some basic and delicious dairy products—butter, ricotta, and mozzarella.

Half-way through the class, participants will be treated to a complimentary and hearty farm lunch of grilled chicken (vegetarian option available), potato salad, green salad, and bread with freshly churned butter and freshly made cheese!

The class fee is \$50. Registration and prepayment is required. All proceeds benefit Rural Vermont. This is the only scheduled dairy class for this summer and it will be a small class, so space will fill quickly! To register, e-mail [shelby@ruralvermont.org](mailto:shelby@ruralvermont.org) or call (802) 223-7222.

Wild Carrot Farm is a small, diversified farm that raises over 100 varieties of vegetables, flowers, mushrooms, pastured dairy and beef cows, lambs, goats, pigs, chickens, turkeys and rabbits. By growing food in a diverse environment using organic principles, and selling all of their food

within their community, they are working to create a positive impact on their local ecosystem. Learn more about the farm by visiting [www.wildcarrotfarm.net](http://www.wildcarrotfarm.net).

*Rural Vermont is a statewide nonprofit group founded in 1985. For over 25 years, Rural Vermont has been advancing its mission of economic justice for Vermont farmers through advocacy, grassroots organizing, and education. For more info or to be added to the mailing list, call (802) 223-7222, visit [www.ruralvermont.org](http://www.ruralvermont.org), or find them on Facebook.*

**Widow Carrie's Courting**

Tramps carved "yes" marks  
along stone walls that led to Wilbur's farm.  
It meant their travelling kind could get  
a hand-out there. It didn't tell  
that one might have to split some kindling wood  
or fetch a pail of water from the well.

Wilbur's widow never minded feeding tramps.  
She had plenty of odd jobs they could do.  
At any rate they were some company.  
Each knew there'd be a bounty on his plate.  
No matter just how sad or frail they looked  
she let them do their job before they ate.

One day one came who hardly seemed a tramp  
yet all his worldly goods were on his back  
When the widow spoke of unpaid bills  
he reached inside his sack and loaned her money.  
His chance for quick repayment was so slim  
he worked the farm for her until she married him.

—WILLIAM MUNDELL  
Newfane, VT

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photo by Billings Farm & Museum

Billings Farm & Museum teamster, Phil Warren, drives the Percheron draft horses, Lynne & Sue, cutting hay. The cutter is a McCormick New 4 Mower, 1880-1900.

**Woodstock, VT**

# July Festivities at Billings Farm & Museum

Billings Farm & Museum is celebrating its 30th Anniversary this year. Over these past 30 years, over one million visitors—hailing from every state in the U.S. and over 40 foreign countries—have made the farm an important part of their visit to Vermont. In addition to the following special events, you can visit the farm for Time Travel Tuesdays, Wagon Ride Wednesdays and Foodways Fridays. Whether you are a visitor or make Vermont your home, plan a trip to Billings Farm this summer. You'll have a great time!

**“An Old Vermont 4th”**

Celebrate the Billings Farm & Museum's “Old Vermont 4th” on Thursday, July 4, from 10:00 a.m. until 5:00 p.m., featuring traditional music, flag-making, hand cranked ice cream, horse-drawn wagon rides, patriotic speeches, and debates. A special feature will be the continuous showing of *Island of Hope, Island of Tears*, a film by Charles Guggenheim.

Throughout the day, families may make their own 43-star flags (the flag of 1890), Uncle Sam bookmarks, presidential silhouettes, fireworks stencils, and compete in sack races and the egg toss, crank fresh strawberry ice cream, and enjoy a wagon ride.

Debates and speeches have played a key role in the Independence Day observance, as was the reading of the Declaration of Independence, which will occur at noon. At 1 p.m., there will be a women's debate on the topic, “Which is to be preferred—A Town or Country Life?” Adults and older students can test their 19th century vocabulary skills in spirited spelling bees.

The dramatic documentary *Island of Hope, Island of Tears*, which tells the story of Ellis Island—the part of entry for millions of European immigrants—from 1892-1954, will be shown on the hour in the visitor center theater.

Admission includes all activities and programs, plus the operating dairy farm, farm life exhibits, and the restored and furnished 1890 Farm House.

**Celebrate National Ice Cream Day**

Billings Farm & Museum will celebrate National Ice Cream Day on Sunday, July 21, 2013, from 10 a.m. – 5 p.m. Visitors can participate in making and tasting hand-cranked ice cream made using Billings Farm cream several times during the day, while learning the history and science of the “great American dessert.” Have fun making an ice cream cone headband, playing 19th century historic games, and enjoy a horse-drawn wagon ride.

Admission to National Ice Cream Day includes all programs and activities, plus the operating dairy farm, farm life exhibits, and the restored and furnished 1890 Farm House.

**Hay Day!**

Billings Farm & Museum, gateway to Vermont's rural heritage, will feature Hay Day on Saturday, July 27, from 10 a.m. – 5 p.m. The event will feature traditional 19th century haying techniques using horse-drawn equipment, including cutting, raking, and tedding with Billings Farm's draft horses; also horse-drawn narrated wagon rides, family activities for all ages, plus switchel, the haymaker's drink.

Additional activities will include penny-in-the-haystack, making clothespin horses and scarecrows puppets, and rope making demonstrations.

*The Billings Farm & Museum is owned and operated by The Woodstock Foundation Inc., a charitable non-profit institution founded by Mary French and Laurance Spelman Rockefeller. Billings Farm is an operating Jersey dairy farm that continues a 142-year tradition of agricultural excellence and offers farm programs and historical exhibits that explore Vermont's rural heritage and values. Celebrating its 30th anniversary, the Farm & Museum has served as a gateway to Vermont's rural heritage. It is open daily April 27 through*

*October 31, 10 a.m. to 5 p.m., weekends Nov. – Feb., and Christmas & Presidents' weeks, 10 a.m. to 3:30 p.m. Admission: adults: \$12; 62 & over: \$11; children 5-15: \$6; 3-4: \$3; 2 & under: free. The Farm & Museum is one-half mile north of the Woodstock village green on VT Rt. 12. For information call (802) 457-2355 or visit [www.billingsfarm.org](http://www.billingsfarm.org).*



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# A Summer Family Vacation in Earlier Times

by Charles Sutton

When my brother Fred and I were growing up, and this was just after World War II, my parents never took a summer vacation. My father was a self-employed stock broker, so when the market was good, he felt he shouldn't take time off then. When the market was down and sluggish, that was no time to rest either, but to work harder.

Finally they decided a break was needed, and settled on a weekend trip to Block Island which sits in the Atlantic to the east of Long Island's Montack Point, and 13 miles south of Point Judith, Rhode Island. The thickly shrub and sea-grass covered island is just seven miles long and three-and-a-half miles wide, a safe haven for migrating birds and not much of a tourist destination back then.

Our first trip there began with a pleasant ride on a ferry from Pt. Judith to the island where a local taxi took us to a small inn on the far side of the island overlooking the Atlantic.

Initially things looked pretty grim. The place was run-down, the beds looked forebodingly lumpy, and the bathroom fixtures were rusty. Imagine, they even had a toilet with the water tank close up near the ceiling! My parents were aghast and thought they couldn't stay, would have to leave and go home.

But we pulled ourselves together, made our way down the steep path for a swim in the crystal-clear ocean, and returned for a few drinks before dinner. Our moods improved even more after we had a delicious, home-cooked family-style seafood dinner.

"Home-cooking" is a much over-used label. I've had hardly-edible home-cooking, including some I've made myself. But here the man-and-wife innkeepers really created delicious food. My parents settled in and decided they could "rough it" and stay.

One evening they prepared some bluefish to perfection which my father, my brother Fred and I caught on the day we went out with a commercial fishermen. That was when the Atlantic was full of fish, and we easily brought in enough for the boat captain's family and the inn in just an hour or two.



photo courtesy of Block Island Tourism Council  
Monhegan Bluffs on the southeast edge of Block Island.

After dinner we sat outside on the bluff overlooking the Atlantic. Because of the scarcity of trees one could see 360 degrees of the skyline with all the summer stars. Also visible were brightly-lit ocean liners on their way to and from New York Harbor.

The inn had its own nine-hole golf course, carved out of rocky pasture and thick brush. Father, brother and I were poor players (really hackers—the old meaning for that term). When we played a course and didn't double par, we considered it a good day.

The innkeeper got us a caddy, not to carry our bags, but to go down the fairways to spot where we sliced balls into the ruff or bracken. Caddies back then usually had pockets full of good used balls one could buy for a reasonable price.

Have today's golf carts made the game any more fun with less exercise?

Where we went swimming was quite rocky so one had to be careful. The rocks were well washed and rounded. Here's where Fred and I discovered "sea glass" and started collecting some in a small jar. These were tiny bits of broken glass the sea and rocks had rounded into tiny shapes. Easy to identify were deep blue fragments from Milk of Magnesia bottles and the pale green from coke bottles. Others were more challenging to identify the source.

This was the first of several Block Island family vacations. On one of our trips we flew out and back in a small charter plane. Father rode in the co-pilot's seat, a thrill for him as he had been in pre-training to fly in the Navy in World War I. Mother and us two boys were crammed in the back seat. We learned later that mother was terrified as she had never flown before. She never let on, but we always took the ferry after that.

While waiting for the ferry to leave Point Judith, we frequented a small bar where the bartender would crack open clams on the half shell—as many as we wanted. This was when "raw" was safe.

I went to Block Island many years later to do a photo feature story on an Audubon Society's bird-watching weekend. Birders spotted 110 different species, including a sora and a hooded warbler that they had never seen before. Much as it was fun to revisit that enchanted island, it just wasn't the same, nor could it ever be.



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**Putney, VT**

**Twilight on the Tavern Lawn Presents Summer Concerts**

Twilight Music continues its 11th annual Twilight On The Tavern Lawn series of folk, world beat, rock, jazz, zydeco, Celtic, swing, blues and bluegrass summer concerts on Sunday, July 14 with Darlingside, a popular "string-rock" quintet.

The concert series continues every other Sunday through August 25. All concerts begin at 5:30 pm in downtown Putney on the Putney Tavern lawn (bring a lawn chair or blanket) or at Next Stage at 15 Kimball Hill in case of rain. The series is sponsored by the Town of Putney, Putney Food Co-Op, Soundview Paper Company, The Putney Inn, Next Stage Arts Project, The Stockwell Brothers and many other Putney businesses and organizations. The concerts are free to the public (donations are accepted) and food will be available.

**Darlingside • July 14**

Darlingside will perform on Sunday, July 14. This Northampton, Massachusetts' premier "string-rock" quintet creates a seamless, exhilarating sound at the intersection of rock, classical and folk music. Lush five-part harmonies, classical cello-violin duets and compelling break-beats characterize the band's sound. Sam Kapala (drums, vocals), Don Mitchell (guitar, vocals), Ayun Mukharji (mandolin, violin, vocals), Harris Paseltiner (cello, guitar, vocals) and David Senft (vocals, bass guitar, guitar) keep audiences on their toes with exuberant stage presence, spontaneous a cappella, frequent instrument switches, mind-boggling covers and a widely eclectic, cross-genre blend of original material.

Together only two years, Darlingside has already played to packed houses from Portland to D.C., toured internationally with appearances at Canadian Music Fest in Toronto, SXSW in Austin, TX, and Gathering of the Vibes in Bridgeport, CT, and headlined such prestigious venues as The Iron Horse Music Hall in Northampton, Brooklyn Bowl in NYC and the Paramount Theatre in Rutland, VT. Their first studio CD "EP 1" has earned high praise for its craftsmanship and originality, and the quintet recently won the grand prize of the Sennheiser "Hear I Am" contest.

**Simba • July 28**

Simba will be featured on Sunday, July 28. Simba features blazing horns and scorching percussion on a highly danceable mix of funk, Latin, reggae, world beat, soca calypso, ska, jazz and blues. The eight member band has been together twenty-four years and includes Charlie Schneeweis, Wim



Prydein, an American Celtic-rock band will perform in Putney in August 28.

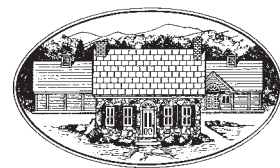
photo by Nicole MacHarg

Auer, Steve Sonntag, Derrik Jordan, Dan DeWalt, Johnny Yuma, Steve Leicach and Bob Stabach. Simba has released one CD, a self titled collection of original songs and grooves created to make you dance. Simba is dedicated to Peace, Love and Unity for our community and world.

**August Concerts**

Rounding out the summer will be two concerts. The first is Occidental Gypsy on Sunday, August 11. This acoustic Gypsy pop quintet mixes Gypsy and swing/jazz with contemporary American music melodies. The season finale will be Prydein on Sunday, August 25. Prydein is a bagpipe rock quintet that brings a rock 'n' roll sensibility to a traditional Celtic repertoire.

For information, visit [www.twilightmusic.org](http://www.twilightmusic.org) or call (802) 387-5772.



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Thanking with its breath, the sky.

Four-o'clocks, with heart unfolding,  
When the loving sun had gone,  
Streak and stain of running crimson,  
Like the light of early dawn.

Regal lilies, many-petaled,  
Like the curling drifts of snow,  
With their crown of golden anthers  
Poised on malachite below.

Marigold, with coat of velvet,  
Streaked with gold and yellow lace,  
With its love for summer sunlight  
Written on its honest face.

Dainty pinks, with feathered petals,  
Tinted, curled, and deeply frayed,  
With its calyx heart, half broken,  
On its leaves uplifted laid.

Can't you see them in the garden,  
Now, where grandma takes her nap,  
And cherry blooms shake softly over  
Silver hair and snowy cap?

—ETHEL LYNN  
circa 1878



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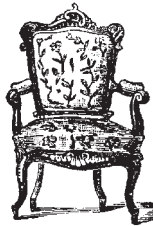
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Make a sponge of one-half cupful of milk, one-half cupful of brown sugar, one tablespoonful of butter, two cupfuls of unsifted flour and a heaping teaspoonful of baking-powder; this quantity makes three cakes by dividing it into three parts. Lay each part upon a pie plate and flatten it well with the palm of the hand. You can't roll this, as it is too soft. Of course, the blueberries have been picked nice and clean, so put on a deep layer of them first. Put sugar over the berries and pour a custard over them. This custard is made of one-half pint of milk, two eggs, one tablespoonful of sugar and a little vanilla to flavor it. Some use too much vanilla, which destroys the delicate taste that a flavoring extract should give.

—Annie R. White

**RASPBERRY AND CURRANT PIE**

Put a layer of red or black raspberries in the bottom of a deep pie tin, then a layer of red currants cleaned and stemmed, then another layer of raspberries, then currants, and proceed till the dish is full; sprinkle over one-half cupful of sugar and one-fourth of a cupful of water, put a thin layer of pie crust round the edge, then put on the top crust. Brush the top crust over with a little water and sift over a little granulated sugar. Bake in moderate oven one-half hour; the sugar gives it a frosted look. Be careful to watch it after it is in the oven so that it does not burn.

—M. E. J.

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Take the fruit when not over-ripe, pick over carefully, wash and put in glass jars, filling each one about three-fourths full. Make a syrup of a pound of granulated sugar and one cupful of water for every one and one-half pounds of fruit and let it boil slowly fifteen minutes. Pour syrup into the jars over the berries, filling them up to the top; then set the jars in a boiler of cold water with a generous amount of straw or excelsior in the bottom of the boiler to prevent the cans from falling against each other. Place on the stove and let the water boil until the fruit becomes scalding hot; add more syrup as the fruit settles. Now take out of the cans and seal tight. If these directions are followed the fruit will keep for years.

—Mrs. A. Peters

**RASPBERRY, BLUEBERRY OR GOOSEBERRY TURNOVERS**

Take a good light crust, roll it out two or three times, then leave it one-quarter of an inch in thickness. Cut it out in rounds with a small basin, and lay a few black raspberries, blueberries, or gooseberries, or other fruit which have been stewed with sugar, on one-half of each round. Turn the other half over the fruit, fasten the edges securely, and bake on tins in a moderate oven. Serve with sifted sugar.

—Mrs. C. I. Burt

**FRESH RASPBERRY COMPOTE**

Bruise a quart of sound raspberries thoroughly, put them into a glass dish, and sprinkle a pound of powdered sugar over them. Let them lie in a cool place for a couple of hours, then pour over them a quart of thin claret and a quart of cold water. Send sponge cake or any light cake to table with them.

—Mrs. Lottie Meisman

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—Mrs. L. A. B.



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# Two Gardens A Century Apart

by Judith Irven

Manchester, Vermont is more than just a big shopping experience. It is also the home of two splendid public gardens.

These two gardens, just four miles apart, are separated in time by exactly one hundred years. And, as such, they provide the attentive visitor a quick lesson in how garden fashions have evolved over the past century.

The first, created in 1907, graces the splendid manor house of Hildene, private summer home of Robert Todd Lincoln (son of President Lincoln) and his wife Mary.

Now, thousands of people visit Hildene annually, many coming specifically to enjoy the huge formal garden which is laid out with geometric precision, emulating the grand gardens of old Europe.

And, for a complete contrast, garden aficionados will be delighted to discover a lovely contemporary garden tucked away behind the expansive Northshire Bookstore. This is a quintessential 21st century garden, complete with flowing lines, artistic stonework and an eclectic mix of flowers and shrubs.

It is close to the new roundabout that replaced the infamous 'malfunction junction'. But, despite its central location, this lovely garden is often overlooked by the visitor.

So, next time you are in Manchester, after browsing Northshire's extensive bookshelves and perhaps finding that perfect book, be sure to leave through the rear door and pay a visit to their delightful 'back garden'.

## The gardens of Hildene

Visiting Hildene is to take a trip back in time. After entering the main gates and walking up the carriage road flanked by tall trees you come to the large circular driveway and the imposing mansion set on a high promontory. You have clearly 'arrived'. Continue on around behind the mansion to the long rear terrace, and you will be facing Hoyt garden, an amazing creation that is the ultimate in formality.

The Lincoln's daughter, Jesse, designed this garden as a birthday gift for her mother, Mary. Using the sweeping flat space behind the house, she styled the garden after a French parterre to resemble a stained-glass cathedral window. Looking down from her bedroom in the center of the house Mary could absorb its entire panorama in a single glance.

Even from the ground-level terrace, you cannot miss the pivotal central axis, running southwest and flanked by four symmetrical quadrants each containing a small central lawn. And, in each quadrant, the individual beds have complex outlines delineated by low clipped privet hedges.

The long axis terminates in a semi-circular rose garden backed by an imposing pergola and a grand view back to the house.

The Hoyt garden is justly famous for its peony collection, where recently over 1000 different types of peonies have been carefully documented against century-old records.

But summer does not end when the peonies stop blooming. The beds also contain plenty of later flowering perennials, including lilies and daylilies, Salvia, Veronicrastum, Cimicifuga, feverfew and shasta daisies, with a different color theme assigned to each of the four quadrants.

The large estate offers plenty of other attractions for the garden-minded visitor, starting with the 'not to be missed' containers of tender plants set in the shady porches around the house. Their big leaves and exotic color schemes surely made this gardener envious.

The vegetable garden looks nicely productive, but the practical side of me noted its long distance from the main house, clearly not very convenient for popping out to get lettuce for lunch.

Everything about Hildene reminds us that it required a commensurately large staff to support daily life on the estate.

## The Northshire garden

After visiting Hildene the Northshire garden behind the bookstore will come as a complete contrast. Created about



The Hoyt garden, designed one hundred years ago by Robert and Mary Lincoln's daughter Jessie, is open to the public at Hildene in Manchester, VT. photo by Dick Conrad

ten years ago, it was a collaboration of garden designer Carrie Chalmers and her stonemason brother Cameron.

Although it is sandwiched next to a parking lot, this is a surprisingly intimate garden, where people can stroll around, perhaps stopping awhile to read or chat. And the upkeep, though not negligible, is vastly less than that needed at Hildene.

The space incorporates two levels, a narrow upper level and a more expansive lower level, separated by a meandering stone retaining wall and connecting steps. Be sure to cast your eyes upwards to admire the interesting mix of overhanging shrubs along the upper level, creating a tableau of texture and color all season long. One standout is the bronze colored *Physocarpus* 'Diablo'.

In this garden, the first thing you notice is the absence of lawn. Instead the walking spaces (or negative space) throughout the lower level are created with finely crushed bluestone. *Yes—gardens do not need lawns to be complete!!*

The second thing you notice is the garden's complex spatial layout, delineated by stunning stonework. And you can't miss the beautiful blue metal butterfly and some island stones set among the crushed bluestone. *Gardens today are much more than the sum of their plants!*

On the lower level the flowerbeds are all slightly elevated, a nice touch that brings everything closer. They are edged with substantial stonewalls and flat capstones that create extended seating areas. And, since all the plants in these beds were thriving in mid-summer, presumably plenty of good-quality topsoil mixed with compost was brought in at the outset.

The flowerbeds are filled with easy-care perennials of contrasting shapes, such as the tall spikes of *Veronicrastum* and shorter spikes of *Salvia* and *Nepeta*, versus the daisy-like flowers of *Leucanthemum* and *Coreopsis*. And the magenta poppy mallow, *Callirhoe involucrata*, makes a brilliant splash as it weaves between its taller companions.

And finally, clumps of tall grasses, used to create a visual barrier with the parking lot, are a nice way to avoid interfering with snow removal in the winter.

## Vive la difference

Two gardens a century apart; what do they tell us about our gardening ideals today?

Here are some of my conclusions about today's gardeners:

- We like to enjoy our gardens up close.
- We care less about formality, both in our lives and in our gardens.
- We combine shrubs for continuity with perennials for spontaneity.

• And, last but not least, our gardens must be easy to maintain.

Judith Irven is a landscape designer who lives with her photographer husband, Dick Conrad, in Goshen, VT. Her northcountryreflections.com website is devoted to her garden writings.



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The blue butterfly in the contemporary garden at Northshire Bookstore in Manchester, VT. photo by Dick Conrad

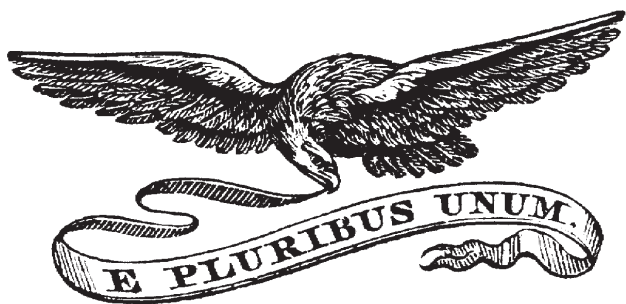


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## Celebrating July 8th

by Bill Clark

July 8th, 1777. I've often wondered why we in Vermont don't celebrate this date instead of July 4th. July 8th, you ask, whatever happened on this date? I bet there isn't more than one person in a hundred in Vermont that knows a thing about July 8th, or one in a million in the United States. Ask any Vermont student the significance of July 8th and you would probably get a blank stare. Our schools teach little about it. Yet one of the most important events ever in history took place on this date.

Consider July 8th, 1777. We all remember the day before when at the 7th hour, of the 7th day of the 7th month, 1777 on a lonely hill in a place called Hubbardton. Seth Warner and a Rear Guard of New England Rebels clashed with Burgoyne's British troops who had followed from Fort Ticonderoga. This fierce battle became the beginning of the turning point in the Revolutionary War as Burgoyne's soldiers retreated back to Fort Ticonderoga.

### Gathering to form The Republic of Vermont

While all of this was taking place, rebels from the "Wilderness" as it had been known since Samuel de Champlain's 1609 discovery, were meeting in Windsor, VT, a small town on the west side of the Connecticut River. They had called a convention on July 2 to write a constitution for this place that was to become the "Republic of Vermont."

July 8th was now the seventh day of this convention and the document was nearing completion. Word suddenly arrived with news of the Battle of Hubbardton. Delegates from the Champlain Valley, anxious for their families' safety, asked to adjourn the meeting that they might return to the Champlain Valley at once.

July 8th had been a hot, sultry summer day. Just as they were about to leave, Divine Providence intervened. From out of the heavens, a massive electrical storm with downburst winds, toppled trees and blocked and washed out trails. With no way out, the delegates returned to the table and completed the most freedom-giving document ever written in the history of mankind!

In late afternoon as they left the table and stepped outside, the storm had passed to the east and the sun was coming out. I have always wondered if they may have seen a rainbow with words inscribed on it of "Freedom—Equality—Justice for All. Well Done, Good and Faithful Servants."

### The Vermont Constitution

This Vermont Constitution had some very unique features not found in any others—that all mankind was created equal. There were no color restrictions on "all." It states that no male or female can be held as a slave, a servant or even an apprentice. This was America's first Emancipation Act ever. It also gave all men the right to vote regardless of whether or not they owned property or had wealth. This disallowed the



Reenactment of The Battle of Hubbardton, a turning point in the American Revolution. photo by Nancy Cassidy

rich from dominating the poor. (It did not give women the right to vote, a flaw.) Very clearly it established this government to be a sole "Citizen's Government" managed through a yearly town meeting (more often if need be.) The legislative, executive and judiciary branches were to be completely controlled by the citizenry at all times. A militia could be established and maintained, again under "Citizen Authority" at all times. An education system would be provided to be paid for by the public domain.

With the signing of this document, the Vermont Republic had begun. Fourteen years later, in 1791 Vermont joined the federal union, becoming the first state after the original 13.

Eight to ten years after Vermont signed its constitution, the slave-owning founding fathers wrote the great American Constitution. It contained most of these same rights and guarantees to "all"—if you were white. Blacks received none. As the U.S. Constitutional writers became aware of the Vermont rebels' radical constitution, fear gripped their hearts so much that the Congress petitioned Gen. George Washington to lead an army to crush Vermont before these freedoms for "all" got out of hand. The wise George Washington said "NO". At the time of his death his Will freed his own slaves. He knew in his heart that Vermont was right.

Slavery continued on in America for 80 years. Vermont became very involved with the Underground Railroad that moved slaves to Canada. Vermonters played a primary role in many of the major battles of the coming Civil War including Gettysburg—we had more enlistments and more casualties per capita than any other state.

### Horace Greeley and the abolition of slavery

In 1811 Horace Greeley was born into a debt-poor family in Amherst, NH. In 1821 in order to avoid "Debtor's Prison" the family moved to a farm in West Haven, VT. At age fifteen, Horace joined a Poultney newspaper as an apprentice. He not only learned the newspaper trade but also learned about the hardships of slavery and its injustices. Years later Horace Greeley created the New York Tribune newspaper and went on a crusade to end slavery in America. His newspaper continually pushed for abolition. He traveled across the country, trying to convince U.S. territories in the west to

outlaw slavery and come in as free states. In the late 1850s he helped form the new Republican Party and convinced them to nominate Abraham Lincoln for President over the more popular William Seward.

Lincoln was elected President as America broke out in Civil War. Greeley and Lincoln were friends and as the war progressed, Greeley continued to push Lincoln to free the slaves. Lincoln's goal was to save the Union no matter whether it meant keeping slavery, abolishing slavery or something in between. Greeley's message to Lincoln was "This matter will never be resolved until all slaves are free." On September 22, 1862, Lincoln issued The Emancipation Proclamation. After a lifetime of trying, Horace Greeley had finally won. This freedom however, didn't give blacks equality.

### Freedom but still a fight for equality

Slaves were suddenly free but with no jobs, no money, no property and no place to live. These circumstances and discrimination went on for another 100 years—"You stay in your black community, your black church, school, hotel, restaurant and so on."

Then, in the 1960's, one Dr. Martin Luther King had a "Dream", that everyone should live together as one brotherhood. It empowered the non-violent Civil Rights movement which had to withstand bloodshed, assassinations, riots, burnings and murders. However, Civil Rights laws were initiated, and over the next forty years equality has taken a giant step forward, so much so that we have elected a black President.

America has come a long way in these over 200 years, but we still have a ways to go. We still have citizens among us who are yet to receive their equal rights as guaranteed in the U.S. Constitution. There is still gender and racial discrimination. There are yet those blocking justice.

True American freedom was born here in Vermont. The Vermont Constitution still stands as the greatest human rights document ever written. If we don't defend the provisions of this document our light may go out. July 8th deserves to be celebrated and revered. It was a great day for Vermont. It was a greater day for mankind.

Bill Clark runs Clark Farm and Maple Country Kitchen with his wife Sue in Wells, Vt. You can contact him at (802) 325-3203. Bill served as president of the Vermont Maple Sugar Makers Association for 32 years. He co-founded and was president of the Vermont Farmers Market in Rutland for eleven years. Long a community advocate for healthy eating, Bill helped establish the "Grow The Longest Extra Row" project, which has generated thousands of pounds of fresh produce, given free to food pantries in Rutland County.

To learn more about "Citizen Government" read the writings of Frank M. Bryan, the John G. McCullough Professor of Political Science at the University of Vermont.



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**Old Constitution House. Windsor, VT**

Constitution Day Celebration takes place this year on Saturday, July 6 from 11 a.m. to 4 p.m. at Windsor's Old Constitution House. Join reenactors, traditional artisans, and costumed guides in this tribute to Vermont's first constitution. See "Vermont's Revolutionary Trek"—a symbolic relay from Hubbardton Battlefield to Windsor's constitutional convention.

Old Constitution House State Historic Site is located at 16 North Main St., in Windsor, VT. It is open Saturday and Sunday, and Monday holidays, 11 a.m. to 5 p.m. from May 25, 2013 to October 14, 2013. Admission: adults \$2.50, children 14 and under free. For info call (802) 672-3773. Email: [william.jenny@state.vt.us](mailto:william.jenny@state.vt.us). Visit [historicsites.vermont.gov](http://historicsites.vermont.gov).





Reenactors on the march at the Battle of Hubbardton.

photo by Nancy Cassidy

## ❧ Battle of Hubbardton Anniversary Weekend ❧

The American Revolution comes alive on Saturday and Sunday, July 6 and 7, 2013, with the annual Hubbardton Battlefield living history weekend in Hubbardton, Vermont. This colorful full scale history pageant commemorates the July 7, 1777, Revolutionary War battle, the only one fought on Vermont soil.

Visitors are invited to experience the sights and sounds of the Revolutionary War and colonial times. This battle was the first time that British troops under Lt. Gen. John Burgoyne met the resistance and bravery of Americans in battle. Experienced reenactors from up to 21 American Colonial units and 14 British Crown units share their passion for history and authenticity to provide this special experience.

The weekend offers activities for all ages and interests. Reenactors portray American and British soldiers and their families. Visit the tent camps, talk with reenactors, watch the tactical and artillery demonstrations, see camp life activities, learn how to drill, and take in guided camp and battlefield tours. Mistress Davenport opens her popular school and storytelling tent. Hands-on activities for children are offered near the museum. Sutlers (traveling store-keepers of the time) offer their wares, for a colonial shopping experience.

The museum is open both days, and the museum shop has an excellent selection of books and other items relating to the American Revolution. Local groups provide a food stand both days.

Saturday afternoon is a military tactical on the slope of Monument Hill, weather permitting, at 3:30 p.m. The Seth

Warner Mount Independence Fife & Drum Corps will present a short concert at 2:45 p.m. The weekend highlight is the Sunday battle, also weather permitting, with troops starting formations about 7:30 a.m. The extended tactical demonstration begins at 8:00 a.m., as muskets sound in the distance before the soldiers emerge over Monument Hill. Call (802) 273-2282 to confirm tactical times.

On Friday, July 5, from 10:00 AM to 3:00 PM, consider seeing the roots of the battle by visiting the Mount Independence State Historic Site in Orwell, VT. Interact with reenactor American soldiers in a small encampment preparing for a possible withdrawal from the Mount. What would they need for fight or flight?

In the Battle of Hubbardton, Vermont, Massachusetts, and New Hampshire soldiers fought in a decisive rear guard action to halt the British army, allowing the main American army under Maj. Gen. Arthur St. Clair to withdraw southward to safety from Mount Independence and Fort Ticonderoga. The battle saved St. Clair's troops, lead to the stunning American victory in October 1777 at the Battle of Saratoga, considered a turning point in the Revolutionary War.

The site opens at 9:30 a.m. on Saturday. Sunday's events start about 7:30 a.m. Admission daily is \$5 for adults and free for children under 15. There will be nearby parking and a "people mover" from the parking area to the central location for those who wish to ride. The event is offered by the Vermont Division for Historic Preservation, Living

History Association, and the Hubbardton Historical Society with support from other Hubbardton organizations and area Scouts and businesses.

*The Hubbardton Battlefield State Historic Site is located on Monument Hill Rd. six miles off VT Rt. 30 in Hubbardton, VT or seven miles off exit 5 on US Rt. 4 in Castleton, VT. The site is open Thursdays through Sundays and Monday holidays through October 14, 9:30 a.m. to 5 p.m.*

*For more information call (802) 273-2282. Visit [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov) or see us on Facebook.*



photo by Nancy Cassidy  
Tending the campfire at the Battle of Hubbardton.

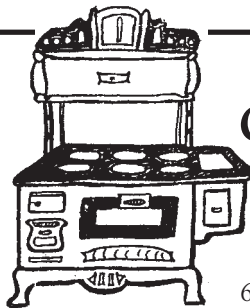


### 1820 HOUSE OF ANTIQUES

One Block Off Rt. 7

82 South Main Street  
Danby, Vermont • 802-293-2820

Open Daily 10-5



### Mom's Country Kitchen

Freshly Prepared  
Homemade Foods

Open Monday-Saturday  
6:30 am - 2 pm, Sun 7 am - 1 pm.

Come & Enjoy! Breakfast Served All Day.

5 Main Street, Wallingford, VT • (802) 446-2606



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Come See a Working  
Blacksmith Shop  
& Gallery

41 Cook Dr. at Rt. 7, just south of Wallingford, Vt  
Open daily — 802 446 3900 — [vermontforgings.com](http://vermontforgings.com)

*For all your on-the-road needs!*

**Mt. Tabor Country Store**  
Rt. 7, Mt. Tabor, VT • (802) 293-5641

Welcome! Groceries, Cold Beer & Soda, Ice, Videos.  
Citgo Gas, Diesel, Self-Storage Rentals.  
Store Open 6 am - 8 pm, Sunday 7 am - 7 pm

**Full Deli:** Pizza, Hot Dogs, Salads,  
Cold Cuts, Sandwiches Made to Order

Daily dinner specials including: meatballs, shrimp,  
chicken fingers, deluxe hamburgers.

Open till 7:30 daily, 6:30 Sunday.





### New in Benson

## Visit The Book Shed Outpost and West Coast Tacos!

From New York to Los Angeles through London, Moscow and Tokyo, pop-up stores have become the new big thing in retail. This summer the phenomenon comes to Rutland County when Benson gets its first pop-up store, The Book Shed Outpost.

Open most weekends (weather permitting) in July and August and possibly through the fall foliage season the Outpost will be located next to West Coast Tacos on the corner of Route 22A and Mill Pond Rd. in Benson. A wide assortment of books reflective of the stock available at the original Book Shed will be carried as well as a variety of discount books.

The Book Shed, Rutland County's oldest used book store, has been operating for 17 years in the village of Benson. According to the owner, Joseph Trenn, his biggest difficulty is in getting travelers to make the turn from 22A and drive the 3/4 of a mile to his location in the village. He is hoping that the conveniently located Outpost will help remedy that.

West Coast Tacos, an LA inspired taco stand, was opened this spring by Jan and Tim Bird of Benson just a few miles from New England's west coast, the

shores of Lake Champlain. The yellow corn tortillas for their various tacos and burritos are cooked on site. They offer a signature 9-inch corn tortilla which is custom made for them. Rounding out the menu are hand cut nachos, burritos and a delicious steak and cheese sandwich. Everything is cooked to order. As an authentic accompaniment to their food the Bird's make every effort to carry a cane sugar variety of Coca-Cola made in Mexico ("Hecho en Mexico para refresco"). The fabled "Mexican Coke" is what we all drank years ago before the advent of high fructose corn syrup. West Coast Tacos is open everyday from 11 a.m. to 8 p.m. Phone is (802) 236-1018.

*Benson, VT is located off Rt. 22A. It is just seven miles north of U.S. Route 4 in Fair Haven, VT.*

*The Book Shed's main store is on Lake Rd. in the center of Benson. For more information contact Joseph Trenn, (802) 537-2190. mail@thebookshed.com. www.thebookshed.com.*

*West Coast Tacos is located at the corner of Rt. 22A and Mill Pond Rd. in Benson, VT. For more information or to place an order, call (802) 236-1018. They are on Facebook.*



Festival-goers getting something good to eat at the Wells Variety Day Fair.

photo by Sue Clark

## 36th Annual Wells Variety Day Fair Held on July 20th

This longtime, family fair is something that you will not want to miss. The Wells Variety Day Fair will be held in Wells, VT on the Village Green and Church Lawn, Main Street, Rt. 30, on Saturday, July 20th from 9 a.m. - 4 p.m.

The park will be full of the greatest diversity of vendors that we've had in years. There will be crafts of great variety, antiques, art, flea market, specialty foods, various types of plants, interesting herbs, and body care products. Learn about locally grown and organic products. Find out more about local Vermont Agriculture.

Starting at 9:30 a.m. and running until 3:30 p.m., there will be a great Silent Auction, featuring over 100 items from area merchants, manufacturers, nurseries, sports and recreation providers, artists and many restaurants and eateries.

We'll have a young folks Treasure Hunt in a sawdust pile and various games including an ice cream eating contest.

You won't go hungry either. Our Vermont Food Court will treat you to macaroni and Cabot cheese, maple baked beans, potato salad, various fruit dishes and Vermont strawberry shortcake.

And there is the Burger Stand with all of its treats including sodas and your favorite ice creams. How about a sundae?

The "time honored" Butterfields of Williston, Vermont

will soothe you with music from 9 a.m. to 1 p.m. Mill River Gospel will perform in the afternoon.

This event is free admission, free parking, rain or shine. Presented by The Wells United Methodist Church.

*Wells, Vermont is located on VT Rt. 30, eight miles south of Poulney or five miles east of Granville, NY or 25 miles northwest of Manchester, VT. For information call Bonnie at (802) 645-0422 or Ken at (802) 645-0804. For Silent Auction information call Bonnie at (802) 645-0422. For vendor information call Bill at (802) 325-3203.*

### Dare

The wood's-edge thicket holds a path  
Twisty enough for any seeker  
Of thorny ways, and hides a thrush,  
And offers shelter to the bleaker  
Crow-calls. But it is a dare,  
And if you're one whom brambles shake  
To fright, best go the long way round  
Or find another road to take.

—FRANCES M. FROST, 1929



**LIEBIG'S**  
**Blueberries!**  
Coming mid-July  
*Raspberries possibly in the Fall!*  
Call for latest conditions: (802) 645-0888  
Button Falls Road—Potter Ave (Off VT Rt. 30)  
West Pawlet, VT • Open Daily

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Oriental Food Products.  
Crafts, Maple Syrup & Honey.  
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Open daily 9 am - 5 pm

**Earth & Time**  
Gift Gallery  
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• Crafts  
• Antiques  
Exclusive 'Robert Hamblen' Gallery  
Open Wed-Sat 10-5, Sun 12-5  
Closed Mon & Tues  
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Wells, VT • (802) 783-8025  
*2 miles north of Wells Village*

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*As always we serve real good, real food.*  
We still bake our own bread and pies, and we serve our famous chicken and biscuits every Wednesday.  
**THE WHEEL INN**  
Breakfast, Lunch & Dinner Every Day  
— Daily Specials — Full Service Bar  
Just Over the Hill in Benson, VT • (802) 537-2755  
*"Wheel" Cater to You. Let us bring our famous food to your next party.*

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BUYING BOOKS TRADES  
SELLING on all subjects CONSIGNMENTS  
Open Daily, Closed Tues  
10 am - 6 pm, or by  
appt. or chance  
Lake & Stage Roads, Benson, VT  
(Off Rte 22A in Rutland County)  
(802) 537 2190 • Shop thebookshed.com  
- Member Vermont Antiquarian Booksellers Association -

**WEST COAST TACOS**  
*"The Best of the West"—Tacos & More*  
Serving 11 am - 8 pm daily  
Route 22A & Mill Pond Rd, Benson, VT  
(802) 236-1018

**Wellsmere Farm**  
1/4 mile north of Wells Village, VT  
Open Daily 8-7 • (802) 645-0934  
*Everything at our farm stand is grown or made here!*  
All Home Grown Veggies  
Baked Goods, Maple Syrup, Petting Zoo  
Misty's Soaps and Stuff

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Off Rt. 22 in North Granville, NY. Watch for signs!  
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Specializing in Homemade Pancakes with our own Pure Maple Syrup...  
French Toast and Waffles  
Gift Shop  
*Rathbun's is family-owned operating since 1961. A place where people are greeted with a smile and feel the comforts of home.*



# SolarFest's 19th Annual Sustainable Living Festival

This year SolarFest celebrates its 19th Annual Sustainable Living Festival on July 12-14 at Forget-Me-Not Farm in Tinmouth, Vermont. The only event of its kind in the northeast—maybe even this side of the Rockies - where a traditional sustainable living fair blends harmoniously with a music and arts festival. This unique blend is what keeps people coming back year after year.

The entire festival, including the main performance stage, which has incredible sound and light shows, is powered entirely by renewable energy. "One of the best testimonials is that SolarFest itself has been solar-powered for years—and by its existence, challenges scores of other large-scale temporary events to do the same," says Shel Horowitz a former SolarFest workshop presenter.

SolarFest has spent the last 19 years creating a family friendly environment for like-minded people to come together to learn, connect, and recharge. "Solarfest is awesome." Says festivalgoer Kim Fernandez, "The people are wonderful and there is so much to learn. Theatre in the woods is not to be missed and the music is most enjoyable. It's such a wonderful community of people all sharing, learning and experiencing together."

2013 is shaping up to be one of the best ever. The 2013 Sustainability Conference will feature workshops on a broad range of topics including, Renewable Energy, Green Building, Sustainable Agriculture, Climate Change, and Thriving Locally. Highlights include a Community Solar How To, an on-site Tiny House Build, a trash to fashion show and contest, and an entire series of workshops in partnership with 350Vermont on Climate Change Activism.

The Main Stage will feature world class musicians such as Max Creek, The Skatalites, Jesse Dee, Jatoba, Kina Zor, Sparkplug, Seth Yacovone, Melodeego—SolarFest's first ever bicycle powered band, Soule Monde and The Solar Fest House Band. There are also activities and workshops for kids throughout the weekend along with Theater in the Woods, and a Contra Dance.

The keynote speaker will be Ben Cohen, co-founder of Ben & Jerry's Ice Cream. Today, Ben is President and "Head Stamper" at the Stamp Stampede an organization whose goal is to help build the movement to amend the constitution to get money out of politics. The Stamp Stampede's Amend-O-Matic Stamp Mobile will also be on hand and operating throughout the weekend.

One more exciting new offering for 2013 is the introduction of the first ever SolarFest Mini Maker Faire®. Inspired by Make Magazine, Maker Faire® is a community-based learning event that inspires everyone to become a maker and connect to people and projects in their local community. Yet, Maker Faire® is a "fair" that is fun and engaging. The SolarFest Mini Maker Faire® will run Sunday during the festival.

A weekend pass costs \$35 pre-sale and \$39 at the gate.

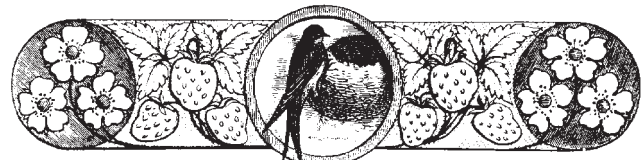


SolarFest Sun Gods welcome visitors to the festival.

photo courtesy of SolarFest

Single day tickets are \$15. Children 14 and under are free when accompanied by an adult. There is also on-site camping available.

SolarFest is held at Forget-Me-Not Farm, located at 12 McNamara Rd. in Tinmouth, VT. For more information about SolarFest, visit the website at [solarfest.org](http://solarfest.org).



## Strawberry Suppers

**Saturday, July 6—North Pomfret, VT. Annual Strawberry Supper.** Baked ham and baked beans, potato salad, tossed salad, deviled eggs, rolls, coffee, punch, strawberry shortcake & whipped cream. Ladies Circle Bazaar and quilt raffle tickets. Supper benefits the North Pomfret Congregational Church. Seatings at 5, 6:15 & 7:30 at the Pomfret Town Hall. \$12 for adults, \$5 for children under 10. Call for reservations! (802) 457-1014.

**Sunday, July 7—East Poultney, VT. 4th Annual**

**Strawberry Social.** On the Green at 6 p.m. Strawberry shortcake. Town band plays. Bring your own chairs. \$5 adult, \$3 children. (802) 287-2405

**Saturday, July 13—Royalton, VT. Annual Strawberry Supper.** Baked ham, baked beans, macaroni salad, potato salad, cole slaw, raised rolls, beverages, and strawberry shortcake with real whipped cream. Adults \$8, children 12 and under \$4, 6 and under free. Seatings at 5, 6, 7 p.m. The Academy Building, Rt. 14, next to the church. (802) 728-6626.

## The Shoppe at 105 Main

—Poultney, VT—

Furniture, Collectibles, Books, Antiques, Home Decor, Bed & Bath, Kitchenwares, Jewelry, Clothing, Knits, etc.

A walk back in time.

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Bridal Gowns • Bridesmaid Gowns  
Mother of the Bride Dresses  
Flower Girl Dresses • Tuxedos  
Shoes • Prom Dresses • Special Occasion Jewelry & Invitations

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(518) 546-7499

Hours: Mon-Fri 10-5, Sat 11-3, Sun 10-3

## Green Living

[www.GreenLivingJournal.com](http://www.GreenLivingJournal.com)

A Practical Journal for Friends of the Environment

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Traditional handcrafted gifts, quilts, toys, & table settings. Fabric & notions.

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Many Quality Maple Products to Choose From.  
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Visit us at the Lakes Region Farmers Market!  
Thursdays 9-2, June 20 - Sept. 12, Poultney, VT

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Matthew's Solo Cam Bows  
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Hunting & Fishing Supplies

—Open 7 Days—

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## A Food Co-op

In downtown Poultney

Sunday-Friday 10-6

Saturday 10-7



## Lakes Region Farmers Market

MAIN ST., POULTNEY, VT

Thursdays 9 am to 2 pm  
June 20 through October 3

Local produce, seasonal fruits, jams & jellies, maple products, crafts, prepared foods.

For info call (802) 287-9433 or (802) 287-9570

New name, same quality for 26 years!



## Dog Sleeping

Dog sleeping in my yard,  
Where should you be on  
guard?

Each time the sun goes in  
I get a goose-bump skin.

I envy your repose;  
Outdoors I seldom doze;


But I must go pick chard—  
You're welcome to the yard.

I mind ants on my chin  
And, being pretty thin,



—JAMES HAYFORD  
1951, Orleans, VT

**Locally Grown Farmers Market**  
**At Riverside Farm**  
Rt. 4 at the NY/VT Bridge, Whitehall, NY  
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— Farm Products from a 30-mile radius of the Farm —  
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Also Regional Crafts & Gift Baskets.

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A Restaurant with a  
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Eat In or Take Out  
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**RODEO!**  
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2½ miles from Castleton, VT, off South St.  
(802) 468-2449 • www.pondhillranch.com  
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Starting 8 p.m., Rain or Shine!  
**All Rodeo Events Held!**  
Bull Riding • Bareback Bronc • Saddle Bronc  
Calf Roping • Girl's Barrel Racing  
Open daily for trail and pony rides.  
Enjoy acres of scenic Vermont country thru  
wooded mountain trails or dirt roads.

  
**July Breakfast Special**  
**Eggs Benedict \$2.49**  
Homemade Daily Specials at Old Fashioned Prices  
*Special gifts for the folks back home. 99¢ greeting cards!*  
Open 4:30 am to 9:00 pm, 7 days a week  
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*(just over the border from W. Pawlet, VT.)*

# Vermont Map

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Healthy Communities"**  
  
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rutlandfarmandfood@gmail.com  
www.rutlandfarmandfood.org

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**French Fries Cut Fresh to Order**  
*It's What We're Famous For!*  
Available in Half Pint, Pint, or Quart  
With Cheese or Gravy  
**Ice Cream • Black Raspberry Creamees!**  
**Burgers • Hot Dogs • Sandwiches**  
Our Own Homemade Relish • New Extended Menu  
**Route 4A—Castleton, VT**  
West of Castleton Corners. (802) 468-2800  
Open 11:30 am to 9:00 pm, 7 Days a Week



  
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Berry Farm**  
697 North Rd., Castleton, VT  
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Open daily, 8 am – 6 pm  
*Fall raspberries following summer raspberries.*  
**Bring Your Family & Friends!**

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organization of  
Vermont enthusiasts  
whose objective is to  
visit the state's 251  
towns and cities.  
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# Vermont Country Calendar

## ONGOING EVENTS

**ADDISON.** Chimney Point State Historic Site. Special Exhibit: What Lies Beneath: 9,000 Years of History at Chimney Point. Admission: adults \$3, children 14 years and under free. Open 9:30 am - 5 pm, Wed. - Sun. and Monday Holidays. 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov/chimneypoint](http://historicsites.vermont.gov/chimneypoint). Open through October 14, 2013.

**ARLINGTON.** Equinox Skyline Drive. An unforgettable drive to the summit of Mount Equinox. Scenic picnic areas. Hiking trails at the summit. Newly opened visitor's center. Admission: automobiles, \$15 car and driver, \$5 per passenger (under 10 free); motorcycles \$12 bike and driver, no passenger fee. Open 9 am - 5 pm. 42 Skyline Dr. off Rt. 7A. (802) 362 1115. [www.equinoxmountain.com](http://www.equinoxmountain.com).

**BARRE.** Art Exhibits, Classes, Workshops, and Artists' Studios. Tuesday-Friday 10 am - 5 pm, Saturday noon - 4 pm. Studio Place Arts, 201 N. Main St. (802) 479-7069. [info@studioplacearts.com](mailto:info@studioplacearts.com). [www.studioplacearts.com](http://www.studioplacearts.com).

**BARRE.** Vermont History Center and Leahy Library. Thousands of books, manuscripts, photographs, broadsides, maps, audio, video and film recordings, and many other items of ephemera which shed light on the lives and times of past Vermonters. Vermont Historical Society, 60 Washington St. (802) 479-8500. [vermonthistory.org](http://vermonthistory.org).

**BELLOWS FALLS.** Third Friday Art Walk. Stores and galleries in town and in the surrounding area host special exhibits and events. 5-8 pm. Flier at Village Square Booksellers, 32 The Square. (802) 463-9404. [villagesquarebooks.com](http://villagesquarebooks.com). Monthly on the third Friday.

**BELMONT.** Mount Holly Community Historical Museum. Open year-round on second weekend of the month. Tarbellville Rd. (turn right immediately after the Belmont Store, museum is on your right). (802) 259-2460. [www.mounthollyvtmuseum.org](http://www.mounthollyvtmuseum.org).

**BELMONT.** Farmers Market. Mount Holly Farmer's Market features Vermont-made and Vermont-grown products, fresh produce, baked goods, hand crafts. On Belmont Village Green, Saturdays, 10 am - 1 pm, rain or shine. (802) 259-2322. June through October

**BENNINGTON.** Catamount Prowl 2013. The Bennington Area Chamber of Commerce announces Catamount Prowl 2013. The 34 fiberglass catamount sculptures will be embellished by area artists and on display in and around Bennington through October. Gala & auction October 26, 2013. (802) 447-3311. [www.bennington.com](http://www.bennington.com).

**BENNINGTON.** The Dollhouse and Toy Museum of Vermont. Dolls and dollhouses, puppets, trucks and trains, toys, and educational displays. Museum shop. Admission is \$2 for children three and older, \$4 for adults and \$10 for families. Open Saturdays and Sundays from 1-4 pm. 212 Union St. at the corner of Valentine St. [dollhouseandtoymuseumofvermont.com](http://dollhouseandtoymuseumofvermont.com).

**BENNINGTON.** Art exhibits, permanent collections, theater productions, workshops. Admission. Bennington Center for the Arts, 44 Gypsy Lane. (802) 442-7158. [www.benningtoncenterforthearts.org](http://www.benningtoncenterforthearts.org).

**BENNINGTON.** Bennington Museum—Exhibits and Public Programs, Founding Documents, Fine Art, Grandma Moses, and more. See Bennington Pottery, the 1924 Wasp Touring Car, Fine Art, Vermont Furniture, and the Bennington Flag—one of America's oldest flags. Lectures, workshops, concerts, films, and the George Aiken Wildflower Trail. Admission \$10, children under 18 free. Also free admission to visit the Gift Shop. Open 10 am - 5 pm every day except Wed. Bennington Museum, 75 Main St. (802) 447-1571. [www.benningtonmuseum.org](http://www.benningtonmuseum.org).

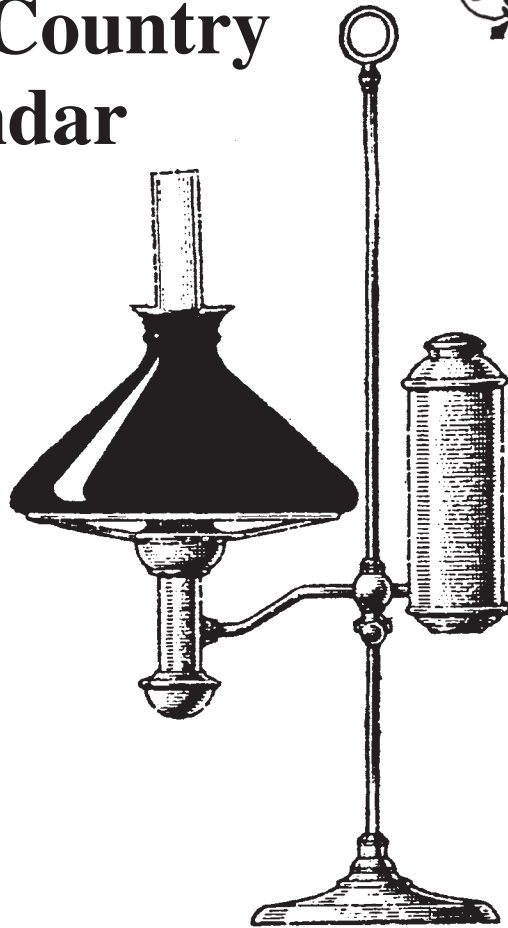
**BENNINGTON.** Bennington Battle Monument. Vermont's tallest structure, is open to the public for educational exploration from 9 am to 5 pm daily through Oct. 31. Admission \$3 adults, \$1 children ages six through 14 years. Children under six years and scheduled school groups are free. (802) 447-0550. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**BENNINGTON.** Bennington-Walloomsac Outdoor Farmers Market. Entertainment and prepared foods. 10 am - 2 pm. At the River Walk on Depot St. Katherine Keys, (802) 688-7210. [walloomsac.org](http://walloomsac.org). Saturdays thru October.

**BERLIN.** Afro-Caribbean Dance. With live percussion every Thursday from 10:30 am - 12 pm. All levels welcome. Also Capital City Grange Potluck—share delicious food with your friends and future friends, starting about 6:30 each first Saturday, all are welcome, no charge. Capital City Grange, 6612 VT Rt. 12, Northfield Rd. (802) 985-3665. [capitalcitygrange.org](http://capitalcitygrange.org).

**BRANDON.** Sustainable Living Book Exchange. Take a book, leave a book. Come to farm stand or the house. Donations accepted. Neshobe Farm, 142 Steinberg Rd. off Rt. 7 just north of the village. (802) 310-8534.

**BRANDON.** Exhibits: Breaking the Ice, an exhibit featuring work by abstract expressionist painter, Roger Book, through August 18. Also: Remembering the Brandon Training School, an exhibit of the historical and social significance of the Brandon Training School, opening July 27. Free. 11 am - 4 pm daily. Compass Music and Arts Center, 333 Jones Dr.



**BRANDON.** Brandon Visitor Center. Information and public restrooms, open daily 8 am - 6 pm, 365 days a year. 4 Grove St., next to the Baptist Church at the corner of Routes 7 and 73 West. Also houses the Brandon Museum at the Stephen A. Douglas Birthplace open through mid-October. (802) 247-6401. [info@brandon.org](mailto:info@brandon.org). [brandon.org](http://brandon.org).

**BRANDON.** First Fridays—Come on Downtown! Brandon's downtown will be keeping the lights on and the doors open until 9 pm (or later) the First Friday of each month this summer starting Friday, June 7. Shop. Eat. Drink. Browse. Stroll. Bump into friends. Chat. Just enjoy the evening! Sponsored by the Brandon Area Chamber of Commerce. (802) 247-6401. [info@brandon.org](mailto:info@brandon.org). [brandon.org](http://brandon.org). Through September.

**BRANDON.** Farmer's Market. Seasonal vegetables and plants, honey, Vermont maple syrup, handcrafted jewelry, local mohair, wool and alpaca products, hand knit and crocheted items, baked goods, jams, jellies, local meats and much more. 9 am - 2 pm. In Central Park, 20 Park St. (802) 273-2655. [cijka4@gmail.com](mailto:cijka4@gmail.com). Every Friday through October 11.

**BRATTLEBORO.** Brattleboro Museum & Art Center. Exhibits and programs. Open 11-5. Closed Tues & Wed. Admission \$6/\$4/\$3. 10 Vernon St. (802) 257-0124. [www.brattleboromuseum.org](http://www.brattleboromuseum.org).

**BRATTLEBORO.** Fair Winds Farm Wagon Rides. Half-hour reserved horse-drawn rides through fields and woods, and along a babbling brook. Adults \$10, kids 3-12 \$6, minimum \$50, after 5 pm \$80. Visit our farm store. Fair Winds Farm is a "Diversified, Horse Powered, Vermont Family Farm" at 511 Upper Dummerston Rd., off Rt. 30. (802) 254-9067. [fairwind@sover.net](mailto:fairwind@sover.net). [fairwindsfarm.org](http://fairwindsfarm.org).

**BRATTLEBORO.** Social Singing from The Sacred Harp. Free and open to the public, no experience necessary, loaner books provided. 7-9 pm. Kidsplayce, 20 Elliott St. For information e-mail [cuvvlever@gmail.com](mailto:cuvvlever@gmail.com). First and third Thursdays.

**BRATTLEBORO.** Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free, open to the public, no experience necessary, loaner books provided. Not a performance or church function, just fellowship in song. 3-5:30 pm. Centre Congregational Church, 193 Main St. [laurat@crocker.com](mailto:laurat@crocker.com). Third Sundays.

**BRATTLEBORO.** Gallery Walk. Monthly celebration of the arts in downtown and nearby locations. 40-50 or more exhibit openings, many with meet-the-artist receptions and live music, plus occasional readings, dance, circus arts, theater, and more. Free. First Fridays from 5:30-8:30 pm. (802) 257-2616. [www.gallerywalk.org](http://www.gallerywalk.org).

**BRATTLEBORO.** Post Oil Solutions meets frequently and sponsors events with a mission to advance cooperative, sustainable communities. For info contact Tim Stevenson at [info@postoilsolutions.org](mailto:info@postoilsolutions.org) or [www.postoilsolutions.org](http://www.postoilsolutions.org).

**BURLINGTON.** ECHO Lake Aquarium and Science Center. Exhibits, workshops, programs, café, gift shop, story hour. Admission: \$9.50 adults, \$7 ages 3 - 17, \$8 seniors and students, under 3 free. Monday-Sunday, 10 am - 5 pm. At Leahy Center for Lake Champlain, One College St. (877) 324-6385. [info@echovermont.org](mailto:info@echovermont.org). [www.echovermont.org](http://www.echovermont.org).

**BURLINGTON.** First Friday Art Walk. Visit over 30 galleries, studios, and interesting venues all around town. Free. 5-8 pm. Map available. (802) 264-4839. [www.artmapburlington.com](http://www.artmapburlington.com).

**CASTLETON.** Pond Hill Professional Rodeo. Great family fun set on top of one of the most panoramic views in Central Vermont. See cowboys and cowgirls compete in classic rodeo events! Admission. 8 pm. Pond Hill Ranch, 1683 Pond Hill Ranch Rd. (802) 468-2449. [horses@pondhillranch.com](mailto:horses@pondhillranch.com). [pondhillranch.com](http://pondhillranch.com). July 6 through August 31.



## The Killington Music Festival Celebrates 31 Years!

Now in its 31st season of presenting fine chamber music, the Killington Music Festival takes much pride and pleasure in its concert schedule for 2013. On Saturday evenings from June 29th through August 3rd the internationally acclaimed musicians of the Killington Music Festival will perform at Rams Head Lodge at the Killington Resort at 7 p.m.

Over 20 internationally acclaimed performers spend six weeks performing in the Music in the Mountains Classical Concert Series and also teach, young musicians from the U.S. and abroad.

- July 6th—"Summer Romance", Killington Music Festival Faculty artists perform works of Gershwin, Svendsen, Chopin and Mendelssohn.

- July 13th—"Inspirations from Bach", works of Bach, Schubert and Mendelssohn with guest artist Joseph Silverstein.

- July 20th—"Celtic Journey", enjoy works of Brahms, Flynn, and Barriere.

- July 27th—"Cello World", works of Brahms, Fitzenhagen, Faure and Beethoven will be performed.

- August 3rd—our "Season Finale: Germanic tradition". Works of Beethoven, Mozart and Schubert.

The concerts are held at Rams Head Lodge at the Killington Ski Resort at 7 p.m.

Ticket Prices are \$20. Tickets are available through the box office at (802) 422-1330. Advance tickets may be ordered by phone through the day prior to the performance. Tickets may be purchased the day of the performance beginning at 6 p.m. at Rams Head Lodge.


The Friday night performances of the Young Artists Series are held at the Rams Head Lodge at 7 p.m. and tickets are free.

On July 21 at the 10 a.m. service the Killington Music Festival Orchestra will join the choir in performing portions of John Rutter's *Requiem* at Grace Church, 8 Court St. in Rutland.

The Killington Music Festival is not only about concerts on Saturday evenings. It runs a significant education music program, a six-week residency program for students preparing for careers in music. The program is an intensive combination of study, practice, rehearsal and performance. The students give a wide variety of performances at the Rams Head Lodge and free noontime concerts at the Rutland Free Library on Wednesday, July 24th and July 31st.

For more information call (802) 773-4003 or visit [killingtonmusicfestival.org](http://killingtonmusicfestival.org).

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# Vermont Country Calendar

(Ongoing events continued)

**CASTLETON.** Castleton Farmers' Market, Main St. Thursdays, 3:30-6 pm, June 6 - October 3. Lori Barker. (802) 273-2241.

**CENTER RUTLAND.** The Rutland Railroad Museum. Housed in the Rutland Depot, built in 1917. See railroad artifacts and historical exhibits including HO & N scale model railroad layouts and a children's layout. Open Saturdays from 11 am - 1 pm. Rutland Railway Association, 79 Depot Lane. rra@rutlandrailway.org. www.rutlandrailway.org.

**CHESTER.** Vermont Institute of Contemporary Arts. Art Exhibits, Programs and Music. Free admission. Wednesday through Sunday 11 am - 6 pm. VTica, 15 Depot St. (802) 875-1018. info@vtica.org. www.vtica.org.

**CHESTER.** Chester-Andover Family Center Food Shelf and Thrift Shop. Great selection of clothes for the entire family including shoes and accessories, household items, books, videos, puzzles, games, etc. Food Shelf and emergency financial assistance to those in need. Thrift shop hours: Tues. 10-4, Wed. 1-7, Fri. 10-4, and Sat. 9-2. 908 VT Rt. 103 South. (802) 875-3236. cafc302@gmail.com. www.chesterandoverfamilycenter.weebly.com.

**CHESTER.** Monthly Public Astronomy Meetings for the Southern Vermont Astronomy Group. Second Tuesday of the month at 7 pm—free to the public at Whiting Library. Star parties and other events. For membership and information contact the Southern Vermont Astronomy Group, PO Box 424, Chester, VT 05143. www.sovera.org.

**CHESTER.** High Tea at Inn Victoria. Afternoon savories, sweets, fruit, and a variety of teas. \$19.99 per person. Open by reservation. Inn Victoria, 321 Main St. (802) 875-4288. innkeeper@innvictoria.com. www.innvictoria.com.

**CHESTER.** Gallery 103—an Artisan Marketplace. Hand crafted gifts, decorative accessories, small batch Chocolates and VT Maple products. Owned by artists Elise & Payne Junker, exclusive showroom of Junker Studio metalwork. Open every day 10 am - 5 pm, closed Tuesday. Located on Rt. 103, south of town—look for the life-size moose! (802) 875-7400. Gallery103.com.

**CRAFTSBURY COMMON.** Community Dinner. On the third Wednesday of every month, we gather for a free community supper. Really; it's free! The food is great; the fellowship is wonderful—and you don't have to wear fancy clothes! 6 pm. United Church of Craftsbury, 7 Church Lane. (802) 586-8028.

**DANBY.** Mountain View Ranch & Sun Bowl Ranch. Horse-drawn wagon rides, all-season trail rides, lessons, boarding, special events. 502 Easy St. off Brook Rd. Call to reserve. (802) 293-5837. riding@mountainviewranch.biz. www.mountainviewranch.biz.

**DANBY FOUR CORNERS.** Danby Dog Art Studio. Folk Art, Primitive Paintings & Reproductions by Susan Houghton Debus. Open most days—but please call ahead. Studio is located at 1764 Timmouth Rd. 1.5 miles north of the Four Corners Store. (802) 293-2489.

**DANBY FOUR CORNERS.** Chipman Stables, 33 Danby-Pawlet Rd. Trail rides, kid's camps, lessons, boarding & horses for sale. New indoor arena. Open daily, reservations appreciated. (802) 293-5242. www.chipmanstables.com.

**DORSET.** Dorset Farmers Market. A producer-only market with 50 area vendors. Fresh vegetables and fruits, home baked breads and pastries, artisan cheeses and wines, grass-fed meat and poultry, free-range eggs, condiments and pickles, specialty goods, hot prepared foods, crafts, and live local music. Rain or shine. Sundays from 10 am - 2 pm. Outdoors on the lawn at the H.N. Williams General Store, Rt. 30. Contact Nicole Henry, (802) 353-3539. marketmanager@dorsetfarmersmarket.com. Through Oct 13.

**EAST DORSET.** Horse Jumping Competitions. Spectators welcomed, many events, food, shopping boutiques. Adults \$5, children \$3. Vermont Summer Special July 2-7; Manchester Summer Festival July 9-14; Manchester Classic Horse Show July 16-21; Valley Classic Horse Show July 23-28; Manchester & The Mountains July 30-Aug 4. Harold Beebe Farm, 2971 Rt. 7. (802) 362-7548.

**EAST HARDWICK.** Annual Phlox Fest. Over 130 phlox blooming, garden tours, guest speakers, door prizes. Perennial Pleasures Nursery and Tea Garden, 63 Brick House Rd. (802) 472-5104. annex@perennialpleasures.net. www.perennialpleasures.net. July 28 - August 11.

**EAST THETFORD.** Cedar Circle Farm and Education Center. A certified organic, fifty-acre vegetable and berry farm. Flowers, hanging baskets, tender greens. Pick-your-own blueberries in season. Coffee Shop (with wireless internet) open 8-5, farm stand open 10-6. Cedar Circle Farm & Education Center, 225 Pavillion Rd. off Rt. 5. (802) 785-4737. growing@cedarcirclefarm.org. www.cedarcirclefarm.org. Open through October.

**EAST CHARLESTON.** NorthWoods Stewardship Center. Programs, workshops and special events in all seasons. Public is welcome. 154 Leadership Dr. (802) 723-6551. www.northwoodscenter.org.

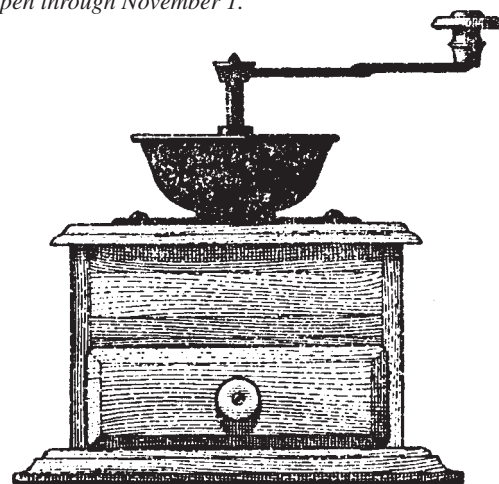
**FAIRFIELD.** President Chester Arthur Historic Site. Open Sat. and Sun. and Mon. holidays 11 am - 5 pm. Donation appreciated. 455 Chester Arthur Rd. (802) 933-9362. historicssites.vermont.gov. July 4 thru October 14.

**FAIR HAVEN.** "Concert in the Park." Free admission. 7 pm at the town park. (802) 265-3010. www.fairhavenvt.org. Every Thursday through August 22.

**FAIRLEE.** Outdoor Flea Market. Every Sat & Sun, weather permitting. Antiques, collectibles, crafts & treasures. 7:30 am - 3 pm. Also Thursday, July 4th. Free. Railroad Station, Main St., Rt. 5. (802) 333-4809. Thru October 13.

**FERRISBURGH.** New Exhibit: "Free and Safe—The Underground Railroad in Vermont." This exhibit will introduce you to Simon and Jesse, two fugitives from slavery who were sheltered at Rokeby in the 1830s. Learn about the abolitionist Robinson family who called Rokeby home for nearly 200 years. Admission. Rokeby Museum, 4334 Rt. 7. (802) 877-3406. rokeby@comcast.net. www.rokeby.org. Open through October 27.

**GLOVER.** Bread & Puppet Museum. One of the largest collections of some of the biggest puppets in the world. Events and exhibits. Friday night evening performances at 7 pm, July 5-August 23. Saturday afternoon community rehearsals at 2 pm, June 15-August 24. Sunday afternoon performances of Total This and That Deathlife Circus at 2 pm, July 7-August 25. Free admission, donations welcome. Open 10 am - 6 pm and after shows, daily. Rt. 122. (802) 525-3031. www.breadandpuppet.org. Open through November 1.



## Birding Hot Spots in Rutland County

Located in the heart of the Green Mountains, Kent Pond, Gifford Woods State Park, and the Appalachian Trail along Rt. 100 in Killington offer a variety of birds in a beautiful setting.

Common Merganser, Mallard, Common Loon and Spotted Sandpiper are often present on Kent Pond. Sometimes Osprey are seen and, on more rare occasions, Bald Eagle. Spotted Sandpipers nest here. In the summer of 2009 a pair of loons un-

successfully attempted to nest on one of the islands in the pond. The pond is a particularly good place to visit after stormy weather in spring or fall. On May 31, 2011, observers there to check on the nesting loons were startled to find an American White Pelican perched on one of the rocks near the loon nest. There are two options for viewing Kent Pond. One is the fishing access on Rt. 100 (on the west side of the pond). The second is along

the impoundment on Thundering Brook Rd. (the east side of the pond). The area is heavily used by fishermen and kayakers especially on summer weekends.

The Appalachian Trail runs through Gifford Woods State Park west of Kent Pond and passes along the south side of the pond. The trail in either direction offers the opportunity to see a wide variety of warblers including Nashville, Northern Parula, Chestnut-sided, Magnolia, Black-throated Blue, Yellow-rumped, Black-throated Green, Blackburnian, Blackpoll, Black-and-white, American Redstart, Ovenbird and Canada warblers. Brown Creepers, Yellow-bellied Sapsuckers and Winter Wrens are present in good numbers.

A pleasant hike is to take the Appalachian Trail south of the parking lot and continue east along Kent Pond



and across Thundering Brook Road. This route will take you over a ridge to the bottom of Thundering Brook Road. You can then return the way you came or walk up Thundering Brook Road to the pond and then back along the trail to the fishing access parking lot. Alternately you can turn east, cross Route 100 (traffic moves quickly so use caution) and take the Appalachian Trail through Gifford Woods State Park.

*Directions:* Take Rt. 100 north from the intersection with Rt. 4 in Killington. The fishing access and parking lot are about ¼ mile on the right.

For more information visit Rutland County Audubon Society's website at [www.rutlandcountyaudubon.org](http://www.rutlandcountyaudubon.org).



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Fridays 3-6



# Vermont Country Calendar

**GLOVER.** Sacred Harp/Shape Note Sing. Early American songs in the fa-sol-la tradition. Free. All welcome to sing and/or listen. Starting Tuesday, July 2nd at 7:30 pm, and every Tuesday in July and August. In the Paper-Mache Cathedral on the Bread and Puppet Farm, Rt. 122. (802) 525-3031. breadandpuppet.org.

**GLOVER.** The Museum of Everyday Life. Exhibition, "Healing Engine of Emergency—the incredible story of the Safety Pin." A self-service museum, open every day from 8 am - 8 pm. At 3482 Dry Pond Rd. (Rt. 16) a short distance south of the Shadow Lake Rd. For more information call (802) 626-4409. museumofeverydaylife.org.

**GRAFTON.** The Vermont Museum of Mining and Minerals features displays and specimens from all over the Green Mountain State and around the world. Open Saturdays, Sundays and major holidays, Memorial Day through mid-October, 10 am - 12 pm & 1-4 pm, or by appointment. 55 Pleasant St. (802) 875-3562. www.vtmmm.org.

**GRAFTON.** The Nature Museum at Grafton. Programs for all ages. Hands-on exhibits, dioramas, mounted specimen, wildlife garden. Hiking trails in the Village Park behind the Museum. Admission \$5 adults, \$4 seniors and students, \$3 children ages 3 to 12, 2 and under free, \$15 for families. Open Thurs, Sat & Sun 10 am - 4 pm. 186 Townshend Rd. (802) 843-2111. info@nature-museum.org. www.nature-museum.org.

**GRAFTON.** Grafton Ponds Outdoor Center. A year-round recreation center. Mountain biking, bike terrain park, hiking, canoeing. 783 Townshend Rd. (802) 843-2400. graftonponds.com.

**GRAFTON.** Grafton Valley Arts Guild invites you to visit the Cricketers Gallery in historic Grafton Village at 45 Townshend Road. Open Thursday thru Sunday from 10 am - 4 pm. (802) 843-4824. www.graftonvalleyartsguild.com.

**GRANVILLE, NY.** The Slate Valley Museum. Exhibits, events, demonstrations, programs, First Fridays, and gift shop. Tues-Fri 1-5 pm, Sat 10 am - 4 pm. Admission \$5, under 12 free. Downtown at 17 Water St. (518) 642-1417. www.slatevalleymuseum.org.

**HANOVER, NH.** Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free and open to the public, no experience necessary, loaner books provided. Not a performance or church function, just fellowship in song. 7-9:30 pm. Hanover Friends Meeting House, 43 Lebanon St. Information: danhertzler@gmail.com. *Second Thursdays.*

**HARTLAND.** Upper Valley Seed Savers meet on the second Thursday of the month at 5 pm at member's gardens. Our mission is to further knowledge about seed saving and to work on projects that will help develop a body of locally-adapted open-pollinated vegetable seeds. For information, or if you can't come to meetings but would like to receive a monthly email with our minutes which contain information on our projects, please contact Sylvia Davatz at sdav@valley.net or call (802) 436-3262.

**HUBBARDTON.** Hubbardton Battlefield State Historic Site. Children's colonial dress-up basket. Bring your flag to be raised over the Hubbardton Battlefield and receive a certificate. Admission: adults \$2, children 14 years and under free. Open 9:30 am - 5 pm. Thurs. - Sun., and Monday holidays. 5696 Monument Hill Rd. (802) 273-2282. historicites.vermont.gov/Hubbardton. *Open May 25 to October 14, 2013*

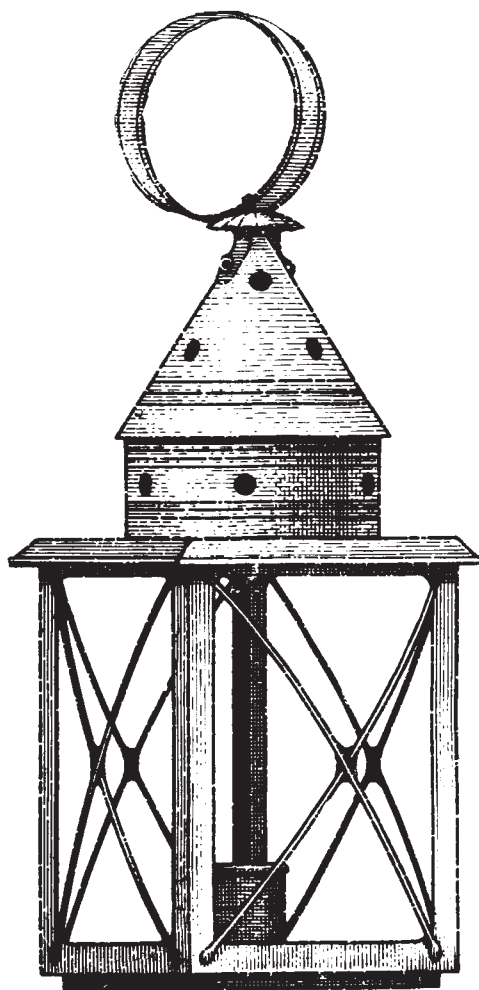
**HUNTINGTON.** Birds of Vermont Museum. Features over 500 carved wooden birds, representing 259 species. Museum, special events and bird walks, children's programs, gift shop, video, restrooms and trails with maps available. Admission: adult \$6, senior \$5, child 3-17 \$3. May 1 through October 31, 10 am - 4 pm. November 1 through April 30, open by appointment. The Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. www.birdsofvermont.org.

**KILLINGTON.** Killington Music Festival's Music in the Mountains Concert. Features KMF faculty and accomplished students performing classical favorites and inspired chamber music. Tickets \$20. 7 pm. Rams Head Lodge, Killington Resort, Killington Rd. For tickets call (802) 422-1330. Info: (802) 773-4003. killingtonmusicfestival.org. *Saturdays June 29 through August 3.*

**LEBANON, NH.** Listen Community Dinner. Nutritious free meals served from 5-5:30 pm every Tuesday and Thursday. At Sacred Heart Church on Hough St. (603) 448-4553. www.listencs.org.

**LEBANON, NH.** ValleyNet Community Technology Center. 10-seat computer lab in the new Grafton County Senior Citizens Council building, Campbell St., downtown. Center is open for walk-ins 9 am - 4:30 pm, Mon-Fri. Free. (802) 649-2126.

**LEICESTER.** Addison County Farm Animal Homeopathy Study Group. Learn how other farmers are applying homeopathy to their herds or flocks. Discussion includes an in-depth look of at least one remedy, some theory and a case analysis. Meets the first Tuesday of each month and is open to all levels. 11:30 am - 1:30 pm at Taconic End Farm. For more info call Annie Claghorn, (802) 247-3979. foxclag@gmavt.net.



**LUDLOW.** Fletcher Farms School for the Arts and Crafts. Vermont's oldest residential arts and crafts school. Register for our arts and crafts classes. Woodworking, oil and watercolor painting, kirigami, basketry, and much more. Fletcher Farm School for the Arts & Crafts, 611 Rt. 103 South. (802) 228-8770. info@fletcherfarm.org. www.fletcherfarm.org.

**LUDLOW.** Ludlow Farmers Market. Do some alternative grocery shopping for fresh local products, get ready-made dinner items, buy a charming little gift, or just have a snack. It's fresh food time! 4-7 pm. Okemo Mountain School, 53 Main St. (802) 734-3829. www.ludlowfarmersmarket.org. *Every Friday through October 11.*

**LUDLOW.** Black River Academy Museum. Exhibits and programs. Admission \$2, seniors and students \$1. Summer hours: Tues-Sat 12-4 pm. 14 High St. (802) 228-5050. info@bramvt.org. www.bramvt.org.

**LUDLOW.** 8th Annual Summer Music Series at Jackson Gore. Bring your lawn chairs and a Frisbee, enjoy warm summer sunsets with great music, a cold beverage, and friends and family. Sponsored by the Springfield Medical Care Systems. Free. 6-9 pm at Okemo Mountain Resort's Jackson Gore, Okemo Ridge Rd. (802) 228-1600. *Every Friday through August 30.*

**LYME, NH.** Flea Market on the Lyme, NH Common. 9 am to 4 pm. Sponsored by the Lyme Boy Scout Troop 273. Find Bargains or set up your booth. Questions please call (603) 795-2897 or (802) 333-4625. *Last Saturdays of the month through September.*

**MANCHESTER.** Southern Vermont Art Center. Galleries, exhibits, classes, performances, gift shop, café, botany trail. Free admission to some exhibits. Open Tues-Sat 10 am - 5 pm. Yester House Galleries, Southern Vermont Arts Center, West Rd. (802) 362-1405. www.svac.org.

**MANCHESTER.** Hills Alive! A Festival of the Arts in Southern Vermont. World-class stage productions and concerts in southern Vermont venues. A dozen presenters from Bennington north to Weston will be on stage with drama, comedies, classical and bluegrass music performances. Admission. (802) 362-6313. info@hillsalive.org. www.hillsalive.org. *June 28 through August 3.*

**MANCHESTER.** Visit Historic Hildene, the summer home of Robert Todd Lincoln. Special activities, lectures, bird walks, museum store, visitor's center, and walking trails. Tickets: \$16 adults, \$5 youth under 14, children under 6 free. Grounds pass: \$5 adults, \$3 youth, children under 6 free. Open daily 9:30 am to 4:30 pm. Historic Hildene is off Rt. 7A, just south of the village. (802) 362-1788. info@hildene. www.hildene.org.

**MANCHESTER CENTER.** Manchester Farmers Market. Vegetables, fruits, breads, wines, cheeses, local specialty foods, crafts and kids activities. Accepts EBT and debit cards. Thursdays 3-6 pm. Adams Park, Rt. 7A North, downtown. Contact Nicole Henry (802) 353-3539. mfmvt@yahoo.com. *June 6 - October 3, 2013.*

**MANCHESTER CENTER.** Tuesday Concerts on the Green. Come join us every Tuesday night from 6-8 pm. Free. Information: (802) 362-6313. www.visitmanchestervt.com. *July 9 through August 20.*

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# Vermont Country Calendar

(Ongoing events continued)

**MARLBORO.** Southern Vermont Natural History Museum. Perched on an overlook—on a clear day the horizon is 100 miles away! See mounted specimens of over 600 native New England birds and mammals, a Raptor Center with live hawks and owls, amphibian and reptile exhibit and fall wildflower exhibit. Hogback Mountain Gift Shop next door. Admission. Open 10 am – 5 pm seven days a week Memorial Day through October 31. Open weekends in the winter. Rt. 9, Hogback Mountain. (802) 464-0048. museum@sover.net. www.vermontmuseum.org.

**MIDDLEBURY.** 35th Annual Middlebury Summer Festival on-the-Green. Week-long, family-friendly, free performing arts festival. The Festival opens on Sunday, July 7. Brown Bag family-friendly programs run from noon-1 p.m. and evening musical performances from 7-10 pm Monday-Friday. A Street Dance with the Vermont Jazz Ensemble closes the Festival on Saturday evening. Rain or shine. Free admission (donations welcomed). Village Green, 3 Main St. (802) 462-3555. midfog@gmail.com. www.festivalonthegreen.org. July 7-13.

**MIDDLEBURY.** Henry Sheldon Museum of Vermont. The oldest chartered community history museum in the United States, welcoming visitors since 1882. Exhibits, research center, and museum shop. Admission: adults \$5, youth 6-18 \$3, senior \$4.50, family \$12, under 6 free. Spring hours: Tues-Sat 10 am – 5 pm. Summer/fall hours: Tues-Sat 10 am – 5 pm and Sun 1-5 pm. Henry Sheldon Museum of Vermont History, 1 Park St. (803) 388-2117. www.henrysheldonmuseum.org.

**MIDDLEBURY.** Middlebury Arts Walk. Visit downtown Middlebury on the second Friday of every month. 5 to 7 pm. Downtown Middlebury & Marble Works, Main Street & Merchants Row. (802) 388-7951 x 2. info@middleburyartswalk.com. www.middleburyartswalk.com.

**MIDDLEBURY.** Vermont Folklife Center. Exhibits, gallery, archives & research center, programs, and Heritage Shop. Free admission. Open Mon-Sat, 10 am – 5 pm, Sun 11 am – 4 pm. At 88 Main St., downtown. (802) 388-4964. info@vermontfolklifecenter.org. www.vermontfolklifecenter.org.

**MONTPELIER.** North Branch Nature Center. Programs and workshops. 713 Elm Street. (802) 229-6206. chip@northbranchnaturecenter.org.

**MONTPELIER.** Bethany Bowl. A community meal that is free to all. 9 am – 2 pm. At the Fellowship Hall, Bethany Church, 115 Main St. (802) 223-2424. www.bethanychurchvt.org. UCCBethany@comcast.net. Every Tuesday.

**MONTPELIER.** Capital City Farmers' Market. Accepts EBT and debit cards. 9 am – 1 pm. Every Saturday. 60 State St. (802) 223-2958. montpelierfarmersmarket.com. Through October.

**MONTPELIER.** Special Exhibit: Plowing Old Ground—Vermont's Organic Farming Pioneers. Agricultural writer Susan Harlow and farmer/photographer John Nopper have documented the stories of Vermont's pioneer organic farmers. Black and white photographs with narratives collected from oral history interviews. Exhibit open Tues-Sat 10 am - 4 pm. Vermont History Museum, 109 State St. (802) 828-2291. www.vermonthistory.org.

**NORWICH.** Social Singing from The Sacred Harp. Early American hymns in the shape note tradition. Free and open to the public, no experience necessary, loaner books provided. Not a performance or church function, just fellowship in song. 1:30-4:30 pm. Parish Hall of St. Barnabas Episcopal Church, 262 Main St. For information contact Daniel Hertzler at danhertzler@gmail.com. Fourth Sundays.

**NORWICH.** Norwich Farmers' Market. 9 am – 1 pm. Rt. 5 South. (802) 384-7447. manager@norwichfarmersmarket.org. www.norwichfarmersmarket.org. Saturdays starting May 4.

**NORWICH.** Montshire Museum of Science. Exhibits, trails, programs, and museum store open 10 am – 5 pm daily. Admission \$12 adults, \$10 children 2-17, under 2 free. One Montshire Rd. (802) 649-2200. www.montshire.org.

**ORWELL.** Mount Independence State Historic Site. Open daily, 9:30 - 5:30. Admission \$5 for adults, free for children under 15. 497 Mount Independence Rd, (802) 948-2000. historicites.vermont.gov. May 25 – October 14.

**PERU.** Bromley's Sun Mountain Adventure Park. 22 rides & attractions for every member of the family. Great food and drink specials from 5 pm 'til close. At Bromley Mountain Ski Resort, 3984 VT Rt. 11. (802) 824-5522.

**PITTSFORD.** New England Maple Museum. World's largest maple museum. Tour through Vermont's famous maple industry and visit our gift shop. Admission: adults \$5, children \$1. Open 8:30 am – 5:30 pm daily. New England Maple Museum, 4578 Rt. 7, north of the village. (802) 483-9414. info@maplemuseum.com. www.maplemuseum.com.

**PITTSFORD.** Pittsford Farmers Market. Local produce, baked goods, jewelry, toys, artwork, knit & crochet items, nature crafts and more! The museum will have Maple products & other goods. Accepting Farm to Family coupons. Saturdays 10 am to 2 pm. at the New England Maple Museum, 4578 US Rt. 7. (802) 483-6351 or email kfield16@yahoo.com. June 8 through October.

**PLAINFIELD.** Monthly Sacred Harp Sing. A free event, with beginners and loaner books available. The second Sunday of every month at 3 to 5 p.m. at the Community Center above the Co-op in Plainfield. For more information, contact Lynnette Combs at (802) 426-3850. lynnettecombs@gmail.com.

**PLYMOUTH NOTCH.** President Calvin Coolidge State Historic Site. New Exhibition: Rooting for the Home Team—The Coolidges and Our National Pastime." Tuesday Tales of The Notch. Thursday Mornings at the Old Notch School. Wednesday Afternoons with Farmer Fred. Adults \$7.50, children 6 to 14 \$2, under 6 free. Family pass \$20. Open 9:30 am - 5 pm daily. 3780 Rt. 100A. (802) 672-3773. historicites.vermont.gov. May 25 - October 20.

**POULTNEY.** Lakes Region Farmers Market. Thursdays from 9 am to 2 pm June 20 thru Oct 3, featuring fresh fruits, veggies, plants, flowers and herbs. Local bakers with fabulous pies and treats, Vermont maple products and honey, homemade crafts and foods. www.poultneyvt.com.

**POULTNEY.** Free Historical Audio Walking & Driving Tours. View and learn about Main Street Poultney, East Poultney Village, and the Quarries, Farms & Forests. (802) 287-5252, (802) 287-2010. www.poultneyhistoricalsociety.org. www.poultneyvt.com.

**PROCTOR.** Wilson Castle Guided Historic Tours. Daily from 9 am - 5 pm. Adults \$10; children ages 6-12, \$6; ages 6 and under free. Murder Mystery tours. Haunted Castle tours in October. Wilson Castle, 2708 West St. (802) 773-3284. www.wilsoncastle.com. Through mid-October.

**PUTNEY.** Green Mountain Orchards Farm Store. Pick your own blueberries. Horse-drawn wagon rides year-round by reservation. 130 West Hill Rd. (exit 4, I-91), look for signs in Putney Village. (802) 387-5851. greenmtorchards.com.

**QUECHEE.** Vermont Institute of Natural Science Nature Center. Exhibits, programs, nature trail, nature store. Admission: adults \$12, seniors \$11, youth (4-17) \$10. 10 am – 5 pm, 7 days a week. VINS Nature Center, 6565 Woodstock Rd., Rt. 4, 1/4 mile west of Quechee Gorge. (802) 359-5000. info@vinsweb.org. www.vinsweb.org.

**QUECHEE.** Vermont Toy Museum. Collection of more than 100,000 toys. Explore each decade of toys from the 1800's to the present. May-October amusement rides. Free admission to the museum. Seasonal train rides \$4, carousel \$2, children 2 and under ride for free. 10 am - 5 pm daily except holidays. On the 2nd floor inside Quechee Gorge Village shopping complex, Route 4. (802) 295-1550 x 102. vermonttoymuseum.com or quecheegorge.com.

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# Vermont Country Calendar

**RANDOLPH.** The Randolph Farmers Market. Accepting EBT cards. 9 am - 1 pm every Saturday on Center Street. For info call Barb Meaney (802) 728-6329 or Art Rollins (802) 728-9123. randfarmmarket@yahoo.com. *Through October 12.*

**RANDOLPH CENTER.** Turkey Hill Farm. Farmer's Kitchen cooking classes. Farm skills workshops. Spacious farm-stay apartment for short-term stays. Chapter meetings for the Weston A. Price Foundation. Stuart and Margaret Osha, 55 Turkey Hill Rd. (802) 728-7064. localfood@turkeyhillfarmvt.com. www.turkeyhillfarmvt.com.

**ROCHESTER.** Art Exhibits. Masterworks: Sculpture and Prints by Hugh Townley. BigTown Gallery, 99 N. Main St. (802) 767-9670. bigtowngallery.com. *Through July 28.*

**ROCHESTER.** Contra Dance. Live music. Admission at door. 7:30-10 pm. At Pierce's Hall, Main St. *Third Thursdays June through September.*

**RUPERT.** Merck Forest and Farmland. Camping, cabins, trails, farm, workshops and seasonal events. Visitor's Center and store with certified organic maple syrup, our own 100% wool blankets, and more. Help with animal chores; meet at the pig barn at 3:30 pm sharp. Assist Merck staff in taking care of the chickens, pigs, sheep and draft horses Open year round, dawn to dusk. 3270 Rt. 315, west of Manchester. (802) 394-7836. merckforest.org.

**RUTLAND.** Sunset Dinner Tours. Vermont Backroad Tours will pick up at locations in the Rutland area. Travel over the scenic back roads to a special location to watch the sunset. Then, traveling in the twilight, we'll stop for dinner at a local family restaurant. After dinner, ride across the Vermont countryside returning to the origin of the tour. Rate \$60 per person plus dinner. Seating limited to 12 guests. Call for reservations and other tour information. (802) 446-3131. Kelly@vtbackroadtours.com.

**RUTLAND.** Chaffee Art Center—Rutland Area Art Association. Exhibits, classes, workshops, open studio evenings, gift shop. Gallery open Tues-Sat 10 am to 5 pm. 16 South Main St. (802) 775-0356. chaffeeartcenter.org.

**RUTLAND.** Chaffee Downtown Art Center. Exhibits, workshops, classes. Open Tuesday, Wednesday, Thursday 11 am - 6 pm, Friday and Saturday 11:30 am - 7 pm. Chaffee Downtown Art Center, 75 Merchant's Row. (802) 775-0356. www.chaffeeartcenter.org.

**RUTLAND.** The Rutland City Band Sunday Concerts. Free. 7-8:30 pm in the gazebo in Main Street Park, corner of Main St. (Rt. 7) and West St. (802) 773-1853. www.rutlandrec.com. *Every Sunday through August 18.*

**RUTLAND.** Wednesday Concerts in the Park. Bring a picnic basket, family and friends and enjoy a summer evening of music. Free admission. 7-8:30 pm at the gazebo in Main Street Park at the corner of Main St. (Rt. 7) and West St. (802) 282-1092. www.rutlandrec.com. *Every Wednesday through August 7.*

**RUTLAND.** Rutland Farmers Market. Vermont products, baked goods and more direct from local farmers, Saturdays 9 am - 2 pm, Tuesdays 3-6 pm, Downtown Rutland's Depot Park. (802) 773-4813, (802) 753-7269. vtfarmersmarket.org. *Through October.*

**RUTLAND.** Himalayan Salt Cave. Come relax in the only public Himalayan Salt Cave in North America. Mon-Fri 10 am - 7 pm, Sat & Sun 10 am - 6 pm. \$10. Pyramid Holistic Wellness Center, 120 Merchants Row. For reservations call (802) 775-8080. www.pyramidvt.com.

**RUTLAND.** Castleton Downtown Gallery. Castleton Faculty Exhibition featuring the work of 13 Castleton faculty members runs through May 11. Free admission. Open Mon, Wed, Sat 1-6 pm, Fri 1-7 pm. Center Street Alley. For info call Bill Ramage at (802) 468-1266.

**SAXTONS RIVER.** Main Street Arts. Concerts, workshops, lectures, and classes for adults, teens, and children. (802) 869-2960. www.mainstreetarts.org.

**SHELburne.** Shelburne Farms. Welcome Center, Farm and Farm Store. Family programs, workshops, events. Open year round 10 am - 5 pm. Enjoy eight miles of walking trails in woodlands and meadows. Walkers, check in with the Welcome Center. Admission. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686.

**SOUTH WALLINGFORD.** Bingo every Wednesday at 6 pm, doors open at 4 pm. There will be a jackpot! Maple Valley Grange #318 Hall, Rt. 7. (802) 446-2872. www.wallingfordvt.com.

**SPRINGFIELD.** Stellafane. A place and an organization devoted to amateur astronomy, founded by Russell W. Porter in 1923, and considered by many to be the "Birthplace of Amateur Telescope Making." Home to The Springfield Telescope Makers, Inc., an active amateur astronomy and telescope-making club that sponsors many events, classes, activities, and a convention. Springfield Telescope Makers, Inc., PO Box 601, Springfield, VT 05156. Webmaster@Stellafane.com. www.stellafane.com.

**SPRINGFIELD.** Exhibits: "Changing Gears." Solo Digital Art Exhibition by Gloria King Merritt. Also paintings by Henry Anthony Swierczynski. Free. Mon-Fri, 9 am - 5 pm. The Great Hall, 100 River St. (802) 436-2200. marketingvermont@gmail.com. www.gloriakingmerritt.com. *Through August 23.*



**SPRINGFIELD.** Gallery at the VAULT. A Vermont State Craft Center. Exhibits, classes, workshops. Hours: Tuesday - Saturday 11 am - 5 pm. 68 Main St. (802) 885-7111. www.galleryvault.org.

**STATEWIDE.** Salvation Farms. Volunteer opportunities to glean and process Vermont raised, surplus fruits and vegetables for use by vulnerable populations. For more information contact (802) 522-3148. info@ourfarmsourfood.org. salvationfarms.wordpress.com.

**STOWE.** Art on Park. Look for the white tents on Park Street and a wide variety of artist and artisans—jewelers, potters, painters, fiber artists, homeopaths and more. Free. 5:30-8:30 pm. (802) 793-2101. stoweivibrancy.com. *June 20 through August 29.*

**STOWE.** Stowe Free Library Giant Annual Book Sale. Rain or shine, daily, dawn to dusk, except July 9 opens at 9 am. Stowe Free library front porch, 90 Pond St. (802) 253-6145. www.stowelibrary.org. *July 9-29.*

**ST. ALBANS.** Book Cellar—Library Used Book Sale. \$3 per bag of books! Sponsored by Friends of the St. Albans Free Library. Tuesdays from 10 am - 8 pm. Held in the library basement. St. Albans Free Library, 11 Maiden Lane. (802) 524-1507. www.stalbansfreelibrary.org.

**ST. JOHNSBURY.** The Stephen Huneck Gallery at Dog Mountain and Dog Chapel. Free. Open Mon-Sat 10 am - 4 pm and Sun 11 am - 4 pm. The Stephen Huneck Gallery at Dog Mountain, 143 Parks Rd. off Spaulding Rd. (802) 748-2700. info@dogmt.com. www.dogmt.com.

**TOWNSHEND.** Friesans of Majesty. Beautiful Friesan horses bred and trained right here in Vermont. Carriage and sleigh rides, wedding carriage, horse camp, tours, performances, and of course getaways in our cottage or loft apartments. Friesans of Majesty, 185 Maggie Ladd Rd. (802) 365-7526. www.friesiansofmajesty.com.

**WALLINGFORD.** Men's Breakfast. First Sundays at 9 am. First Congregational Church, S. Main St., Rt. 7. (802) 446-2872. www.wallingfordvt.com.

**WELLS.** Farmers Market. The Wells Village Farmers Market 9 am to 1 pm Saturdays Thru Oct at Wells Country Store, Wells Four Corner on Route 30. For information call Helen Wood at (802) 325-3478.

**WEST BRATTLEBORO.** Cai's Dim Sum Teahouse at C.X. Silver Gallery. Dine with art all around. More than 30 authentic unique dishes, la carte with many vegan, gluten-free, and wheat-free options. Walk-ins welcome on second Sundays from 10 am - 8 pm or evenings throughout the month with reservations—call one or two days in advance. C.X. Silver Gallery, 814 Western Ave. (802) 579-9088. www.dimsumvt.com.

**WEST NEWBURY.** Eastern Square Dance. Traditional singing squares, waltzes, polkas, foxtrots, two-steps, Virginia Reel, Portland Fancy, Paul Jones, others. All dances taught. With Adam Boyce, fiddler/caller, Donna Weston on piano. Admission by donation, all ages welcome. 8 pm at the Community Hall at 219 Tyler Farm Rd. (802) 429-2316 or adamrboyce@juno.com. *Fourth Saturdays.*

**WEST PAWLET.** West Pawlet Community Farmers Market. Fresh, honest food and goodies brought to you from your local farmers, chefs, and crafters. Good food, good hospitality, good neighbors. Every Friday from 4-7 pm, indoors and outdoors, year-round. West Pawlet Fish & Game Club (next to the Post Office), 2849 Rt. 153. "Like" us on Facebook and watch for weekly market menus and specials. wpcfmkt@gmail.com.

**WEST RUTLAND.** Reiki Healings. Herbal remedies and teas, crystals and stones. All are welcome. Vermont Herbal General Store, 518 Main St. (802) 438-2766. www.vermontherbal.com.

**WEST RUTLAND.** Home Buyer Education Classes. Call for schedule. NeighborWorks office at 110 Marble St. (802) 438-2303.



## RUTLAND COUNTY HUMANE SOCIETY



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### Rotary Railroad Day

July 5, 9 am—Wells River to Bradford

### The Who Dunit Murder Mystery Train

July 15, 2:30 pm & July 26, 9:30 am—WRJ to Thetford & back

### White River Flyer Summer Train

Starting July 25, Thur, Sat, Sun at noon—WRJ to Thetford & back



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# Vermont Country Calendar

(Ongoing events continued)

**WEST TOWNSHEND.** 6th Annual Townshend Farmers Market. Locally grown and produced foods, delicious baked goods, prepared foods, beautiful plants, handmade soaps, hand blown glass, hand carved chairs and more. Rain or shine. Look for us in the big white church just next to the store during stormy weather! Friday is Pizza Night at the store. 4-7 pm every Friday. Outside West Townshend Country Store at Rt. 30 and Windham Hill Rd. (802) 869-2141. farmersmarket@postoisolutions.org. postoisolutions.org. *Fridays June 7 through mid-October.*

**WESTON.** Cruise-In at The Vermont Country Store. Take a spin down memory lane in your classic car or truck and receive a maple creemee on us. It's a great way to show off your ride, meet other drivers and enjoy the best soft serve around. Free admission. 5:30-7:30 pm, the last Monday of the month thru September. Mildred's Dairy Bar, 657 Main St. (802) 362-5950. *July 29, August 26 & September 30.*

**WHITE RIVER JUNCTION.** Public Sitting Meditation. Free meditation instruction is available at most of these times: Tues 5:30-6:30 pm, Thurs 12-1 pm, Sun 9 am - 12 pm. Shambhala Meditation Center of White River, 158 S. Main St. (802) 785-4304. whiteriver.shambhala.org.

**WHITE RIVER JUNCTION.** White River Flyer Summer Train Rides. Departs 12 pm for Cedar Circle Farm in Thetford for a half hour layover. Brief stop at the Montshire Museum at 12:15. Passengers staying at the museum will reboard for White River Junction at 2:15 pm, arriving at 2:30 pm. You can also board at the museum at 12:15 pm, travel to Cedar Circle Farm, and return to the museum at 2:15 pm. Beer and wine tasting events offered on Thursday for an additional \$17.50. Tickets \$10-\$25. For reservations call (800) 707-3530. www.rails-vt.com. *Thursdays, Saturdays and Sundays July 25 through August 29.*

**WHITE RIVER JUNCTION.** Main Street Museum. A small, public collection of curiosities and artifacts, each one significant and telling a story about human beings and the universe we are part of—an alternative experiment in material culture studies. Open Thurs-Sun 1-6 pm. Parking adjacent to the rear of the building. Located at 58 Bridge St., Studio 6, near the underpass. (802) 356-2776. info@mainstreetmuseum.org. www.mainstreetmuseum.org.

**WHITE RIVER JUNCTION.** Upper Valley Co-op's First Friday Celebration. Live music by local artists, samples of local foods, 5% off all purchases for every shopper. 4-6 pm at the Upper Valley Food Co-op. (802) 295-5804. www.uppervalleyfood.coop.

**WHITE RIVER JUNCTION.** Listen Community Dinner. Free nutritious meals served 5-6 pm every Monday and Wednesday. Take-home available. St. Paul's Episcopal Church, 749 Hartford Ave. (603) 398-2780. www.listencs.org.

**WILMINGTON.** Scenic Horseback Trail Rides. \$25/40 minutes. Children over 6 can ride alone. Pont rides for younger children. Year round by reservation. Flames Stables, Rt. 100 south. (802) 464-8329.

**WINDSOR.** Farmers Market. 11:30 am - 2:30 pm Sundays on State Street Common. Accepts EBT and debit cards. Cecile Corr. (802) 698-3642. cjdem39@yahoo.com. windsorfarmersmarket.blogspot.com. *June 2 - October 27.*

**WINDSOR.** Cider Hill Gardens & Gallery. Open July through September Thursday-Sunday 10 am - 6 pm. At 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. ciderhillgardens.com. garymile.com.

**WINDSOR.** All-You-Can-Eat Brunch Buffet. Menu includes pancakes and eggs, sausage, fruit salad, homemade bread, desserts and more. Adults \$7.50, 8 and under \$3. 11 am to 1 pm. St. Paul's Episcopal Church, 27 State St. (802) 674-6461. *The first Sunday of each month.*

**WINDSOR.** Old Constitution House State Historic Site. Special exhibit: Toasters, Spiders, Dutch Ovens: 18th Century Tavern Cooking. Showcases the types of utensils that would have been used in Elijah West's tavern. Admission: \$2.50, children 14 and under free. Sat, Sun and Monday Holidays, 11 am - 5 pm. Old Constitution House, 16 Main St. (802) 672-3773. historicssites.vermont.gov. *May 25 - October 14.*

**WOODSTOCK.** First Run Movies at the Woodstock Town Hall Theatre. Adults \$8, seniors \$7, students \$6. Famous maple popcorn! (802) 457-3981. www.pentanglearts.org.

**WOODSTOCK.** Billings Farm & Museum. Premiere Jersey dairy farm, restored 1890 farmhouse, family programs, festivities and museum. Time Travel Tuesdays every Tuesday through August 20—A hands-on experience of daily life in 1890. Wagon Ride Wednesdays: Horse-drawn wagon rides every Wednesday through September 25. Foodways Fridays—late 19th and early 20th-century recipes. Admission (includes all activities) \$12 adults, \$11 seniors, \$6 children 5-15, \$3 children 3 & 4. Open April 27 - October 31, 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. www.billingsfarm.org.

**WOODSTOCK.** Woodstock Market on the Green. In the village, Rt. 4. 3-6 pm. Accepts EBT and debit cards. Lalita Karoli and Cathy Emmon. lalitakaroli@yahoo.com. woodstockvt.com. *Wednesdays June 12 - October 9.*

**WOODSTOCK.** Hand-in-Hand Community Meal. All are welcome. Free, donations accepted. Every Thursday, 5-7 pm in the Social Hall of the Unitarian Church, 7 Church St. (802) 457-2557.

## FRIDAY, JUNE 28

**ESSEX JUNCTION.** Vermont Quilt Festival. New England's Largest and Oldest Quilt Event! Admission. Fri-Sat 9 am-6 pm, Sun 9 am-3 pm. Champlain Valley Expo, 105 Pearl St, Rt. 15. (802) 872-0034. www.vqf.org.

**MIDDLEBURY.** Annual Pops Concert and Fireworks. Bring flashlights, chairs, blankets, and a picnic. \$25 adults \$10 youth, under 12 free. Grounds open at 5:30 pm for picnicking; concert at 7:30 pm. Mahaney Center for the Arts at Middlebury College. (802) 388-2117.

**WATERBURY.** 38th Annual Strawberry Supper. Delicious buffet dinner at historic downtown church followed by strawberry shortcake. Full meal includes drink & dessert, or you can get "just desserts." Take-out too! \$10 adults, 12 and under \$6, dessert only \$4. 5-7 pm. Waterbury Congregational Church, 8 N. Main St. (802) 244-6606.

## SATURDAY, JUNE 29

**DUMERSTON CENTER.** Annual Old-Fashioned Strawberry Supper. Ham and baked beans, potato and macaroni salads, coleslaw, homemade breads, beverages, and 10" double-tiered old-fashioned strawberry shortcakes with fresh local strawberries and real whipped cream! Adults \$10, children \$5. Sponsored by the Dummerston Congregational Church. 5-7 pm. Held at Evening Star Grange Hall, 1008 East West Rd. (802) 254-2249.

**HUBBARDTON.** Military Road Hike. Site interpreter Carl Fuller leads a vigorous guided hike on part of the 1776-77 military road that led to Mount Independence. Wear sturdy shoes and bring water. 2-5 pm. Hubbardton Battlefield State Historic Site, Monument Hill Rd. (802) 273-2282. www.Historicssites.vermont.gov.

**RANDOLPH.** Summer Concert with the The Vermont Symphony Orchestra. Featuring Broadway star Sara Jean Ford in "Summer Songbook." At the Three Stallion Inn, Stock Farm Rd. 7:30 pm. (800) 876-9293 x 10. vso.org.

**WESTMINSTER.** 12th Annual Garden Tour. Westminster Cares will hold its two-day event, featuring the gardens of Mary and Gordon Hayward, nationally known garden designer, writer and lecturer. Three other beautiful gardens are also on the tour from 10 am to 3 pm. Admission. (802) 722-3607. westminstercares.org. *Also June 30.*

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## What To Do With Those Raspberries—Red and Black

by Rose Barlow

### BLACK RASPBERRY VINAIGRETTE

The crown of a good salad is the dressing! Making your own salad dressings is easy and fun. The Black Raspberry juice adds a splash of summer to your favorite green salad recipes.

2 cups olive oil  
1 cup Black Raspberry juice  
4 Tbsp parsley

2 Tbsp lemon juice  
1 tsp salt  
2 cloves garlic

Whip all the above ingredients together in a blender until smooth and creamy-looking. Note: This recipe may separate when stored in the fridge. Simply pop it back in the blender to freshen it up.

### BLACK RASPBERRY LEMONADE

2 cups honey  
2 cups Black Raspberry juice

1½ cups lemon juice  
3 quarts water

Gently heat 1 quart of water with 2 cups of honey until honey is dissolved. Don't boil it, especially if you are using raw honey. Let cool completely, then add lemon juice and Black Raspberry juice. Add the other 2 quarts of water, pour into a gallon container and top off with water to make one full gallon. Chill overnight in the refrigerator.

### FREEZING BERRIES

If I'm in a hurry, I freeze berries to use later on in the year. They are as simple as putting them into quart freezer bags or containers and setting them in the freezer. It takes only a few minutes to put up a bucketful this way. Kids love to suck on frozen berries for a healthy snack anytime of the year.

Unfortunately when they thaw out they are never quite the same; they tend to get soggy and seedy, although some kinds of berries fare better than others. They just aren't as good in the dessert recipes as the fresh berries. Since they won't behave in pie or cobbler recipes anymore, I run my thawed berries through a sieve and just use the pulp or juice to make a variety of treats. See the section on using berry juices for some great ideas for using your frozen berries this way.

### JAMMING BERRIES

I also make lots of wild jam each year. Once you've tried making jams a few times, you'll discover it's remarkably easy and doesn't require any special equipment. The 'traditional' American jams and jellies are intensely sweet, with ratios of sugar to fruit as high as 3:1. After making my own jams for years I cannot tolerate the sweetness of storebought jams.

The only special ingredient you'll need to make your own jams is pectin. There are several options to choose from these days, thankfully, as this didn't used to be the case. There are 'regular' pectins, low-sugar pectins and now even no-sugar pectins. There is also a kind of pectin sold in health food stores called Pomona Universal pectin that allows you to use honey to sweeten your jams. I like to use both the Universal pectin and the no-sugar pectin. These allow me the freedom to sweeten the jams to taste. I like them just sweet enough to satisfy the sweet tooth, but not so much that I can't taste all the goodness of the fruits. When I make Black Raspberry jam (and most of my other jams), I generally use a proportion of 2 cups sugar: 5 cups fruit.

Sometimes I make honey-sweetened jams using the Universal Pomona pectin but I can't always get a good gel using honey. The honey also changes the flavor of the berries some, not to mention the price of honey these days!

All the instructions for making your jams and jellies are included inside every box of pectin.

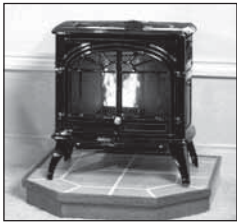
*These recipes of Rose Barlow's are shared with you with permission of www.rosesprodigalarden.org. Visit for more wild foods tips and recipes.*

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# Vermont Country Calendar

**SUNDAY, JUNE 30**

**ADDISON.** Program: Preservation Restoration on the Lake Champlain Bridge. Spend an afternoon learning about the restoration project on both sides of the bridge and see the completed historic bridge interpretive paths. State historic site managers Elsa Gilbertson from Chimney Point and Thomas Hughes from Crown Point, NY lead the program. Meet at the Chimney Point museum and plan to drive or bike over the bridge. \$8 for one, \$15 for two. 1-4 pm. Chimney Point, 8149 Rt. 17W. (802) 759-2412. elsa.gilbertson@state.vt.us. www.historicsites.vermont.gov.

**EAST THETFORD.** 11th Annual Strawberry Festival. Organic strawberry picking, ongoing horse-drawn wagon rides to and from the organic strawberry patch, educational displays, children's activities, and self-guided farm tours. Storytelling, live music, and an organic Good Food concession. Parking \$5, free if you walk or take the train from White River Jct. 10 am - 4 pm. Cedar Circle Farm, Pavillion Rd. off Rt. 5. (802) 785-4737. www.CedarCircleFarm.org.

**RUTLAND.** Concert—The Doobie Brothers with special guest Bachman Turner Overdrive. Doors open 12 pm. Vermont State Fairgrounds. \$40/\$60. vermontstatefair.net.

**SMUGGLERS' NOTCH.** July 4th Celebration Smuggs-Style. On July 4th, there will be a parade and country fair in Jeffersonville followed by festivities on The Village Green at Smugglers' Notch. The 40th Army Band Concert and an old-fashioned Firemen's Barbeque. Spectacular fireworks display. Smugglers' Notch Resort, 4323 Rt 108 S. (800) 451-8752. www.smuggs.com. *Through July 7.*

**WESTMINSTER.** 12th Annual Garden Tour. Westminister Cares will hold its two-day event. 10 am to 3 pm. (802) 722-3607. wecares@sover.net. www.westminstercares.org.

**WOODSTOCK.** Ice Cream Sunday. Participate in making and tasting hand-cranked ice cream at noon and 3 pm. Open daily 10 am - 5 pm. Admission: adults \$12, age 62 & up \$11, children ages 5-15 \$6, 3-4 \$3, under 3 free. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. info@billingsfarm.org. www.billingsfarm.org.

**WEDNESDAY, JULY 3**

**BURLINGTON.** Independence Day Celebration and Fireworks. ECHO's Waterfront VIP party 5-10 pm includes locally sourced food by Sugarsnap! Cash bar. Live music 6-7:30 pm. Adults \$25, children \$12.50. For reservations call (802) 864-184 x 100. www.echovermont.org.

**CHARLOTTE.** Burlington Fireworks via the Champlain Valley Flyer. Beat the traffic and ride the train to the fireworks on the Burlington Waterfront. Depart 5:30, 6:45, 8 pm and return after the fireworks at approximately 10:30. Shelburne departure will be 15 minutes later, and South Burlington shortly thereafter. Fare \$12. (800) 707-3530. www.rails-vt.com.

**GRAFTON.** Vermont Symphony Orchestra Summer Festival Tour. Broadway star Sara Jean Ford joins the VSO for hits from the Great American Songbook. The concert closes with Tchaikovsky's 1812 Overture, marches, and fireworks. Adults \$36, under 18 \$12. Gates open at 5:30 pm for picnicking; concert at 7:30 pm. Grafton Ponds (rain site: Bellows Falls Opera House). (800) 876-9293 x 10. www.vso.org. www.flynntix.org.

**WOODSTOCK.** Woodstock Market on the Green. Fresh local produce, fruits, vegetables, cheeses, meats, crafts, baked goods delicious prepared foods. Live music by Andrew Donovan—Acoustic Beatles. 3-6 pm. In the village, Rt. 4. For info contact Lalita Karoli at lalitakaroli@yahoo.com. woodstockvt.com.

**THURSDAY, JULY 4**

**BENNINGTON.** Reading of the Declaration of Independence with local actor Willy Jones at 1 pm. Discussion and audience input follow. Free. Bennington Battle Monument, Monument Circle. (802) 447-0550. www.historicsite.vermont.gov.

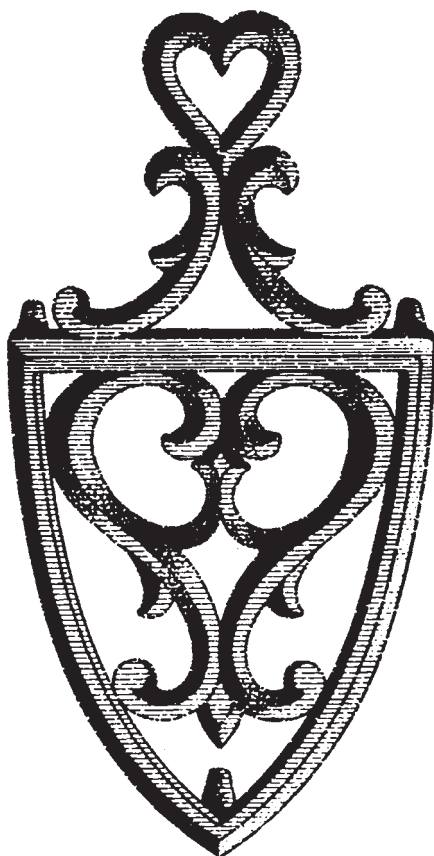
**KILLINGTON.** Old-Fashioned Fourth of July. Annual picnic and parade hosted by Killington Volunteer Fire Dept. BBQ and potluck, pool party and contest, fireworks. River Road Recreation Fields. (802) 422-2105. amy@killingtontown.com. www.discoverkillington.com.

**NEWPORT.** Kingdom Aquafest. Four days of entertainment and activities including a July 4th Celebration. www.kingdomaquafest.com. *Through July 7.*

**POULTNEY.** All-You-Can-Eat Pancake Breakfast. Plain or blueberry pancakes with locally grown blueberries and Vermont maple syrup, bacon or sausage, and beverages. Sponsored by Poultney Methodist Men's Club. \$6 for ages 12 and over, \$4 under 12. Everyone is welcome! 8-10:30 am. Methodist Church, Main St. (802) 325-3174.

**POULTNEY.** Fourth of July Celebration. Parade including marching bands, local school bands, Shriners and the Stateline Band! Field events, great food, music, magic, and marionettes, and ballgame. www.poultneyvt.com.

**RUTLAND.** Fireworks Extravaganza. Gates open at 4:30 pm. Food, vendor concessions and grandstand. 6:30 pm Stoney Roberts Demolition Derby. Fireworks at 9:45 pm. Vermont State Fairgrounds, Rt. 7. (802) 773-2747. www.rutlandvermont.com.



**WARREN.** 4th of July Parade and Festivities. Main Street parade at 10 am followed street dance, local food vendors, supervised kids' activities, prizes. Free. (802)496-3409. warren4th@gmavt.net.

**WOODSTOCK.** July 4th Celebration. Annual John Langhans Green Miles Road Race. Celebration from 10 am - 5 pm at Woodstock Union High School playing field. Games, crafts, food, and music until the fireworks start at dusk. Skating at Union Arena & a flag ceremony. Live music by The Buskers at 6 pm. Free. (802) 457-3981. info@pentanglearts.org. www.unionarena.org.

**WOODSTOCK.** An Old Vermont 4th. Traditional music, flag-making, hand cranked ice cream, horse-drawn wagon rides, patriotic speeches, and debates. Families may make their own 43-star flags (the flag of 1890), Uncle Sam bookmarks, presidential silhouettes, fireworks stencils, and compete in sack races and the egg toss. 10 am - 5 pm. Admission: adults \$12, age 62 & up \$11, children ages 5-15 \$6, 3-4 \$3, under 3 free. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. www.billingsfarm.org.

**FRIDAY, JULY 5**

**BRANDON.** Independence Day Celebration. Party in the street, food vendors, and street dance. 6-10 pm in Central Park. Free. (802) 247-6401. www.brandon.org.

**EAST BURKE.** 4th of July Celebration. Fireworks begin at 9:30 pm. Gates open at 6 pm. BBQ & chairlift rides until 8 pm. Music on the patio 6:30-9:30 pm. Parking \$10 per car. Scenic chairlift rides \$5 per person. Rain date July 20. Burke Mountain. (802) 626-7300. www.skiburke.com.

**ORWELL.** Mount Independence State Historic Site. See the roots of the Battle of Hubbardton. Interact with reenactor American soldiers in a small encampment preparing for a possible withdrawal from the Mount. Open daily, 10 am - 3 pm. Admission \$5 for adults, free for children under 15. 497 Mount Independence Rd, (802) 948-2000. www.historicsites.vermont.gov.

**SOUTH POMFRET.** Vermont Symphony Orchestra Summer Festival Tour. Broadway star Sara Jean Ford joins the VSO for hits from the Great American Songbook. The concert closes with Tchaikovsky's 1812 Overture, marches, and fireworks. Adults \$36; under 12 \$12. Gates open 5:30 pm for picnicking; concert 7:30 pm. Suicide Six Ski Area (rain site: Mid-Vermont Christian School, Quechee). (800) 876-9293 x 10. www.vso.org. www.flynntix.org.

**TUNBRIDGE.** Vermont Morgan Horse Heritage Days Show. Weekend events include shows, riding and carriage competitions and classes. 8 am - 6 pm. Free. Tunbridge Fairground, Rt. 110. (802) 767-4408. *Through July 7.*

**WELLS RIVER.** Rotary Railroad Day on the White River Flyer. Celebrate Newbury, VT's and Haverhill, NH's 250th anniversary. There will be three two-hour and 15-minute round trip train rides from Wells River to Bradford and back at 9 am, 11:45 am, and 2:30 pm. Also two round trips from Bradford to Wells River at 10:15 am and 1 pm. Enjoy historical reenactments and live music. Tickets \$16, wine & beer tasting \$15, one-way train \$10. (800) 707-3530. www.rails-vt.com.

**SATURDAY, JULY 6**

**BRANDON.** Dramatization: "The Rivalry." A staged reading highlighting the famed Lincoln/Douglas debates, featuring former Vermont Governors Madeleine Kunin and Jim Douglas, following the Independence Day Parade. Rededication of the Douglas Monument, on the 200th anniversary of Stephen A. Douglas' birth. Tickets: \$10; under 12 years free; all seats reserved. 3:30 pm. Brandon Town Hall. (802) 247-6401. www.brandon.org. douglasbirthplace.org.



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The plow for the corn; for cabbage the hoe  
But in some places as I ought to know  
There's nothing so certain the weeds to destroy  
As the fingers and thumbs of a trusty boy.

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# Vermont Country Calendar

(July 6, continued)

**BRANDON.** Independence Day Celebration. Music, activities, parade at 1 pm, and fireworks at dusk at the old Brandon Training School. Activities and celebrations from morning to night. Free. Some events in Central Park. (802) 247-6401. info@brandon.org.www.brandon.org.

**HUBBARDTON.** Battle of Hubbardton Anniversary. The American Revolution comes alive at the annual Hubbardton Battlefield living history weekend. Military tactical on the slope of Monument Hill, weather permitting, at 3:30 pm. The Seth Warner Mount Independence Fife & Drum Corps at 2:45 pm. Visit the tent camps, talk with reenactors, watch tactical and artillery demonstrations, see camp life, learn to drill, and take in guided camp and battlefield tours. Activities for children. Sutlers offer their wares. Museum and museum shop. Food stand. The Hubbardton Battlefield State Historic Site, Monument Hill Rd. (802) 273-2282. historicites.vermont.gov. Also July 7.

**KILLINGTON.** Killington Music Festival's Music in the Mountains Concert: Summer Romance. Faculty artists perform works of Gershwin, Svendsen, Chopin and Mendelssohn. Tickets \$20. 7 pm. Rams Head Lodge, Killington Resort, Killington Rd. For tickets call (802) 422-1330. Info: (802) 773-4003. killingtonmusicfestival.org. Saturdays through August 3.

**NORTH POMFRET.** Annual Strawberry Supper. Baked ham and baked beans, potato salad, tossed salad, deviled eggs, rolls, coffee, punch, strawberry shortcake & whipped cream. Ladies Circle Bazaar and quilt raffle tickets. Supper benefits the North Pomfret Congregational Church. Seatings at 5, 6:15 & 7:30 pm at the Pomfret Town Hall. \$12 for adults, \$5 for children under 10. Call for reservations! (802) 457-1014.

**POULTNEY.** Poultney Library Annual Book Sale. Rain or shine. 8 am - 4 pm. (802) 287-5556. www.poultneyvt.com.

**WELLS.** Hike at Lake St. Catherine. An easy to moderate climb to cliffs overlooking the Lake, with an option to swim afterwards at the State Park (admission fee or pass required to swim). Newcomers and non-members welcome. Free. Sponsored by the Killington Section of the Green Mountain Club. 9 am (rain date July 7). Leader: Tom Copps, (802) 282-1675. www.gmckillington.org.

**WELLS RIVER.** Wells River History Walking Tour. A three-hour walk with presenters at nine stops. Free. 9 am to noon. Begin in parking lot behind Wells River Savings Bank, 47 Main St. (802) 757-2708. symesmo2@aol.com. www.celebrate250.org.

**WESTMINSTER.** Summer Hike—Over the Top! Sarah Waldo and Kath Martin will lead hikers up Holden Trail to the Pinnacle for a bag lunch, then south on Ridgeline Trail and down sometimes steep Cascade Trail to Hedgehog Gulf in Brookline. Hikers will be ferried back to the start at Holden Trail kiosk. Bring water, lunch, insect repellent, sunscreen. 11 am - 3 pm. Sponsored by the Windmill Hill Pinnacle Association. For information/registration, contact Sarah Waldo at (802) 387-6036 or sarah\_waldo@hotmail.com. www.windmillhillpinnacle.org.

**WINDSOR.** Hosta Days Annual Celebration. Explore the Hosta Gardens in all their Glory from teeny-weeny plants growing in the ledge cracks to the largest fellows growing in the shade gardens. Guided tour and talks by Gary and Sarah 10:30 am. Look for Hosta specials among the vast offerings of Hosta. 10 am - 6 pm. Cider Hill Gardens and Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. ciderhillgardens.com. www.garymilek.com. Also July 7.

**WINDSOR.** 1777 Constitution Day Celebration. A tribute to Vermont's first constitution at the place where it was drafted and signed, creating the Republic of Vermont. Join reenactors, traditional artisans and costumed guides in this tribute to Vermont's first constitution. The event culminates with Vermont's Revolutionary Trek—a symbolic relay from Hubbardton Battlefield to Windsor's constitutional convention. 11 am - 5 pm. Old Constitution House, 16 Main St. (802) 672-3773. william.jenney@state.vt.us. historicites.vermont.gov/directory.

## SUNDAY, JULY 7

**EAST POULTNEY.** 4th Annual Strawberry Social. On the Green at 6 pm. Strawberry shortcake. Town band plays. Bring your own chairs. \$5 adult, \$3 children. (802) 287-2405.

**HUBBARDTON.** Battle of Hubbardton Anniversary Living History Weekend. Sunday battle, weather permitting, with troops starting formations about 7:30 am. Extended tactical demonstration 8 am, as muskets sound in the distance before the soldiers emerge over Monument Hill. Visit the tent camps, talk with reenactors. Hands-on activities for children. Sutlers offer their wares. Museum and museum shop open. Food stand open. The Hubbardton Battlefield State Historic Site, Monument Hill Rd. (802) 273-2282. www.historicites.vermont.gov.

**ROCHESTER.** Rochester Chamber Music Society. Elisabeth LeBlanc, clarinet, John Dunlop, cello, Cynthia Huard, piano. Brahms, Beethoven. Concert 4 pm. Donation. Rochester Federated Church, 15 North Main St. (802) 767-9234. lesley@rcmsvt.org. www.rcmsvt.org.

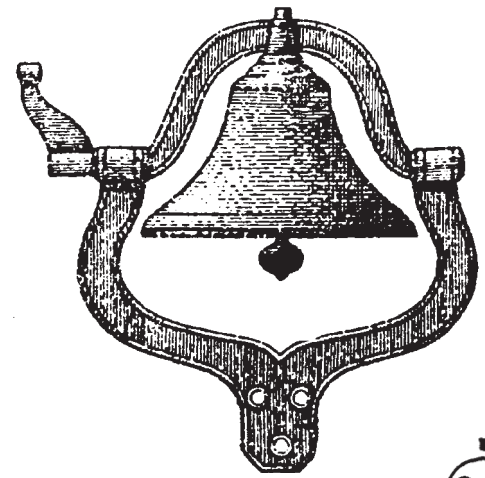
**WINDSOR.** Hosta Days Annual Celebration. Explore the Hosta Gardens in all their Glory from teeny-weeny plants growing in the ledge cracks to the largest fellows growing in the shade gardens. Guided tour and talks by Gary and Sarah 10:30 am. Look for Hosta specials among the vast offerings of Hosta. 10 am - 6 pm. Cider Hill Gardens and Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. ciderhillgardens.com. www.garymilek.com.

## THURSDAY, JULY 11

**BRANDON.** Basin Bluegrass Festival. Over 14 bands featuring Ralph Stanley II. Four days of music, camping, good company and good food. Off Rt. 73, 2 miles east of town. Tickets: (802) 247-3275. basinbluegrassfestival.com.

**CANAAN, NH.** Canaan Meetinghouse Readings. Cleopatra Mathis will read from her book of poems, *Book of Dog*. And Joyce Carol Oates will read from her novel, *The Accused*. Free admission, refreshments available. 7:30 p.m. at the 1793 Meetinghouse on Canaan Street. (603) 523-9650. ppochoada@gmail.com. meetinghouse readings.wordpress.com. Also July 18, 25, and August 1.

**DORSET.** Play: *The Whipping Man* by Matthew Lopez. It's Passover 1865. Three men are at a crossroads—a Jewish Confederate soldier who has returned from battle and two former slaves, who were raised as Jews in his household. Tue/Wed/Thu: \$41/\$38 adult, \$20 student. Fri/Sat/Sun: \$47/\$43 adult, \$20 student. Tues-Sun, 8 pm & 3 pm. The Dorset Playhouse, 104 Cheney Rd. (802) 867-2223. dorsettheatrefestival.org. Through July 20.



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## Finding the Magicicada Septendecim

by Bill Felker

*Dost thou not see the little birds, the ants, the spiders, the bees working together to put in order their several parts of the universe?*

—Marcus Aurelius

The first encounter with local periodical cicadas (the magicicada septendecim) was announced to the Almanack by John Sturm: "This morning," wrote John, "I spotted one of those red cicadas. It was on the low trail back from the pine forest that runs along the creek. There is no doubt it was of the 17-year variety. I saved one from the 1987 emergence in a small plastic box."

By the next day, nursery school students were finding the newly emerged insects in their play area, and drivers for my wife's kindergarten field trip to the zoo had cicadas bouncing off their windshields.

I wasn't able to get to the woods for another day, but after all the reports, I felt that I would have a good chance of seeing the cicadas where I had discovered them more than a decade and a half ago.

Entering the woods at about five o'clock in the afternoon, I made my way along the path above the river. Ash seeds and

clusters of spent Osage flowers covered the ground. A few gnats and mosquitoes touched my neck and face. A broad-winged damselfly looked down at me from a box elder tree. An Alypia moth with white stripes on its wings fluttered back and forth in the undergrowth. New gold-collared blackflies explored the foliage and flowers of sweet rockets, multiflora roses and waterleaf.

But there were no cicadas. I wondered if I were too early, or maybe even too late to find them. Then a hundred feet or so from the road, I saw one of the tell-tale brown hulls of the nymphs from which the adult cicadas emerge. I walked a little farther, found half a dozen nymph shells hanging to the underside of hickory and honeysuckle leaves, then more on buckeye, elm, garlic mustard and sweet Cicely.

I started searching under the low, two-foot canopy of touch-me-nots and wood nettles. A fat toad hopped ahead of me down the path. Daddy longlegs crouched on the black snakeroot. Scorpion flies hunted for prey.

Then I found the elusive magicicadas themselves. They were resting quietly all around, waiting for me. They were an inch or two in length. Their wings were shiny and gold, their eyes red, their bodies black.

I approached them slowly, carefully stepping off the trail and entering the inner sanctum of their habitat. I reached down and touched one on the back, then stroked its soft wings. The creature remained still, seemed completely unafraid, and accepted my caress as though it had been expecting my curiosity.

I went deeper into the green waist-high world of touch-me-nots and nettle, and the cicadas allowed me to observe and handle them there, confident, perhaps, in their great numbers (my sources suggested there could be up to a million of them in the small forest glade I was exploring).

With only slight encouragement, one climbed up on my index finger and looked at me benignly while I studied its angelic wings, and wondered at its docility and its trust. In a week, I whispered to my guest, all of this soundless, contemplative, prepubescent innocence would be gone. He (if he were a he) would be mad with lust, loud and frantic, charging into trees and automobiles or plunging into the river. And she (if she were a she) would be watching, listening, waiting, loving the grand display.

But both sexes, would still be equally disdainful of human observation and intervention, blindly confident in their overwhelming numbers and in their biological imperative, "to put in order their several parts of the universe."



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# Vermont Country Calendar

**TUNBRIDGE.** Four Days of Dog Shows—Vermont Scenic Circuit. Woodstock Dog Club & Green Mountain Dog Club will be sponsoring an official AKC Event. Ice Cream Social and BBQ with Cold Country Blue Grass Band! Variety of vendors. Parking fee. 8 am – 6 pm. Tunbridge Fairgrounds, 1 Fairgrounds Lane. (802) 299-8295. greenmountaindogclub@gmail.com. www.greenmountaindogclub.org. *Through July 14.*

## FRIDAY, JULY 12

**BRANDON.** Basin Bluegrass Festival. Over 14 bands featuring Ralph Stanley II. Four days of music, camping, good company and good food. Off Rt. 73, two miles east of town. Call for tickets. (802) 247-3275. www.basinbluegrassfestival.com.

**RANDOLPH.** Third Annual Summer Pride Festival at Chandler. Plays: Hannah Free and Directions for Restoring the Apparently Dead. Chandler Music Hall, 71-73 Main St. (802) 728-6464. www.chandler-arts.org. *Through July 21.*

**TINMOUTH.** SolarFest's 19th Annual Sustainable Living Festival. Workshops, live music, foods, solar displays. Weekend pass \$35 pre-sale, \$39 at gate. Single day \$15. Children 14 and under (free with adult). Forget-Me-Not Farm, 12 McNamara Rd. (802) 235-1513. solarfest.org. *Also, July 13 & 14.*

## SATURDAY, JULY 13

**BRANDON.** Basin Bluegrass Festival. Over 14 bands featuring Ralph Stanley II. Four days of music, camping, good company and good food. Off Rt. 73, two miles east of town. Call for tickets. (802) 247-3275. www.basinbluegrassfestival.com.

**BRATTLEBORO.** Raw Dairy Class. Learn to make butter, ricotta and mozzarella from raw milk. Hosted by Rural Vermont and Wild Carrot Farm. Fee: \$50. 10 am - 2 pm. To register call (802) 223-7222. wildcarrotfarm.net. www.ruralvermont.org.

**CRAFTSBURY COMMON.** 40th Annual Antiques and Uniques Festival. Over 100 antique and "unique" vendors. Specialty foods area and antique car owners. 10 am to 4 pm on the Common. (802) 586-7596.

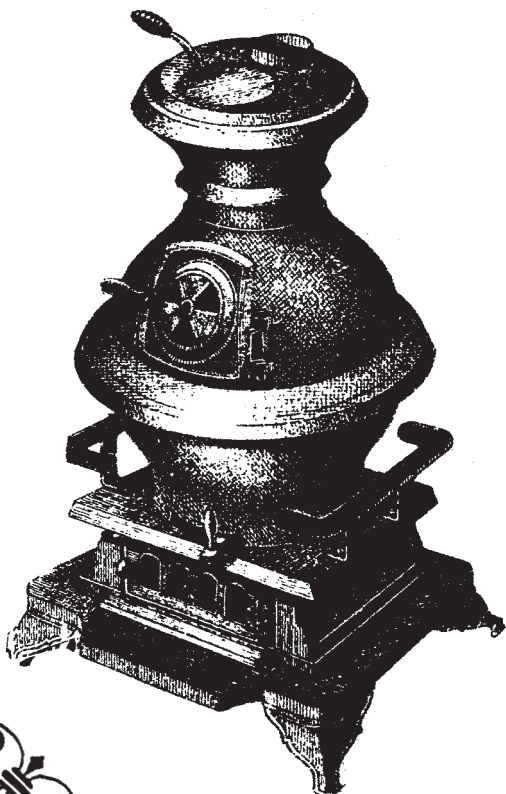
**GRANVILLE.** Rochester Chamber Music Society—Fifteenth Annual Bach Bash. Professional and amateur musicians celebrate the music of Bach and others. 7 pm. Donation. Granville Town Hall, 4157 VT Rt. 100. (802) 767-9234. lesley@rcmsvt.org. www.rcmsvt.org.

**KILLINGTON.** Killington Music Festival's Music in the Mountains Concert: Inspirations from Bach. Works of Bach, Schubert and Mendelssohn with guest artist Joseph Silverstein. Tickets \$20. 7 pm. Rams Head Lodge, Killington Resort, Killington Rd. For tickets call (802) 422-1330. Info: (802) 773-4003. killingtonmusicfestival.org. *Saturdays through August 3.*

**MANCHESTER CENTER.** Book & Author Event: Nathaniel Philbrick, "Bunker Hill: A City, A Siege, A Revolution." Free. 7 pm. Northshire Bookstore, 4869 Main St. (802) 362-2200. www.northshire.com.

**ROYALTON.** Annual Strawberry Supper. To benefit Baked ham, baked beans, macaroni salad, potato salad, cole slaw, raised rolls., beverages, and strawberry shortcake with real whipped cream. Adults \$8, children 12 and under \$4, 6 and under free. Sittings at 5, 6, 7 pm. The Academy Building, Rt. 14, next to the church. (802) 728-6626.

**TINMOUTH.** SolarFest's 19th Annual Sustainable Living Festival. Workshops, live music, foods, solar displays. Weekend pass \$39. Single day \$15. Children 14 and under (free with adult). Forget-Me-Not Farm, 12 McNamara Rd. (802) 235-1513. solarfest.org. *Also, July 14.*



**VERGENNES.** Annual French Heritage Day. Franco-American music & food, step-dancing, reenactors, antique vehicles & engines, demos, exhibits, churn ice cream, carriage rides, children's activities, Waiter's Race for pros & non-pros! Narrated English & French historical walking tour with le Comte de Vergennes, French-Canadian Genealogical Society. Visit St. Peter's French built Catholic Church. Free. 10 am - 4 pm. Vergennes City Park, Main St. (802) 388-7951 x 1. www.frenchheritageday.com.

## SUNDAY, JULY 14

**BRANDON.** Basin Bluegrass Festival. Over 14 bands featuring Ralph Stanley II. Four days of music, camping, good company and good food. Off Rt. 73, two miles east of town. Call for tickets. (802) 247-3275. www.basinbluegrassfestival.com.

**POULTNEY.** Band Concert on The East Poultney Green. Visitors welcome! Free. 6:30-7:30 pm. (802) 287-5185. www.poultneyvt.com.

**PUTNEY.** 11th Annual Twilight on the Tavern Lawn Concert with Darlingside. A Northampton, Massachusetts' premier "string-rock" quintet. Free. 5:30 pm on the Putney Tavern lawn (bring a lawn chair or blanket) or at Next Stage at 15 Kimball Hill in case of rain. (802) 387-5772. www.twilightmusic.org. *Also July 28, August 11 & 25.*

**ROCHESTER.** Rochester Chamber Music Society. Jessica Lee, violin. All Bach program. Concert 4 pm. Donation. Rochester Federated Church, 15 North Main St. (802) 767-9234. lesley@rcmsvt.org. rcmsvt.org.

**SHELBURNE.** Multi-County 4-H Dairy Show at the Breeding Barn. Watch 4-Hers from three counties show their calves in the show ring. Free & open to the public. 10 am - 2 pm. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686. jpenca@shelburnefarms.org. www.shelburnefarms.org.

**TINMOUTH.** SolarFest's 19th Annual Sustainable Living Festival. Single day ticket \$15. Children 14 and under (free with adult). Forget-Me-Not Farm, 12 McNamara Rd. (802) 235-1513. solarfest.org.

## MONDAY, JULY 15

**WHITE RIVER JUNCTION.** Murder Mystery Train. Doors open 1:30 pm, depart at 2:30 pm. You can take this trip with or without our featured presentation, "The Who Dunit Murder Mystery". Tickets: \$42.50, train ride only \$25, child \$20, box lunch \$15. For reservations call (800) 707-3530. www.rails-vt.com.

## WEDNESDAY, JULY 17

**HUBBARDTON.** Star Light, Star Bright Star Night. Experienced stargazers from the Green Mountain Alliance of Amateur Astronomers share their telescopes and knowledge of the moon and the stars. Bring blankets, flashlights and your own binoculars or telescopes. The marshmallows are on us. If inclement weather, inside illustrated program. 8-10 pm. Hubbardton Battlefield. 5696 Monument Hill Rd. (802) 273-2282. elsa.gilbertson@state.vt.us. historicssites.vermont.gov.

**SOUTH HERO.** Chicken Pie Supper. Continuous serving, buffet style. Adults \$10, children under 12 \$5. 5-6:30 pm. At South Hero Congregational Church, 24 South St. (802) 372-4962. ccshvt@gmail.com.

## THURSDAY, JULY 18

**CANAAN, NH.** Canaan Meetinghouse Readings. Jay Parini will be reading from the manuscript of his new poetry collection, *Ordinary Time*. Nicholas Delbanco will read from his recently re-released fiction trilogy, *The Sherbrookes*. Free admission, refreshments available. 7:30 p.m. at the 1793 Meetinghouse on Canaan Street. (603) 523-9650. meetinghouse readings.wordpress.com. *Also July 25 and August 1.*

**MORRISVILLE.** Annual Open House at the Noyes House Museum. With the Morrisville Military Band. Donation. 6-8 pm. 122 Lower Main St. (802) 888-7617.

## FRIDAY, JULY 19

**MANCHESTER CENTER.** Book & Author Event: Verlyn Klinkenborg, "More Scenes from the Rural Life." One of the most read and beloved columnists in the New York Times. Free. 7 pm. Northshire Bookstore, 4869 Main St. (802) 362-2200. www.northshire.com.

**MIDDLEBURY.** The 29th Annual Summer Carillon Concert Series: Tatiana Lukyanova. Ms. Lukyanova is Instructor at the Royal Belgian Carillon School and St. Petersburg Conservatory. Free. 5 pm. Mead Chapel and surrounding lawns, 75 Hepburn Rd. (802) 443-3168.

**NEWBURY.** 62nd Annual Cracker Barrel Festival. Chicken Pie Supper 4:30-7 pm. At the Newbury Congregational Church on Rt. 5. Adults \$11, children 10 and under \$5. Take-outs available by calling (802) 866-5540. Fiddler's Contest on the Common at 7 pm. Admission \$6, under 10 free. Bring your own seating. Food and drink available. crackerbarrelbazaar.com. *Also July 20.*

**WINDSOR.** Floral Print Show and Print Sale. See Gary's floral prints in the Cider Hill Gallery. All prints 30-50% off! 10 am - 6 pm. Cider Hill Gardens and Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. flowers@ciderhillgardens.com. ciderhillgardens.com. www.garymilek.com. *Through July 28.*

## SMALL FARMS

Our circling world is small, you say,  
With green hills rimming in the day?  
No bright excitement, nothing new,  
Where work abounds and folks are few?  
Yet you should find the peace we know,  
In watching crops and creatures grow.  
Our sloping fields and rippling streams  
Excel the fondest artist's dreams.  
The rainbow's treasured pot of gold  
Lies past our garden, we've been told!  
Of isolation there's no sign—  
News travels via party line,  
The radio, and neighbors' faces!  
Small farms are surely busy places.

—MIM HERWIG

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# Vermont Country Calendar

## SATURDAY, JULY 20

**ADDISON.** Blast from the Past: How They Made It in New France. Site interpreter Karl Crannell offers hands-on demonstrations on some of the crafts and skills practiced by those living here on the frontier of New France. Wood crafts, tailoring and more. 1:30-3:30 pm. Chimney Point Saye Historic Site, 8149 Rt. 17W. (802) 759-2412. [elsa.gilbertson@state.vt.us](mailto:elsa.gilbertson@state.vt.us). [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**IRASBURG.** Irasburg United Church Fair. Crafts, auction, music baked goods, children's games, strawberry shortcake, chicken BBQ 3:30-7 pm, fireworks at dusk. 10 am - dusk. Irasburg Village Common, Park St. (802) 754-6583. [www.irasburgchurchfair.com](http://www.irasburgchurchfair.com).

**KILLINGTON.** Killington Music Festival's Music in the Mountains Concert: Celtic Journey. Enjoy works of Flynn, Martin, Baptiste Barrière and Fauré. Tickets \$20. 7 pm. Rams Head Lodge, Killington Resort, Killington Rd. For tickets call (802) 422-1330. Info: (802) 773-4003. [www.killingtonmusicfestival.org](http://www.killingtonmusicfestival.org). Saturdays through August 3.

**LYNDONVILLE.** Stars and Stripes Festival and Parade. Music, BBQ, shopping and more. At 10 am. Bandstand Park. [www.lyndonvermont.com](http://www.lyndonvermont.com).

**MIDDLEBURY.** Craft Fair Art on the Green. Featuring fine craft and art, demonstrations and kids activities. Free. 9 am - 4 pm. Middlebury Town Green, Main St. (802) 247-3702. [ewaldewald@aol.com](mailto:ewaldewald@aol.com). [middleburystudioschool.org](http://middleburystudioschool.org).

**NEWBURY.** 62nd Annual Cracker Barrel Festival. Bazaar & craft show 9 am - 4 pm. Historical exhibits, silent auction, hay rides, boat rides, Buddy D. Clown. Jeremiah Ingalls Shape Note sing 10:30 am - 4 pm. Chicken barbecue with free live music, 4-6 pm—adults \$12, children under 10 \$5. [www.crackerbarrelbazaar.com](http://www.crackerbarrelbazaar.com).

**RANDOLPH.** 2nd Annual Randolph Antique and Artisan's Fair. Food available. 9 am - 2 pm at Gifford's Park. (802) 728-2238.

**WARREN.** Leisurely Paddle on Blueberry Lake. Small lake with clean, clear water and a gravelly bottom, deep enough to take kayaks and canoes and suitable for swimming. Newcomers and non-members welcome. Free. Sponsored by the Killington Section of the Green Mountain Club. Call for meeting time and place. Leaders: Larry Walter & Vivian Bebee, (802) 775-3855. [www.gmckillington.org](http://www.gmckillington.org).

**WELLS.** 36th Annual Wells Variety Day Fair. Crafts, antiques, art, flea market, specialty foods, plants, herbs, Vermont Food Court, burger stand. Silent Auction, live music, children's Treasure Hunt, contests. Strawberry shortcake and lots more! Free admission, free parking. 9 am - 4 pm on the Village Green and Church Lawn, Main Street, Rt. 30. For info call (802) 645-0422 or (802) 325-3203.

## SUNDAY, JULY 21

**HUBBARDTON.** Battlefield Third Sunday. Site interpreter Carl Fuller portrays a Hubbardton resident from 1777, telling the exciting experiences of the Samuel Churchill family, including grandson Amos. Site administrator Elsa Gilbertson shares the story of the 1859 Hubbardton Battle Monument and Amos's role in that effort. 1 pm. Hubbardton Battlefield, 5696 Monument Hill Rd. (802) 273-2282. [elsa.gilbertson@state.vt.us](mailto:elsa.gilbertson@state.vt.us). [historicsites.vermont.gov](http://historicsites.vermont.gov).

**POULTNEY.** Band Concert on The East Poultney Green. Free. 6:30-7:30 pm. (802) 287-5185. [www.poultneyvt.com](http://www.poultneyvt.com).

**SO. BURLINGTON.** 18th Annual Plant Sale. Sponsored by Friends of Hort. Farm. Ornamental trees, shrubs, perennials and other plants donated by gardens and nurseries throughout Vermont. Free admission. 10 am - 3 pm. UVM Horticulture Research Center, 65 Green Mountain Dr. (802) 864-3073. [friendsofthehortfarm.org](http://friendsofthehortfarm.org).

**WOODSTOCK.** National Ice Cream Day. Participate in making and tasting hand-cranked ice cream made using Billings Farm cream. Learn the history and science of the "great American dessert." 10 am - 5 pm. Admission includes all activities, museum, barns, and 1890 farmhouse. Adults \$12, age 62 & up \$11, children ages 5-15 \$6, 3-4 \$3, under 3 free. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

## TUESDAY, JULY 23

**BRANDON.** 25th Annual Great Brandon Auction. Attic treasures and barn bargains. New art, merchandise, gift certificates, antiques, furniture and lots of surprises. Rain or shine under the tent. Free. 2 pm preview with 4 pm auction. Brandon's Central Park across from 20 Park St. (802) 247-6401. [info@brandon.org](mailto:info@brandon.org). [www.brandon.org](http://www.brandon.org).

**NEWBURY.** Concert with the Yankee Brass Band. If raining, the concert will be in the Newbury Elementary School gym. Free. 7-9 pm. Newbury Common, Rt. 5. (802) 757-2708. [symesmo2@aol.com](mailto:symesmo2@aol.com). [www.yankeebrassband.org](http://www.yankeebrassband.org).

**SHOREHAM.** Lake Champlain Twilight History Cruise. Guest speaker Jim Bullard will present a fascinating maritime history talk focusing on the southern end of the lake. Hors d'oeuvres and beverages provided. Bring cameras and binoculars. \$35. The Carillon departs promptly at 5:30 p.m. from Larrabee's Point in Shoreham, adjacent to the Fort Ticonderoga ferry at the end of Rt. 74. Advance reservations required. Henry Sheldon Museum, 1 Park St. (802) 388-2117. [www.henrysheldonmuseum.org](http://www.henrysheldonmuseum.org). Also July 25.

**WOLCOTT.** Farm to Fork Sunset dinner and farm tour. Using produce grown on our farm and other local farm ingredients, chef Sandi will prepare an artistically created menu with copious amounts of farm fresh vegetables, herbs, fruits, meats, and flowers. \$60 per person, BYOB. Gratuity not included. 6 pm. Sandiwood Farm, 1665 Town Hill Rd. [sara@sandiwoodfarm.com](mailto:sara@sandiwoodfarm.com). [sandiwoodfarm.com](http://sandiwoodfarm.com). Also August 20, September 17, October 9.

## WEDNESDAY, JULY 24

**BARRE.** Barre Heritage Festival and Homecoming Days. Live music, comedy, entertainment, exhibits, food, vendors, workshops. Barre Heritage Car Show. 10 am - 4 pm. (802) 839-5451. [barreheritagefestival.org](http://barreheritagefestival.org). Through July 28.

**WOODSTOCK.** Wagon Ride Wednesdays. Horse-drawn wagon rides around the farm fields. 11 am - 2 pm. Admission includes all programs, activities, museum, Adults \$12, age 62 & up \$11, children ages 5-15 \$6, 3-4 \$3, under 3 free. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org). Every Wednesday through September 25.

## THURSDAY, JULY 25

**CANAAN, NH.** Canaan Meetinghouse Readings. Megan Marshall reads from her biography, *Margaret Fuller*. Chris Bohjalian will read from his novel, *The Light in the Ruins*. Free admission, refreshments available. Author's books on sale. 7:30 p.m. at the 1793 Meetinghouse on Canaan Street. (603) 523 9650. [ppochoda@gmail.com](mailto:ppochoda@gmail.com). [meetinghouse readings.wordpress.com](http://meetinghouse readings.wordpress.com). Also August 1.

**MENDON.** Wine Tasting Dinner at the Red Clover Inn. Chef Colin Arthur will prepare a family-style dinner featuring a selection of wines. Music by the KMF Young Artists. Proceeds to benefit the Killington Music Festival. 6 pm. For reservations please call The Red Clover Inn at (802) 775-2290. [www.killingtonmusicfestival.org](http://www.killingtonmusicfestival.org).

### Free Calendar Listings

Send us your community or church events & we'll list them free of charge in our calendar.

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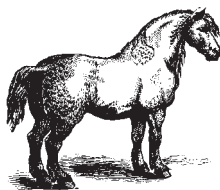
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### American Morning

Now cocks are crowing on the valley farms  
And in the mist the slap of kitchen doors  
Marks where tall boys with milk pails on their arms  
Are going to the barn to help with chores.  
Along the river's edge with clanking bells  
Slow ghosts of cattle seek familiar trails  
Through willows drenched with dew, and meadow smells  
Come on the fog across the fence gate rails.

Far down the valley, through the wooded hollows,  
The village stirs around its waking mills.  
A freight puffs somewhere in the mist and follows  
The winding river deeper into the hills.  
The pale light grows and brightens; wood birds rouse.  
The farm boys whistle, turning out the cows.

—CHARLES MALAM



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# Vermont Country Calendar



**SHOREHAM.** Lake Champlain Twilight History Cruise. Guest speaker Jim Bullard will present a maritime history talk focusing on the southern end of the lake. Hors d'oeuvres and beverages provided. \$35. The Carillon departs promptly at 5:30 p.m. from Larrabee's Point in Shoreham, adjacent to the Fort Ticonderoga ferry at the end of Rt. 74. Advance reservations required. Henry Sheldon Museum, 1 Park St. (802) 388-2117. [www.henrysheldonmuseum.org](http://www.henrysheldonmuseum.org).

**WHITE RIVER JUNCTION.** White River Flyer Summer Train Rides. Departs 12 pm for Cedar Circle Farm in Thetford for a half hour layover. Brief stop at the Montshire Museum at 12:15. Passengers staying at the museum will reboard for White River Junction at 2:15 pm, arriving at 2:30 pm. You can also board at the museum at 12:15 pm, travel to Cedar Circle Farm, and return to the museum at 2:15 pm. Tickets \$10-\$25. For reservations call (800) 707-3530. [www.rails-vt.com](http://www.rails-vt.com). *Thursdays, Saturdays and Sundays July 25 thru August 29.*

## FRIDAY, JULY 26

**POULTNEY.** Shakespeare on Main Street: "A Comedy of Errors." 7 pm at Green Mountain College's Ackley Theatre on July 26, 27, 28 and August 1, 2, & 3. Sunday matinee August 4 at 2 pm. (802) 287-2581. [www.poultneyvt.com](http://www.poultneyvt.com).

**SHELBURNE.** Vermont Balloon and Craft Festival. Hot air balloons, music, art, craft demos, and great food. Admission. 10-5 Friday, 10-10 Saturday, 10-7 Sunday. Shelburne Museum, Rt. 7. (802) 425-3399. [info@craftproducers.com](mailto:info@craftproducers.com). [www.vtfest.com](http://www.vtfest.com). *Through July 28.*

**WHITE RIVER JUNCTION.** Murder Mystery Train. Doors open 8:30 am, depart at 9:30 am. You can take this trip with or without our featured presentation, "The Who Dunit Murder Mystery". Tickets: \$42.50, train ride only \$25, child \$20, box lunch \$15. For reservations call (800) 707-3530. [www.rails-vt.com](http://www.rails-vt.com).

**WOODSTOCK.** 5th Annual Bookstock—The Green Mountain Literary Festival. Five local authors speak. Reception at 5:30 pm at ArtisTree. Huge book sale opens at 9 a.m. Free. (802) 457-2996. [shiretownbooks@gmail.com](mailto:shiretownbooks@gmail.com). [www.bookstockvt.org](http://www.bookstockvt.org). *Also July 27 & 28.*

## SATURDAY, JULY 27

**BARRE.** Barre Heritage Festival and Homecoming Days. Parade at 2 pm. Fiddlers' Contest. Live music, comedy, entertainment, exhibits, food, vendors, workshops. Barre Heritage Car Show. Fireworks 9 pm. (802) 839-5451. [barreheritagefestival.org](http://barreheritagefestival.org). *Through July 28.*

**BELMONT.** A Sense of Place: Vermont's Farm Legacy. Lecture by Gregory Sharrow. Free. 2 pm. Mount Holly Town Library, 26 Maple Hill Rd. (802) 259-2318. [joanml@yahoo.com](mailto:joanml@yahoo.com). [www.vermonthumanities.org](http://www.vermonthumanities.org).

**EAST THETFORD.** Community Cannery Day. Work alongside kitchen staff to can the day's crop and go home with your share of the product. Four hours commitment required; light snack served at end of day. No canning experience required. Limited to 8 people. Free, pre-registration required. 11 am - 3 pm. Cedar Circle Farm, Pavillion Rd. off Rt. 5. (802) 785-4737. [www.CedarCircleFarm.org](http://www.CedarCircleFarm.org).

**GLOVER.** Annual Glover Day. The highlight of the year and the best celebration of Glover on the town green. Something for everyone! Treats, games, sales, and live entertainment. Cotton candy for the young and the young at heart. Runaway Pond Road Race for runners and walkers, and the Tour de Glover Mountain Bike Race. Bread and Puppet parade at 11 am. Glover Historical Society's 200th Anniversary celebration of the Runaway Pond event. Glover Library Annual Book Sale. On the green in Glover village. (802) 525-4760. [grecreation.org](http://grecreation.org).

**GOSHEN.** Hike on Leicester Hollow Trail. Join us on the newly re-opened trail, rebuilt by the Youth Conservation Corp. We will go in via the Minnie Baker Trail, then up to beautiful Silver Lake for a swim and down past Falls of Lana. Moderate, seven miles. Rain date July 28. 9 am. Newcomers and non-members welcome. Free. Sponsored by the Killington Section of the Green Mountain Cub. Leader: Sue Thomas, (802) 773-2185. [www.gmckillington.org](http://www.gmckillington.org).

**KILLINGTON.** Killington Music Festival's Music in the Mountains Concert: Cello World. Works of Brahms, Fitenhagen, Fauré and Beethoven will be performed. Tickets \$20. 7 pm. Rams Head Lodge, Killington Resort, Killington Rd. For tickets call (802) 422-1330. Info: (802) 773-4003. [www.killingtonmusicfestival.org](http://www.killingtonmusicfestival.org). *Saturdays through August 3.*

**SHELBURNE.** Green Mountain Draft Horse Field Day. Watch draft horses plowing, haying and logging, chat with teamsters, meet some mini-horses, and take a wagon ride. Free with admission to the property. 11 am - 2 pm. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686. [jpenca@shelburnefarms.org](mailto:jpenca@shelburnefarms.org). [www.shelburnefarms.org](http://www.shelburnefarms.org).

**WINDSOR.** Daylily Days. Come and stroll the fields of plentiful flowers. See our numerous varieties of these incredibly long-lived and virtually indestructible perennials. Don't miss our Daylily specials! 10 am - 6 pm. At Cider Hill Gardens and Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. [flowers@ciderhillgardens.com](mailto:flowers@ciderhillgardens.com). [ciderhillgardens.com](http://ciderhillgardens.com). [www.garymilek.com](http://www.garymilek.com). *Also July 28.*

**WOODSTOCK.** 5th Annual Bookstock—The Green Mountain Literary Festival. Keynote speakers at Town Hall Theatre. Over 20 authors and acclaimed poets. Music, food, festivities. Huge book sale. Free. (802) 457-2996. [www.bookstockvt.org](http://www.bookstockvt.org). *Also July 28.*

**WOODSTOCK.** Hay Day. Traditional haying techniques including cutting, raking, and tedding with Billings Farm's draft horses. Narrated horse-drawn wagon rides, family activities for all ages. Try switchel, the haymaker's drink. Draft horse teams will demonstrate 19th-century haying techniques throughout the day. Play penny-in-the-haystack, make clothespin horses and scarecrows puppets, and see rope making demonstrations. 10 am - 5 pm. Admission includes all activities, programs, the museum, barns, and restored 1890 farmhouse. Adults \$12, age 62 & up \$11, children ages 5-15 \$6, 3-4 \$3, under 3 free. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

## SUNDAY, JULY 28

**BELLOWS FALLS.** Festival of Mandolin Chamber Music Concert. Featuring participants and faculty after a three-day mandolin-guitar workshop. Free. 3 pm at Immanuel Retreat Center & Stone Church, 14 Church St. [www.immanuelretreat.org](http://www.immanuelretreat.org).

**FAIR HAVEN.** 7th Annual History Day sponsored by the Historical Society. Music, food, crafters, farmer's market, free activities for young and old and old art forms demonstrated. 11 am - 3 pm in the Fair Haven Park. (802) 265-4115.

**POULTNEY.** Band Concert on The East Poultny Green. Visitors welcome! 6:30-7:30 pm. (802) 287-5185. [www.poultneyvt.com](http://www.poultneyvt.com).

**PUTNEY.** 11th Annual Twilight on the Tavern Lawn Concert with Simba. Blazing horns and scorching percussion on a highly danceable mix of funk, Latin, reggae, world beat, soca calypso, ska, jazz and blues. Free. 5:30 pm on the Putney Tavern lawn (bring a lawn chair or blanket) or at Next Stage at 15 Kimball Hill in case of rain. (802) 387-5772. [www.twilightmusic.org](http://www.twilightmusic.org). *Also August 11 & 25.*

**WINDSOR.** Daylily Days. Come and stroll the fields of plentiful flowers. See our numerous varieties of these incredibly long-lived and virtually indestructible perennials. Don't miss our Daylily specials! 10 am - 6 pm. At Cider Hill Gardens and Gallery, 1747 Hunt Rd., off State St. (800) 232-4337. [flowers@ciderhillgardens.com](mailto:flowers@ciderhillgardens.com). [ciderhillgardens.com](http://ciderhillgardens.com). [www.garymilek.com](http://www.garymilek.com).

**WOODSTOCK.** 5th Annual Bookstock—The Green Mountain Literary Festival. Tribute to Marcel Marceau by Circus Smirkus's Rob Merwin. Screening of Northern Borders. Literary Brunch at Bentley's at 11:30 am (pay for food and drink). Free. (802) 457-2996. [shiretownbooks@gmail.com](mailto:shiretownbooks@gmail.com). [www.bookstockvt.org](http://www.bookstockvt.org).

## MONDAY, JULY 29

**WESTON.** Cruise-In at The Vermont Country Store. Take a spin down memory lane in your classic car or truck and receive a maple creemee on us. It's a great way to show off your ride, meet other drivers and enjoy the best soft serve around. Free admission. 5:30-7:30 pm, the last Monday of the month thru September. Mildred's Dairy Bar, 657 Main St. (802) 362-5950. *Also August 26 & September 30.*

## WEDNESDAY, JULY 31

**HIGHGATE.** Citizens Band Concert. If the weather is good, the concert will be outside. Picnicing prior to the concert on the church lawn is welcome. Bring your own chair. If it is raining, the concert will be held inside the church. Free. 7 pm. St. John's Episcopal Church, 161 Park St. (802) 868-7185 x 10. [holytrinityepi@myfairpoint.net](mailto:holytrinityepi@myfairpoint.net). [www.holytrinityswanton.org](http://www.holytrinityswanton.org).

## Annual Antiques and Uniques Show in Craftsbury, VT

Antiques and Uniques Festival is coming to Craftsbury Common, VT on July 13. The festival continues over 40 years of tradition with the amazing dedication of volunteers from Craftsbury and surrounding towns.

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For more information call (802) 586-7596. E-mail [antiquesanduniquesvt@gmail.com](mailto:antiquesanduniquesvt@gmail.com).

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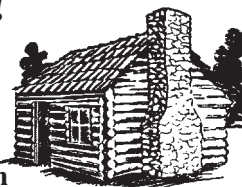
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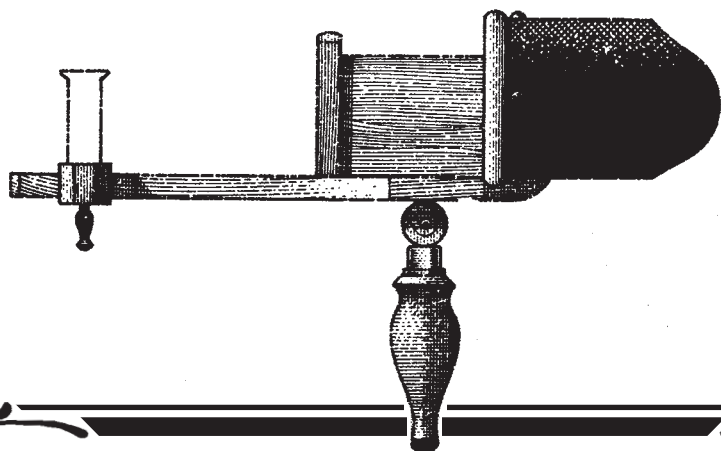
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# Nature's Open Studio

by Burr Morse

Our springtime Open Studio Weekend has come and gone and I say "bravo" to those artists who have age-old skills so worthy of both praise and a public willing to "open up their wallets." But there's one artist, however, who never gets adequate "press" at Open Studio Weekend—nature. I happen to believe that Mother Nature is not only the original artist but also the finest one of all. This morning Betsy, the dogs, and I took a walk into nature's "open studio."

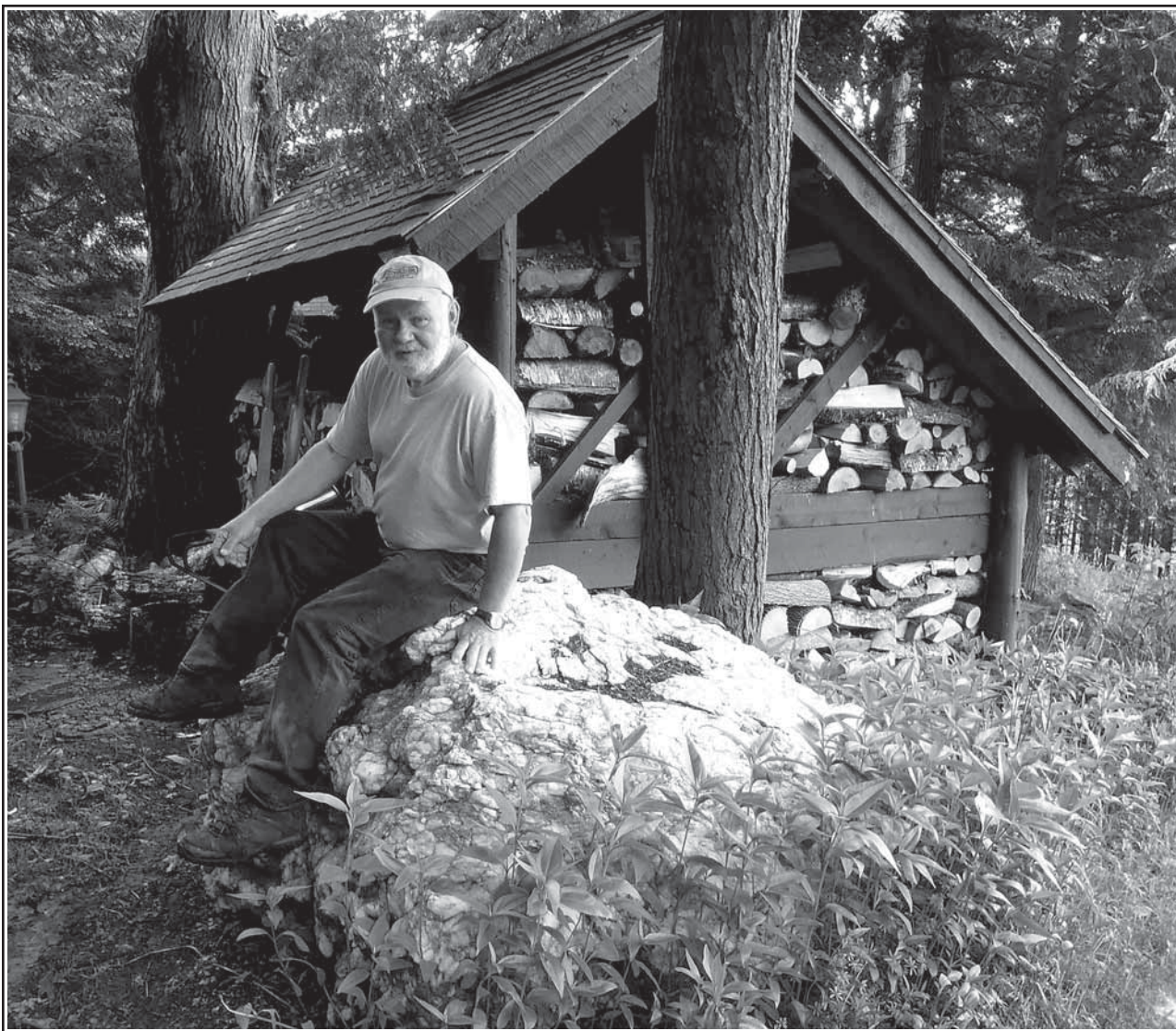
It started not unlike any other grey, drizzly day for me, sluggish to get out of bed. Betsy, a true believer in getting up and getting active, would have none of it—"you're going with me and the dogs," she said, handing me my jacket. We headed up the woods trail, the two Labs and Betsy excited, me doing my impression of a January cluster fly.

The first work of art presented itself while we were still within sight of our house—a patch of blue myrtle which had spread into the wild. The myrtle served as a plush, dark green carpet from which sprang a small grove of yellow birch trees. "Beautiful," I thought, hastening slightly to catch up with the other three. As we continued up the ski trail, I noticed a marked improvement in my "wind" from the last time Betsy talked me into this excursion. I have been eating in a much healthier way since a January diagnosis of "sky high" triglycerides and I was pleased with my lack of huffing and puffing.

Further up the trail, Betsy stopped at a hemlock tree which was pocked with a vertical line of freshly-made holes—"woodpecker art," she said. I, now fully out of my fog and raring to go, stepped up closer like I was a stuffy connoisseur at the Guggenheim (Ohhhh, its vertical integrity is only surpassed by its depth of meaning). Instead I just stood for a spell appreciating the beauty left by an old dying tree and a hungry bird in nature's studio.

The dogs often strayed from the path as dogs will do but Betsy also occasionally wandered away, stooped, and picked something up. She's an art collector of sorts, I mean "quartz." Over our thirty-six years of marriage and thousands of woods-walks, she has accumulated huge, long piles of white quartz rocks that line the entrance to our house.

One time, I gave her an anniversary present that might have placed me firmly in the dog house with most wives but not Betsy. On a logging job over on the part of our property we call the Crawford Lot, I once found a quartz boulder that had Betsy's name on it. Knowing both that our anniversary was



Burr Morse pauses to survey Nature's Open Studio on a recent walk in the woods in Montpelier, VT.

coming up and the limitations of my tractor, I hired a bulldozer to go over and get that rock. Bert French's substantial Caterpillar even labored some prying it from terra firma's grasp, pushing it onto a stone boat, and skidding it to our house, but Bert finally got the job done. When Betsy came home and saw that rock, she was happier than she would have been with a 15k diamond ring!

I look back on my recent walk in the woods with fond memories. Hopefully my walk lowered those rascally triglyc-

erides a bit so that I'll have many more years with Betsy, her art collection, and the biggest gem of all, her quartz boulder!

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Betsy Morse's quartz-lined walkway into the Morse home in Montpelier, VT.

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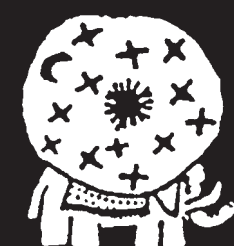
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## 62nd Annual Cracker Barrel Bazaar Comes to Newbury, VT

The 62nd Annual Cracker Barrel Bazaar in Newbury, VT, kicks off Friday, July 19th with the famous Chicken Pie Supper at the Congregational Church at 4:30 p.m., followed by the Fiddlers Contest at 7 p.m. on the Newbury Common. There will be food on the common all evening. Bring a chair and enjoy the evening!

On Saturday, July 20th, the Newbury Common will host great music and food, crafts, children's activities, a treasure hunt, silent auction, book sale, historical exhibits, VINS Raptor Encounter, children's ballet, interactive

science display, Buddy D. Clown, and more! Enjoy a boat ride along the Connecticut River or a hayride around the village. There will be a Jeremiah Ingalls Sacred Harp Sing at the Congregational Church on Rt. 5. The Cracker Barrel Bazaar will continue into Saturday evening with a Chicken Barbeque from 4-6 p.m. Local musicians provide entertainment. Join the crowd for good music and lots of fun at the 62nd Cracker Barrel Bazaar!

Info call (802) 866-5380.  
crackerbarrelbazaar.org.

## Northeast Kingdom Summer Shape Note Sings in Glover, VT

The Northeast Kingdom Shape Note Sings begin this summer's season on July 2 at 7:30 p.m., and continue every Tuesday evening all July and August. They are held in the Paper-Mache Cathedral behind the Museum on the Bread & Puppet Farm, Rt. 122 in Glover, Vermont.

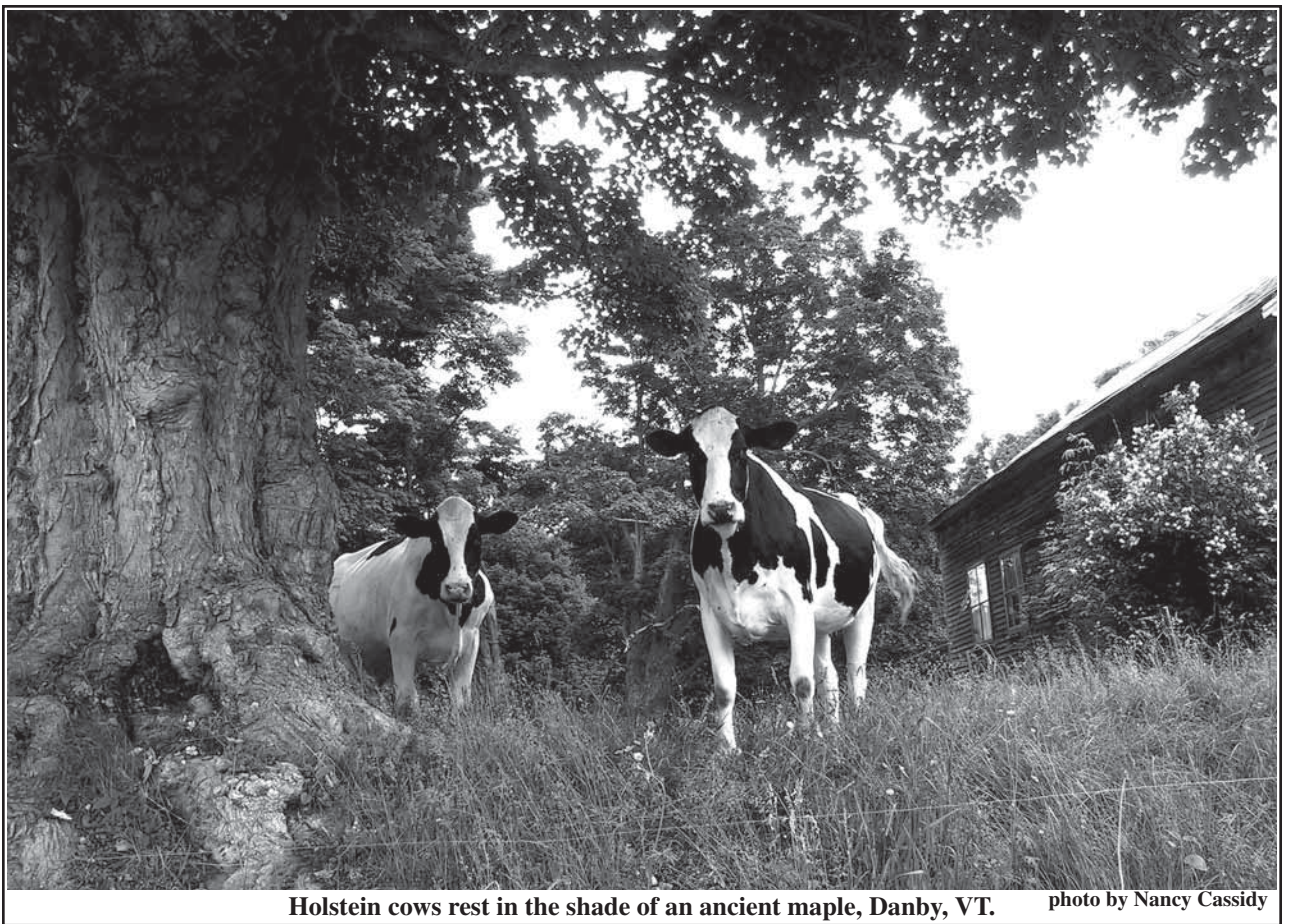
Members of Bread & Puppet Theater first learned this early American music when they moved to Vermont in 1970. Shape Note music originated in New England during the Revolution, but migrated southward in the ensuing decades and was quite forgotten here until a revival of Shape Note songs swept across the country in the 1970's. Itinerant, self-taught musicians composed the songs, often using familiar tunes—ballads, jigs, even drinking songs—and set them to the fiery religious poetry of Isaac Watts and Charles Wesley. The three- and four- part harmonies have a hard-edged, archaic quality that is distinctly different from sweet-sounding church hymns.

At the Northeast Kingdom Sings, sheet music and some basic instruction are provided, and those unfamiliar with the Sacred Harp (the main collection of Shape Note music used here), soon find they can join in the chorus. All are welcome. The event is free.

Besides the weekly sings in Glover, there are two major Sacred Harp events in the area: the Nineteenth Annual Quebec Sacred Harp Convention on July 13, 10:30 a.m. to 4:30 p.m. in Ways Mills, Quebec; and the Jeremiah Ingalls' (Vermont's early 19th century composer) sing July 20, 10:30 a.m. to 4:30 p.m. in at the Congregational Church on Rt. 5 Newbury, VT. Both sings are with potluck lunches.

Directions: take I-91 north to exit 24. Turn right off the exit onto Rt. 122. Bread and Puppet is 13 miles north on Rt. 122. There is a big barn (our puppet museum) and a farmhouse on one side of the road and an old school bus and a shed on the other. If you get to Rt. 16, you have gone a mile too far.

The Bread and Puppet Farm is located on Rt. 122 in Glover, VT in Vermont's Northeast Kingdom. For information call (802) 525-3031. breadandpuppet.org.



Holstein cows rest in the shade of an ancient maple, Danby, VT. photo by Nancy Cassidy



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## Tuesdays

**Bennington, VT. Walloomsac Farmers' Market**, Greenberg's, 321 Main St. Tuesdays 3-6 pm, May 4 - October 26, 2013. Accepts EBT and debit cards. Katherine Keys. info@walloomsac.org. Facebook.

**Enosburg Falls, VT. Enosburg Falls Farmers' Market**, Lincoln Park, Main St. Tuesdays 3-6:30 pm, May 21 - October 29, 2013. Cecil King. kingstaste@franklinvt.net. Facebook.

**Burlington, VT. Old North End Farmers' Market**, Dewey Park, across from IAA/HO Wheeler. Tuesdays 3-6:30 pm, June 18 - October 29, 2013. Accepts EBT and debit cards. Haley Mathis. haley.mathis@gmail.com. oldnorthendfarmersmarket.org.

**Johnson, VT. Johnson Farmers' Market**, Village Green, across from Johnson Woolen Mills. Tuesdays 3-6 pm, May 21 - October 8, 2013. Larry Wegner. icecutting@gmail.com. www.townofjohnson.com.

**Northfield, VT. Northfield Farmers' Market**, Depot Square. Tuesdays 3-6 pm, May 14 - October 15, 2013. Crystal Peterson. northfieldfarmersmarketvt@gmail.com. northfieldfarmersmarketvt.com. Facebook.

**Rutland, VT. Rutland Downtown Market**, Depot Park. Tuesdays 3-6 pm, May 14 - October 15, 2013. Accepts EBT and debit cards. Diane Heleba and Julie Patac. diane.heleba@vt.usda.gov. info@vtfarmersmarket.org. www.rutlandcountyfarmersmarket.org. www.vtfarmersmarket.org.

## Wednesdays

**Barre, VT. Granite Center Farmers' Market**, City Central Park. Wednesdays 3-6:30 pm, May 15 - October 13, 2013. Accepts EBT and debit cards. Amanda Pererl. barrefarmersmarket@gmail.com. Facebook.

**Brattleboro, VT. Brattleboro Area Farmers' Market**, Brattleboro Food Co-op. Wednesdays 10 am-2 pm, June 5 - October 30, 2013. Accepts EBT and debit cards. Martha Miller. farmersmarket05301@yahoo.com. brattleborofarmersmarket.com.

**Bristol, VT. Bristol Farmers' Market, Village Green** (when school is out) and at Mt. Abe High School (when school in session). Wednesdays 3-6 pm, May 8 - October 2, 2013. Accepts EBT and debit cards. Evan Dale. bristolfarmersmarket@gmail.com. bristolfarmersmarket.org.

**Danville, VT. Caledonia Farmers' Market**—Danville. West of the village on Rt. 2. Wednesdays 9 am-1 pm, June 12 - October 2, 2013. Elizabeth Everts. elizeverts@yahoo.com. sites.google.com/site/caledoniafarmersmarket.

**Jeffersonville, VT. Jeffersonville Farmers' and Artisans Market**, Rt. 15 & 108 South, behind The Family Table & Cupboard Deli. Wednesdays 4:30-dusk with live music, June 19 - October 2, 2013. Deb Nevil. jefffarmersandartisanmarket65@gmail.com. jeffersonvillefarmersandartisanmarket.com.

**Middlebury, VT. Middlebury Farmers' Market**, Marble Works. Wednesdays 9 am-12:30 pm, June 12 - October 9,

2013. Accepts EBT and debit cards. Kelli Shuttleworth. middleburyfarmersmkt@yahoo.com. www.middleburyfarmersmarket.org.

**Newport, VT. Newport Farmers' Market**, Gardener Memorial Park near the Gazebo & Information Center. Wednesdays 9 am-2 pm, May 29 - October 16, 2013. Accepts EBT and debit cards. Michele Sargent. breezyhillacreszych@yahoo.com. Facebook.

**North Troy, VT. Lunchbox Market**, next to the library. Wednesdays 11 am-1 pm. June 19 - October 23, 2013. Accepts EBT and debit cards. Meghan Stotko. mstotko@gmfts.org. greenmountainfarmtoschool.org.

**South Hero, VT. Champlain Islands Farmers' Market**, St. Rose of Lima Parish. Wednesdays 3-6 pm, May 29 - September 25, 2013. Harvest Festival October 12, 10 am-2 pm. Accepts EBT and debit cards. Caroline Casey. cqcasey@gmail.com. champlainislandsfarmersmarket.com.

**Williston, VT. Williston Farmers' Market**, NEFCU Parking lot at 141 Harvest Lane. Wednesdays 4-7 pm, May 29 - October 2, 2013. Becca Rimmel. willistonfarmersmarket@gmail.com. Facebook.

**Woodstock, VT. Woodstock Market on the Green**, in the village, Rt. 4. Wednesdays 3-6 pm, June 12 - October 9, 2013. Accepts EBT and debit cards. Lalita Karoli and Cathy Emmon. lalitakaroli@yahoo.com. woodstockvt.com.

## Thursdays

**Burlington, VT. Fletcher Allen Farmers' Market**, in the Davis Concourse of the hospital. Thursdays 2:30-5 pm, May 16 - October 17, 2013. Accepts EBT and debit cards. Tanya McDonald. tanya.mcdonald@vtmednet.org.

**Burlington, VT. New North End Farmers' Market**, Elks Lodge. Thursdays 3-6:30 pm, May 23 - September 26, 2013. Accepts EBT and debit cards. Anna Niemiec. oldnorthendfarmersmarket@gmail.com.

**Charlotte, VT. Online Farmers Market**—browse and order online and pick-up at Old Brick Store, 290 Ferry Rd. and Spear's Corner Store, 20 Jackson Hill Rd. Thursdays 3-6 pm, year-round. Suzy Hodgson. Suzy@yourfarmstand.com. yourfarmstand.com.

**Enosburg Falls, VT. Online Farmers Market**—browse and order online and pick-up at Boston Post Dairy, 2061 Sampsonville Rd. Thursdays 1-5 pm, year-round. Kristen Hughes. bentnorthrop@gmail.com. yourfarmstand.com.

**Fairfield, VT. Online Farmers Market**—browse and order online and pick-up at Bent Northrop Memorial Library, 164 Park St. Thursdays 3:30-6 pm, year-round. Kristen Hughes. bentnorthrop@gmail.com. yourfarmstand.com.

**Hinesburg, VT. Online Farmers Market**—browse and order online and pick-up at Trillium Hill Farm, 10643 Rt. 116. Thursdays 3-6 pm, year-round. Sara Donegan. trilliumhills@gmail.com. yourfarmstand.com.

**Jericho, VT. Jericho Farmers' Market**, Mills Riverside Park. Thursdays 3-6:30 pm, June 4 - September 26, 2013. Accepts EBT and debit cards. Kelly King. jerichofarmersmarket@gmail.com. twotownsonline.org.

**Irasburg, VT. Lunchbox Market**, Ray's Market. Thursdays 10 am-1 pm, June 20 - October 24, 2013. Accepts EBT and debit cards. Meghan Stotko. mstotko@gmfts.org. greenmountainfarmtoschool.org.

**Manchester, VT. Manchester Farmers' Market**, Adams Park, Rt. 7A. Thursdays 3-6 pm, May 30 - October 4, 2013. Accepts EBT and debit cards. Nicole Henry. mfmvt@yahoo.com.

www.manchesterfarmers.org.

**Middlebury, VT. Online Farmers Market**—browse and order online and pick-up at Middlebury College Museum, 72 Porter Field Rd. and Addison County Chamber of Commerce, 93 Court St. Thursdays 4-6 pm, year-round. Sophie M. Esser Calvi. sessorcalvi@middlebury.edu. yourfarmstand.com.

**Middlebury, VT. Middlebury Your Farmstand**, Mahaney Center for the Arts, and the Chamber of Commerce. Thursdays 3:30-6 pm, year-round. Sophie Esser Calvi. Midfarmstand@middlebury.edu. yourfarmstand.com.

**Milton, VT. Milton Grange Farmers' Market**, Milton High School. Thursdays 4-7 pm, June 13 - October 10, 2013. No July 4 market. Hillary Boone. hboone@miltonyouth.org. www.miltonyouth.org.

**Morrisville, VT. Online Farmers Market**—browse and order online and pick-up at Rock Art Brewery, 632 Laporte Rd. Thursdays 4-5:30 pm, year-round. Alyssa McKown. alyssa@lamoilleeconomy.org. yourfarmstand.com.

**Peacham, VT. Peacham Farmers' Market**, town green. Thursdays 3-6 pm, June 13 - October 3, 2013. Jane Alper. janealper@gmail.com. peacham.net/market.

**Shelburne, VT. Online Farmers Market**—browse and order online and pick-up at Flying Pig, 5247 Shelburne Rd. Thursdays 3-6 pm, year-round. Suzy Hodgson. Suzy@yourfarmstand.com. yourfarmstand.com.

**South Burlington, VT. Online Farmers Market**—browse and order online and pick-up at National Garden Center, 1100 Dorset St. Thursdays 3:30-6 pm, year-round. Mike Walker. mike@yourfarmstand.com. yourfarmstand.com.

**St. Albans, VT. Online Farmers Market**—browse and order online and pick-up at As the Crow Flies, 58 N. Main St., and Walker Farm and Home & Tack, 555 Fairfax Rd. Thursdays 3-6 pm, year-round. Kristen Hughes. bentnorthrop@gmail.com. yourfarmstand.com.

**Stowe, VT. Online Farmers Market**—browse and order online and pick-up at Stowe Kitchen Bath, 1813 Mountain Rd. Thursdays 4-5:30 pm, year-round. Alyssa McKown. alyssa@lamoilleeconomy.org. yourfarmstand.com.

**South Royalton, VT. Royalton Farmers' Market**, on the town green. Thursdays, 3-6:30 pm, May 23 - October 10, 2013. Bushrod Powers. bushrod.powers@gmail.com.

**Vergennes, VT. Online Farmers Market**—browse and order online and pick-up at Kennedy Brother's Lobby, 11 Main St. 3-6:30 pm, year-round. Lynne Rapoport. vtraps@comcast.net. yourfarmstand.com.

**Waterbury, VT. Online Farmers Market**—browse and order online and pick-up at Cork Wine Bar and Market, 1 Stowe St. Thursdays 4-5:30 pm, year-round. Alyssa McKown. alyssa@lamoilleeconomy.org. yourfarmstand.com.

## Fridays

**Bellows Falls, VT. Bellows Falls Farmers' Market**, Waypoint Center. Fridays 4-7 pm, May 10 - October 11, 2013. Accepts EBT and debit cards. Rachel Ware. bellowsfallsmarket@gmail.com. bffarmersmarket.com.

**Brandon, VT. Brandon Farmers' Market**, Central Park, Rt. 7. Fridays 9 am-2 pm, May 24 - October 11, 2013. Harvest Fair October 12, 10 am-4 pm. Wendy Cijka. cijka4@gmail.com. Facebook.

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## Visit Your Local Farmers Market This Week!

**Chelsea, VT. Chelsea Farmers' Market**, North Common. Fridays 3-6 pm, May 17 - October 4, 2013. Heidi Allen. goodrich.chelseacomunitymarket@gmail.com. Facebook.

**Essex Junction, VT. Five Corners Farmers' Market**, Lincoln Place. Fridays 3:30-7:30 pm, May 31 - October 4, 2013. EBT and debit cards. Andrea Solazzo. 5cornersfarmersmarket@gmail.com. 5cornersfarmersmarket.com.

**Fair Haven, VT. Fair Haven Market**, south end of the park. Fridays 3-6 pm, June 14 - October 11, 2013. Julie Patac. info@vtfarmersmarket.org. vtfarmersmarket.org.

**Hardwick, VT. Hardwick Farmers' Market**, Granite St. Fridays 3-6 pm, May 10 - September 30, 2013. Accepts EBT and debit cards. Bill Half. hardwickfarmersmarket@gmail.com. Facebook.

**Hartland, VT. Hartland Farmers' Market**, Hartland Public Library fields at 153 Rt. 5. Fridays 4-7 pm, June 14 - September 20, 2013. Sarah Sincerbeaux. hartlandfarmersmarket@gmail.com. www.hartlandfarmersmarket.com.

**Island Pond, VT. Lunchbox Market**, Sunrise Manor. Fridays 11 am-1 pm, June 14 - October 25, 2013. Accepts EBT and debit cards. Meghan Stotko. mstotko@gmfts.org. greenmountainfarmtoschool.org.

**Ludlow, VT. Ludlow Farmers' Market**, Front lawn of Okemo Mountain School, 53 Main St. Fridays 4-7 pm, May 24 - October 11, 2013. Accepts EBT and debit cards. Jerry Milligan. lfmkt@tds.net. www.ludlowfarmersmarket.org.

**Newport, VT. Lunchbox Market**, 222 Main St. Fridays 4-6 pm, June 14 - October 25, 2013. Meghan Stotko. mstotko@gmfts.org. greenmountainfarmtoschool.org.

**Richmond, VT. Richmond Farmers' Market**, Volunteers Green. Fridays 3-6:30 pm, May 31 - October 11, 2013. Accepts EBT and debit cards. Lauren Esserman. rfm05477@gmail.com. richmondfarmersmarketvt.org.

**Townshend, VT. Townshend Farmers' Market**, West Townsend Country Store. Fridays 4-7 pm, June 7 - October 11, 2013. Accepts EBT and debit cards. Sherry Maher. farmersmarket@postsoilsolutions.org. Facebook.

**Westford, VT. Westford Farmers' Market**, Town Common. Fridays 3:30-6:30 pm, June 21 - October 11, 2013. Heike Meyer. info@westfordfarmersmarketvt.org. westfordfarmersmarketvt.org.

### Saturdays

**Bennington, VT. Walloomsac Farmers' Market**, Bennington Station at Riverwalk Park. Saturdays 10 am-1 pm, June 4 - October 1, 2013. Accepts EBT and debit cards. Katherine Keys. info@walloomsac.org. Facebook.

**Bradford, VT. Bradford Farmers' Market**, 550 Lower Plain Rd., Rt. 5. Saturdays 10 am-2 pm, May 18 - mid-October, 2013. Iris Johnson. hellobradfordfarmers@gmail.com. Facebook.

**Brattleboro, VT. Brattleboro Area Farmers' Market**, Rt. 9 near the covered bridge. Saturdays 9 am-2 pm, May 5 - October 26, 2013. Accepts EBT and debit cards. Martha Miller. farmersmarket05301@yahoo.com. brattleborofarmersmarket.com.

**Bristol, VT. Bristol Farmers' Market**, Village Green (when school is out) and at Mt. Abe High School (when school in session). Saturdays 10 am-1 pm, June 1 - October 5, 2013. Accepts EBT and debit cards. Evan Dale. bristolfarmersmarket@gmail.com. bristolfarmersmarket.org.

**Burlington, VT. Burlington Farmers' Market**, City Hall Park. Saturdays 8:30 am-2 pm, May 11 - October 26, 2013. Accepts EBT and debit cards. Chris Wagner. info@burlingtonfarmersmarket.org. burlingtonfarmersmarket.org.

**Enosburg Falls, VT. Enosburg Falls Farmers' Market**, Lincoln Park, Main St. Saturdays 9 am-1 pm, May 18 - October 26, 2013. Also Tuesdays 3-6:30 pm, May 21 - October 29, 2013. Cecil King. kingtaste@franklinvt.net. Facebook.

**Grand Isle, VT. Champlain Islands Farmers' Market**, St. Joseph's Church. Saturdays 10 am-2 pm, May 25 - October 5, 2013. Accepts EBT and debit cards. Caroline Casey. ccqcasey@gmail.com. champlainislandsfarmersmarket.com.

**Groton, VT. Groton Growers Farmers' Market**, Lawn at Community Building. Saturdays 10 am-1 pm, May 26 - September 29, 2013. Accepts EBT and debit cards. Mary Berlejung. grotongrowers@gmail.com. grotongrowers.org.

**Jay, VT. Jay Village Farmers' Market**, Jay Village Country Store. Saturdays 9:30 am-2:30 pm, May 25 - October 12, 2013. Justin Hannington. derbyfarmersmarket@hotmail.com. derbyfarmersmarket.org. Facebook.

**Londonderry, VT. West River Farmers' Market**, intersection of Rt. 11 and Rt. 100. Saturdays 9-1 pm. May 25

- October 12, 2013. Accepts EBT and debit cards. Brooke Decker. wrfntv@yahoo.com. westriverfarmersmarket.com.

**Middlebury, VT. Middlebury Farmers' Market**, Marble Works. Saturdays 9 am-12:30 pm, May 4 - October 26, 2013. Kelli Shuttleworth. middleburyfarmersmkt@yahoo.com. www.middleburyfarmersmarket.org.

**Montpelier, VT. Capital City Farmers' Market**, 60 State St. Saturdays 9 am-1 pm, May 4 - October 26, 2013. Accepts EBT and debit cards. Carolyn Grodinsky. manager@montpelierfarmersmarket.com. montpelierfarmersmarket.com.

**Newport, VT. Newport Farmers' Market**, Gardener Memorial Park near the Gazebo. Saturdays 9 am-2 pm, May 11 - October 19, 2013. Accepts EBT and debit cards. Michele Sargent. breezyhillacreszych@yahoo.com. Facebook.

**Norwich, VT. Norwich Farmers' Market**, Rt. 5, one mile south of Exit 13, 1-91. Saturdays 9 am-1 pm, May 4 - October 26, 2013. Accepts EBT and debit cards. Steve Hoffman. manager@norwichfarmersmarket.org. norwichfarmersmarket.org.

**Randolph, VT. Randolph Farmers' Market**, 26 Central St. Saturdays 9 am-1 pm, May 18 - October 19, 2013. Accepts EBT and debit cards. Leslie Flint and Barbara Meaney. randfarmmarket@yahoo.com. Facebook.

**Rutland, VT. Rutland Downtown Market**, Depot Park. Saturdays 9 am-2 pm, May 11 - October 30, 2013. Accepts EBT and debit cards. Diane Heleba and Julie Patac. diane.heleba@vt.usda.gov. info@vtfarmersmarket.org. www.rutlandcountyfarmersmarket.org. www.vtfarmersmarket.org.

**Shelburne, VT. Shelburne Farmers' Market**, Shelburne Center on Rt. 7 and Church St. Saturdays 9 am-1 pm, May 25 - October 12, 2013. Tod Whitaker. tod.whitaker@gmail.com. sbpavt.org/farmers\_market.php.

**Springfield, VT. Springfield Community Market**, People's Bank Parking Lot. Saturdays 10 am-1 pm, June 1 - October 5, 2013. Accepts EBT and debit cards. James Fog. jfog@vermontel.net. springfieldonthemove.net.

**St. Albans, VT. Northwest Farmers' Market**, Taylor Park. Saturdays 9 am-2 pm, May 18 - October 26, 2013. Robin Morrill. Alavista@myfairpoint.net. Facebook.

**St. Johnsbury, VT. Caledonia Farmers' Market**, Pearl St. Saturdays 9 am-1 pm, May 11 - October 26, 2013. Accepts EBT and debit cards. Elizabeth Everts. elizeverts@yahoo.com. sites.google.com/site/caledoniafarmersmarket.

**Waitsfield, VT. Waitsfield Farmers' Market**, Mad River Green. Saturdays 9 am-1 pm, May 18 - October 19, 2013. Barbara Conn. marketmanager@waitsfieldfarmersmarket.com. www.waitsfieldfarmersmarket.com.

**Woodstock, VT. Mt. Tom Farmers' Market**, Mt. Tom parking lot, Rt. 12N. Saturdays 9:30 am -12:30 pm, May 25 - October 19, 2013. Neil Lamson. foxxfarm@aol.com. mttomfarmersmarket.com.

### Sundays

**Dorset, VT. Dorset Farmers' Market**, H.N. Williams General Store. Sundays 10 am-2 pm, May 12 - October 13,



2013. EBT and debit cards. Nicole Henry. marketmanager@dorsetfarmersmarket.com. dorsetfarmersmarket.com.

**Putney, VT. Putney Farmers Market**, Carol Brown Way, just off Rt. 5, next to the Putney Food Co-op. Sundays 10 am-2 pm, May 26 - October 13, 2013. Accepts EBT and debit cards. Marisa Miller. farmermarisa@gmail.com. putneyfarmersmarket.org.

**South Burlington, VT. South Burlington Farmers' Market**, S. Burlington High School. Sundays 10 am-1 pm, June 2 - October 13, 2013. Kindle Loomis. sbfm.manager@gmail.com. commonroots.org. Facebook.

**Stowe, VT. Stowe Farmers' Market**, Rt. 108, Mountain Rd. about two miles from Rt. 100 and Rt. 108. Sundays 10:30 am-3 pm, May 19 - October 13, 2013. Barbara Conn. info@stowefarmersmarket.com. stowefarmersmarket.com.

**Windsor, VT. Windsor Farmers' Market**, State St. on the Green. Sundays 11:30 am-2:30 pm, June 2 - October 27, 2013. Accepts EBT and debit cards. Cecile Corr. (802) 698-3642. cjdem39@yahoo.com. windsorfarmersmarket.blogspot.com.

**Winooski, VT. Winooski Farmers' Market**, Champlain Mill Green. Sundays 10 am-2 pm, June 9 - October 20, 2013. Accepts EBT and debit cards. Charlotte Roozekrans. winooskimarket@gmail.com. downtownwinooski.org.

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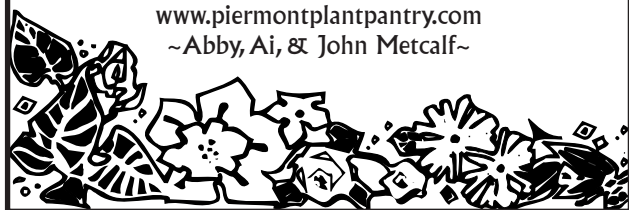
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~Abby, Ai, & John Metcalf~





# North Country Book News

## Bookstock—Woodstock's Summer Literary Festival

Bookstock, The Green Mountain Literary Festival, enters its fifth year with an expanded three-day program in Woodstock, Vermont, from Friday July 26 through Sunday July 28.

Bookstock blends the unique charm of Woodstock village with the community's keen interest in literature, journalism, and the arts. The festival is a presentation of Pentangle Arts Council. Bookstock events are free and open to the public.

On Friday, July 26, the program leads off with a celebration of Woodstock-area writers, featuring five local authors. Enjoy the opening reception at 5:30 p.m. at ArtisTree Community Art Center and Gallery. The reception marks the opening of "Unbound, Vol. III," the third annual juried exhibition of book art presented by ArtisTree and Pentangle Arts. A poetry jam open to all, starts at 8 p.m. at ArtisTree.

### Two women keynote speakers

Bookstock starts Saturday in the Woodstock Town Hall Theatre, when keynoter Jeanne Theoharis presents a riveting account of the life of Rosa Parks. Joan Wickersham, an op-ed columnist for the Boston Globe, will follow. She has recently

authored *The News from Spain: Seven Variations on a Love Story*. The rest of the day features more than twenty other history, fiction, young adult, sports, current affairs, and environmental authors at four venues around Woodstock Village.

### Acclaimed poets from New England

2013 US Inaugural Poet Richard Blanco, US Poet Laureate and National Medal of Arts Recipient Donald Hall, and Vermont State Poet and Pulitzer Prize and National Book Award-winning poet Galway Kinnell are among the poets appearing during Bookstock on Saturday, July 27th.

### Sunday events

On Sunday, July 28th, Bookstock presents a glowing tribute to Marcel Marceau, one of the world's greatest performers over the past hundred years. Rob Mermin, of Circus Smirkus fame, will present his memories of training with the master.

The festival closes with a special screening of *Northern Borders*, by Jay Craven, an award-winning independent filmmaker from Vermont's Northeast Kingdom.

### Book sale, workshops, food, and music!

A huge secondhand book sale opens on the Woodstock Village Green on Friday at 9 a.m., and runs all day on both Friday and Saturday. On Saturday, over 25 publishers and independent authors from New England will show their books, many offering deep discounts. A food court and live music complete the festive atmosphere on the Green.

Workshops are available for all ages. Bentley's Restaurant offers a literary brunch at 11:30 a.m. on Sunday.

For more information contact Ron Miller c/o Shiretown Books at (802) 457-2996. [shiretownbooks@gmail.com](mailto:shiretownbooks@gmail.com). [www.bookstockvt.org](http://www.bookstockvt.org).



## Canaan Meetinghouse Readings Summer 2013, Canaan, NH

The Meetinghouse Readings feature fiction, nonfiction and poetry read aloud by authors in the 1793 Meetinghouse in Canaan's historic district. Over the years, the series has presented scores of authors. The Meetinghouse Readings promote reading as the best possible entertainment. There's no academic solemnity, and there are no Q&A sessions. The readings usually attract crowds of 100 to 150 or more.

The schedule is always rich with fascinating (and often politically charged) non-fiction, exciting poetry and mesmerizing storytelling. Moderator is Phil Pochoda.

### Schedule of Readings

**July 11**—Cleopatra Mathis will read from her book of poems, *Book of Dog*.

Joyce Carol Oates will read from her novel, *The Accursed*.

**July 18**—Jay Parini will be reading from the manuscript of his new poetry collection, *Ordinary Time*. Nicholas Delbanco will read from his

recently re-released fiction trilogy, *The Sherbrookes*.

**July 25**—Megan Marshall reads from her biography, *Margaret Fuller*. Chris Bohjalian will read from his novel, *The Light in the Ruins*.

**August 1**—Joe Citro will be reading from *Vermont Haunts: Tall Tales and True from the Green Mountain State*. Ivy Pochoda will read from her novel, *Visitation Street*.

All readings start at 7:30 p.m., at the 1793 Meetinghouse. Admission is free, authors' books are on sale courtesy of the Norwich Bookstore, and the home-baked refreshments are unpretentiously magnificent.

*The 1793 Meetinghouse is on Canaan Street, in Canaan, NH's opposite the beach on Canaan Street Lake.*

For more information e-mail [ppochoda@gmail.com](mailto:ppochoda@gmail.com), go to [meetinghousereadings.wordpress.com](http://meetinghousereadings.wordpress.com), or call the Canaan Town Library at (603) 523 9650. [canaanlibrary.org](http://canaanlibrary.org).



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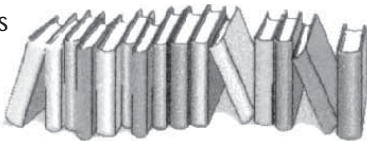
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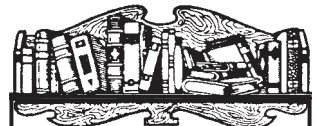
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# The Wild Medicine Solution

## Healing with Aromatic, Bitter, and Tonic Plants

by Guido Masé

(Healing Arts Press, Rochester, VT)

When Guido Masé was a young boy in Italy his father used to wake him in the pre-dawn hours to go into the forest to collect wild mushrooms. They would bring them home and string them out to dry or preserve them in olive oil.

He wasn't too enthusiastic about getting up at 4:30 a.m. but one day his father asked if he would like to lead the way. And so he did, and that was the beginning of a life-long journey exploring and appreciating the plant world, and becoming a master herbalist.

In this fascinating book Guido brings us up to date on traditional herbal medicines and how they can help us feel and live better. We also learn their role in history, mythology and classical literature, and the contributions of Chinese and Indian Ayurvedic medicines. In ancient times even the Egyptians gave garlic to the pyramid builders for "improved circulation"

and for stronger hearts to push back fatigue." As a resident of Vermont since 1996, Guido knows which plants used for herbal remedies grow best in this climate, either in the wild, or by home gardeners.

He recommends three necessary groupings: aromatic, bitter and tonic. Some we may already know about or were given to us by parents or grandparents who would rely on "home" remedies like a hot ginger compress for aching muscles or the 'humble' weed dandelion to ease digestive complaints.

### Aromatics

The author begins his journey about medicines found in the wild with recommendations for aromatics known for their fragrant aromas that include peppermint, lemon balm, ginger, garlic, and linden.

He is especially fond of linden trees for their beautiful blooms this time of the year. And he writes:

"Burlington, Vermont, is planted with a great many linden trees, lining some of the residential streets that run west, down to the lake. At the waterfront itself, small-leaved lindens create an intoxicating fragrance for summer evening walks." He personally

harvests linden flowers in early July to use in teas.

"Of all the aromatics, it is perhaps best suited for the stressed and anxious, or overwhelmed, irritable personality type—and who among us hasn't felt that way from time to time?"

He said linden trees can be obtained from nurseries if you want to have one in your own backyard. He recommends Cordata or European types. He notes that in the Czech Republic the linden tree is considered sacred and it is featured on currencies, flags and the palace insignia.

### Bitters

It may take some getting used to to add bitters into one's diet, especially for persons constantly craving sweets. However, bitters are used to remedy digestive symptoms, bolster liver health, and reestablish blood sugar balance.

Guido recommends wormwood (Artemisia), the secret ingredient in true 'absinthe,' roasted dandelion root as a coffee substitute, burdock root, and yellowdock root, a classic 'blood cleanser' favored by Europeans and native Americans. Recipes are given to make these plants into syrups, tinctures and teas.

He notes that bitter may cause one think of poison and want to eat less, while sweet rewards our pleasure centers and makes us want to eat more. "But the consequences can be unhealthy, sluggish and ineffective digestion, and blood sugar levels seesawing and promoting the rise of Type 2 Diabetes."

### Tonics

Tonics have a long tradition of modulating immune function and herbalists have found them effective against modern, chronic diseases. Guido discusses four tonics: chocolates, Astragalus, the Japanese mushroom red reishi or lingzhi in Chinese, and hawthorn.

He especially urges home gardeners to plant a few small, black Astragalus seeds in the spring as the plants can handle a broad range of growing conditions. And he

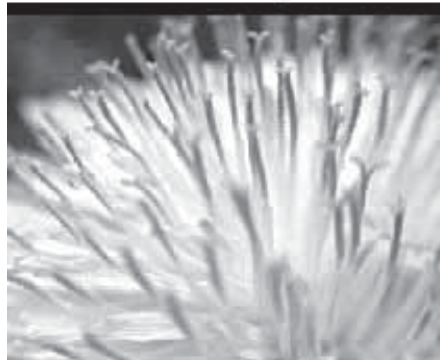
### Book Review

by Charles Sutton



# THE Wild Medicine SOLUTION

## Healing with Aromatic, Bitter, and Tonic Plants



GUIDO MASÉ

### Children's Book Review

## Escape from Silver Street Farm

One doesn't often associate a farm as existing inside a city, but in *Escape from Silver Street Farm* by Nicola Davies and illustrated by Katharine McEwen (a chapter book, \$12.99, candlewick.com), three hard-working children, Meera, Karl and Gemma have founded a farm in an urban setting where

their initial livestock selection includes ducks, turkeys, chickens and goats.

Easier said than done, the young farmers find out their animals seem intent on escaping although they are not being raised for food. One can imagine their concern when the 10 turkeys disappear just before Christmas

and they fear someone wants them for Christmas dinner.

This is a mystery story with humorous twists and turns. The turkeys did escape, but two young thieves were also trying to steal them. Readers are in for many good laughs.

This chapter book is nicely illustrated with pen and watercolor drawings. The author, Nicola Davies, lives in Wales.

writes: "It is a nourishing tonic that builds our resistance to all manner of ills, including pathogens as well as chronic weakness," and he says "It is more effective than Echinacea to keep illness at bay."

For chocolate, the author prefers cacao "nibs" or broken pieces of processed beans which he makes into traditionally prepared cacao. "I grew up in a world where chocolate was maligned and called the "devil's food." Not so. "We may call it the "jaguar's food instead. It is powerful, mysterious, nocturnal and beautiful."

The author also discusses how today's large scale industrialized agriculture and milling in food production has encouraged a diet overtly-rich in carbohydrates and hypersweet processed foods. He says this has contributed to "epidemic rates of obesity, diabetes, and cardiovascular diseases." And "our environment is being saturated with poisons whose effects we can't escape."

And, he asks, "Might part of the solution be hiding in the unwanted plants, the bitter,


weedy roots and greens that intrude our fields and gain footholds in waste places."

This is also a scholarly work on human physiology and how and what we eat directly affects our mental and physical well-being. Anyone interested in learning more about the physiology of health would do well to explore this book.

Guido Masé and his partner Ann Dougherty live on and farm their small diversified gardens in Montpelier, VT. They started their herb business, Grian Herbs in 1998. For more information and to read a really interesting website, visit [www.grianherbs.com](http://www.grianherbs.com).

Guido is a co-founder (2007) of the non-profit Vermont Center for Integrative Herbalism in Montpelier, and is a founding member of Sage Mountain Free Herbal Clinic, [www.vtherbcenter.com](http://www.vtherbcenter.com).


*The Wild Medicine Solution—Healing with Aromatic, Bitter, and Tonic Plants is available at your bookseller or from [www.HealingArtsPress.com](http://www.HealingArtsPress.com) for \$18.95.*



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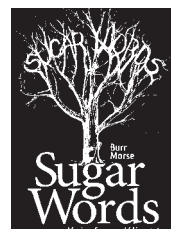

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# A Vermont Almanack for Middle Summer

by Bill Felker

*Now is the high-tide of the year,  
And whatever of life hath ebbd away  
Comes flooding back, with a ripply cheer,  
Into every bare inlet and creek and bay.*

—James Russell Lowell

## The Wild Raspberry Moon And the Sweet Corn Moon

As wild raspberries come to the end of their season, the Sweet Corn Moon brings sweet corn to market across the northern states (of course the sweet corn from the South comes north sometimes even with the Apple Blossom Moon). *July 8:* The Wild Raspberry Moon becomes the new Sweet Corn Moon at 2:14 a.m. *July 15:* The moon enters its second quarter at 10:18 p.m. *July 22:* The moon is full at 1:15 p.m. *July 29:* The moon enters its final phase at 12:43 p.m.

## The Sun

Aphelion, the point at which Earth is farthest from the sun, occurs at July 5: 10:00 a.m. The sun traditionally enters the sign of Leo on July 22.

## The Planets

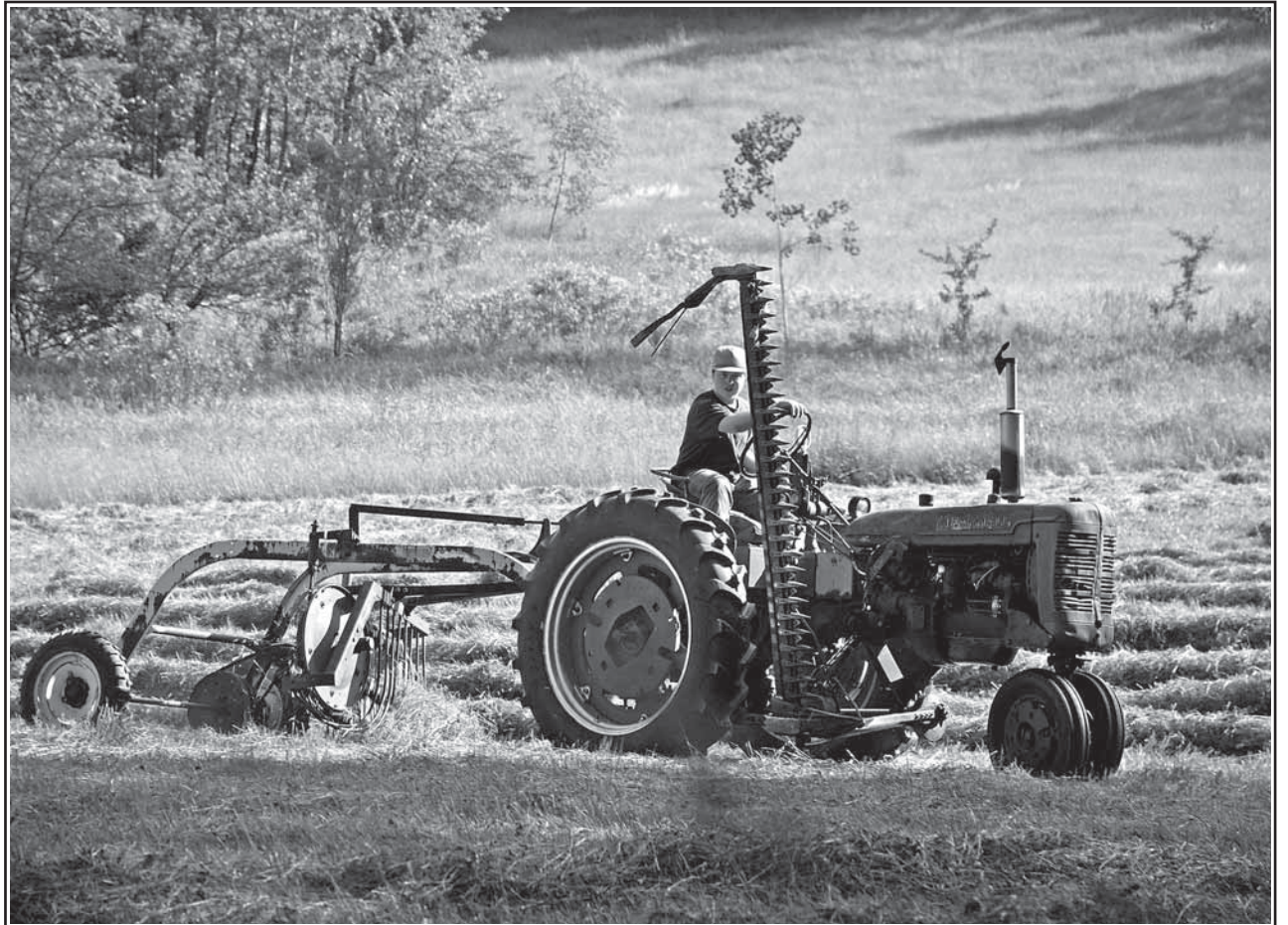
Starting on July 4, Jupiter becomes the morning star, and it will continue to appear in the pre-dawn sky throughout the rest of the year. Mars remains in the morning sky in Gemini. Saturn is still in Virgo, shining deep in the west before midnight. Venus moves retrograde into Leo, keeping its position as the summer evening star.

## The Stars

Late at night, July brings Hercules almost overhead, bearing ripening tomatoes, sweet corn from the Sweet Corn Moon, green beans, and summer squash. Cygnus (the Northern Cross), Lyra with bright Vega, and Aquila with its anchor star, Altair, are rising in the middle of the Milky Way, presiding over preparations for autumn breeding of ewes and does.

## Meteorology

Tornadoes, hurricanes, floods or prolonged periods of soggy pasture are most likely to occur within the weather windows of July 3 through 7 and July 18 through 23. Full moon on July 22 and new moon on July 8 may increase the chance of tornadoes in the South and the Middle Atlantic region and the landing of a hurricane in the Gulf near those dates.



Haying in mid-summer in Central Vermont.

photo by Nancy Cassidy

## The Natural Calendar

There, through the long, long, summer hours  
The golden light should lie,  
And thick young herbs and groups of flowers  
Stand in their beauty by.

—William Cullen Bryant

When the first cicadas (or harvest flies) of the year sing at noon, then lanky ichneumons get into your house and sit on the walls like gargantuan mosquitoes. Black raspberry season ends and middle summer primroses open; buckeyes and hickory nuts sometimes fall in a thunderstorm. Corn tassels and corn pollen are more plentiful when cicadas sing. Goldenrod can be four feet tall. Lupine pods break apart

and spread their seeds. Throughout the whole country, more wildflowers blossom now than at any other time of year. White snakeroot, ironweed, boneset, wingstem, tall coneflowers and gray-headed coneflowers are budding as the pink large-flowered mallow comes to an end. Midseason hostas, liatris and obedient plant open.

Blueweed flowers are at the top of their spikes in cicada week, just when lamb's-ear season closes, just as the first burdock blooms. That is the time when avens and thimble plants are forming seed heads under the canopy, and all the early honeysuckles have their berries, red and orange. Blackberries are August-size this week, but still green in the North. Milkweed pods emerge.

May's goslings and ducklings are almost grown. Tiny waterstriders hatch in the ponds just as alewives head back to the Atlantic from their estuaries along the East Coast. The behavior of raccoons, opossums and groundhogs becomes erratic in the heat. Young robins, blackbirds and blue jays are in the honeysuckle bushes eating red and orange berries. Young great blue herons leave their rookeries. Soon the rough-winged swallows will lead the fall migrations south.

## July Notebook

### The Two-Hundredth Day

by Bill Felker

The first 100 days of the year move the center of North America through the seasons of deep winter, late winter, early spring and finally, at the end of March, into middle spring.

By the 100th day, April 10, the landscape has entered its most benign period, even in the coldest years. When the fields are dry enough, farmers plant the first corn. Pastures turn purple with purple deadnettle, gold with dandelions. Winter wheat is bright green. Robins sing at 6:00 a.m., cardinals at 6:25 (Eastern Daylight Time).

In the gardens, daffodils, grape hyacinths and early tulips reach full bloom, replacing the crocus, aconites and snowdrops of February. Mulberry, locust, tree of heaven and ginkgo send out their first leaves. Pear trees and serviceberries blossom. Crab apples open. In the woods, Virginia bluebells, hepatica, periwinkle, toad trillium, cowslip, rue anemone and spring beauties are all in bloom.

Between the 100th day and the 200th day, the land along the 40th Parallel completes middle spring, and passes through late spring and early summer, then enters middle summer. By July 19th, the robins no longer sing before sunrise, and cardinals sleep

late. Katydid and crickets fill the nights. Cicadas whine through the afternoons. The field corn is tall, the sweet corn and tomatoes are coming in, and the wheat harvest is complete.

Only a few varieties of wildflowers bloom now under the dense canopy: leaf-cup, tall bellflower, wood nettle, touch-me-nots. The fields and fencerows show most of the color: bouncing bets, St. John's wort, teasel, milkweed, gray-headed coneflowers, white vervain, wild lettuce, oxeye, germander, skullcap, great Indian plantain, blue vervain, wingstem, bull thistle, black-eyed Susans and small-flowered agrimony. In town, lilies and phlox have replaced daffodils and tulips; rose of Sharon flowers instead of pears and apples.

In another 100 days, on October 27th, most of the canopy will be gone. Middle and late summer, early fall and middle fall will have passed. The wildflower and garden seasons will be almost over. Witchhazel will be the only shrub in bloom. Farmers will have cut their soybeans and their corn for grain.

The birds and the cicadas will be silent; only the crickets and katydids will remember July.

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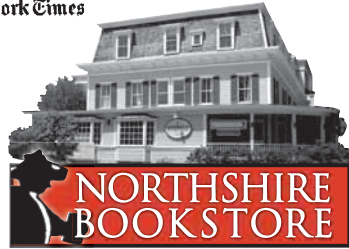
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Cardinal surveys the yard from his fence post in Randolph, VT. photo by Nancy Cassidy



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### Sometimes

Sometimes when day after day we have cloudless blue skies,  
warm temperatures, colorful trees and brilliant sun, when  
it seems like all this will go on forever,

when I harvest vegetables from the garden all day,  
then drink tea and doze in the late afternoon sun,  
and in the evening one night make pickled beets  
and green tomato chutney, the next red tomato chutney,  
and the day after that pick the fruits of my arbor  
and make grape jam,

when we walk in the woods every evening over fallen leaves,  
through yellow light, when nights are cool, and days warm,

when I am so happy I am afraid I might explode or disappear  
or somehow be taken away from all this,

at those times when I feel so happy, so good, so alive, so in love  
with the world, with my own sensuous, beautiful life, suddenly

I think about all the suffering and pain in the world, the agony  
and dying. I think about all those people being tortured, right now,  
in my name. But I still feel happy and good, alive and in love with  
the world and with my lucky, guilty, sensuous, beautiful life because,

I know in the next minute or tomorrow all this may be taken from me,  
and therefore I've got to say, right now, what I feel and know and see,  
I've got to say, right now, how beautiful and sweet this world can be.

—DAVID BUDBILL



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