

# Vermont Country Sampler

Free

- Statewide Calendar of Events, Map
- Inns, B&B's, Dining, Real Estate
- Entertainment, Book Reviews
- Plenty of Good Reading!

September 2017

N. Cassidy

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September Journal

# Under the Cricket and Katydid Moon

by Bill Felker

Like Altair and Vega, we ride the night sky alone reflecting only the light that shines on us.

—Rin-no-ji, Nikko  
trans. by Sam Hamill

The dapples of light and half-light under the full Cricket and Katydid Moon easily merge summer and autumn. I walk at night between the patches of white and dark, between my garden and the woods. There is no wind. The moon is high and round. The Summer Triangle of Altair and Deneb and Vega flees west before it.

By the shining river, ironweed and Joe Pye seeds are soft and gray, wingstem stiff and prickly. Late zigzag goldenrod and snakeroot flicker in the moonlight, complement the small-flowered asters. A few brittle jumpseeds jump. A few large-flowered swamp bidens glow at the edge of the wetland.

Much of the canopy is still

intact. The oaks and sycamores, Osage orange and maples still filter and stagger the light. The moon only breaks completely through where box elders or cottonwoods or black walnuts have shed their leaves.

I follow the crinkling sound of the water. Frost is still days away. Katydid and crickets still call around me, grating and chirping and whistling, intermittent like the darkness from one clearing of the woods to the next.

In the sun, all the different pieces of the season are stark and clear, so linear that they point to winter. But under the stars and the full of the moon, everything comes together, disconnected from daytime meaning.

We, like they, only reflect the light that shines on us. We and the land and time make gentle sense together, the stippled coat of a single creature.



Tommy Flowers with his team of Brabant Belgian draft horse mares at the DraftAnimal-Power Field Days.

photo by Carolyn Moran

## Cornish, NH

### Draft Animal-Power Field Days at Cornish Fairgrounds

The 2017 Draft Animal-Power Field Days will be held September 29th through October 1st at the Cornish, New Hampshire Fairgrounds. This three-day educational event celebrates the use of draft animals: horses, ponies, oxen, and mules, in modern day farming and logging in New England and New York.

Friday, September 29th will offer all-day intensive workshops for beginning and advanced teamsters on tillage and cultivation, forestry, farm planning, and horse training. There will also be

a workshop for timber forest landowners and foresters who want to learn about the advantages of using draft animals in forest management and silviculture.

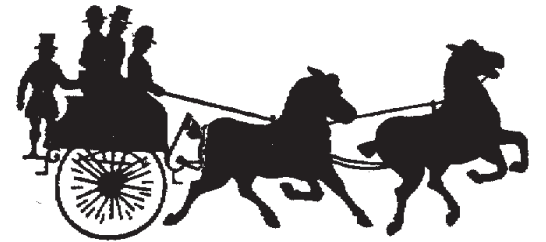
Saturday, September 30th is a day for everyone interested in animal power with over 25 workshops on plowing, haying, working with animals, equipment, blacksmithing, timber framing, wagon rides, and much more. There will be working horses, ponies, oxen, and mules demonstrations all day long.

Entertainment will include a square dance Friday night, draft animal ballads played on the fiddle, plus music around the campfire on Saturday.

Sunday, October 1st is a full half-day including an obstacle course with horses, oxen, and mules, a multiple-hitch of horses, a harness raffle and live benefit auc-

tion of equipment, tack, art, farm products and a 10'x14' timber frame.

The Draft Animal-Power Field Days is presented by the Draft Animal-Power Network. For more information, go to [www.draftanimnlpower.com](http://www.draftanimnlpower.com), call (802) 763-0771 or e-mail [dapnetinfo@gmail.com](mailto:dapnetinfo@gmail.com).



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Check out our local artist notecards, including this photo from John David Geery!

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September 2017, Vol. XXXIII

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Woodstock, VT

# Billings Farm & Museum

## Fall Festivities

Billings Farm & Museum has served as a gateway to Vermont's rural heritage for over 1.5 million visitors. Billings Farm is an operating Jersey dairy farm that continues a 145-year tradition of agricultural excellence and offers farm programs and historical exhibits that explore Vermont's rural heritage and values. In addition to the following special events, you can visit the farm for Wagon Ride Wednesdays and Foodways Fridays. Whether you are a visitor or make Vermont your home, plan a trip to Billings Farm & Museum this fall. You'll have a great time!

### Labor & Leisure

Billings Farm & Museum will host Labor & Leisure Day on Saturday, September 2, from 10 a.m. to 5 p.m. It's a day of work and fun on the farm! Wagon rides, building split rail fencing, ice cream making, historic "base ball" and laundry – using a washboard and wringer. There's ice cream making with samples for all—after the cranking is done! Wagon rides are from 10:30 a.m. to 4 p.m.

### 31st Annual Quilt Exhibition

The 31st Annual Quilt Exhibition will run through September 17, from 10 a.m. to 5 p.m. daily, featuring quilts made by Windsor County quilters.

The exhibition will include quilting activities and demonstrations with quilters on hand to discuss their work. Challenge quilts made by the Heart of the Land Quilter's Guild will also be exhibited.

Considered both a creative and utilitarian household craft, renewed interest in the quilting tradition dovetails with the museum's mission of celebrating Vermont's rural heritage. Since 1985, over 280 quilters have submitted more than 1,000 quilts for exhibit at the Farm & Museum.

### Traditional Craft Saturdays

The 12th Annual Traditional Craft Saturdays take place on Saturdays in September, from 10 a.m. to 5 p.m. Visitors can explore a series of Vermont crafts—their history, process, and uses—through informal learning and discovery. A different craft will be featured each week.

**Saturday, September 2**—Quilting with the Billings Farm & Museum Staff. In celebration of the 31st Annual Quilt Exhibition, the staff will demonstrate the basics of hand quilting. Visitors are invited to try hand quilting, piecing, and designing a quilt.

**Saturday, September 9**—Sprang with Tiana St. James of Enfield, NH. Tiana will demonstrate the historic textile craft of sprang—an ancient method of constructing fabric that has a natural elasticity. The technique involves twisting the threads of a fixed warp in a method similar to braiding.

**Saturday, September 16**—American Handmade Redware Pottery with Rick Hamelin of Warren, MA. Master Potter Rick Hamelin creates authentic reproductions and original red earthenware with his special clay mix and unique lead-free glaze.

**Saturday, September 24**—The Farm & Museum will host the VT Woodworkers Forest Festival Weekend on September 23 & 24. See the extraordinary talent of Vermont's wood craftsmen and all aspects of the "forest to finished product." Meet the artisans and shop for wood products. Enjoy hands-on, family-friendly programs and activities at the Billings Farm & Museum and Marsh-Billings-Rockefeller National Historical Park. Local wood, local good!

### Pumpkin & Apple Celebration

The Annual Pumpkin & Apple Celebration is coming on Saturday and Sunday, September 30 & October 1 from 10 a.m. to 5 p.m. This family-friendly celebration features engaging hands-on activities, programs, and displays centered around these vital crops and explores their historical importance and many uses.

Take the apple taste test and vote for your favorite! Lend a hand pressing cider, making pumpkin or apple ice cream, and peeling apples for drying. Join in the "pumpkin and apple fun" with apple races, pumpkin bowling, apples-on-a-string, sampling pumpkin bread, and watch apple butter being made in the farmhouse kitchen. Horse-drawn wagon rides are included with admission.

*Billings Farm & Museum is open daily April 1 through October 31, 10 a.m. to 5 p.m., weekends November–February, and Christmas & Presidents' weeks, 10 a.m. to 4 p.m.*

*Admission: adults \$15, 62 & over \$14, children 5-15 \$8, ages 3-4 \$4, age 2 & under free. Includes all activities and programs, plus the operating dairy farm, farm life exhibits, and the restored and furnished 1890 Farm House. The Farm & Museum is located one-half mile north of the Woodstock village green on VT Rt. 12. For information call (802) 457-2355. Visit [www.billingsfarm.org](http://www.billingsfarm.org).*



photo by Billings Farm & Museum  
Making cider with an old cider press at Billings Farm & Museum in Woodstock, VT.

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### From the Pasture Hill

These things I see from the pasture hill;—  
An old man fixing his cider mill;  
Two women working down below  
In the Ox-bow valley, where flowers grow;  
Two icemen loading a rattling truck,  
A pair of gardeners forking muck;  
While over the river I see two crows  
Being chased by two little kingbird foes.  
And down the road ride Joe and Sue  
On a red-wheeled bicycle built for two.

Always two, and I want to cry  
For the hurt in my heart; and I don't know why  
My heart goes out from the pasture hill  
To the lone man fixing his cider mill

—NELLIE S. RICHARDSON  
Springfield, VT, circa 1946

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## Bicentennial Celebration at the Athens Brick Meetinghouse

The Athens Brick Meetinghouse turns 200 this year! And to celebrate this bicentennial the Athens Historic Preservation Society will be hosting a birthday party on September 23, 2017. Everyone is invited.

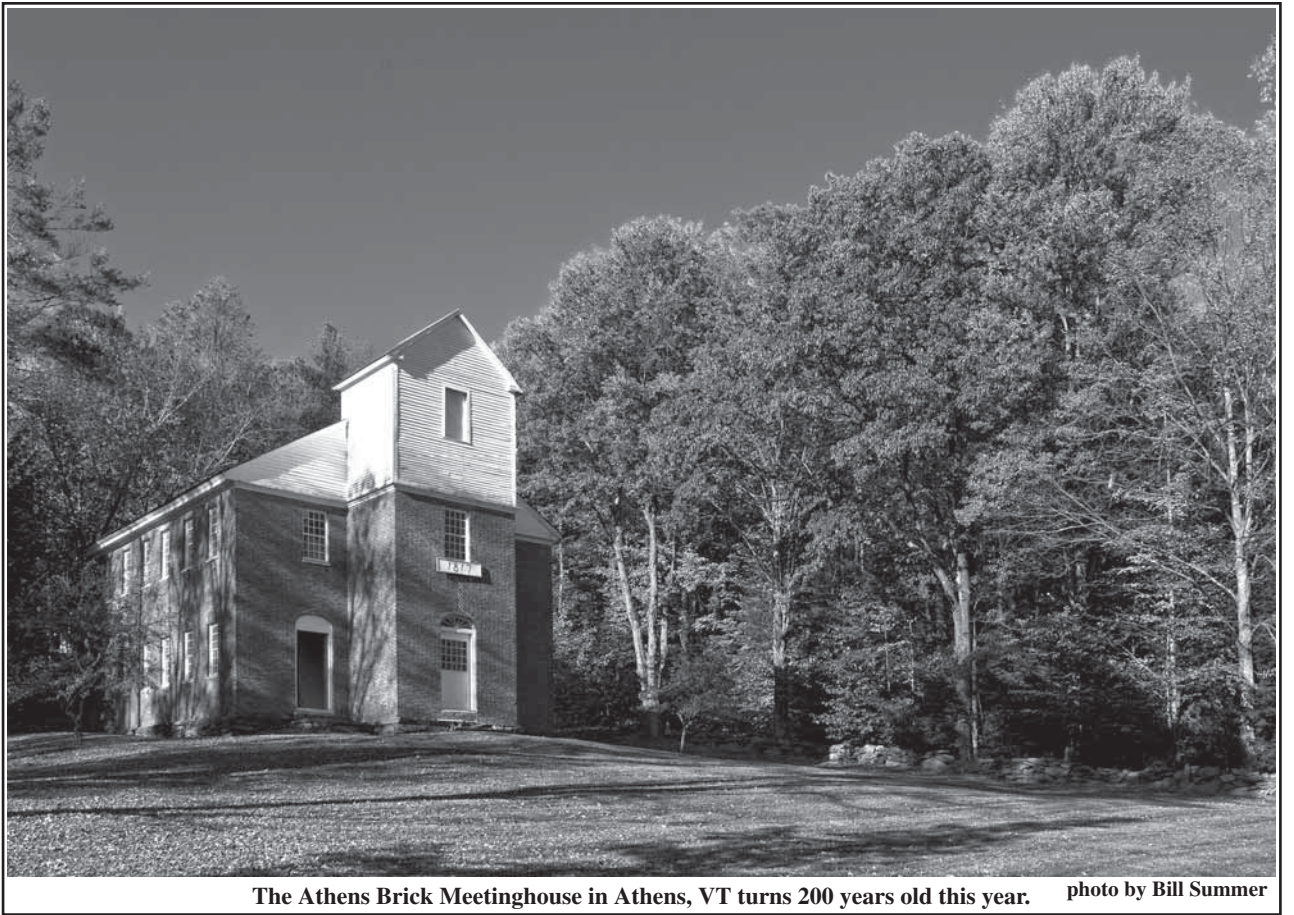
Friends, neighbors and history enthusiasts will gather with us on the Meetinghouse Common at 1:00 p.m. After some music and light refreshments, there will be a ribbon cutting ceremony followed by some speakers and presentations. More music, BBQ, ice cream sundaes, fun and games will follow outside on the Common.

The Brick Meetinghouse was closed to the public a few years ago due to structural issues. But over the past year a stabilization project has addressed the most significant issues causing concern about safety in the building. Along with Town funds, a major source of the funding that enabled this work to proceed was a \$20,000 grant from the Vermont Division for Historic Preservation along with a generous grant from the Windham Foundation and

a grant from the Crosby-Gannett Fund. In addition many generous donations from the public to the Athens Historic Preservation Society made this effort possible. This day of celebration will be the first opportunity for the public to see the results of this work.

The Meetinghouse is historically significant to the Windham County region, and particularly the other twelve towns—Grafton, Rockingham, Townshend, Londonderry, Weston, Chester, Acton, Springfield, Landgrove, Windham, Putney and Mt. Holly—which comprised the “Old Athens Circuit.” Circuit preachers from Athens, traveled out to these twelve towns to perform religious services. Quarterly meetings of members from all of these towns often lasted two days here at the Meetinghouse which came to be known as the “Mother Church.”

For more info contact Sherry Maher at (802) 869-2141 or Beth Ann Agostini at (802) 365-7740. athensmeetinghouse1817@gmail.com.



The Athens Brick Meetinghouse in Athens, VT turns 200 years old this year. photo by Bill Sumner

## An Autumn Bouquet

by Norman C. Tice, circa 1917

One morning in September I stood upon the woodbine twined piazza of an old homestead. The day was dark and dull and the enshrouding mists hung low in the valley covering the woodlands with a dull blue mantle. I murmured against the season that was on the wane and thought how soon the rich coloring would fade under the ruthless hand of winter which would clutch the hills and the valleys in his rude grasp.

There is a beauty in our New England autumns that excels all other seasons in gorgeousness and riot of coloring. No summer can rival the soft blue skies of the Indian Summer.

If some magician could touch the landscape with his magical wand and put it to sleep in all its glory and retain it thus for us to behold or if some true artist could paint a picture showing the mysterious ways of the autumn woods then we could have something to cheer us on through the winter days.

As I looked down the narrow walks of the old-fashioned garden I saw the waste of gaunt seed stalks and swaying shriveled leaf. All the old-fashioned flowers—the briar roses, the hollyhocks, the bunch pinks, and the honeysuckles had blossomed long ago and their brown seed cases rattled in the chill morning breeze.

Now is the time to seek autumn bouquets in the fields and woodlands beside the roads and old stone walls and along the banks of the meadow brook. The grass is still soft and green in its wealth of aftergrowth. Vines hang pendant from rough board fences and over the gray stones that outline the fields. The woodbine leaves a ruddy trail. Goldenrods and frost flowers gleam in the field and wood. Nuts are falling from the trees and the busy chatter of squirrels is heard. From the orchard is wafted the spicy odor of apples. Thistle-down and milkweed seeds sail along in the breeze on their voyages.

But the short autumn day is hastening away. The sun drops

slowly behind the maple grove early in the afternoon and a twilight glow spreads over the landscape. The fog creeps forth from the river bank and as we hurry homeward we gather a selection for our autumn bouquet. One can make as gorgeous a bouquet in September and October as you can from some cultivated garden plot earlier in the season.

As we wander along the lanes and through the fields we secure for our bouquet many varieties of goldenrod. Some species are plummy and some droop gracefully while others have the flowers only rising from the upper side of the stalk. We pluck long stalks of the cardinal's flaming flowers and close beside it we place the fringed gentian with its petals approaching the famous dye of Tyre in color.

We pull long trails of clematis from the vines that wreath with bands of softness the stone walls and the fences. As we pass along the woodroad we would not

forget the many ruddy berries for our bouquet. There are the scarlet barberries and the orange berries of the bittersweet which envelopes the branches of the wild crab with its vines. In the shelter of the shrubbery we find the milk white berries of the cohosh and the red cohosh with its cherry like fruit. Beside the path and half concealed by the drooping foliage gleam the brilliant berries of the Solomon seal and the bunchberries look like clusters of jewels in their setting of green enamel. The swaying elder bushes are covered with heavy bunches of purplish fruit.

When I again reached the homestead my arms are laden with my autumn bouquet. It is one that I am proud of and shows the fruitful fulfillment in the prophecy of the spring blooms that I admired.

*“Now is the time to seek autumn bouquets in the fields and woodland beside the roads and old stone walls...”*



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photo by Billings Farm & Museum

Vermont's many handcrafted wood products are on display at the Annual Vermont Woodworking and Forest Festival at Billings Farm in Woodstock, VT

### Autumn in Vermont

## Woodstock's 14th Annual Vermont Woodworking & Forest Festival

Calling all lovers of farms, forests, and fine woodworking! This fall, one event celebrates those great aspects of Vermont.

The Vermont Woodworking & Forest Festival will be held on Saturday & Sunday, September 23-24, 2017 in Woodstock, Vermont at the Billings Farm & Museum and the Marsh-Billings-Rockefeller National Historical Park in Woodstock, VT from 10 a.m. to 5 p.m. each day.

The farm and park are directly across the street from each other so visitors can park for free at Billings Farm and easily enjoy both events!

The Vermont Wood Manufacturers Association has hosted the festival for the past 14 years. Held in historic Woodstock, VT, and convenient to I-91, the event attracts visitors from around the U.S. and the globe.

Visit with about 20 artisan vendors and woodworking demonstrators who will be in the Billings Visitor Center,

barn, and on the farm lawn. Vermont wooden furniture, utensils, jewelry, bowls, cutting boards, home & kitchen accessories & other woodware, toys, cabinetry, flooring, wildlife carvings, bowls, and all other products made of wood will be for sale.

The scenic backdrop of Billings Farm along with live music by local musician Mike Kelley and locally sourced, wood fired pizza from Woodbelly Pizza provides a perfect accompaniment for shopping or watching live wood turning demonstrations outdoors.

Vendors include many well known wood artisans from around our state Meet the draft horses, sheep, jersey cows, and chickens as you discover more about Vermont's farming and forest heritage.

Just across the street at the Marsh-Billings-Rockefeller National Historical Park, visitors can enjoy horse-drawn wagon rides, forest walks, additional woodworking

demonstrations, make your own wood crafting, and other family activities at Vermont's only National Park.

Admission ranges from free (under 3) to \$14 (adults). Free parking available on site.

For more information and schedules go to [vermontwoodfestival.org](http://vermontwoodfestival.org), call (802) 747-7900, or e-mail [info@vermontwood.com](mailto:info@vermontwood.com).

Billings Farm & Museum is located one-half mile north of the Woodstock village green on Rt. 12. (802) 457-2355. [billingsfarm.org](http://billingsfarm.org).



Visitors visit vendors under the tents at the Vermont Woodworking and Forest Festival.



Horse-drawn wagon rides at the Festival.



Kids enjoying crafts at the Festival.



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# 9th Annual Fairy House Festival

During the last weekend of September, on Saturday, September 23rd, and Sunday, September 24th, from 10 a.m. to 4 p.m., The Nature Museum will present its 9th Annual Fairy House Festival. This enchanting family experience is held in the forests of Grafton, one of the 10 most beautiful places in America as named by USA Today.

Visitors will follow a nature path sprinkled with charming fairy houses, then return to The Nature Museum to create their own fairy dwellings in the gardens. Hands-on crafts, face painting and bubbles round out this interactive and magical experience for all.

Light refreshments will be available for purchase and picnicking is encouraged.

Last year over 40 individuals, families, and organizations volunteered to construct the fairy village of charming houses that were carefully placed along a nature trail. Knotholes became front doors, seashells transformed into bathtubs, acorn caps became dinnerware and twigs were woven into ladders. If you are interested in volunteering this year,

please contact the Museum by September 8.

Advance tickets to the festival can be purchased at The Nature Museum. Advance ticket prices are \$10 adults, \$8 seniors, (64+) \$4 children (3-17), under 2 free. Day-of tickets at the gate are \$12 adults, \$10 seniors (64+), \$5 children (3-17), under 2 free.

The Fairy House Festival is the perfect opportunity to rekindle curiosity, imagination and learning in a shared celebration of nature. This is a puckish annual tradition that inspires people of all ages to take a closer look at the natural world.

The Fairy House Festival benefits the Museum's environmental education programs as well as enabling the Museum to update and renew its natural history displays.

*The Nature Museum is located at 186 Townshend Rd. in Grafton, VT. (802) 843-2111. info@nature-museum.org. Find information about upcoming events on The Nature Museum's Facebook page at www.facebook.com/naturemuseumatgraffton and on our website at www.nature-museum.org.*



A fairy complete with wings at the Fairy House Festival in Grafton, VT. photo courtesy of The Nature Museum



Building your own fairy house at the Fairy House Festival. photo courtesy of The Nature Museum



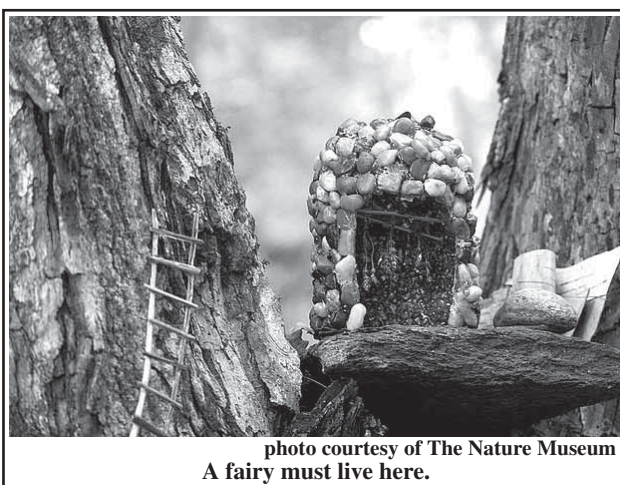
Making giant bubbles at the Fairy House Festival. photo courtesy of The Nature Museum



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A fairy must live here. photo courtesy of The Nature Museum



Pausing for a picnic at the Fairy House Festival. photo courtesy of The Nature Museum



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Westminster, VT

## Windmill Hill Pinnacle Association Fall Outings

The Pinnacle is the highest and most scenic peak (+/-1683 feet) in Westminster, VT. It is located on the Windmill Ridge, straddling the Brookline/Westminster, VT line. The view from the Pinnacle overlooks Hedgehog Gulf in Brookline and westward to Mount Snow and Stratton Mountain, over 20 miles away.

The dream of conserving the Pinnacle developed as a use of the Jamie Latham Memorial Fund, established in November 1991 to honor a young man who had loved this beautiful spot. The Pinnacle has expanded its land-conservation efforts, linked and extended trail systems, and inspired dedicated volunteers.

Pinnacle lands—with the inclusion of additions in the Bald Hill and Athens Dome areas—now consist of 1,938 +/- acres in Rockingham, Athens, Grafton, Brookline, and Westminster. These publicly-accessible lands include a 25-mile hiking trail system and wildlife sanctuary. We invite you to experience these beautiful places, help us protect these special habitats, and enjoy our recreational and educational programs.

### Fall Outing Schedule

#### Thursday, September 14

Lecture by David Sobel: "Wet Sneakers and Muddy Clothes: The Importance of Nature-Based Play and Education." This free program will take place at the Compass School, 7892 US Rt. 5, Westminster, VT from 7-8:30 p.m.

Is it actually important for children to play in nature? How does it affect their bodies, minds, and character? Does it give them a better connection to the earth and make them active stewards of its resources?

Everyone recognizes that it's easier for parents to let their children stay inside—no ticks, no sunburn, no extra vigilance or transportation needed. Even if one supports the importance and relevance of play outside in nature, how is it possible to get children off their phones and electronic games without a struggle? For teachers, parents, and adults who care and want something more for children, David Sobel's discussion, should give some answers.

A well-known author, teacher, and nature activist, Sobel will discuss why children need to play outside in nature for their own well-being and for their future stewardship of the earth. He'll also suggest ways to get children off their devices and out into nature.

David Sobel has written extensively on the topic of children and hands-on education and play in nature. His numerous books—from *Wild Play: Parenting Adventures in the Great Outdoors* to *Place-Based Education: Connecting Classrooms and Communities* and *Childhood and Nature: Design Principles for Educators*, plus other works focusing on different age levels—offer parents and teachers insights into the value, appeal, and techniques of outdoor experiences.

Sobel is on the faculty of Antioch New England Graduate School and has been the director of Teacher Certification Programs there since 1997. His program is presented by the Windmill Hill Pinnacle Association, co-sponsored by The Nature Museum and Windham Woodlands Regional Association, and supported by the Rotary Clubs of Bellows Falls and Springfield, VT.

#### Saturday, September 16

**Accessibility Day.** 10:45 a.m. to 4 p.m. This year's site is a new one for this once-a-year opportunity for a vehicle ride to a remote and beautiful site for lunch. The private property, owned by a friend of WHPA, sits on the Windmill Ridgeline between the Pinnacle and Paul's Ledges, and the spectacular view offers a wide deep vista to the ski mountains of Mt. Snow, Stratton, Bromley, Okemo, and beyond.

If you're an adult who has difficulty walking, this is your chance to visit a rural spot with a grandchild or friend. The program's popularity and need for four-wheel-drive vehicles make advance registrations a MUST for riders. Hikers do not need to pre-register. Bring water, bag lunch, and sweater for chilly weather. Meet at Westminster West Church at 10:45 a.m. to carpool. Register with Bev Major at (802) 387-5737 or Elaine Gordon at (802) 869-6103. Held in sunny or cloudy weather only; canceled in rain or bad weather.



photo by Pinnacle

Participants in the Annual West Hill Grinder bicycling event enjoy their ride on a fall day in Putney, VT.

#### Sunday, September 24

**Annual West Hill Grinder.** Starts at 9 or 10 a.m. depending on the route selected. Diny and Jim Sweitzer of the West Hill Shop in Putney, VT, are making the 2017 West Hill Grinder a biking fundraiser for the Windmill Hill Pinnacle Association.

Three different routes offer a variety of rural biking challenges for intermediate and advanced bicyclists. Distances range from 19-39 miles and wind through Westminster, Athens, Brookline, and Putney on town dirt roads, Class-4 woods roads, and Pinnacle hiking trails, with a bit of pavement here and there. The West-West Loop is the easiest.

Individual, student, and family rates include lunch catered by John Labine of Taco Barn after the event. Start and finish will be at High Meadows Farm in Putney, VT, which offers water, facilities, protected seating, and onsite parking.

For directions to the farm, visit [www.highmeadowsfarm.com](http://www.highmeadowsfarm.com). Go to [www.bikereg.com](http://www.bikereg.com) and search for West Hill Grinder for prices, info on the routes and bike equipment necessary, and to register. Visit [www.westhillshop.com](http://www.westhillshop.com) and the West Hill Shop's Facebook page. Or call the Sweitzers at (802) 387-5718.

#### Saturday, October 7

**Moonlight Hike on Bald Hill.** 7-9 p.m. Join Vanessa Stern, Bald Hill Committee Chair and Windmill Hill Pinnacle Association Board Member, for this special full-moon experience where even familiar features look different and more mysterious in the moonlight. Meet at the Covered Bridge kiosk at 232 Covered Bridge Road in Westminster. For info and reservation, call (802) 463-4948.

#### Saturday, October 28

**Walk to Ober Hill Gorge and Old Homestead Cellar Hole.** 1-4 p.m. The walk, featuring the newly acquired Brelsford property, will start at the Bemis Hill Road trailhead. Walk mostly downhill through rich mixed hardwoods to the long gorge, with its gurgling stream and charming waterfalls, and to the homestead complex with its remains of stonewall

paddocks and a barn. Continuing north on the trail to the Rt. 35 trailhead area, this walk is a great way to learn about the northern end of the Windmill Ridge trail system. A car shuttle will be arranged to return participants to cars.

Bring water, snack, and clothing appropriate for the weather. Pre-registration is required. Contact Camilla Roberts at (802) 869-1388 or [camil@vermontel.net](mailto:camil@vermontel.net).

For more information visit [www.windmillhillpinnacle.org](http://www.windmillhillpinnacle.org).



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## Digging

Today I think  
Only with scents,—scents dead leaves yield,  
And bracken, and wild carrot's seed,  
And the square mustard field;

Odours that rise  
When the spade wounds the root of tree,  
Rose, currant, raspberry, or gout-weed,  
Rhubarb or celery;

The smoke's smell, too,  
Flowing from where a bonfire burns  
The dead, the waste, the dangerous,  
And all to sweetness turns.

It is enough  
To smell, to crumble the dark earth,  
While the robin sings over again  
Sad songs of Autumn mirth.



—EDWARD THOMAS  
London, England, 1878-1917

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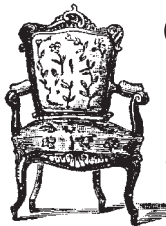
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Vermont-grown apples ripe for the picking at Vermont Technical College orchard in Randolph Center, VT. photo by Nancy Cassidy

### Recipes from a Century Past

## Blue Skies, Colorful Days, and Crisp Ripe Apples!

#### Apple Cobbler

Pare and quarter enough tart apples to fill a baking dish three-fourths full. Cover with a rich baking powder biscuit dough made soft enough to stir; spread it over the apples without rolling. Make several cuts in the center to allow the steam to escape. Bake for three quarters of an hour and serve hot with sugar and rich cream.

#### To Dry Apples

Select sound fruit that has matured. Pare, core, and quarter and slice lengthwise. String and dry near the fire or spread on frames covered with muslin or netting and let dry in the sun. If the winter apples are not keeping well it is a good plan to dry them to prevent waste. Although some have a prejudice against dried apples they can be made very palatable with a little care.

#### Apple After Thought

Take one pint of nice apple sauce, sweetened to taste; stir in the yolks of 2 eggs, well beaten. Bake for 15 minutes. Cover with a meringue made of 2 well-beaten whites and ½ cup of powdered sugar. Return to the oven and brown.

#### Apples in Maple Syrup

Cut eight apples in halves and remove the cores with a teaspoon; put into a baking pan with 1 cup of maple syrup and one and one-half cup of water and 2 tablespoons butter. Bake until the syrup is thick and serve with whipped cream.

#### Apple Brown Betty

Pare and chop six apples. Place a layer of apple in a well-buttered pudding dish, then a layer of bread crumbs; sprinkle with brown sugar and cinnamon; repeat until the dish is full; add several generous lumps of butter and pour sweet milk or hot water on until it comes within an inch of the top of the pan. Bake in a moderate oven until brown and serve with plain or whipped cream.

#### Indian Pudding With Apples

Scald two quarts of sweet milk. Stir in a cup of corn-meal. Stir until the mixture thickens. Remove from the fire. Add one and one-sixth cups of molasses, one teaspoon of salt, one-half teaspoon each of nutmeg and cinnamon, and two cups of sweet apples pared, cored, and quartered. Pour into a deep pudding dish and bake for four hours. When the pudding has baked for one and one-half hours, add without stirring one pint of cold milk. Serve with cream and sugar or syrup.



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# A Vermont Almanack for Early Fall

by Bill Felker

Time of crisp and tawny leaves  
And of tarnished harvest sheaves,  
And of dusty grasses – weeds –  
Thistles, with their tufted seeds  
Voyaging the Autumn breeze  
Like as fairy argosies.

—James Whitcomb Riley

## Phases of the The Cricket and Katydid Moon and the Corn Harvest Moon

**September 6:** The Cricket and Katydid Moon is full at 2:03 a.m. **September 13:** The moon enters its final quarter at 1:25 a.m. and lunar perigee (when the moon is closest to Earth) **September 20:** The Corn Harvest Moon is new at 12:30 a.m. **September 27:** The moon enters its second quarter at 8:54 p.m. and reaches apogee (when it is farthest from Earth).

## The Sun's Progress

The Sun enters Libra and reaches equinox at 3:02 p.m. on September 22.

## The Planets

Venus is in Virgo, retaining its position as the morning star, shadowed by Mars (the two planets in conjunction on October 5). Jupiter blends with the sunset in the early fall, disappearing from view by October 15. Saturn is visible along the western horizon at dusk.

## The Stars

By sunrise, Orion has shifted to the center of the heavens. January's Leo and its brightest star, Regulus, have come up in the east, and the Great Square is following Hercules into the Ocean.

## Meteorology

Weather history suggests that cold waves usually reach Vermont about the following dates: September 2, 8, 12, 15, 20, 24 and 29. Fish, game, livestock and people tend to feed more and are more active (and more troublesome) as the barometer falls one to three days before these weather systems.

Full moon on September 6 and new moon on September 20 increase the likelihood of frost and severe weather. Lunar perigee on September 13 adds to the likelihood of mid-month chill.

## The Natural Calendar for September

**September 1** – As the day moves to within a few degrees of equinox, sycamores, tulip trees, slippery elms, poplars, locust, elms, box elders, buckeyes, dogwoods, chinquapin oaks, and lindens, may begin to show their autumn colors.

**September 2** – Do your Thanksgiving turkey marketing now before the leaves turn!

**September 3** – When you see shades of pink on the dogwood trees, then cut your gourds, winter squash and pumpkins for winter storage.

**September 4** – Expect frost after the first weather system of the month moves east.

**September 5** – When asters bloom in the waysides and bur marigolds flower in the swamps, then cut corn for silage.

**September 6** – Today is full moon day.

**September 7** – When the first black walnut trees are almost bare, complete the last cut of alfalfa.

**September 8** – The September 8 weather system usually ushers in the season of early fall, and full moon on the 6th is very likely to help it along.

**September 9** – Temperatures, which began to cool at the pivot time of August 10, now decline more noticeably.

**September 10** – When microthema spider webs are all over in the woods, that's the time to pick fall apples.

**September 11** – When crickets songs are slow, then be ready to cover your tender flowers and vegetables: frost could be on the way that night.

**September 12** – Today marks the start of a decline in percentage of daily sunshine.

**September 13** – The moon reaches perigee today, making storms and frost more likely

**September 14** – Ragweed season finally comes to a close.

**September 15** – Sow next spring's spinach and garlic as the moon turns new.



A family out for a horse and buggy ride on the back of Bald Mountain in Rutland, VT, circa September 1915. Photo from Rutland Historical Society, Dr. George Marshall Lantern Slide Collection.

**September 16** – Hunt the damp woods for puffball mushrooms.

**September 17** – Aster blossoms start to disappear; their departure parallels the leaf fall, the end of the insect season, the end of the spiderweb season and an acceleration in bird migration.

**September 18** – When most of the black walnuts have fallen and wood nettle seeds are black and brittle, then begin your autumn bulb planting and transplanting of perennials in the garden.

**September 19** – Halloween crops come to town.

**September 20** – The equinox front often brings a likelihood of frost as it departs east, and today's new moon increases the probability of cold.

**September 21** – Dig your potatoes before a hard freeze threatens.

**September 22** – Check the weight of animals about to be bred and adjust feed as needed.

**September 24** – Prices rise for goat's milk and remain higher through the winter.

**September 24** – The September 24 cold front doubles the chances for frost over the chances just a week ago..

**September 25** – Acorns are falling, tempting deer to seek them out.

**September 26** – Crab apples are thinning. Color spreads across the red maples. Blush appears on the sweet gums.

**September 27** – The moon reaches apogee today, decreasing the chance for late September frost.

**September 28** – Increase scouting for oak trees and signs of deer in the woods as the undergrowth thins.

**September 29** – Average temperatures now start to fall at the rate of about four degrees per week.

**September 30** – Milkweed pods burst in the wind. Japanese beetles complete their season. Daddy longlegs disappear from the undergrowth, and spiders of all kinds move indoors. Damselflies are rare along the rivers now, and darners have left their ponds.

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# Autumn Festivities at Merck Forest and Farmland Center

**Fall Festival. Saturday, September 16.** Suggested donation: \$3 per person. Celebrate the season! Family fun on the farm—games, farm animals to meet, demonstrations in blacksmithing and the use of a crosscut saw. Come with a picnic lunch, then go for a hike to view the foliage. In the afternoon, we'll host a free contradance. All kinds of fun on a fall afternoon!

**Fall Festival Contra Dance. Saturday, September 16.** 3 p.m., free. Finish up your day at the Fall Festival the way farmhands used to do: with a rollicking contradance. Pete's Posse will provide the music with Mary Wesley calling.

**Guided Sunset Hike. September 23.** 6 p.m., \$3. Enjoy a spectacular evening with a sunset hike at Merck Forest.

**First Annual Hoof & Hike. Sunday, September 24.** 8:30 a.m. to 2 p.m. This event will benefit the Dorset Equine Rescue organization. Riders are limited to 25. Register online at hoofandhike.bpt.me. Registration for hikers is available online or at the door on the day of the event from 8:30-10:30 a.m. The cost for hikers over the age of 12 and for riders is \$35. For more information go to the website dorsetequinerescue.

**BeBrave Hike-a-thon. Sunday, October 1.** 9 am to 1 pm. The Third Annual Be Brave for Life Hike-A-Thon is a hike to inform, support, and improve the lives of individuals affected

by benign brain tumors and cerebrovascular disease, and drive research for a cure. Participants set hiking goals and may join Scavenger Hunts. Register at runsignup/race/vt/rupert/bebravehike. For more information go to bebrave.life.

**Hike Mount Antone. October 14.** 11 a.m., \$3. Let's do lunch — atop Mount Antone. Bring your cold lunch (no grilling available). This is a difficult hike. Dress for the weather with sturdy hiking gear.

Merck Forest and Farmland Center is a non-profit educational organization located in the Taconic Mountains of southwestern Vermont on 3,162 acres. The Center's mission is the sustainable management of its forest, innovative agricultural practices, education of local students, and the creation of unparalleled recreational opportunities.

The property is open free to the public daily, from dawn to dusk, year-round.

For more information call (802) 394-7836. Visit [www.merckforest.org](http://www.merckforest.org).

*Directions: Merck Forest & Farmland Center is located between Rupert and Dorset, VT, at the top of the very large hill at 3270 Rt. 315 (Rupert Mountain Rd.). Please do not rely solely on your GPS: once you reach the top of the big hill on 315, turn into Merck Forest's driveway. If you start going downhill, you've missed us!*



photo courtesy of Merck Forest and Farmland Center  
Young students with Fern and Arch, "Suffolk Punch" draft horses, a heritage breed from England, in the Draft Horse Workshop at Merck Forest and Farmland Center.

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## Surplus of Green Tomatoes? Try This Recipe, circa 1917

### — Green Tomato Mince Meat —

Chop one peck green tomatoes fine. Drain off the juice. Place the tomato pulp in a large kettle and cover with hot water, scald and drain.

Repeat this operation until you have scalded and drained three times. Be sure to have the tomato cooked tender during the three times scalding.

Now add five pounds brown sugar. Brown and white can be used in combination or any kind of syrup or maple sugar which you

may have. Add two pounds raisins, one cup suet chopped fine, one and one-half cups vinegar, three tablespoons salt, two lemons chopped fine, and one peck apples chopped fine.

Boil together until all is thoroughly cooked then add two tablespoons cinnamon, one tablespoon cloves, and one tablespoon nutmeg.

Place in jars the usual way. This recipe will make seven quarts mince meat which cannot be distinguished from mince meat made with meat.

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## Staying On

by Pamela Hayes Rehlen

Several years ago, Charles Knight did a courageous thing that many others who have summered on Lake Bomoseen have wistfully contemplated. In September, he looked around the rambling, 1890s, needing-some-repairs, family cottage that he'd been coming to for almost half a century, and he thought, 'This year, I'm not going back. I'm going to stay on.'

That was the year Charles's life had altered dramatically. He'd unexpectedly lost his job. He was going through a divorce. His fiftieth birthday was approaching in November. Every Labor Day since he was a toddler, he'd helped close up his family's summer place. He'd always felt one overwhelming emotion, 'I don't want to leave.'

That year, with so much of his life unsettled, he didn't leave. He stayed put.

On old maps, Charles's summer place is designated as 'Reed's Lakeview Cottage,' located on Clement's Point, one of Lake Bomoseen's finest shoreline promontories.

It was built in the spring of 1891 by John Reed, who had been given the land by his long-time employer Percival

**"You really only have two choices, to be casual or to be frantic...It's very hard to be upset on days like this."**

Clement, one-time bank president, one-time Rutland mayor, one-time Vermont governor, and, as was often done somewhere in a new house—and as Charles liked to point out to visitors—Reed signed his name and the building date on a plank in a downstairs bedroom wall.

For forty years, Reed used his Adirondack-style cottage with its panoramic views toward the east shore of Lake Bomoseen and the green mountains beyond. At his death—because he had no family—he deeded his summer home back to the Clements.

Although Percival Clement's son Tom had moved away from Vermont and lived in Philadelphia, he took over his father's place. In Philadelphia, Tom was neighbor to Daniel Knight, Joyce Knight, and the couple's four children Edward, Jennifer, Carol and Charles.

As well as his neighbor, Knight was Tom's attorney, and over time they had all grown to be close friends. Each summer Daniel loaded his young family into the car and drove semi-retired Tom up to his cottage on Lake Bomoseen. After they arrived, the Knights would stay for a week.

Charles first came to the lake when he was two and remembered the summer place as always lively. He remembered a stream of visitors, lots of Rutland people as well as genial out-of-staters. He remembered marathon bridge games played on the porch or in the dim, low-ceilinged living room, full of Edwardian and Adirondack furniture left behind from the John Reed and Percival Clement years.

After Tom's death, Charles's father bought the cottage, and over the years the Knights devised a financial means to hold on to the place by renting it out between their own family vacations.



For one hundred and twenty years, Reed's 'Lake View Cottage' hadn't altered in any significant way. It became Charles's protective cocoon as he stayed on through mellow September.

He explained his feelings to a few curious people, "You really only have two choices, to be casual or to be frantic." And then he'd add, "It's very hard to be upset on days like this."

The lake—never very busy during the week—quieted to a steady, sunny drowsiness, and Charles settled into an



from the photo collection of the Knight family  
**Charles Knight's cottage on Lake Bomoseen, originally built by John Reed in 1891.**

Adirondack chair out under the oaks, hemlocks, and maples that dot Clement's Point.

At night, when the temperature dropped, he piled up logs and lit a fire in the living room's massive fieldstone fireplace. He pulled his sleeping bag close to the hearth.

Because the Knight cottage had never been winterized, Charles figured that by Columbus Day he was going to have to find and rent another nearby place. But he put that off for awhile in order to drowse in the sun.

He visited the Fair Haven Congregational Church, and some church representatives returned the call. He gave a talk about old postcards—he had a comprehensive collection of Bomoseen views—to the Castleton Historical Society. He was visited by welcoming residents of the year-round lake community he'd never before realized existed.

He went to see Davene and Jerry Brown hoping that he could fashion a Thoreau/Walden-Pond-style winter existence for himself caretaking their lake-center Neshobe Island. But they didn't think that would be possible.

Slowly, the weather turned. The point began to be buffeted by steady, cold winds, and his cottage wasn't equipped for the turning of the year.

There were just too many practical difficulties. Charles came to see that he was going to have to leave the beloved time machine, full of John Reed's and Percival Clement's furniture, his own family's decades-long accumulation of memorabilia, and go home to Philadelphia.

But it had been a glorious fall, and he'd lived out a lifetime dream. He'd done what so many would like to do and few accomplish. He'd said to himself at a difficult juncture in his life, "If not now, when?"

And at the end of the season, at a beloved place, not forever, but for awhile, he'd stayed on.

*Pamela Hayes Rehlen has written and lived most of her life in Castleton, Vermont. She is the author of stories, articles, essays and magazine features, and of two books: **The Blue***

*Cat and the River's Song* (\$17 plus shipping and handling) and *The Vanished Landmarks Game – Vermont Stories from West of Birdseye* (\$20 plus shipping and handling) available at the Castleton Village Store P. O. Box 275, Castleton, VT 05735, and at a number of Vermont booksellers. To reach the store, call (802) 468-2213.



**Charles Knight with a postcard of the lake.**

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# Vermont Map

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—JAMES HAYFORD  
Orleans, VT, 1962

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# Vermont Country Calendar

See the end of the September daily event calendar for ongoing activities and museums, exhibits, and galleries.

## FRIDAY, SEPTEMBER 1

**BRATTLEBORO.** Second Annual Tiny House Fest Vermont. Gallery Walk exhibitions. Passes: \$10-\$55. Downtown. See website for schedule. tinyhousefestvermont.com. *Through September 4.*

**DORSET.** Play: *American Buffalo*, by David Mamet. Starring Treat Williams. Tickets: \$42. 7:30 pm. Dorset Theatre Festival, 104 Cheney Rd. (802) 867-2223. dorsettheatrefestival.org. *Also September 2.*

**ESSEX JUNCTION.** Champlain Valley Fair. 105 Pearl St. (802) 878-5545. www.champlainvalleyfair.org. *Through September 3.*

## SATURDAY, SEPTEMBER 2

**BENNINGTON.** 22nd Annual Southern Vermont Garlic & Herb Festival. Over 200 vendors, live music, beer and wine garden, demonstrations on planting, growing, braiding, kids' activities. Admission. Free parking. 10 am - 5 pm. The Shops at Camelot Village, 66 Colgate Heights. (802) 447-3311. *Also September 3.*

**BENNINGTON.** 1863 Jane Stickle Quilt on Display. Admission: adults \$10, seniors and students over 18 \$9. 10 am - 5 pm every day except Wed. Bennington Museum, 75 Main St. (802) 447-1571. www.benningtonmuseum.org. *On exhibit through October 9.*

**BRATTLEBORO.** Second Annual Tiny House Fest Vermont. Creativity, Resilience, Equity in Housing & Public Places. Workshop. Passes: \$10-\$55. At Brattleboro Retreat. Visit website for schedule. tinyhousefestvermont.com. *Through September 4.*

**BURLINGTON.** Over the Edge for the Flynn Center '17. 100 intrepid adventurers will go Over The Edge by rappelling nine stories down the side of one of downtown Burlington's tallest buildings: The Courtyard Marriott Harbor Hotel, Burlington Harbor. (802) 652-4533. www.firstgiving.com. flynncenter.org.

**EDEN MILLS.** Sixth Annual Nulhegan Abenaki Heritage Gathering. Singing, drumming, dancing, traditional games for adults and children. Vendors of authentic native crafts. Demonstrations of wampum belts, storytelling. Rain or shine. 10 am - 5 pm. Mount Norris Scout Reservation, 1 Boy Scout Camp Rd. (804) 943-6197. 1963mikeyd@gmail.com. abenakitribe.org. *Also September 3.*

**ESSEX JUNCTION.** Champlain Valley Fair. 105 Pearl St. (802) 878-5545. www.champlainvalleyfair.org. *Also September 3.*

**GUILFORD.** Friends of Music at Guilford 52<sup>nd</sup> Labor Day Weekend Festival. Organ concert, "A New England Organ Sampler", in the barn at 7:30 pm. Free. Donations appreciated. The Organ Barn, off Packer Corners Rd. (802) 254-3600. www.fomag.org. *Also September 3.*

**NORTHFIELD.** Labor Day Celebration. Food, crafts and game booths 10 am - 10 pm. Flying pig foot race, No Strings Marionette Puppet show 3:30-4:30 pm. Rock band Mirage 7-10 pm. 39th Annual Northfield Savings Bank Footrace. (802) 485-9201. www.northfieldlaborday.org. *Also September 3 & 4.*

**PLYMOUTH NOTCH.** Shakespeare Alive! The Stand Up Shakespeare Company presents a reverent and irreverent revue that includes comedy, tragedy, and music. Free. 12 noon. Union Christian Church, 43 Messer Hill Rd., Calvin Coolidge State Historic Site. (917) 406-1456. kkonig@aol.com. coolidgefoundation.org.

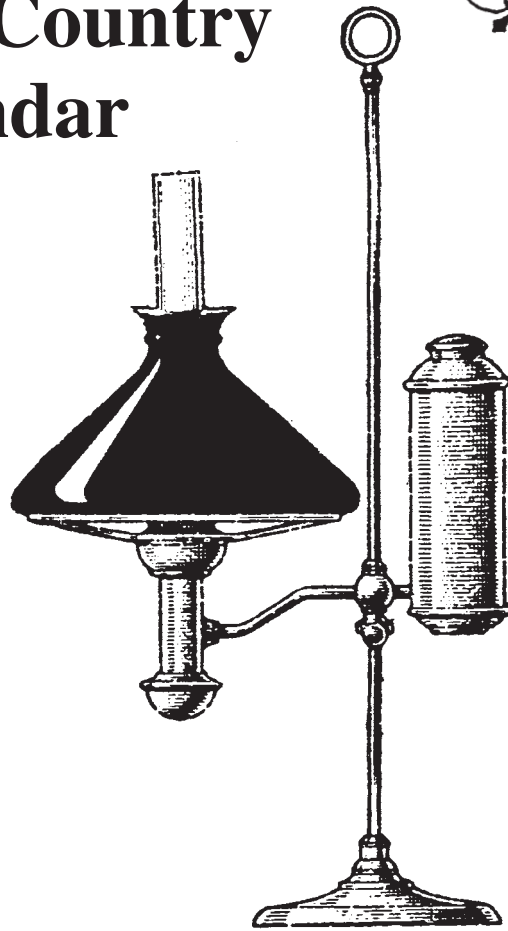
**PLYMOUTH.** 13th Annual Plymouth Folk & Blues Festival. Features stars from Vermont and nationally known musicians. Wagon rides on Saturday; children's crafts and face painting both days. The concerts are free; donation is suggested. 2-5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. www.plymouthfolk.com. *Also September 3.*

**RIPTON.** Open Mic & Concert: The Press Gang, "an Irish music phenomenon in America." Admission \$10-\$15, \$3 kids under 12. Doors open 7 pm. 7:30 pm open mic, followed by featured performers. Ripton Community Coffee House, Rte 125. (802) 388-9782. rcch.org.

**RUTLAND.** Author Appearance. Join Gerit Quealy, author of *Botanical Shakespeare*, for a talk and quizzes (with prizes!) on the flowers, fruits, herbs, trees, seeds, and grasses cited in the works of William Shakespeare. Guest appearances by Shakespearean actors. Free. 2:30 pm. Phoenix Books, 2 Center St. (802) 855-8078. www.phoenixbooks.biz.

**RUTLAND.** Vermont Farmers' Market. Live music. EBT and debit cards accepted. 9 am - 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. vtfarmersmarket.org. *Saturdays through October 28.*

**WELLS RIVER.** So Long Summer—Hello Fall Festival. Street fair, bake sale, book sale, car wash, flea market, hand crafts, and food vendors, information booths, in-store and sidewalk sales, rubber ball river race, free raffle drawings, and more. Rain or shine. 9 am - 2 pm. For more information contact Wells River Action Program at wrapwr@gmail.com. (802) 757-2708.



**WOODSTOCK.** Labor & Leisure Day. Discover work and fun on the farm. Help build a split rail fence, wash laundry in the farmhouse basement using a washboard and wringer, and lend a hand cranking (and sampling) delicious ice cream. Join in or watch an exciting game of historic baseball. See the 31st Annual Quilt Exhibition. Admission: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. www.billingsfarm.org.

## SUNDAY, SEPTEMBER 3

**BELMONT.** Mount Holly Cabaret. A festive evening with live jazz, decadent desserts, & libations. 7 pm. 26 Maple St. (802) 259-9130.

**BENNINGTON.** 22nd Annual Southern Vermont Garlic & Herb Festival. Over 200 vendors, live music, beer and wine garden, demonstrations on planting, growing, kids' activities. Admission. Free parking. 10 am - 5 pm. The Shops at Camelot Village, off Rt. 9. (802) 447-3311.

**BRATTLEBORO.** Second Annual Tiny House Fest Vermont. Street Fest, Pop-up Tiny House Village, Housing and Placemaking Academy. Talks and Panel Discussions. Speed Design Reviews. Building Arts Marketplace and Demos. Parklets by Youth. Kids' MakerSpace. Passes: \$10-\$55. Flat St. Visit website for schedule. tinyhousefestvermont.com. *Also September 4.*

**BRATTLEBORO.** Annual Dawn Dance. All night dancing. At 8 pm to 11:30 pm, contra dancing, caller Mary Wesley with The Moving Violations. Couples dancing, 11:30 pm-12 am. Contra dance 12-3:30 am, Contra dance 3:30-7 am. Tickets at the door 7:33 pm or online. More information on website. Gibson-Aiken Center, 207 Main St. (Rt. 5). www.dawndance.org.

**EDEN MILLS.** Sixth Annual Nulhegan Abenaki Heritage Gathering. Singing, drumming, dancing, traditional games for adults and children. 10 am - 5 pm. Mount Norris Scout Reservation, 1 Boy Scout Camp Rd. (804) 943-6197. 1963mikeyd@gmail.com. abenakitribe.org.

**ESSEX JUNCTION.** Champlain Valley Fair. 105 Pearl St. (802) 878-5545. www.champlainvalleyfair.org.

**GUILFORD.** Friends of Music at Guilford 52<sup>nd</sup> Labor Day Weekend Festival. Orchestra Concert on the Lawn. Grounds open at 12 noon for picnicking. Bring your own or buy ours, a generous lunch for \$10. Concert at 2 pm: Ken Olsson leads the Festival Orchestra in a performance of Mozart's Symphony #40, Elga's Serenade for Strings, and Novacek's Octet for Winds. Finale Sing-In of Randall Thompson's Alleluia. Free, donations appreciated. The Organ Barn, off Packer Corners Rd. (802) 254-3600. www.fomag.org.

**GUILFORD.** 73rd Annual Guilford Fair. Horse draw, cattle and horse shows and sheep shearing demonstrations. Live music, beautiful homegrown produce. 163 Fairgrounds Rd. guilfordfairvermont.com. *Also Sept. 4.*

**LYME, NH.** Summer Buffet Music Series on Post Pond. Music by Boys Night Out. Buffet dinner served 6-7 pm. Adults \$25, kids 5-12 \$10, 4 and under free. Reservations required. Loch Lyme Lodge, Rt. 10 just north of town. (603) 795-2141. lochlymelodge.com.

**NORTHFIELD.** Labor Day Celebration. Food, crafts and game booths all day. Fire Department Tag Sale. Book Sale at Brown Public Library. Labor Day Car Show. Wunderle's Big Top Adventure: circus aerial act 12-1 pm. Rock band Scared by Dolls 7-10 pm. (802) 485-9201. www.northfieldlaborday.org. *Also September 4.*

**ORWELL.** Hike into History. Guided tour, walk in the footsteps of Revolutionary War soldiers Wear sturdy shoes. Adults \$5, children under 15 free. 2-4 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. www.historicsites.vermont.gov.

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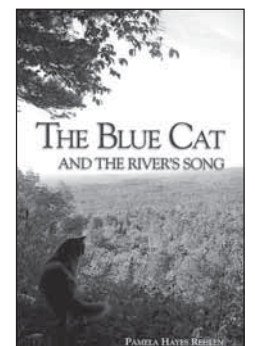
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# Vermont Country Calendar

(Sunday, September 3, continued)

**PLYMOUTH.** Plymouth Folk & Blues Festival. Stars from Vermont and nationally known musicians. The concerts free, donation suggested. 2-5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [historicsites.vermont.gov.plymouthfolk.com](http://historicsites.vermont.gov.plymouthfolk.com).

**RANDOLPH.** 25th Annual New World Festival. Celebrate Vermont's Celtic and French Canadian heritage. More than 70 exceptional musicians. Concerts, music and dance workshops, children's activities, open dancing, on six continuous stages. Food and drink. Adults \$40, students age 13-18 \$12; 12 and under free; after 6 pm \$25. 12 noon - 11:30 pm. Downtown. (802) 728-6464. [chandler-arts.org](http://chandler-arts.org).

## MONDAY, SEPTEMBER 4

**BRATTLEBORO.** Second Annual Tiny House Fest Vermont. Local House Tours in Brattleboro & Guilford, featuring tiny, small and efficient homes. Passes: \$10-\$55. Visit website for schedule: [tinyhousefestvermont.com](http://tinyhousefestvermont.com).

**GUILFORD.** 73rd Annual Guilford Fair. Horse draw, cattle and horse shows and sheep shearing demonstrations. Live music, beautiful homegrown produce, flowers, handiwork and hobbies. 163 Fairgrounds Rd. [guilfordfairvermont.com](http://guilfordfairvermont.com).

**NORTHFIELD.** Labor Day Celebration. Parade at 10 am! Island Time Band 12-1 pm. Malayna Johnson vocal artist 1:15-2:15 pm. Step 'n Time Line Dancers 2:30-3:30 pm. Fire Department Tag Sale. Book Sale at Brown Public Library. Chicken BBQ 12 pm. No Strings Marionette Puppet Show 1-2 pm. Food, crafts and game booths all day. (802) 485-9201. [www.northfieldlaboraday.org](http://www.northfieldlaboraday.org).

**SHEFFIELD.** 10th Annual Pat O'Hagan Memorial Fiddlers' Contest. Free. 2 pm. Sheffield Field Day. The Gym at Miller's Run School, 3249 VT Rt. 122. (802) 626 8293.

## WEDNESDAY, SEPTEMBER 6

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards accepted. 3-6 pm in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Wednesdays through October 25.*

**WOODSTOCK.** Wagon Ride Wednesday. Enjoy scenic Billings Farm with complimentary horse-drawn wagon rides around the farm fields. Admission: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. Wagon rides 11 am - 3 pm. Open 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [www.billingsfarm.org](http://www.billingsfarm.org). *Wednesdays through September 27.*

## THURSDAY, SEPTEMBER 7

**RUTLAND.** Concert: Boz Scaggs. Scaggs began his career as the lead singer and guitarist of the Steve Miller Band in the late 60s. Tickets \$70/\$80. 8 pm. Paramount Theater, 30 Center St. (802) 775-0570. [paramountvt.org](http://paramountvt.org).

**WALLINGFORD.** Short hike on Long Trail. Hike the Long Trail to Aldridgeville, an archaeological site of an abandoned logging village. Sponsored by the Green Mountain Club. 9 am - 2:30 pm. Contact leader for details and meeting location: Tom Copps, (802) 282-1675. [www.greenmountainclub.org](http://www.greenmountainclub.org).

## FRIDAY, SEPTEMBER 8

**BURLINGTON.** 25th Annual South End Art Hop. A three-day event attracting over 30,000 visitors. See the South End artist's studios, and local businesses that are refit as art galleries and exhibition sites for the more than 500 participating artists. (802) 859-9222. [seaba.com](http://seaba.com). *Through September 10.*

**RUTLAND.** Friends of the Rutland Free Library Book Sale. Special highlight: antique, rare and collectible books. 10 am - 4 pm. Rutland Free Library, 10 Court St. (802) 773-1860. [rutlandfree.org](http://rutlandfree.org). *Also September 9.*

**TINMOUTH.** Tinmouth Old Firehouse Fall Concert: Jon Gailmor. Suggested donation \$10 to \$15. Homemade desserts, coffee and tea available. Doors open 7 pm. The Old Firehouse is at Mountain View Rd. and VT Rt. 140. [old.firehouse.concerts@gmail.com](mailto:old.firehouse.concerts@gmail.com). On Facebook.

## SATURDAY, SEPTEMBER 9

**BARTON.** Horse & Pony Pulling Round Up. Sponsored by the N.E.K. Pulling Association. 10 am. Orleans County Fairgrounds, 278 Roaring Brook Rd. (802) 673-6239. *Also September 10.*

**BURLINGTON.** 25th Annual South End Art Hop. A three-day event attracting over 30,000 visitors. See the South End artist's studios, and local businesses that are refit as art galleries and exhibition sites for the more than 500 participating artists. (802) 859-9222. [seaba.com](http://seaba.com). *Also September 10.*

**DUMMERSTON.** Introduction To Brewing Beer with Wet Hops. With Master Brewer Thomas Coleman. Learn how to make your own delicious extract/partial mash beer at home. Visit our hop yard and harvest fresh hops for the class. Fee: \$50, includes printed reference material. Reservations required. 10 am - 2 pm. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [events@scottfarmvermont.com](mailto:events@scottfarmvermont.com). [www.scottfarmvermont.com](http://www.scottfarmvermont.com). *Also September 24.*

**DUMMERSTON.** Class: Introduction to Making Hard Cider, with Jason MacArthur. Demonstration class will cover equipment, cider and fermentation, the pros and cons of commercial yeast strains and sulfites, and the steps between fresh juice and a bottle of your own homemade elixir. 10 am - 12 noon. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868.

**EAST BURKE.** Vermont Hemp Fest. Exhibitor displays, workshops. Vermont landowner info, planting, cultivating, and harvesting hemp in Vermont, and CBD. Onsite dining opportunities and live music. 9 am - 10 pm. Burke Mountain Hotel and Conference Center, Burke Mountain Resort, 223 Sherburne Lodge Rd. (802) 626-7394.

**FERRISBURGH.** Talk: Boycotting Slavery Then and Now. Historian Carol Faulkner will remind us of the historical boycott of slave-made goods (the Robinsons participated) and compare it with contemporary efforts. \$2 program only or free with Museum admission. 3 pm. Rokeby Museum, 4334 Rt. 7. (802) 877-3406. [rokeby.org](http://rokeby.org).

**SPRINGFIELD.** 18th Annual RiverSweep. Join the Black River Action Team to help clean up the Black River. Work-gloves and trash bags available from the Connecticut River Watershed Council, along with snacks and drinking water. Event lasts from 8 am - 12 noon. Meet at the gazebo on the town green at Veteran's Park. (802) 738-0456. [www.blackriveractionteam.org](http://www.blackriveractionteam.org).

**MONTPELIER.** Winooski River Clean-Up. We will use canoes to collect garbage from the river. Please come prepared to get dirty. Wear appropriate clothing; bring plenty of food and water, gloves (if you have them) and protection from sun, rain, and wind, all of which are likely in September. Hosted by Friends of the Winooski. 8:30 am - 12 noon. Meet at Montpelier City High School, 39 Main St. (802) 882-8276. [info@winooskiriver.org](mailto:info@winooskiriver.org). [www.winooskiriver.org](http://www.winooskiriver.org).

**NO. CLARENDON.** Young Eagle Rally. Chance for kids ages 7-18 to experience the thrill of flight. Tour an airplane and have a 15-minute free airplane ride. 9 am to 12 noon. Sponsored by Experimental Aircraft Assn. Chapter 968. Rutland Southern Vermont Regional Airport, 1002 Airport Rd. (802) 322-3767. (802) 236-1675. [www.flyrutlandvt.com](http://www.flyrutlandvt.com). [www.968.eaachapter.org](http://www.968.eaachapter.org).

**NORWICH.** Second Saturday Contra Dance. Music by Heyday with Dugan Murphy calling. Everyone welcome. Potluck munchies at the break. Adults \$10, students \$6, under 16 free. Please bring soft-soled shoes. Sponsored by Muskeg Music. Beginner session at 7:45 pm, regular dance from 8 pm to 11 pm. At Tracy Hall. [www.uvdm.org](http://www.uvdm.org).

## Rutland, VT

# Truly Unique Gift Shop Featuring Vermont-Made Crafts for Over 33 Years!

by Charles Sutton

Like so many other visitors to Vermont, Gary and Joanne Fratrach decided they just had to move here. And so this New Jersey couple did just that during the summer of 1984, and opened The Truly Unique Gift Shop in Rutland, VT where they have been shopkeepers ever since. Look for an attractive taupe-colored building on the south side of the road with a stunning life-size wire moose in the adjacent yard.

From the start, Joanna said 97 percent of their gifts are made in America, and many of them by Vermont crafters and producers.

Originally the store sold antique furniture which Gary spent most of his time hunting down and refinishing. Oak in particular was in high demand. Then suddenly one day no one wanted it any more, as tastes switched to more modern furnishings.

Gary recalls one amusing story where a couple made two trips to the store before buying a half a dozen pieces including tables and dressers which the shopkeepers were using for shelving and displaying countless gifts. The shop was in a brief disarray with no place for the small stuff, but it was worth it as it was a big furniture sales day.

In the ensuing years the couple said the store has gained a national reputation as a travel destination for high quality American made gift items. If there has been any trend in recent years, Joanne said it has been that shoppers want what is functional as well as pleasing to look at and of good quality.



Truly Unique Gift Shop invites you to come and browse.

Two craftspeople who have been with the shop since its opening on July 1, 1984, are John David Geery, a West Rutland photographer; and Catherine Beliveau, a Burlington potter. Geery moved to Vermont in 1984 having been a photographer in Utah and Idaho. His works capture the great variety of lighting in Vermont scenes and its emotional impact. Geery's popular prints are available matted or framed. He specializes in animals and scenics. Look for his "Ponies in Storm". Beliveau produces functional and decorative dishes and plaques made by pressing flowers, leaves, grasses and herbs into the clay and then painting the impressions. Her creations go under the name of Mill Brook Kiln.

Many other Vermonters have had their products at Truly Unique Gifts for 20 years or more, including Jesse Billings, a Clarendon maple syrup producer. Other maple products as well as Vermont-made jams, jellies, cheeses and gourmet foods are available.

Vermont-made items include pottery, products made from slate, hand-blown glass, cards, wooden cutting boards and bowls, Danforth pewter, T-shirts, birdhouse, candles and windchimes.

Many similar gift items may be made in China and other foreign countries, but Gary and Joanne found their customers are willing to pay a little more for quality and for knowing they are supporting local craftspeople.

The shop is located on busy Route 4, a major highway connecting western and eastern Vermont. When tropical storm Irene badly disrupted this area, including its businesses, in 2011, Truly Unique had a slow month, but Gary said they still got customers who were out-of-state emergency crews working on the roads. When they had a break to go home they purchased T-shirts and other Vermont items, he recalled. Vermont-made always makes a special gift!

*Truly Unique Gift Shop is located at 1114 Rt. 4 East, Rutland, VT. Open daily 10 am to 5 pm. (802) 773-7742. [www.trulyuniquegiftshop.com](http://www.trulyuniquegiftshop.com).*

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Wednesdays 3-6 pm, through October 25

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Wedding Dress  
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[Jennifer@makeitsewvt.com](mailto:Jennifer@makeitsewvt.com)



# Vermont Country Calendar



**NORWICH.** 13<sup>th</sup> Annual Antique Show. Roadshow appraisals 1-3 pm. (\$5 per item, limit of 3 items). Coffee and muffins. Raffle. 10 am – 3 pm. Admission \$5, children under 12 free. Norwich Historical Society, 227 Main St. (802) 649-0124. norwichhistory@gmail.com.

**ORWELL.** Inquiry into the Revolutionary Mind: What Were You Thinking, John Burgoyne and Friedrich von Riedesel? Historian Paul Andriscin turns back the time machine to interview British Lt. Gen. John Burgoyne and German Maj. Gen. von Riedesel about the events of 1777, 240 years ago. Admission: adults \$5, children under 15 free. 1–2:30 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. www.historicsites.vermont.gov.

**PROCTORSVILLE.** Vermont Golden Honey Festival. Unique craft fair with over 20 vendors, all offering products that celebrate the honey bee. Vodka, bandanas, wood fired pizza, art and so much more! 10 am – 4 pm. Golden Stage Inn, 399 Depot St. (802) 226-7744.

**RUTLAND.** Friends of the Rutland Free Library Book Sale. Special highlight: antique, rare and collectible books. 9 am – 2 pm. Rutland Free Library, 10 Court St. (802) 773-1860. rutlandfree.org.

**RUTLAND.** Performance: Comedian Paula Poundstone. Tickets \$30/\$40. 8 pm. Paramount Theater, 30 Center St. (802) 775-0570. paramountvt.org.

**RUTLAND.** Vermont Farmers' Market. 9 am – 2 pm in Depot Park downtown across from Walmart. (802) 342-4727. vtfarmersmarket.org. Saturdays through October 28.

**WEST RUTLAND.** Pancake Breakfast Buffet. Sponsored by Hiram Lodge #101, F&AM, and Gilman Chapter #88, OES. Pancakes, French toast, scrambled eggs, omelets, bacon, sausage, home fries, corned beef hash, coffee, juice, tea, milk, and whatever else seems appropriate. Cost is \$9 adults and \$3 under 6 years old. 63 Franklin St. 8-11 am. (802) 775-2204.

**WHITE RIVER JUNCTION.** 25<sup>th</sup> Annual Glory Days Festival. A family oriented, fun-filled, two day festival of railroading and transportation of the past, present & future. Sponsored by Hartford Parks & Recreation. WRJ RR station. (802) 295-5036. www.vtglorydaysfestival.com. Also September 10.

## SUNDAY, SEPTEMBER 10

**BARRE.** Vermont Granite Festival. Ethnic music, performances and activities, exhibits, and demonstrations by area stone workers. Admission \$5 adults, \$4 seniors, \$3 children, \$10 families. 10 am – 5 pm. Vermont Granite Museum, 7 Jones Brothers Way. (802) 476-4605. vtgranitemuseum.org.

**BARTON.** Horse & Pony Pulling Round Up. Sponsored by the N.E.K. Pulling Association. 10 am. Orleans County Fairgrounds, 278 Roaring Brook Rd. (802) 673-6239.

**BURLINGTON.** 25<sup>th</sup> Annual South End Art Hop. Hundreds of exhibits, sculpture, fashion shows, music, live demos, artist markets, juried show, Kids Hop and much more! (802) 859-9222. www.seaba.com.

**FERRISBURGH.** Talk: Robert Wright. From the Historians Against Slavery speaker's bureau, a community of scholar-activists who bring historical context and scholarship to today's antislavery movements. Wright teaches at Augustana University in South Dakota, where he is Nef Family Chair of Political Economy. 3 pm. \$2 program only or free with Museum admission. Rokeby Museum, 4334 Rt. 7. (802) 877-3406. rokeby.org.

**HUBBARDTON.** Talk: Meaning of the Revolutionary War's Northern Campaign. Historian and site interpreter Paul Andriscin offers an illustrated talk on the meaning of the Northern Campaign and its end, when the British surrendered in October 1777 after the Battles of Saratoga. 2–3 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. historicites.vermont.gov/directory/hubbardton.

**STRAFFORD.** Fiddleheads, Lamb's Quarters, Nettles and Nuts: Wild Edible, Medicinal and Poisonous Plants. On this walk we'll share Colonial and Native American folklore and information. 1–2:30 pm. Justin Morrill State Historic Site, 214 Morrill Memorial Hwy. (802) 765-4288.

**ST. JOHNSBURY.** Ride the Lamoille Valley Rail Trail from West Danville to St. Johnsbury and back with lunch in St. Johnsbury. Easy/moderate bicycle, 34 miles. Sponsored by the Green Mountain Club. Contact leader for meeting location and details: Mary Lou Recor, (802) 660-2834 or mlrecor@myfairpoint.net. www.greenmountainclub.org.

**WHITE RIVER JUNCTION.** 25<sup>th</sup> Annual Glory Days Festival. A family oriented, fun-filled, two day festival of railroading and transportation of the past, present & future. Sponsored by Hartford Parks & Recreation. WRJ RR station. (802) 295-5036. www.vtglorydaysfestival.com.

## MONDAY, SEPTEMBER 11

**HUBBARDTON.** Day of Remembrance. The site is open without charge on Patriot Day for those who wish to contemplate or to honor past heroes. 9:30 am – 5 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. historicites.vermont.gov

## WEDNESDAY, SEPTEMBER 13

**HANOVER, NH.** Los Angeles Guitar Quartet. Grammy award-winning world-renowned quartet. Tickets: \$25-\$40. 7 pm. Spaulding Auditorium, Hopkins Center for the Arts. (603) 646-2422. hop.dartmouth.edu.

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards. 3–6 pm in Depot Park downtown across from Walmart. (802) 342-4727. vtfarmersmarket.org. Wednesdays through October 25.

**WOODSTOCK.** Wagon Ride Wednesday. Enjoy the scenic Billings Farm with complimentary horse-drawn wagon rides around the farm fields. Admission to Billings: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. Wagon rides 11 am – 3 pm. Open 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. www.billingsfarm.org. Wednesdays through September 27.

## THURSDAY, SEPTEMBER 14

**PITTSFORD.** Archaeology Program. With Elly Spensley Moriarty, who, with her husband Matthew (also an archaeologist) have been running the South Champlain Historical Ecology Project in West Haven, VT for the last two summers. 7 pm. Maclure Library, 840 Arch St. (802) 483-2972. www.maclurelibrary.org.

**SPRINGFIELD.** Exhibit: "Falling in Love With Fall". The latest collection of hand drawn and painted scarves on a botanical theme with rich and vibrant fruit, flowers and fungi from silk painter artist Teresa Hillary. Tuesday–Saturday, 11 am – 5 pm. Gallery at the VAULT, 68 Main St. (802) 885-7111. galleryvault.org. Through November 2.

**TUNBRIDGE.** 146<sup>th</sup> Annual Tunbridge World's Fair. Rt. 110. (802) 889-5555. tunbridgeworldsfair.com. Through September 17.

**WESTMINSTER.** Lecture by David Sobel: Wet Sneakers and Muddy Clothes—The Importance of Nature-Based Play and Education. A well-known author, teacher, and nature activist, Sobel will discuss why children need to play outside in nature for their own well-being and for their future stewardship of the earth. Sponsored by Windmill Hill Pinnacle Association. Free. 7-8:30 pm. At the Compass School, 7892 US Rt. 5. windmillhillpinnacle.org.

## FRIDAY, SEPTEMBER 15

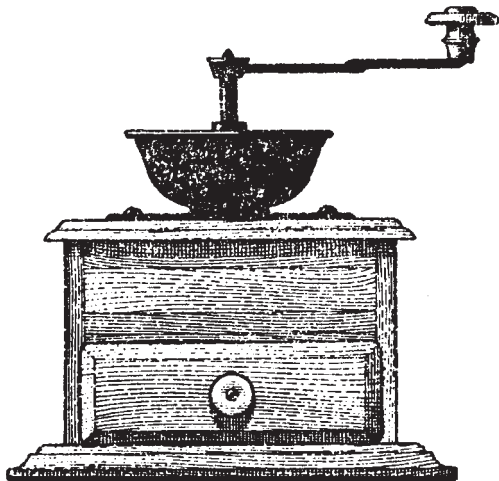
**BARTON.** Yoga and Hiking Retreat. Join Lori Flower of Karmic Connection Yoga for a weekend of hiking and yoga. Restorative evenings, stretching out by the fire at your shared rustic cabin, or camp out solo under the stars. Sponsored by the Green Mountain Club. At Wheeler Pond. Fee. Call to register. (802) 244-7037 x 111. greenmountainclub.org. Through September 17.

**BURLINGTON.** 13<sup>th</sup> Annual Burlington Book Festival. Vermont's largest annual literary event and the region's only free three-day celebration of the written word at many venues throughout town. Poets, critics, authors, book launches, exhibits. "The Canadians Are Coming", appearances by some of Canada's leading authors. This year's festival is dedicated to Senator Patrick Leahy who will accept the honor during opening ceremonies on Friday at 7 pm. The Burlington Center Arts, Contois Auditorium. burlingtonbookfestival.com. Also September 16 & 17.

**STATEWIDE.** Online Vermont Master Composter Course Registration Deadline. Volunteer in your local community to teach others about composting. Six-week course from Sept. 26 thru Oct. 31 includes seven online modules completed on your own schedule each week. Cost: \$50 for Vermont residents, \$150 for out of state residents. Tuesday evenings, 6-7 pm. UVM Extension, (802) 656-1777. master.gardener@uvm.edu. www.uvm.edu/mastergardener.

**TINMOUTH.** Contra Dance. Music by Switching Protocols with Peter Stix calling. Admission \$10-\$12, teens \$8, 12 and under free. Refreshments available. 8-11 pm at Tinmouth Community Center, Rt. 140. (802) 881-6775. tinmouthvt.org. Every third Friday.

**TUNBRIDGE.** 146<sup>th</sup> Annual Tunbridge World's Fair. Rt. 110. (802) 889-5555. tunbridgeworldsfair.com. Through September 17.



## Rutland, VT

# The Best of Both Seasons at Vermont Farmers Market

September at the market is a transition month, when your late summer favorites are joined by early fall specialties. Juicy melons, colorful peppers and sweet berries are still available, but they share table space with the first pumpkins and gourds, not to mention luscious pears, new apples and fresh cider.

For you tomato enthusiasts, there are green tomatoes and tomatillos along with the many other varieties available. And in the category of "blink and you might miss it" keep your eyes open for husk cherries—which, if you are new to this delicacy as I was when I first saw them—are small pale orange fruits wrapped in a crinkly, paper-like husk. They look a little bit like small tomatillos. Their flavor is mild, yet quite sweet and very unique, like a cross between a tomato and a pineapple.

If you see what look like miniature watermelons being sold by the pint, they are actually Mexican cucumbers, which are also known as camelons, and have a savory

taste, exactly like traditional cucumbers but with a hint of tangy lemon flavor and make a unique addition to your salads!

We hate to see summer go, but thanks to our wonderful local farmers, there is still plenty of time for summer eating, and summer adventure, while enjoying a preview of fall! It's the best of both seasons in one market.

—Gabriella Mirolo

Vermont Farmers Market is located for the summer at Depot Park in downtown Rutland, VT across from Walmart. Open Saturdays through October 28<sup>th</sup> from 10 a.m. to 2 p.m. and Wednesdays through October 25<sup>th</sup> from 3-6 p.m.

The Fair Haven Market at the park is open Thursdays June 8<sup>th</sup> through October 25<sup>th</sup> from 3-6 p.m. Call (802) 948-2211. E-mail: fairhavenmarketmanager@vtfarmersmarket.org

For more information call (802) 342-4727. E-mail: summermarketmanager@vtfarmersmarket.org. Visit www.vtfarmersmarket.org.

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# Vermont Country Calendar

## SATURDAY, SEPTEMBER 16

**BENNINGTON.** 24th Annual Quiltfest. Demonstrations, quilts, queen size quilt raffle, challenge quilts, special exhibits, many vendors and food. Adults \$7, children 12 and under free. 9 am – 5 pm. Mount Anthony Union M.S., 747 East Rd. [benningtonquiltfest.com](http://benningtonquiltfest.com). Also *September 17*.

**BURLINGTON.** 13th Annual Burlington Book Festival. Vermont's largest annual literary event and the region's only free three-day celebration of the written word at many venues throughout town. Poets, critics, authors, book launches, exhibits. "The Canadians Are Coming", appearances by some of Canada's leading authors. The Burlington Center Arts, Contois Auditorium. For schedule visit website: [www.burlingtonbookfestival.com](http://www.burlingtonbookfestival.com). Also *September 17*.

**CHESTER.** 43rd Annual Fall Festival Craft Show. New England artists demonstrating crafts including spinning, quilting, glass, pottery, fiber art, woodcarvings, turned wooden bowls, watercolor and landscape paintings, paper art, jewelry, photography and more. Mid-day music provided by Vermont entertainers. Beer garden behind Fullerton Inn. 10 am – 4 pm. Sponsored by Chester Rotary Club. [www.chesterfallfestival.org](http://www.chesterfallfestival.org). Also *September 17*.

**RUPERT.** Fall Festival. Games, demonstrations in blacksmithing and the use of a crosscut saw, and farm animals to meet. Come with a picnic lunch, then go for a hike to view the foliage. Contra dance—Pete's Posse will perform. 3 pm, suggested donation \$3 per person. Festival is free. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [www.merckforest.org](http://www.merckforest.org).

**RUTLAND.** Wonderpaws Festival & Paw Parade. Kid-friendly and dog-friendly activities and demonstrations. Dog-related vendors and specialists. Raffle. All dogs must register to attend the event. Free. Registration 10 am; parade at noon. 11 am – 2 pm. Wonderfeet Kids' Museum, 11 Center St. (802) 282-2678.

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards. 9 am – 2 pm, in Depot Park. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). Saturdays through October 28.

**SHELburne.** 39th Annual Shelburne Farms Harvest Festival. A celebration of Vermont farm and food traditions. Children's activities, entertainers on multiple stages, artisans sharing their skills and crafts, and delicious farm-fresh food. Farm animals and horse-drawn hayrides. \$10 adult, \$5 seniors, \$5 child, free for children under 3. 10 am – 4 pm. Shelburne Farms, 1611 Harbor Rd. (802) 985-8686. [www.shelburnefarms.org](http://www.shelburnefarms.org).

**TUNBRIDGE.** 146th Annual Tunbridge World's Fair. Old-fashioned agricultural fair in a rural setting. 4-H exhibits, midway, free grandstand. Livestock Cavalcade, agricultural exhibits, antique tractor pulls, crafts, live entertainment, ox and pony pulling, gymkhana, harness racing. Sheep dog trials, Log Cabin Museum, Larkin Contra Dancing, Antique Hill. Rt. 110(802) 889-5555. [www.tunbridgeworldsfair.com](http://www.tunbridgeworldsfair.com). Also *September 17*.

**WESTMINSTER.** Windmill Hill Pinnacle Association's Accessibility Day. A once-a-year opportunity for a vehicle ride to a remote and beautiful site for lunch on the Windmill Ridgeline between the Pinnacle and Paul's Ledges, and the spectacular view offers a wide deep vista to the ski mountains of Mt. Snow, Stratton, Bromley, Okemo, and beyond. If you're an adult who has difficulty walking, this is your chance to visit a rural spot with a grandchild or friend. Free. 10:45 am – 4 pm. Meet at Westminster West Church at 10:45 am to carpool. Register with Bev Major at (802) 387-5737 or Elaine Gordon at (802) 869-6103. [www.windmillhillpinnacle.org](http://www.windmillhillpinnacle.org).

**WINDSOR.** Art Show: "Converging Viewpoints". Featuring artists Gary Milek and Charlie Shurcliff and their landscape paintings from opposite sides of the Connecticut River Valley. 10 am – 5 pm. Cider Hill Art Gallery, 1747 Hunt Rd. (802) 674-6825. *Through October 28*.

## SUNDAY, SEPTEMBER 17

**ADDISON.** Atlatl Workshop: Bob and Cheryl Berg teach traditional and modern techniques of atlatl and dart construction, flint knapping, hafting stone points, and cordage making. Pre-registration required. Fee: \$70, includes materials. 12 noon – 5 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov/directory/chimney\\_point](http://historicsites.vermont.gov/directory/chimney_point).

**BENNINGTON.** 24th Annual Quiltfest. Demonstrations, quilts, queen size quilt raffle, challenge quilts, special exhibits, many vendors and food from the Quiltfest Cafe. The featured quilter and lecturer Micelle Renee Hiatt is an award winning quilter specializing in color, home machine quilting, appliqué, and embroidery. Admission \$7, children 12 and under free. 9 am – 4 pm. Mount Anthony Union Middle School, 747 East Rd. [www.benningtonquiltfest.com](http://www.benningtonquiltfest.com).

**BURLINGTON.** 13th Annual Burlington Book Festival. Vermont's largest annual literary event and the region's only free three-day celebration of the written word at many venues throughout town. Poets, critics, authors, book launches, exhibits. "The Canadians Are Coming", appearances by some of Canada's leading authors. The Burlington Center Arts, Contois Auditorium. For schedule visit website: [www.burlingtonbookfestival.com](http://www.burlingtonbookfestival.com).

**CASTLETON.** 10th Annual Rutland County Humane Society Dock Diving. Registration at 11 am, practice jumps begin at noon, competition starts at 1 pm. There will be prizes for 1st, 2nd, and 3rd place longest jumps in categories from Novice to Pro. \$10. entry fee for dogs, and donation for spectators. Stop by to watch or compete, and enjoy an afternoon of fun on beautiful Lake Bomoseen. 11 am – 3 pm. The Palms at Prospect Bay, 111 Prospect Point Rd. (802) 483-9171, or [emailjen@rchsvt.org](mailto:emailjen@rchsvt.org). [www.rchsvt.org](http://www.rchsvt.org).

**CHESTER.** 43rd Annual Vermont Fall Craft Festival. Unique handmade crafts offered by over 60 vendors. Music, food. 10 am – 4 pm, on the Green. [chesterfallfestival.org](http://chesterfallfestival.org).

**HUBBARDTON.** Battlefield Third Sunday: Battlefield Hike with long-time reenactor Bob Franzoni. Explore the main points of the battle, military tactics, key personalities of the battle, and see a replica soldier's kit. Wear sturdy shoes. Adults \$3, children under 15 free. 2-5 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).

**TUNBRIDGE.** 146th Annual Tunbridge World's Fair. Old-fashioned agricultural fair in a rural setting. 4-H exhibits, midway, free grandstand. Livestock Cavalcade, agricultural exhibits, antique tractor pulls, crafts, live entertainment, ox and pony pulling, gymkhana, harness racing. Sheep dog trials, Log Cabin Museum, Larkin Contra Dancing, Antique Hill. Rt. 110(802) 889-5555. [www.tunbridgeworldsfair.com](http://www.tunbridgeworldsfair.com).

## WEDNESDAY, SEPTEMBER 20

**RANDOLPH.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Tickets: adult \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 7 pm. Chandler Music Hall, 71-73 Main St. (802) 864-5741 x 10. [grace@vso.org](http://grace@vso.org). [vso.org](http://vso.org).

**RUTLAND.** Vermont Farmers' Market. Farm fresh veggies and fruits, artisan cheeses, handcrafted breads, maple syrup, Vermont crafts, prepared foods, and more. Live music. EBT and debit cards accepted. 3-6 pm in Depot Park. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). Wednesdays through October 25.

**WOODSTOCK.** Wagon Ride Wednesday. Enjoy the scenic Billings Farm with complimentary horse-drawn wagon rides around the farm fields. Get a glimpse of our heifers and draft horses up close and watch behind-the-scenes chores and farm work. Admission to Billings: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. Wagon rides 11 am – 3 pm. Open 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [billingsfarm.org](http://billingsfarm.org). Also *September 27*.



## 2017-2018 SEASON NOW ON SALE!

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### HIGHLIGHTS



**BOZ SCAGGS**  
Thursday, September 7, 2017 • 8:00 PM



**PAULA POUNDSTONE**  
Saturday, September 9, 2017 • 8:00 PM



**AN INTIMATE SOLO EVENING WITH AMOS LEE**  
Wednesday, October 25, 2017 • 8:00 PM



**PUDDLES PITY PARTY**  
Saturday, November 11, 2017 • 8:00 PM



**ROSANNE CASH**  
Sunday, November 12, 2017 • 7:00 PM



**DAVID CROSBY & FRIENDS**  
Saturday, November 18, 2017 • 8:00 PM



**VIENNA BOYS CHOIR**  
Thursday, December 7, 2017 • 7:00 PM



**SCOTTY MCCREERY**  
Friday, December 15, 2017 • 8:00 PM



**A CHARLIE BROWN CHRISTMAS LIVE ON STAGE!**  
Wednesday, December 27, 2017 • 2 & 7 PM



**RECYCLED PERCUSSION**  
Saturday, January 13, 2018 • 7:30 PM



**ERTH'S DINOSAUR ZOO LIVE!**  
Saturday, March 3, 2018 • 1:00 PM



**MUMMENSCHANZ: YOU AND ME**  
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# Vermont Country Calendar

## THURSDAY, SEPTEMBER 21

**WOODSTOCK.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Tickets: adult \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 7:30 pm. Woodstock Town Hall Theater, 31 The Green. (802) 864-5741 x 10. [grace@vso.org](mailto:grace@vso.org). [vso.org](http://vso.org).

## FRIDAY, SEPTEMBER 22

**ADDISON.** Atlatl Workshop: Bob and Cheryl Berg teach traditional and modern techniques of atlatl and dart construction, flint knapping, hafting stone points, and cordage making. Pre-registration required. Fee: \$70, includes materials. 12 noon - 5 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov/directory/chimney\\_point](http://historicsites.vermont.gov/directory/chimney_point).

**BRATTLEBORO.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Tickets: adult \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 7:30 pm. Latchis Theater, 50 Main St. (802) 864-5741 x 10. [grace@vso.org](mailto:grace@vso.org). [vso.org](http://vso.org).

**LUDDLLOW.** Fall Rummage Sale: furniture, housewares, baked goods, boutique, clothing, sports gear and wear. All proceeds go directly to support the food shelf and financial assistance programs of Black River Good Neighbor Services Inc. 10 am - 4 pm. Fletcher Farm Foundation, 611 Rt. 103 South. (802) 362-4274. *Through September 24.*

**TINMOUTH.** Tinmouth Old Firehouse Fall Concert: Cricket Blue. Vermont-based folk duo is inspired by the American folk tradition. Suggested donation \$10 to \$15. Homemade desserts, coffee and tea available. Doors open 7 pm. The Old Firehouse is at Mountain View Rd. and VT Rt. 140 in downtown Tinmouth. [old.firehouse.concerts@gmail.com](mailto:old.firehouse.concerts@gmail.com). On Facebook.

**WOODSTOCK.** Fifth Annual Pentangle Light Garden: Light Art Sculptures. Individuals and small groups participate by constructing sculptures that incorporate lights and recycled materials. 6:30-10 pm. Woodstock Village Green. (802) 457-3981. *Through September 23.*

## SATURDAY, SEPTEMBER 23

**ADDISON.** 22nd Annual Northeastern Open Atlatl Championship, testing skills in accuracy and distance. Newcomers to experts welcome. Children's activities. Workshops and demonstrations on flint knapping, Woodland pottery, and other crafts and skills. Competitors \$8; visitors: adult \$5, under 15 free. 10:30 am - 4:30 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**BETHEL.** Annual Bethel Community Forward Festival. The Pumpkin People will be on parade this year. Crafts, demonstrations, live musical entertainment, good food and a magic show featuring Magic by George. 10 am - 3 pm. Throughout town. For more info please call (802) 234-0069 or visit [www.townofbethelvt.com](http://www.townofbethelvt.com).

**BRISTOL.** 19th Annual Bristol Harvest Festival. 65+ crafters and vendors, demonstrations and live musical entertainment on the bandstand throughout the day. Free. 10 am - 4 pm. Bristol Town Green. [BristolHarvestFest.com](http://BristolHarvestFest.com).

**GRAFTON.** 9th Annual Fairy House Festival. Enchanting family experience will be held in the forests of Grafton. Follow a nature path sprinkled with charming fairy houses, where the acorn cap dinnerware and shelf fungi table remind them to walk spritely on the earth. Then return to The Nature Museum to create your own fairy dwellings in the gardens. Hands-on crafts, face painting, and bubbles round out this magical experience for all. Light refreshments available for purchase; picnicking encouraged. \$12 adults, \$10 seniors (64+), \$5 children (3-17), under 2 free. 10 am - 4 pm. The Nature Museum at Grafton, 186 Townshend Rd. (802) 843-2111. [nature-museum.org](http://nature-museum.org). *Also September 24.*

**HUBBARDTON.** Night Sky Adventures. Explore the mysteries of the sun before it sets and the universe with the Green Mountain Astronomers. Bring flashlights and a blanket. Admission by donation. 6-11 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).

**LUDDLLOW.** Fall Rummage Sale. All proceeds go directly to support the food shelf and financial assistance programs of Black River Good Neighbor Services Inc. 10 am - 4 pm. Fletcher Farm Foundation, 611 Route 103 South. (802) 362-4274. *Also September 24.*

**LYNDON CENTER.** Fall Foliage Craft Show. The biggest indoor craft show in the Northeast Kingdom of Vermont. Rain or shine. 9 am - 5 pm. Fenton W. Chester Arena. (802) 626-9361. [chesterarena.org](http://chesterarena.org). *Also September 24.*

**MIDDLEBURY.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Adults \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 7:30 pm. Mahaney Center for the Arts, 72 Porter Field Rd. (802) 864-5741 x 10. [grace@vso.org](mailto:grace@vso.org). [vso.org](http://vso.org).

**NORWICH.** Second Saturday Contra Dance. Music by Ida Mae Specker Band with Quena Crain calling. Everyone welcome. Potluck munchies at the break. Adults \$10, students \$6, under 16 free. Please bring soft-soled shoes. Sponsored by Muskeg Music. Beginner session at 7:45 pm, regular dance from 8 pm to 11 pm. At Tracy Hall. [www.uvdm.org](http://www.uvdm.org).



**ORWELL.** Contemplative Natural History of Trees and Shrubs Walk. Marc Lapin, an expert on natural community ecology and botany, leads this guided walk. Adults \$5, children under 15 free. 1-3 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**PERU.** 36th Annual Peru Fair. An old-fashioned country fair. 9 am to 4 pm. Parade at 9:45 am. Pig roast at 11 am, \$15, includes: pork, BBQ sauce, apple sauce, cole slaw, beans, and a roll, roast corn \$2 extra. Art, artisan crafts, music, dancing, pony rides, clowns, cloggers, magicians, baked goods, church exhibits, foods of all tastes, and fun for everyone. Admission \$6. All parking at Bromley Mountain. Free shuttle to and from the fair. On Main Street. [perufair@gmail.com](mailto:perufair@gmail.com). [www.perufair.org](http://www.perufair.org).

**PROCTOR.** Haunted Castle Masquerade at Wilson's Castle. Fully decorated! A restoration fundraiser. Refreshments included in ticket price), costume contest with prizes, circus performers, live bands, drag show, interactive game shows with prizes, giveaways, raffle for prizes (grand prize includes a free rental of the castle for your event), 50/50 raffle, spiritual medium readings, Tarot readings. BYOB. Tickets \$25. 8 pm - 1 am. Wilson Castle, 2708 West St. (802) 773-3284. [www.facebook.com/wilson.castle](http://www.facebook.com/wilson.castle). [www.wilsoncastle.com](http://www.wilsoncastle.com).



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# Vermont Country Calendar

(Saturday, September 23, continued)

**RUTLAND.** 12<sup>th</sup> Annual Fall Vermonster 4x4 Festival. Bring the whole family out for two days of off-road action! Admission. 10 am – 5 pm. Vermont State Fairgrounds, 175 Main St. (802) 775-5200. Also September 24.

**RUPERT.** Guided Sunset Hike. Enjoy a spectacular evening with a sunset hike at Merck Forest. Bring a flashlight or headlamp and sturdy footwear. Call to pre-register. Fee: \$3. 6 pm. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. www.merckforest.org.

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards accepted. 9 am – 2 pm, in Depot Park. (802) 342-4727. vtfarmersmarket.org. Saturdays through October 28.

**SAXTONS RIVER.** Fourth "A Night of True Stories." Stories and songs, appropriate for teens and up, derived from personal experience, and delivered without notes in 10 minutes or less. Main Street Arts. (802) 869-2960. info@mainstreetarts.org. www.mainstreetarts.org.

**SPRINGFIELD.** Steampunk Festival. Musical performers, workshops, vendors, radio-controlled teapop racing, Victorian Parlor games, telescope observatory tours, photo booth, afternoon tea, absinthe tasting, trader's bazaar. Admission \$25, weekend pass \$42, children 11 and under free. 10 am – 10 pm. Hartness House Inn, 30 Orchard St. (802) 952-9170. www.springfieldvtsteampunkfest.com. Also September 24.

**WOODSTOCK.** Old-Time Fair and Silent Auction. Crafts, games, live music, photo booth with vintage clothing, old-time treats. Admission. 1-4 pm. On the back lawn of the Woodstock History Center, 26 Elm St. (802) 457-1822.

**WOODSTOCK.** 14<sup>th</sup> Annual Vermont Woodworking & Forest Festival. 20 artisan vendors and woodworking demonstrators. Vermont wooden furniture, utensils, jewelry, bowls, cutting boards, home & kitchen accessories, toys, cabinetry, flooring, wildlife carvings. Live music, wood-fired pizza. Farm animals. Horse-drawn wagon rides, forest walks. Events also at the Marsh-Billings-Rockefeller National Historical Park. Horse-drawn wagon ride through the forest, make your own woodcrafts, and explore the property with NPS Ranger tours. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, and Marsh-Billings-Rockefeller National Historical Park, Route 12 & River Road. (802) 747-7900. (802) 457-2355. info@vermontwood.com. www.vermontwoodfestival.org. www.billingsfarm.org. Also September 24.

## SUNDAY, SEPTEMBER 24

**ADDISON.** Points of Interest: Lake Champlain Bridge Guided Walk. Led by Crown Point site manager Michael Roets and Chimney Point administrator Elsa Gilbertson. Meet at the Chimney Point. Rain or shine. \$6, includes admission to both museums. 1-3 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. historicites.vermont.gov/directory/chimney\_point.

**ADDISON.** Splint Basswood Basket Workshop with Barry Keegan. Learn to weave with splints of basswood with the outer bark still attached. Pre-registration required. Fee: \$60, includes materials. 9:30 am – 5:30 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. historicites.vermont.gov/directory/chimney\_point.

**BRISTOL.** 13th Annual Better L8 Than Never Car Show. More than 200 classic cars and trucks. Vendors, great food, live DJ, raffle drawings, 50/50 raffle, piston toss, kids' activities, bake sale and more. Rain or shine! Free. 9 am – 4 pm. Bristol Rec. Field, 110 Airport Dr. (802) 388-7951. www.betterL8thannever.com.

**BROWNINGTON.** Annual Old Stone House Cheese & Apple Tasting. Locally produced apples, cheese, dairy products, maple products, honey, spirits, beer, wine, meat, baked goods. Apple cider pressing, apple pie contest, heirloom vegetable exhibit, apple chomp for the kids, free self-guided tour of museum first floor and barns. \$8 admission. 11 am – 3 pm. Samuel Read Hall House at Old Stone House Museum, 109 Old Stone House Rd. (802) 754-2022. www.oldstonehousemuseum.org.

**DERBY LINE.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Tickets: adult \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 4 pm. Haskell Opera House, 93 Caswell Ave. (802) 864-5741 x 10. grace@vso.org. vso.org.

**DUMMERSTON.** Orchard Stroll, with orchardist Zeke Goodband. Discuss orchard ecology and grafting, scout for pests and discuss how we manage them. The Farm Market will be open. Free. 10 am. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. events@scottfarmvermont.com. scottfarmvermont.com. Also October 1.

**FERRISBURGH.** Talk: Eliza Marsh's Book of Sentiments. Brandon resident Eliza Marsh had an unusual hobby — she collected the autographs of leading abolitionists in the 1840s. Historian Kevin Thornton will share his research on her life and labor. \$2 program only or free with Museum admission. 3 pm. Rokeby Museum, 4334 Rt. 7. (802) 877-3406. rokeby.org.

**GLOVER.** Bread & Puppet Theater: Political Leaf-Peeping with guest performers. 3 pm. Bread & Puppet Theater, 753 Heights Rd. (802) 525-3031. breadpup@together.net. www.breadandpuppet.org.

**GRAFTON.** 9th Annual Fairy House Festival. This enchanting family experience will be held in the forests of Grafton. Visitors will follow a nature path sprinkled with charming fairy houses, where the acorn cap dinnerware and shelf fungi table remind them to walk spritely on the earth. Then return to The Nature Museum to create your own fairy dwellings in the gardens. Hands-on crafts, face painting, and bubbles round out this magical experience for all. Light refreshments available for purchase; we also encourage picnicking. Tickets are \$12 adults, \$10 seniors (64+), \$5 children (3-17), under 2 free. 10 am – 4 pm. The Nature Museum at Grafton, 186 Townshend Rd. (802) 843-2111. info@nature-museum.org. nature-museum.org.

**LUDLOW.** Fall Rummage Sale. All proceeds support the food shelf and financial assistance programs of Black River Good Neighbor Services Inc. 10 am – 4 pm. Fletcher Farm Foundation, 611 Route 103 South. (802) 362-4274.

**LYNDON CENTER.** Fall Foliage Craft Show. The biggest indoor craft show in the Northeast Kingdom of Vermont. Rain or shine. 9 am – 3 pm. Fenton W. Chester Arena. (802) 626-9361. chesterarena.org.

**PITTSFORD.** 6<sup>th</sup> Annual Rutland County Humane Society Duck Derby. Join us as we cheer on our adopted ducks, as they race to the finish for cash prizes. There is still time to adopt your ducks!! Stop by the Humane Society on Stevens Rd., in Pittsford, or visit our website. 2-3:30 pm. Pittsford Recreation Area, 223 Recreation Are Rd. (802) 483-6700. www.rchsvt.org.

**PUTNEY.** Annual West Hill Grinder. A biking fundraiser for the Windmill Hill Pinnacle Association. Start and finish at High Meadows Farm which offers water, facilities, protected seating, and onsite parking. To register and for information call (802) 387-5718. windmillhillpinnacle.org.

**RUPERT.** First Annual Hoof & Hike. To benefit the Dorset Equine Rescue organization. Register online at hoofandhike.bpt.me. Cost for hikers over 12 and for riders: \$35. Registration for hikers 8:30-10:30 am. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. www.merckforest.org. dorsetequinerescue.org.

**RUTLAND.** 12<sup>th</sup> Annual Fall Vermonster 4x4 Festival. Bring the whole family out for two days of off-road action! Admission. 10 am – 5 pm. Vermont State Fairgrounds, 175 Main St. (802) 775-5200. www.vermontstatefair.org.

## Way Back Then

# When Margaret Rudkin's Pepperidge Farm Inspired My Mother to Bake Bread

by Charles Sutton

When my father was commuting by train from Fairfield, Connecticut to New York City, one of the passengers was Henry Rudkin, a fellow Wall Street broker.

Every day Rudkin brought along up to a dozen or so freshly baked loaves of bread, home-made by his wife Margaret which were eagerly bought by people in

his office. He also distributed the bread at specialty shops in that downtown area.

Margaret started baking bread in 1937 as her youngest son had asthma and was allergic to most commercially processed foods. Her bread was something he could safely eat. At the same time the owner of the Marshall's grocery stores based in Stamford, Conn., sampled her bread named after her home-

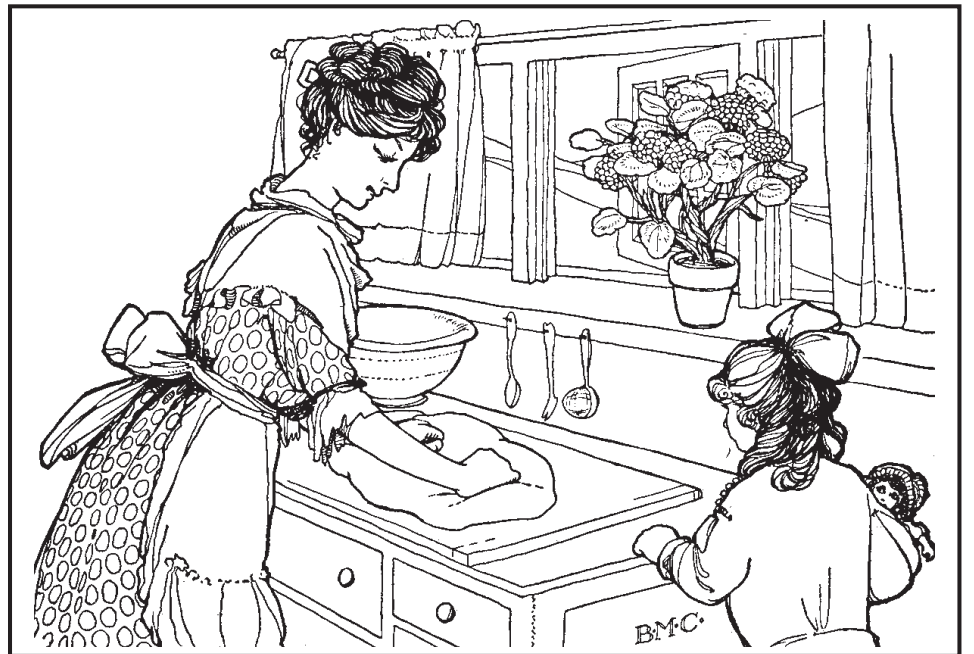
stead "Pepperidge Farm" and ordered more. Name sound familiar?

Margaret, who started baking bread in her kitchen, set up larger quarters in the garage, and finally had to open a commercial bakery in Norwalk. In 1961 she sold the business to Campbell Soups.

My 30-year-old mother, intrigued by Mrs. Rudkin's story, was encouraged to try baking bread herself, not as a business, but just for our family of four. She had scant cooking skills having grown up in a home with a housekeeper-cook. Undaunted and with the help of *The Joy of Cooking*, (first printed in 1936, and reprinted every year ever since), she embarked on baking bread, kneading the dough by hand, letting it rise at least twice before baking it.

War-time rationing was in effect, but mother always seemed to save and have enough flour for bread.

Making baking easier, Fleischmann's Co. (founded in 1868), came out during



World War II with packets of Active Dry Yeast, a shelf stable granular yeast, replacing the original packaged yeast that was soft and perishable.

A gas radiator was the perfect place for the bread to rise before baking, competing for a place next to our wet, snowy mittens or gloves. I'll

never forget those loaves rising higher and more inviting.

My brother Fred and I, both around 10 years old, could easily devour a whole loaf ourselves in one sitting. Butter, being rationed, was scarce, but the gentle taste of the bread wasn't ruined even when we had to cover a slice with oleomargarine.

Our home had both a wood and a gas stove in the kitchen, but mother used the latter as the temperature could be closely regulated as the loaves were baked into a golden brown.

Immediately mother's bread was a delicious success, especially when warm right out of the oven.



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# Vermont Country Calendar

**SPRINGFIELD.** Steampunk Festival. Musical performers, workshops, vendors, radio-controlled teapot racing, Victorian Parlor games, telescope observatory tours, photo booth, afternoon tea, absinthe tasting, trader's bazaar, and much more. Admission \$20, children 11 and under free. 10 am – 4 pm. Hartness House Inn, 30 Orchard St. (802) 952-9170. [www.springfieldvtsteampunkfest.com](http://www.springfieldvtsteampunkfest.com).

**STRAFFORD.** 19th-Century Apple & Cheese Harvest Festival. Face-painting, live music, apple pie contest. Live farm animals. Make cider in an antique press. Heirloom apples, Cheeses, ice cream and apple pie. Period games, hike the lookout trail and play Valley Quest. Gardens, exhibits, icehouse, ice pond and a historic home decorated with gingerbread designs. 11 am – 3 pm. Justin Morrill Homestead, 214 Justin Morrill Highway. (802) 765-4484. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**WOODSTOCK.** 14th Annual Vermont Woodworking & Forest Festival. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, and Marsh-Billings-Rockefeller National Historical Park, Rt. 12 & River Rd. (802) 747-7900. (802) 457-2355. [vermontwoodfestival.org](http://vermontwoodfestival.org). [billingsfarm.org](http://billingsfarm.org).

## TUESDAY, SEPTEMBER 26

**CASTLETON.** Concert: Made in Vermont. Vermont Symphony Orchestra performs. Tickets: Adult \$25, students and children 6-17 \$10, 5 and under free with adult ticket purchase. 7 pm. Castleton University Fine Arts Center, 62 Alumni Dr. (802) 864-5741 x 10. [vso.org](http://vso.org).

## WEDNESDAY, SEPTEMBER 27

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards accepted. 3-6 pm in Depot Park. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Wednesdays through October 25.*

**RUTLAND.** Concert: An Evening with Graham Nash. Legendary artist and Grammy award-winner is a two-time Rock and Roll Hall of Fame inductee—with Crosby, Stills, and Nash and with the Hollies. Tickets: \$50.50, \$60.50, \$80.50. 7:30 pm. Paramount Theater, 30 Center St. (802) 775-0570. [paramountvt.org](http://paramountvt.org).

## FRIDAY, SEPTEMBER 29

**CORNISH, NH.** Draft Animal-Power Field Days. Three-day educational event celebrates the use of draft animals in modern day farming and logging. Friday all-day intensive workshops on tillage and cultivation, forestry, farm planning, and horse training. Workshop for timber forest landowners and foresters. Square dance Friday night. Cornish, NH Fairgrounds. (802) 763-0771. [dapnetinfo@gmail.com](mailto:dapnetinfo@gmail.com). [www.draftanimnpower.org](http://www.draftanimnpower.org). *Through October 1.*

**MANCHESTER CENTER.** 29th Annual Manchester Art and Craft Festival. 150 juried artisans under colossal Camelot tents. Craft demos, live music, craft beer, creative food court, entertainment. Specialty food tent with spirits tastings. Rain or shine. 10 am – 5 pm. Riley Rink at Hunter Park, off Rt. 7A. (802) 362-0150. *Through October 1.*

## SATURDAY, SEPTEMBER 30

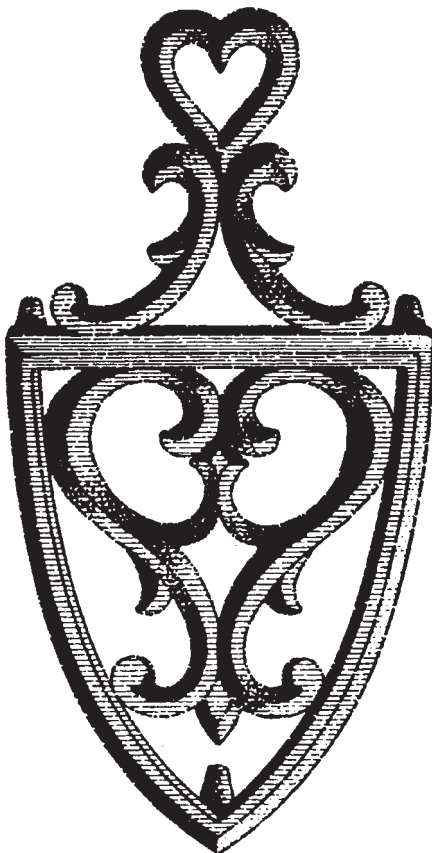
**BENNINGTON.** A Day of Family Fun in the Spirit of Grandma Moses and Jane Stickle. Quilting activities for all ages including creating "Woodland quilt squares" on the Aiken Trail. Bring a family picnic and we will provide cider, apples, and apple pie from the "Apple Pie" contest entries. Music by the Bennington Ukulele String Ensemble from 12-1 pm. Free and open to everyone. Participants will be given a pass to the museum to see the Grandma Moses: American Modern exhibition, the permanent Grandma Moses Gallery along with the 1863 Stickle Quilt. 11 am – 2 pm. Bennington Museum, 75 Main St. (802) 447-1571. [www.benningtonmuseum.org](http://www.benningtonmuseum.org).

**CORNISH, NH.** Draft Animal-Power Field Days. Educational event celebrates the use of draft animals in modern day farming and logging. Over 25 workshops on plowing, haying, working with animals, equipment, blacksmithing, timber framing, wagon rides, and much more. Working horses, ponies, oxen, and mules—demonstrations on the advantages of using draft animals. Draft animal ballads played on the fiddle, plus music around the campfire. At the Cornish, NH Fairgrounds. (802) 763-0771. [www.draftanimnpower.org](http://www.draftanimnpower.org). *Also October 1.*

**EAST BURKE.** 30th Annual Burke Fall Foliage Festival. 10 am parade. Farm critters, horse-drawn wagon rides, free ice cream, bounce house, rubber ducky race. Raffle tables, shoebox auction, tag sale. Silent auction. School open house, cider sale and farm stand. Cow Plop Bingo. On the green, 70 vendors showcasing their wares. BBQ. Music by Chickweed at the gazebo from 12:30-2 pm, and Tritium Well at Mike's Tiki Bar. (802) 626-4124. [burkechamber@burkevermont.com](http://burkechamber@burkevermont.com). [www.burkevermont.com](http://www.burkevermont.com).

**HANOVER, NH.** Concert: Emerson String Quartet performs Mozart's String Quartet No. 17 in B-flat Major ("Hunt"), Mark-Anthony Turnage's Shroud (2016-17), and Beethoven's String Quartet No. 14. Tickets: \$17-\$50. 8 pm. Spaulding Auditorium, Hopkins Center for the Arts. (603) 646-2422. [hop.dartmouth.edu](http://hop.dartmouth.edu).

**MANCHESTER CENTER.** 29th Annual Manchester Art and Craft Festival. 150 juried artists and artisans under colossal Camelot tents. Craft demos, live music, craft beer, creative food court, entertainment. Specialty food tent with spirits tastings. Rain or shine. 10 am – 5 pm. Riley Rink at Hunter Park, 410 Hunter Park Rd. (802) 362-0150. *Also October 1.*



**RANDOLPH.** A Capella Concert. The Persuasions perform. Two opening acts: Vermont's own a cappella jazz octet, Maple Jam, and the Dartmouth Aires. A reception for the artists and the audience follows the recital. Tickets \$35. 7:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [chandler-arts.org](http://chandler-arts.org).

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards. 9 am – 2 pm, in Depot Park. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Saturdays through October 28.*

**TUNBRIDGE.** 29th Annual Vermont Sheep & Wool Festival. Animal barn, vendors offering fibers and yarn, equipment and supplies, shepherd workshops, fiber arts classes, contests, fleece show & sale, vendor demos. Cashmere goat exhibit and show, floral hall, drop in & spin, knit along. Sheep herding demonstrations. Food vendors. Music by Royalton Community Radio. On-site camping. No pets. Admission: \$6, seniors \$5, children under 12 \$1. Saturday 10 am – 5 pm, Sunday 10 am – 4 pm. Tunbridge Fairgrounds, Rt. 110. [vtsheepandwoolfest.com](http://vtsheepandwoolfest.com). *Also October 1.*

**WOODSTOCK.** Annual Pumpkin & Apple Celebration. Welcome the arrival of autumn with hands-on programs highlighting Vermont's essential fall crops. Lend a hand pressing cider and making pumpkin and apple ice cream, take the apple tasting test, have fun with pumpkin bowling and apples-on-a-string, and stop by the farmhouse kitchen as we cook apple butter on the woodstove. Horse-drawn wagon ride around the farm. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. Wagon rides 11 am – 3 pm. Open 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [billingsfarm.org](http://billingsfarm.org). *Also Oct. 1.*

## SUNDAY, OCTOBER 1

**CORNISH, NH.** Draft Animal-Power Field Days. Educational event celebrates the use of draft animals in modern day farming and logging. Full half-day including an obstacle course with horses, oxen, and mules, a multiple-hitch of horses, a harness raffle and live benefit auction of equipment, tack, art, farm products and a 10'x14' timber frame. Cornish, NH Fairgrounds. (802) 763-0771. [www.draftanimnpower.org](http://www.draftanimnpower.org).

**DUMMERSTON.** Orchard Stroll. With orchardist Zeke Goodband. Discuss orchard ecology and grafting, scout for pests and discuss how we manage them. The Farm Market will be open. Free. 10 am. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [events@scottfarmvermont.com](mailto:events@scottfarmvermont.com). [scottfarmvermont.com](http://scottfarmvermont.com).

**DUMMERSTON.** An Introduction To Making Hard Cider. With Cider Maker Jason MacArthur. The equipment you will need, and the steps between fresh juice and your own homemade elixir. Basic cider making equipment and fresh cider suitable for fermenting will be for sale. Fee: \$50, includes printed reference material. Reservations required. 10 am – 12 noon. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [events@scottfarmvermont.com](mailto:events@scottfarmvermont.com). [scottfarmvermont.com](http://scottfarmvermont.com).

**MANCHESTER CENTER.** 29th Annual Manchester Art and Craft Festival. 150 juried artists and artisans under colossal Camelot tents. Craft demos, live music, craft beer, creative food court, entertainment. Specialty food tent with spirits tastings. Rain or shine. 10 am – 5 pm. Riley Rink at Hunter Park, 410 Hunter Park Rd. (802) 362-0150.

**RUPERT.** Third Annual Be Brave for Life Hike-A-Thon. A hike to inform, support, and improve the lives of individuals affected by benign brain tumors and cerebrovascular disease. Participants set hiking goals and may join Scavenger Hunts. Register at [runsignup.com/r/vt/rupert/bebravehike](http://runsignup.com/r/vt/rupert/bebravehike). 9 am – 1 pm. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [merckforest.org](http://merckforest.org). [bebrave.life](http://bebrave.life).



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# Vermont Country Calendar

(Sunday, October 1, continued)

**RUPERT.** Hike Mount Antone. Let's do lunch—atop Mount Antone. Bring your cold lunch (no grilling available). This is a difficult hike. Dress for the weather with sturdy hiking gear. Call to pre-register. Held as the weather permits. Cost: \$3. 11 am. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [www.merckforest.org](http://www.merckforest.org).

**RUTLAND.** Capital City Concerts. An all-star ensemble of Vermont's finest musicians. The program includes Debussy's magical Sonata for flute, viola, & harp; harp-king Carlos Salzedo's "Scintillation"; and Caroline Shaw's "Limestone and Felt". The entire ensemble joins forces for Roussel's other-worldly Serenade for flute, harp, and string trio. Tickets: \$22, under 18 \$12. 7:30 pm. Paramount Theater, 30 Center St. (802) 775-0570. [paramountvt.org](http://paramountvt.org).

**TUNBRIDGE.** 29th Annual Vermont Sheep & Wool Festival. Animal barn, vendors offering fibers and yarn, equipment and supplies. Shepherd workshops, fiber arts classes, contests, fleece show & sale, vendor demos, cashmere goat exhibit and show, floral hall, drop in & spin, knit along, sheep herding demonstrations, food vendors. Music by Royalton Community Radio. On-site camping. No pets. Admission: \$6, seniors \$5, children under 12 \$1. Saturday 10 am – 5 pm, Sunday 10 am – 4 pm. Tunbridge Fairgrounds, Rt. 110. [vtsheepandwoolfest.com](http://vtsheepandwoolfest.com).

**WOODSTOCK.** Annual Pumpkin & Apple Celebration. Welcome the arrival of autumn with hands-on programs highlighting Vermont's essential fall crops. Lend a hand pressing cider and making pumpkin and apple ice cream, take the apple tasting test, have fun with pumpkin bowling and apples-on-a-string, and stop by the farmhouse kitchen as we cook apple butter on the woodstove. Horse-drawn wagon ride around the farm. Admission to Billings: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. Wagon rides 11 am – 3 pm. Open 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](http://info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

## ONGOING ACTIVITIES 2017

**ADDISON.** Chimney Point State Historic Site. Permanent exhibit on the Native American, French Colonial, and early American history of the Chimney Point area incorporates archaeological findings from the Lake Champlain Bridge project. Learn how to use the atlatl (ancient spear thrower). Children's French Colonial dress-up basket. Admission \$5, children 14 and under free. Wed through Sun and Mon holidays, 9:30 am – 5 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov](http://historicsites.vermont.gov). Through October 15.

**BARNET.** Ben's Mill, an old water powered woodworking mill (temporarily being run with a gas engine) on the Stevens River, is open on weekends and is full of history. Volunteers show you the history of the mill. 11 am – 3 pm. Ben's Mill, 2236 West Barnet Rd. (802) 357-2010. [www.bensmill.com](http://www.bensmill.com). Through October 8.

**BENNINGTON.** The Bennington Battle Monument. An elevator takes visitors to the observation floor for a spectacular view of three states. \$5 adults, 6-14 \$1, under 6 free. The Monument and gift shop are open daily from 9 am – 5 pm. Bennington Battle Monument, 15 Monument Circle, 802) 447-0550. [marylou.chicote@vermont.gov](mailto:marylou.chicote@vermont.gov). [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). Through October 31st.

**DANVILLE.** The Great Corn Maze. Largest Maze in New England! World's first Barnyard Golf. Pretendin' Play Area for children with small western style play village. 10 am – 5 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. [vermontcornmaze.com](http://vermontcornmaze.com). Through October 15.

**FAIRFIELD.** President Chester Arthur State Historic Site. In 1881, Vermonter Chester Alan Arthur was sworn in as the nation's 21st President. The son of an impoverished Baptist minister, Arthur was born in a small temporary parsonage. He became a lawyer who advocated for civil rights and as President, a champion of civil service reform. Donations appreciated. Chester Arthur Historic Site, 4588 Chester Arthur Rd. (802) 933-8362. [historicsites.vermont.gov](http://historicsites.vermont.gov). Through October 15.

**HARTLAND.** Upper Valley Seed Savers meet on the second Thursday of the month. Our mission is to further knowledge about seed saving and to work on projects that will help develop a body of locally-adapted open-pollinated vegetable seeds. For info, or for meeting time and place please contact Sylvia Davatz at [sdav@valley.net](mailto:sdav@valley.net) or call (802) 436-3262.

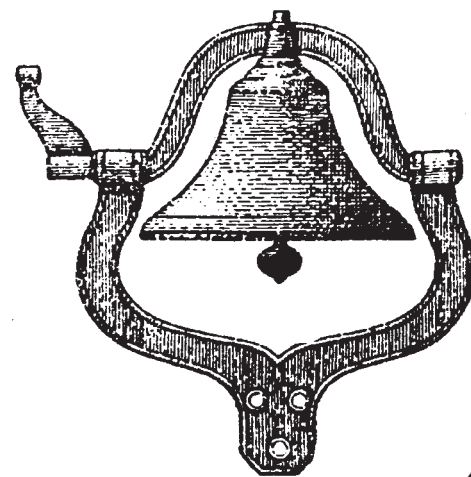
**HUBBARDTON.** Hubbardton Battlefield State Historic Site. Exhibit: Hubbardton Battle—American Rebels Stem the Tide, July 7, 1777. Period artifacts, battle diorama, and a large fiber optic map. Children's colonial dress-up basket, Interpretive Trail. Bring your flag to be raised over the Hubbardton Battlefield and receive a certificate. Adults \$3, children under 15 free. Open 9:30 am – 5 pm, Thurs – Sun and Monday holidays. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov](http://historicsites.vermont.gov). Through October 15.

**LUDELOW.** Fletcher Farms School for the Arts and Crafts. Vermont's oldest residential arts and crafts school. Register for our arts and crafts classes. Fletcher Farm School for the Arts & Crafts, 611 Rt. 103 South. (802) 228-8770. [info@fletcherfarm.org](mailto:info@fletcherfarm.org). [www.fletcherfarm.org](http://www.fletcherfarm.org).

**ORWELL.** Mount Independence State Historic Site. Celebrating the 240th anniversary of the start of American construction of the Revolutionary War's Mount Independence and the military road to Hubbardton and Rutland, the 50th anniversary of the trail system, and the 25th anniversary of the Mount Independence Coalition. Adults \$5, children under 15 free. Open daily 9:30 – 5:30. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). Through October 15.

**PLAINFIELD, NH.** The Attic Shop. New and used items include antiques, books, gift items, collectables, jewelry, furniture, glassware, artwork, and gently used clothes. Free coffee. Free admission. 10 am – 3 pm. Blow-Me-Down Grange, 1107 Rt. 12A. (603) 448-0773. Every Saturday.

**PLYMOUTH.** President Calvin Coolidge State Historic Site. The birthplace and boyhood home of Calvin Coolidge, the 30th President of the United States. The Village is virtually unchanged since the early 20th century. The homes of Calvin Coolidge's family and neighbors, the community church, cheese factory, one room schoolhouse, and general store have been carefully preserved, and many of the buildings have their original furnishings. Tuesday Tales of The Notch—join site administrator Bill Jenney for a guided tour of Calvin Coolidge's Plymouth Notch. Reservations suggested, first Tuesdays through October 3rd. Admission: adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. Open daily 9:30 am – 5 pm. President Calvin Coolidge State Historic Site, 3780 Route 100A. (802) 672-3773. [William.jenney@vermont.gov](mailto:William.jenney@vermont.gov). [historicsites.vermont.gov](http://historicsites.vermont.gov). Through October 22.



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## Book News

### Birds of a Feather: Wildfowl Decoys at Shelburne Museum

The unparalleled collection of wildfowl decoys at Shelburne Museum are featured in the newly published *Birds of a Feather: Wildfowl Decoys at Shelburne Museum* by Kory W. Rogers, with contributions by Cynthia Byrd, Thomas Denenberg and Nancie Ravenel in association with Shelburne Museum (\$65.00, Skira Rizzoli, [www.rizzoliusa.com](http://www.rizzoliusa.com)).

Bird decoys were used in North America for sport until the advent of hunting regulations in the early twentieth century. After The Lacey Act of 1900 and subsequent Migratory Bird Treaty Act of 1918, while still used to hunt, decoys also started to

be collected and prized as masterpieces to American folk art.

The collection of 1,400 wildfowl decoys at Shelburne Museum was established with a 1952 gift of more than 400 superior examples from Joel Barber, a New York City architect, artist, and carver. Barber's groundbreaking 1934 book, *Wild Fowl Decoys*, was the first to identify the importance of bird decoys as a uniquely American art form.

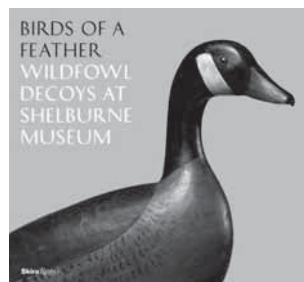
Since then, Shelburne Museum's decoy collection has grown to be one of the finest and most comprehensive in the country.

Newly researched essays

address the history of Shelburne's collection and the origins of bird decoys, as well as provide groundbreaking insights into their physical construction.

Accompanied by new photography of 250 of the most historically important and artistically carved decoys in the museum's collection, *Birds of a Feather* is organized by species and includes works by respected American carvers.

Decoy carvers featured in *Birds of a Feather* are Charles Osgood, Lem and Steve Ward, John Blair, Bill Bowman, Nathan Cobb, Jr., Lee Dudley, James T. Holly, Nathan Horner, Albert La-



ing, Joseph Lincoln, A. Elmer Crowell, and Charles "Shang" Wheeler.

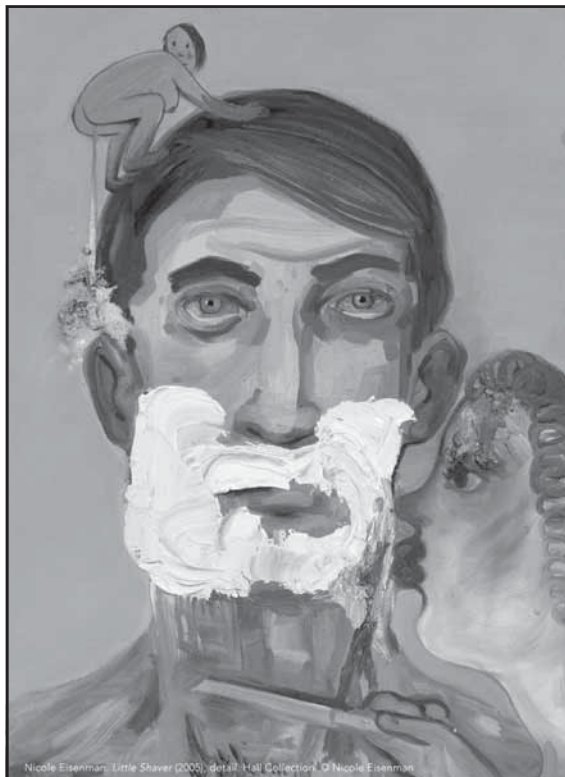
Author Kory W. Rogers worked in collaboration with three other museum curators on this remarkable book. Rogers is Curator at Shelburne Museum. He is responsible for the stewardship of the museum's collection of American wildfowl decoys.

Cynthia Byrd is a curator, folklorist and writer. She is Executive Director of the Julia A. Purnell Museum, Snow Hill, MD, and former Curator and Folklorist at The Ward Museum of Wildfowl Art, Salisbury University, Salisbury, MD.

Thomas Denenberg is director of Shelburne Museum. Before taking his position at Shelburne, he served as chief curator and deputy director of the Portland Museum of Art, Maine. He has taught at Harvard, Wake Forest, and Boston University and has held fellowships at the Smithsonian Institution and Winterthur.

Nancie Ravenel is Objects Conservator, Shelburne Museum.

Together they made a beautiful testament to wildfowl decoys.



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Nicole Eisenman, Little Shaver (2005), detail, Hall Collection, © Nicole Eisenman



# Vermont Country Calendar

**PLYMOUTH.** Program: Wednesday Afternoons with Farmer Fred. Fred DePaul demonstrates a variety of historic farming activities such as sheep shearing, grain flailing, and wagon rides. Call ahead for the weekly schedule. Admission: adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. 1-5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [william.jenney@vermont.gov](mailto:william.jenney@vermont.gov). [historicsites.vermont.gov/coolidge](http://historicsites.vermont.gov/coolidge). Every Wednesday through October 14.

**PLYMOUTH.** Program: "Thursday & Saturday Afternoons at the Old Notch School". Hands-on activities for all ages at our 1890 one-room school house. Organized by the Calvin Coolidge Presidential Foundation. Adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. 1-3 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [william.jenney@vermont.gov](mailto:william.jenney@vermont.gov). [historicsites.vermont.gov/coolidge](http://historicsites.vermont.gov/coolidge). Thursdays & Saturdays, through October 14.

**POULTNEY.** Weekly Game Night. Games for young children as well as adults. Bring your own or play ours. Experienced game players help new players get started. 7-10 pm. Poultnery Public Library, 205 Main St. (518) 282-9089 or (802) 287 5556. [poultnerypubliclibrary.com](http://poultnerypubliclibrary.com). Ongoing every Thursday.

**QUECHEE.** Vermont Institute of Natural Science. Wildlife exhibits, workshops, and special events. Wildlife rehabilitation. Adults: \$14.50, seniors (62 plus) \$13.50, youth (4-17): \$12.50, children 3 and under free. Open through October 31: 10 am - 5 pm. Vermont Institute of Natural Science, 6565 Woodstock Rd. (802) 359-5000. [info@vinsweb.org](mailto:info@vinsweb.org). [www.vinsweb.org](http://www.vinsweb.org).

**RUPERT.** Merck Forest and Farmland. Camping, cabins, trails, farm, workshops and seasonal events. Visitor's Center and store with certified organic maple syrup, our own 100% wool blankets, and more. Open year round, dawn to dusk. 3270 Rt. 315, west of Manchester. (802) 394-7836. [merckforest.org](http://merckforest.org).

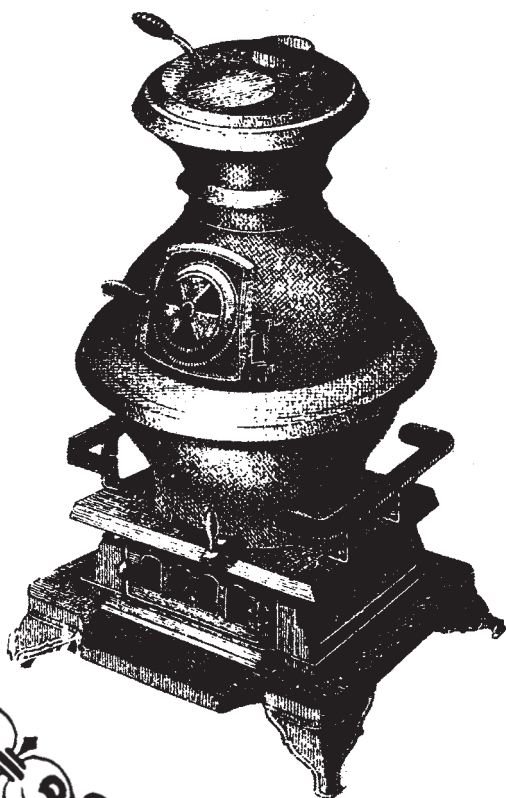
**RUTLAND.** Himalayan Salt Cave. Come relax in the only public Himalayan Salt Cave in North America. Mon-Fri 10 am - 7 pm, Sat & Sun 10 am - 6 pm. \$12. Pyramid Holistic Wellness Center, 120 Merchants Row. For reservations call (802) 775-8080. [www.pyramidvt.com](http://www.pyramidvt.com).

**RUTLAND.** Rutland Area Flea Market. Indoors, year-round, clean & friendly! Cozy cafe offers refreshments and light lunch. 10 am - 4 pm. 200 West St. corner of Forest St. (802) 770-9104. On Facebook. Every Saturday and Sunday.

**SHELburne.** Shelburne Farms Property Tours, Farmyard and Trails. Admission: \$8 adult; \$6 senior; \$5 child 3-17; property tours additional. Open daily 10 am - 5 pm. Shelburne Farms, 1611 Harbor Rd. off Rt. 7. (802) 985-8686. [shelburnefarms.org](http://shelburnefarms.org). Through October 22.

**SPRINGFIELD.** Eureka Schoolhouse State Historic Site. the oldest one-room schoolhouse in Vermont and one of the few surviving eighteenth century public buildings in the State. Donation appreciated. Open weekends 10 am - 5 pm. Eureka Schoolhouse State Historic Site, 470 Charlestown Rd. (802) 828-3051. [historicsites.vermont.gov](http://historicsites.vermont.gov). Through October 15.

**STATEWIDE.** Vermont State Parks. Vermont has 55 developed and staffed state parks and other undeveloped state park lands. Day use fees: adults (14+) \$4, children 4-13 \$2, 3 and under free. Additional fees for cabins, shelters, pavilions, and boat rentals. If you are 62 years or older and a Vermont resident, you are eligible for a lifetime day entry pass called the Green Mountain Passport, available at your local town clerk's office. (888) 409-7579 (Mon-Fri, 9 am - 4 pm) or [parks@vermont.gov](mailto:parks@vermont.gov). For a listing of parks visit [www.vtstateparks.com](http://www.vtstateparks.com).



**STRAFFORD.** Senator Justin Morrill Homestead. Adults \$6, children 14 and under free. Open Wed-Sun 11 am - 5 pm. Justin Morrill Homestead, 214 Justin Morrill Highway. (802) 765-4484. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**TOWNSHEND.** Friesians of Majesty. See beautiful Friesian horses bred and trained right here in Vermont. Carriage and sleigh rides, wedding carriage, horse camp, tours, performances, and of course getaways in our cottage or loft apartments. Tour and Exhibition at 2 pm. Friesians of Majesty, 185 Maggie Ladd Rd. (802) 365-7526. [www.friesiansofmajesty.com](http://www.friesiansofmajesty.com). Through October 18.

**VERGENNES.** Lake Champlain Maritime Museum. Shipwreck tours, courses and workshops, exhibits, special events. Fleet of full-size replica vessels which visitors may board. Small craft of display. Maritime Research Institute. Museum store. Special deal—museum, lunch and cruise, only \$46. Adult \$12, seniors \$11, youth 6-17 \$8, children 5 and under free. Lake Champlain Maritime Museum, 4472 Basin Harbor Dr. (802) 475-2022. [lcm.org](http://lcm.org). Thru Oct. 15.

**WEST RUTLAND.** Vermont Herbal General Store. Owned and operated by a registered pharmacist. Tai' Chi Gung classes, Tuesdays and Thursdays at 5 pm at the store. Free intro classes. Meditations at the store Wednesdays at 5 pm. Usul & Karuna Reiki Healings & Classes. Handmade Herbal Medicines, Oils, Essences, Crystals, Gemstones & Books. Teas, Lotions, and Capsules. All are welcome. Open Tuesday & Wednesday 1-6, Thursday 11 am - 4:30 pm, Saturday 1-6 pm, Sunday 1-4 pm, closed Friday and Monday. Vermont Herbal General Store, 578 Main St. (802) 438-2766. [info@vermonthherbal.com](mailto:info@vermonthherbal.com). On Facebook and Twitter. [www.vermonthherbal.com](http://www.vermonthherbal.com).

**WHITE RIVER JUNCTION.** Newberry Market. A year-round, public indoor market with vendors offering local products, cheeses, clothing, gifts, pottery, and specialty foods. Free admission. Open every Thursday year round 11 am - 6 pm. Newberry Market, 19 South Main St. For information contact: Betsy Briggs Wheeler at (802) 299-0212. [newberrymarketwrj.com](http://newberrymarketwrj.com).

**WILMINGTON.** Antique & Flea Market. Antiques, collectibles, jewelry, glass, furniture, flowers, plants, vegetables, and artisan crafts. Southern Vermont's largest weekend market. Free admission and parking. Food concession. 236 VT Rt. 9. (802) 464-3345. Every Saturday and Sunday through mid-October, and Mondays on Labor Day and Columbus Day.

**WINDSOR.** Cider Hill Gardens & Gallery. Come and explore our gardens. Open through April by appointment, starting May 4 open daily 10 am - 5 pm. 1747 Hunt Rd. (802) 674-6825. [garymilek.com](http://garymilek.com). [ciderhillgardens.com](http://ciderhillgardens.com).

**WOODSTOCK.** Billings Farm & Museum. Visit our award-winning Jersey herd, draft horses, and sheep and tour the restored 1890 Farm House. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

**WOODSTOCK.** Marsh-Billings-Rockefeller National Historic Park. 20 miles of trails and carriage roads are open year-round. Gardens and mansion. Vermont's only national park. Guided tours \$4/\$8, under 15 free. Walk the grounds free. Marsh-Billings-Rockefeller National Historic Park, 54 Elm St. (802) 457-3368 x 22. [nps.gov/mabi](http://nps.gov/mabi).

## MUSEUMS, EXHIBITS & GALLERIES

**BARRE.** Vermont History Center and Leahy Library. Adults: \$5; families: \$12; students, children, seniors: \$3; members and children under 6: free. Monday through Friday, 9 am - 4 pm. Vermont Historical Society, 60 Washington St. (802) 479-8500. [vermonthhistory.org](http://vermonthhistory.org).

**BENNINGTON.** The Dollhouse and Toy Museum of Vermont. Dolls and dollhouses, puppets, trucks and trains, toys, and educational displays. Museum shop. Admission is \$2 for children three and older, \$4 for adults and \$10 for families. Open Saturdays and Sundays from 1-4 pm. 212 Union St. at the corner of Valentine St. (802) 681-3767. [www.dollhouseandtoymuseumofvermont.com](http://www.dollhouseandtoymuseumofvermont.com).

**BENNINGTON.** Bennington Center for the Arts. Permanent collections, theater productions, workshops. Admission: adults \$9, seniors & students \$8, families \$20, under 12 are free. Wed-Mon, 10 am - 5 pm. Bennington Center for the Arts, 44 Gypsy Lane. (802) 442-7158. [thebennington.org](http://thebennington.org).

**BENNINGTON.** Bennington Museum. Founding documents, fine art, Bennington Pottery, the 1924 Wasp Touring Car, Vermont furniture, and the Bennington Flag—one of America's oldest flags. Lectures, workshops, concerts, films, and the George Aiken Wildflower Trail. Admission: adults \$10, seniors and students over 18 \$9. Admission is never charged for younger students, museum members, or to visit the museum shop. Open 10 am - 5 pm every day except Wednesdays. Bennington Museum, 75 Main St. (802) 447-1571. [www.benningtonmuseum.org](http://www.benningtonmuseum.org).

**BRANDON.** Compass Music and Arts Center. Arts businesses and studios, workshops & classes, exhibits, concerts, and community events. A gift shop features art and music related books, collectibles, and the music of the classical recording company, Divine Art Records. Onsite café. Open daily 10 am - 5 pm. Compass Music and Arts Center, 333 Jones Drive, Park Village, 1.5 miles north of downtown. (802) 247-4295. [www.cmacvt.org](http://www.cmacvt.org).

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# Vermont Country Calendar

(Museums, Exhibits and Galleries, continued)

**BRATTLEBORO.** Brattleboro Museum & Art Center. Open daily 11-5, closed Tues. Admission \$8 adults, \$6 seniors, \$4 students, free for youth 18 and under. 10 Vernon St. (802) 257-0124. [www.brattleboromuseum.org](http://www.brattleboromuseum.org).

**BRATTLEBORO.** First Fridays Gallery Walk. Monthly celebration of the arts in downtown and nearby locations. 40-50 or more exhibit openings, many with meet-the-artist receptions and live music, plus occasional readings, dance, circus arts, theater, and more. Free. 5:30-8:30 pm. (802) 257-2616. [www.gallerywalk.org](http://www.gallerywalk.org). *Monthly on first Fridays.*

**BURLINGTON.** ECHO Lake Aquarium and Science Center. Exhibits, workshops, programs, café, gift shop, story hour. Admission: \$9.50 adults, \$7 ages 3-17, \$8 seniors and students, under 3 free. Monday-Sunday, 10 am - 5 pm. ECHO Lake Aquarium and Science Center at Leahy Center for Lake Champlain, One College St. (877) 324-6385. [info@echovermont.org](mailto:info@echovermont.org). [www.echovermont.org](http://www.echovermont.org).

**BURLINGTON.** Fleming Museum of Art. Adults \$5, family \$10, students and seniors \$3, children 6 and under free. Tue, Thu, Fri 10 am - 4 pm, Wed 10 am - 7 pm, Sat-Sun noon - 4 pm. Fleming Museum of Art, 61 Colchester Ave. (802) 656-0750. [flemingmuseum.org](http://flemingmuseum.org).

**CHESTER.** 103 Artisans Marketplace. Owned by artists Elise & Payne Junker, exclusive showroom of Junker Studio metalwork. Open Thursday through Sunday 10 am - 5 pm, Tuesday and Wednesday by chance. Located at 7 Pineview Dr. and Rt. 103, south of town—look for the life-size moose! (802) 875-7400. [103artisansmarketplace.com](http://103artisansmarketplace.com).

**FERRISBURGH.** Exhibit—Yours in the Cause: Faces of Radical Abolition. Rarely seen historic photographs depict fourteen abolitionists. From collections at the Massachusetts Historical Society and Swarthmore College. Open daily, 10 am - 5 pm. Rokeby Museum, 4334 Route 7. (802) 877-3406. [rokeby@comcast.net](mailto:rokeby@comcast.net). *Through October 29.*

**GLOVER.** Bread & Puppet Museum. One of the largest collections of some of the biggest puppets in the world housed in a 100-foot-long converted dairy barn built in 1863. Events and exhibits. Performances in the Papier Mache Cathedral at 3 pm, September 3-17. Free admission, donations welcome. Open 10 am - 6 pm daily. By appt. off-season. Bread and Puppet Farm, 753 Heights Rd. (802) 525-3031. [breadandpuppet.org](http://breadandpuppet.org). *Open through November 1.*

**GRAFTON.** The Vermont Museum of Mining and Minerals. Features displays and specimens from all over the Green Mountain State and around the world. Open Saturdays, Sundays and major holidays, 10 am - 12 pm & 1-4 pm, or by appointment. 55 Pleasant St. (802) 875-3562. *Through mid-October.*

**GRAFTON.** The Nature Museum at Grafton. Programs for all ages. Hands-on exhibits, dioramas, mounted specimen, wildlife garden. Hiking trails in the Village Park behind the Museum. Admission by donation. Open Thursdays, Fridays, and Saturdays 10 am - 4 pm. The Nature Museum at Grafton, 186 Townshend Rd. (802) 843-2111. [info@nature-museum.org](mailto:info@nature-museum.org). [www.nature-museum.org](http://www.nature-museum.org). *Through Columbus Day weekend.*

**HUNTINGTON.** Birds of Vermont Museum. Features over 500 carved wooden birds, representing 259 species. Museum, special events and bird walks, exhibits, children's programs, gift shop, video, restrooms and trails with maps available. Program: Nestling Find Nature, 2<sup>nd</sup> and 4<sup>th</sup> Tuesdays May through October, 10:30-11:30 am, for pre-schoolers. Program: Who Walks These Woods, 2<sup>nd</sup> Sundays, 1-3 pm, through October, with expert tracker Mike Kessler. Admission: adult \$7, senior \$6, child 3-17 \$3.50. Open daily 10 am - 4 pm. The Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. [birdsofvermont.org](http://birdsofvermont.org). *Through October 31.*

**HUNTINGTON.** Community Art Show: "Birding By The Numbers." Bird-focused art that incorporates a feeling for number with artistic expression. Included with Museum Admission. 10 am - 4 pm. The Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. [museum@birdsofvermont.org](http://museum@birdsofvermont.org). [www.birdsofvermont.org](http://www.birdsofvermont.org). *Through October 31.*

**MANCHESTER.** Southern Vermont Art Center. Galleries, exhibits, classes, performances, gift shop, café, botany trail. Free admission to some exhibits. Open Tues-Sat 10 am - 5 pm. Yester House Galleries, Southern Vermont Arts Center, West Rd. (802) 362-1405. [svac.org](http://svac.org).

**MANCHESTER.** Visit Hildene, The Lincoln Family Home. Summer home of presidential son, Robert Lincoln. House, gardens, Pullman car, working farm and cheese-making facility, floating boardwalk, walking trails, museum store and welcome center. Admission: \$20 adults; \$5 children 6-14; under 6 free. Open daily 9:30 am to 4:30 pm. Hildene is located, off Rt. 7A, just south of the village. (802) 362-1788. [www.hildene.org](http://www.hildene.org).

**MARLBORO.** Southern Vermont Natural History Museum. Perched on an overlook—on a clear day the horizon is 100 miles away! See mounted specimens of over 600 native New England birds and mammals, a Raptor Center with live hawks and owls, amphibian and reptile exhibit and fall wildflower exhibit. Hogback Mountain Gift Shop next door. Admission: adults \$5, seniors \$3, children 5-12 \$2, kids 4 and under are free. Open 10 am - 4 pm weekdays, 10 am - 5 pm weekends. Rt. 9, Hogback Mountain. (802) 464-0048. [museum@sover.net](mailto:museum@sover.net). [www.vermontmuseum.org](http://www.vermontmuseum.org).

**MIDDLEBURY.** Middlebury College Museum of Art. Free. Tuesday through Friday 10 am-5 pm, Saturday and Sunday 12-5 pm, closed Mondays. 72 Porter Field Rd. (802) 443-3168. [cfa@middlebury.edu](mailto:cfa@middlebury.edu). [museum.middlebury.edu](http://museum.middlebury.edu).

**MIDDLEBURY.** Henry Sheldon Museum of Vermont. The oldest chartered community history museum in the United States, welcoming visitors since 1882. Exhibits, research center, and museum shop. Admission: adults \$5, youth 6-18 \$3, senior \$4.50, family \$12, under 6 free. Open Tues-Sat 10 am - 5 pm. Henry Sheldon Museum of Vermont History, One Park St. (803) 388-2117. [henrysheldonmuseum.org](http://henrysheldonmuseum.org).

**MIDDLEBURY.** Vermont Folklife Center. Gallery, archives & research center, programs, and Heritage Shop. Free admission. Open Tues-Sat 10 am - 5 pm. Vermont Folklife Center, 88 Main St. (802) 388-4964. [info@vermontfolklifecenter.org](mailto:info@vermontfolklifecenter.org). [www.vermontfolklifecenter.org](http://vermontfolklifecenter.org).

**MONTPELIER.** Vermont History Museum & Bookstore. Admission: adults: \$7; families: \$20; students, children, seniors: \$5; members and children under 6: free. Open 9 am - 4 pm, Tuesday through Saturday. Pavilion Building, 109 State St. (802) 828-2291. [info@vermonthistory.org](mailto:info@vermonthistory.org). [www.vermonthistory.org](http://www.vermonthistory.org).

**NORWICH.** Exhibit: Making Music. Explore the science and the art behind making and playing four instrument families—strings, percussion, air instruments, and electronic instruments. Free with museum admission: adults \$15, children 2-17 \$12. Open daily 10 am - 5 pm. Montshire Museum of Science, One Montshire Rd. (802) 649-2200. [www.montshire.org](http://www.montshire.org). *Through September 17.*

**NORWICH.** Montshire Museum of Science. Trails, programs, and museum store. Open 10 am - 5 pm daily. Admission \$14 adults, \$11 children 2-17, under 2 free. Open daily 10 am - 5 pm. One Montshire Rd. (802) 649-2200. [www.montshire.org](http://www.montshire.org).

## September in Vermont



Now the year begins to slope  
Towards the chilly season;  
Autumn pokes his bald head up,  
Summer hollers "Treason?"  
I don't know and never shall  
Jest the solar reason.  
My! the nights are cooling off  
Faster than they oughter;  
Makes you think the cowbarn wall  
Needs some dabs of mortar;

Makes you think the cowbarn wall  
Needs some dabs of mortar;  
Makes the wimmen realize  
Dresses can't be shorter.

Fairground folks are in a stew  
Over Fair Week weather;  
Butnut thieves are hoping God  
Gives them strength to gather;  
Soon a dollar's worth of shot  
Buys a patridge feather.

Sunny Chipmunk has the corn  
That you want for dinner;  
Prize-pig boys are teasing dad  
How to grow a winner;  
Second wives at last perceive  
Stockings can't be thinner.

Sweet preserving odors float  
From the kitchen quarter;  
Ain't you glad you've got a farm  
And a stay-home daughter;  
Ain't you glad you ain't a doc,  
A lawyer or exhorter!

Old Jack Frost is on the move,  
Three more months to "Santy,"  
Five before them heavenly smelt  
From the fishing shanty;  
Joyful days—when wife won't dress  
Quite so stunning scanty.

—DANIEL L. CADY  
West Windsor, VT, 1861-1934

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# Vermont Country Calendar

**PLYMOUTH.** President Calvin Coolidge State Historic Site. New exhibit: "Homespun". Features the practical, often highly artistic textiles and fiber items created by the Coolidge family and their neighbors during the 19th and 20th centuries. Permanent exhibit: "More Than Two Words—The Life and Legacy of Calvin Coolidge". Adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. Open daily 9:30 am – 5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [william.jenney@vermont.gov](mailto:william.jenney@vermont.gov). [historicsites.vermont.gov/coolidge](http://historicsites.vermont.gov/coolidge). *Through October 22.*

**QUECHEE.** Vermont Institute of Natural Science. Forest Exhibit: experience the sights and sounds of the natural Forest. Wildlife exhibits, workshops, and special events. Wildlife rehabilitation. Admission: adults: \$14.50, seniors (62 plus) \$13.50, youth (4-17): \$12.50, children 3 and under free. Open 10 am – 5 pm. Vermont Institute of Natural Science, 6565 Woodstock Rd. (802) 359-5000. [www.vinsweb.org](http://www.vinsweb.org). *Through October 31.*

**READING.** Exhibits: *Hope and Hazard: A Comedy of Eros* curated by Eric Fischl of over sixty-five artists from the Hall and Hall Art Foundation collections. *Ready, Fire! Aim.* curated by DJ Helleman, exhibited in Reading, and also at BCA Center in Burlington. And a Solo exhibition by British artist David Shrigley in the newly opened visitor center. Outdoor sculptures by Richard Deacon, Olafur Eliasson, and Marc Quinn. Admission is free. Open weekends and Wednesdays by appointment at 11 am, 1 pm and 3 pm, and unguided tours first Fridays from 5-8 pm. Box lunches for purchase 24 hours before your visit. Hall Art Foundation, 544 VT Rt. 106. (802) 952-1060. [vermont@hallartfoundation.org](mailto:vermont@hallartfoundation.org). [hallartfoundation.org](http://hallartfoundation.org). *Through November 26.*

**READING.** First Fridays. View exhibitions without a guide and at your own pace. Wood-fired pizza prepared in a vintage truck with an Italian-made wood-burning oven, using local, seasonal and artisanal ingredients. 5-8 pm. Hall Art Foundation, 544 Vermont Rt. 106. (802) 952-1056. [www.hallartfoundation.org](http://www.hallartfoundation.org). *First Friday of every month, through November 3.*

**ROCHESTER.** BigTown Gallery. "Sculpture, Relief & Prints" Works by Hugh Townley, through September 10. Exhibits, readings, events. Gallery hours: Wed-Fri 10-5, Sat 12-5, Sun-Tues by appointment. 99 N. Main St. (802) 767-9670. [info@bigtowngallery.com](mailto:info@bigtowngallery.com). [www.bigtowngallery.com](http://www.bigtowngallery.com).

**RUTLAND.** Chaffee Downtown Art Center. Exhibits, workshops, classes. Open Tuesday-Friday 12-6 pm, and Saturday 10 am - 5 pm. Chaffee Downtown Gallery, 75 Merchants Row. (802) 775-0062. [info@chaffeeartcenter.org](mailto:info@chaffeeartcenter.org). [www.chaffeeartcenter.org](http://www.chaffeeartcenter.org).

**RUTLAND.** Castleton Downtown Gallery. Free admission. Open Wed through Sat 1-6 pm. Center Street Alley. For info call Bill Ramage at (802) 468-1266. [castletoncollegegalleries@gmail.com](mailto:castletoncollegegalleries@gmail.com).

**SAXTONS RIVER.** River Artisans Cooperative. 50 craftspeople keep the shelves stocked with a wide variety of handcrafted items. Year round, weekdays from 12-5 pm and weekends from 10 am – 3 pm. The River Artisans Cooperative, in the center of Saxtons River on Main Street, across from the Saxtons River Inn, 26B Main St. (802) 869-2099. [www.riverartisans.com](http://www.riverartisans.com).

**SHELBURNE.** Shelburne Museum. Renowned for its collection of American folk art and quilts. Home to holdings of decorative arts, design, decoys, and carriages. The paintings collection includes French Impressionists as well as over 400 18<sup>th</sup>-20<sup>th</sup> century American works. Over 20 gardens. Historic houses and community buildings. Admission: adult \$24, ages 5-17 \$5, under 5 free. Open daily 10 am – 5 pm. Shelburne Museum, 6000 Shelburne Rd. (802) 985-3346. [shelburnemuseum.org](http://shelburnemuseum.org).

**SHOREHAM.** Shoreham Bell Museum. See 5-6,000 bells collected from all over the world. Open most afternoons by appointment or chance year round. Free admission, donations accepted. Shoreham Bell Museum, 127 Smith St. off Rt. 74 west. For information call Judy Blake at (802) 897-2780. [vtcat@shorehambellmuseum.com](mailto:vtcat@shorehambellmuseum.com). [www.shorehambellmuseum.com](http://www.shorehambellmuseum.com).

**SPRINGFIELD.** Gallery at the VAULT. A Vermont State Craft Center featuring fine art and hand-crafted gifts from over 125 local and regional artists and craftsmen. Classes, workshops. Exhibit: "Little Gems 2." Gil Perry has created 100 splendid small paintings with prices at (around) \$100 each, *through October 25.* Exhibit: "Falling in Love With Fall", the latest collection of hand drawn and painted scarves from silk painter Teresa Hillary, *September 14 through November 2.* Tuesday – Saturday 11 am – 5 pm. Gallery at the VAULT, 68 Main St. (802) 885-7111. [galleryvault.org](http://galleryvault.org).

**STOWE.** Helen Day Art Center. Exhibits and workshops. 26th Annual Outdoor Sculpture Exhibition: "Exposed." Self-guided cellphone audio tours; extensive website; walkabout tours; full color catalogue with images and descriptions; and a comprehensive map, *through October 21.* Free admission. Hours: Wednesday-Sunday, noon – 5 pm and by appointment. Helen Day Art Center, 90 Pond St. (802) 253-8358. [www.helenday.com](http://www.helenday.com).

**STOWE.** Exhibit: Berlin-based artist Michael Rocco Ruglio-Misurell will present recent sculptures and prints for a solo exhibition. Curator: Rachel Moore. Friday, September 22 - November 11. Opening reception: Friday, September 22, 5-7 pm. Gallery hours: Tuesday-Saturday, 10 am – 5 pm, and by appointment. Helen Day Art Center, 90 Pond St. (802) 253-8358. [gallery@helenday.com](mailto:gallery@helenday.com). [www.helenday.com](http://www.helenday.com). *Through November 11.*

**ST. JOHNSBURY.** Fairbanks Museum and Planetarium. Exhibits, programs, special events, wildflower table, collections. Admission: adults \$8, seniors and children under 17 \$6, under 5 free. Open every day 9 am – 5 pm. Fairbanks Museum and Planetarium, 1302 Main St. (802) 748-2372. [www.fairbanksmuseum.org](http://www.fairbanksmuseum.org).

**ST. JOHNSBURY.** The Stephen Huneck Gallery at Dog Mountain and Dog Chapel. Free. Summer hours: Gallery open seven days a week. Dog Chapel open seven days a week from dawn to dusk. Dog Mountain, 143 Parks Rd. off Spaulding Rd. (800) 449-2580. [www.dogmt.com](http://www.dogmt.com).

**WAITSFIELD.** Exhibit: Classic Motorcycles at the Bundy Modern: Motorcycles, Cars, Motoring Art & Motorabilia showing at the Bauhaus modern architectural gem in the woods of Waitsfield. 12 noon – 5 pm. Bundy Modern, 361 Bundy Rd. (802) 583-5832. *Through May 20, 2018.*

**WEST RUTLAND.** Carving Studio and Sculpture Center Gallery. Annual Members' Exhibition, June 10 through July 9. Hours are Monday-Friday, 10 am - 1 pm, or by appointment. 636 Marble St. (802) 438-2097. [info@carvingstudio.org](mailto:info@carvingstudio.org). [carvingstudio.org](http://carvingstudio.org).

**WHITE RIVER JUNCTION.** Main Street Museum. A small, public collection of curiosities and artifacts, each one significant and telling a story about human beings and the universe we are part of—an alternative experiment in material culture studies. Open Tues & Wed 4-7 pm. Parking adjacent to the rear of the building. Located at 58 Bridge St., Studio 6, near the underpass. (802) 356-2776. [www.mainstreetmuseum.org](http://www.mainstreetmuseum.org).

**WINDSOR.** Art Show: Converging Viewpoints. Featuring artists Gary Milek and Charlie Shurcliff and their landscape paintings from opposite sides of the Connecticut River Valley. 10 am – 5 pm. Cider Hill Art Gallery, 1747 Hunt Rd. (802) 674-6825. *Sept. 16 through Oct. 28.*

**WINDSOR.** Old Constitution House. On July 8, 1777, the first Constitution of the "Free and Independent State of Vermont" was adopted at the Windsor Tavern owned by Elijah West. West's tavern, the location of many of the deliberations charting the future of Vermont, is now preserved as a historic site and called "The Old Constitution House." Admission: adults \$3, children 14 and under free. Open weekends and Monday holidays 11 am – 5 pm. The Old Constitution House is located on Main Street at the northern end of the village on Rt. 5, between exits 8 and 9 on I-91. Old Constitution House State Historic Site, 16 N. Main St. (802) 672-3773. [william.jenney@vermont.gov](mailto:william.jenney@vermont.gov). [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). *Through October 15.*

**WOODSTOCK.** ArtisTree Community Art Center. Exhibits, classes, music, special events. Tues 11 am – 8 pm, Wed-Sat 11 am – 4 pm. Mount Tom Building, 1206 Rt. 12. (802) 457-3500. [info@artistreevt.org](mailto:info@artistreevt.org). [www.artistreevt.org](http://www.artistreevt.org).

**WOODSTOCK.** 31<sup>st</sup> Annual Quilt Exhibition. Includes quilting activities and demonstrations for every age and skill level, with quilters on hand to discuss their work. Challenge quilts made by the Heart of the Land Quilter's Guild will also be exhibited. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org). *Through September 17.*

**WOODSTOCK.** Billings Farm & Museum. Visit the Jersey herd, draft horses, oxen, and sheep and tour the restored and furnished 1890 Farm House. Adults \$14, age 62 & up \$13, children ages 5-15 \$8, 3-4 \$4, under 3 free. Open April 1 through October 31, 10 am – 5 pm. Open January weekends and MLK Day and February 11-26. 10 am – 4 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [billingsfarm.org](http://billingsfarm.org).



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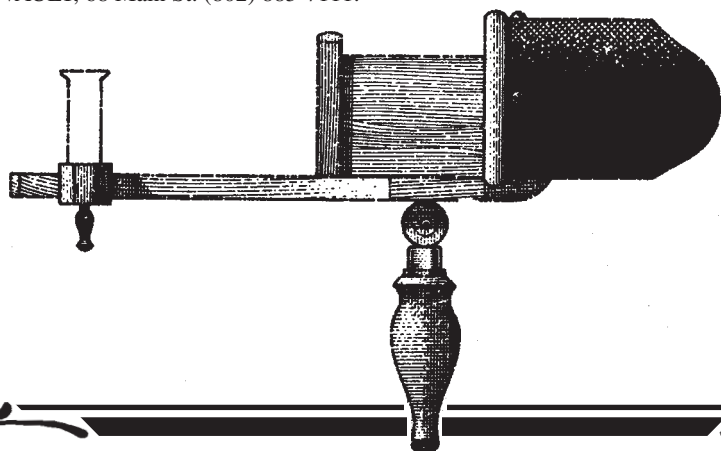


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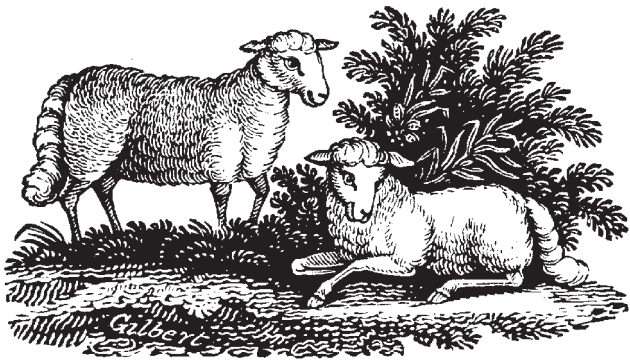
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Tunbridge, VT

## Vermont Sheep & Wool Festival

The 29th Annual Vermont Sheep & Wool Festival will be held on the weekend of September 30 & October 1 at the Tunbridge Fairgrounds in Tunbridge, VT. The Festival enjoys a classic setting amidst the rolling hills of Vermont during the height of Fall Foliage.

The Vermont Sheep & Wool Festival showcases small farmers and handcrafters, with an emphasis on those businesses which grow and create with natural fibers.

### Vendors Galore

Central to the festival is a marketplace of over 70 vendors, including farmers and artisans, offering natural fibers for handspinning and felting, yarns, patterns, needles & hooks, buttons, books and dyes. Also on offer will be a wide variety of equipment and supplies for spinning, weaving, knitting, crocheting, felting and other fiber arts. Handcrafted garments, accessories and household items will be available along with baskets, soaps and other handmade and farm raised products.

The Fleece Show & Sale will highlight top quality fleeces from a variety of animals for handspinners, felters and other crafters. Come early for best selection! Licensed local farm producers will feature meat, cheese, and more.

### Visit the Animal Barn

The Animal Barn includes sheep, goats, llamas, alpacas and angora rabbits. This is a great opportunity to talk directly to producers about raising fiber animals. The Cashmere Goat Association will hold its 2017 CGA North American Cashmere Goat Show in our Riverside Barns.

### Fiber Classes

Fiber classes take place beginning Friday, September 29, at the Tunbridge Town Hall and include spinning, felting, knitting, dyeing and more. For a full description of classes, teacher biographies and online registration, visit our website.

### Fiber Arts Contests

For those interested in showing off their skills, this year's contests will offer a chance to compete for ribbons and prizes in Fiber Arts categories as well as alternative categories in photography, drawing, painting and poetry. Contest rules and entry forms are available on our website.

### Shepherd Workshops and Vendor Demonstrations

Shepherd Workshops and Vendor Demos allow vendors, farmers and fiber artists the chance to share their knowledge and skills. These talks and demos are free and offered throughout the weekend. The schedules of workshops and demos for this year are listed on our website.

Our Sheep Herding Demonstrations are always popular. Located between the Dodge Gilman Building and the Food Vendors, demonstrations will include sheep herding and sheep shearing.



photo courtesy of Vermont Sheep & Wool Festival  
Lindsay Chandler of Northern Vermont Llama Co. with one of her llamas at the Vermont Sheep and Wool Festival.

### Try Your Hand

Don't forget to visit Floral Hall! Stop by the ever popular Drop In & Spin and try your hand on one of the spinning wheels under the tutelage of our volunteer spinners.

Spend some time with our volunteer knitters and sample yarns from our vendors at the Knit Along.

Try our Yarn & Fiber Tasting where we showcase yarns and spinning fibers from many of our vendors. Yarns, along with needles and hooks, are provided for you to sample and enjoy.

All our contests—fleece, handspun yarn and handicrafts—will be judged and exhibited at Floral Hall beginning around noon on Saturday.

### Refreshments, live music, Border Collies herding!

Food vendors will offer delicious local food featuring everything from lamb, pizza, soups, salads, sandwiches and desserts. Visit the sugarhouse operated by the Orange County Maple Producers for maple syrup, maple creamers and more.

Music by Royalton Community Radio provides a background rhythm as visitors wander from building to building and visit outdoor demonstrations including the popular Border Collie herding demos and sheep shearing with Jim McRae.

Camping is available to vendors for both Friday and Saturday night and to the public on Saturday night. For information visit website.

Come to the 29th Annual Vermont Sheep & Wool Festival

to support local and regional farmers and artisans in Tunbridge, VT on September 30 & October 1, 2017. Admission to the festival is \$6 a day, \$5 for seniors and \$1 for children under 12 years. The Festival is open Saturday from 10 a.m. to 5 p.m. and on Sunday from 10 a.m. to 4 p.m., rain or shine.

You can find details about vendors, workshops, contests and directions at [www.vtsheepandwoolfest.com](http://www.vtsheepandwoolfest.com).

The Tunbridge Fair Grounds are located on Rt. 110 in Tunbridge, VT.



photo courtesy of Vermont Sheep & Wool Festival  
Vermont Sheep and Wool Festival at Tunbridge Fairgrounds in Tunbridge, VT.



photo by Jim McRae of Green Acres Farm  
Sheep herding demo by Jim McRae at Vermont Sheep and Wool Festival.

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Hanover, NH

# Los Angeles Guitar Quartet Comes to the Upper Valley

World-renowned for stunning precision, rich tonal colors and joyous music-making, the Grammy-winning Los Angeles Guitar Quartet performs on Wednesday, September 13 at 7 p.m. in Spaulding Auditorium of the Hopkins Center for the Arts in Hanover, NH. The artists will also take part in a post-performance Q&A.

The Los Angeles Guitar Quartet (LAGQ) will perform a program including the Hop co-commissioned *Road to the Sun*, written expressly for the group by jazz master Pat Metheny. Complementing this expansive musical journey are LAGQ's own arrangements of J.S. Bach's spirited *Brandenburg Concerto No. 6*, Brazilian jazz and music from the time of Spanish writer Miguel de Cervantes.

### Performing together for three decades

For more than three decades on the concert stage, the members of the LAGQ have continually set the standard for expression and virtuosity among guitar ensembles, while perennially redefining themselves in their musical explorations. As one of the most charismatic groups performing today, their critically acclaimed transcriptions of concert masterworks provide a fresh look at the music of the past, while their interpretations of works from the contemporary and world-music realms continually break new ground. Their recitals take them to the world's top venues and festivals, and recent collaborators have included Metheny, Nico Muhly, Dweezil Zappa, Sergio Assad, and symphony orchestras across North America.

Programs including Latin, African, Far East, Irish, folk and American Classics transport listeners around the world in a single concert experience. Their 14 albums include the 2005 Grammy winner *Guitar Heroes*, a heartfelt salute to great guitarists of all styles; and their newest recording, *New Renaissance*, released in 2015, a modern take on classic works.

### Four spectacular musicians

LAGQ is made up of John Dearman, Matthew Greif, William Kanengiser and Scott Tennant, who all combine LAGQ with busy careers as soloists and teachers in Los Angeles-area music programs.

The ensemble are legends among their fellow guitar players. Wrote Dartmouth Music Department guitar instructor John Muratore, "LAGQ has firmly established itself as the premiere guitar ensemble in the world, with masterful arrangements and ground-breaking new works that display flawless technique, impeccable musicianship and a thoroughly innovative approach."

Wrote the *Los Angeles Times*: "The world's hottest classical ensemble or its tightest pop band? However it helps you to think about the LAGQ, keep the emphasis on superlatives for its unrivaled joy, technical elan and questing spirits."

### Road to the Sun

*Road to the Sun* was titled after Metheny's trip to Glacier National Park where he traveled the Going-to-the-Sun Road not long after an LAGQ concert. The road, completed in 1932, is a spectacular 50 mile, paved two-lane highway that bisects the park east and west.

LAGQ's John Dearman said, "The length and dramatic scope of the piece placed it among the most challenging works LAGQ has yet tackled," and LAGQ member Bill Kanengiser called it "a major addition to the guitar quartet repertoire." The group gave three performances of the work in the fall of 2016 and plan to record it in the fall of 2017.

The performance is funded in part by the Frank L. Harrington 1924 Fund No. 3.

Tickets are \$17-\$40. Hopkins Center for the Arts, Hanover, NH. (603) 646-2422. [hop.dartmouth.edu](http://hop.dartmouth.edu).



Los Angeles Guitar Quartet comes to The Hopkins Center in Hanover, NH on September 13.

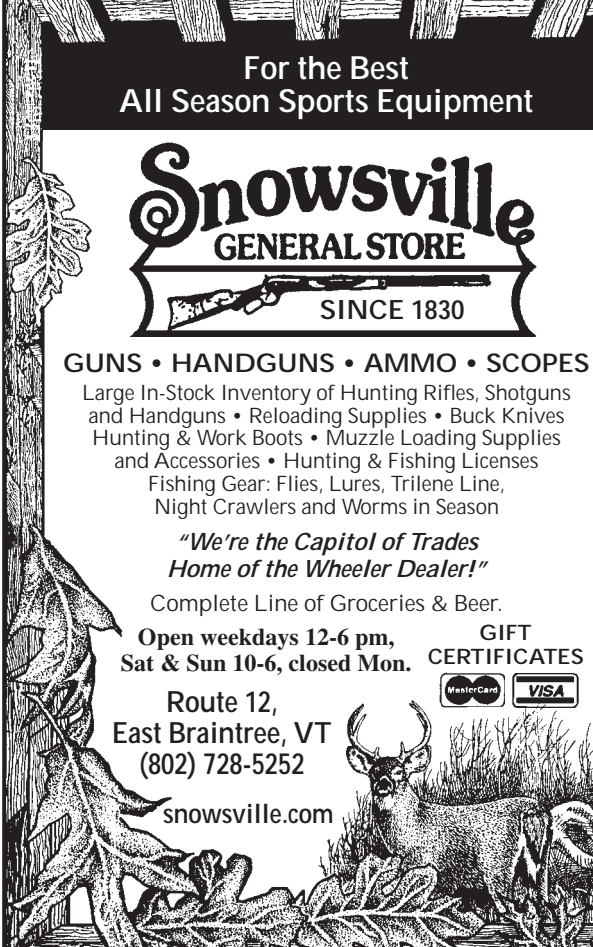
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*North Country Reflections*

# Covering Ground Winning the Battle of the Weeds

by Judith Irven

Surely weeds are some of nature's greatest opportunists. They appear spontaneously in places where other plants would not stand a chance, such as in disturbed soil or along the dry salty edges of Vermont's beloved dirt roads.

And in our gardens? Within weeks of making our beds all tidy and seemingly weed-free, new weeds just pop up uninvited!

### How does this happen?

First, it is helpful to understand that many weed SEEDS can lie dormant in the dark earth for a long time—ten years or longer in some cases. As soon as we dig in the soil, some of those seeds are exposed to light—a condition all young plants need to grow—which causes those cunning seeds to germinate.

Secondly, when the conditions are favorable, the ROOTS of many perennial weeds are able to spontaneously regrow from a joint or node. And additional light favors this process also.

### The cycle of weeds in our gardens

The sad fact is that many aspects of normal gardening inevitably perpetuate the cycle of weeds.

For instance, as we fluff up the soil in preparation for a new row of vegetable seeds or we break up clods of earth before planting a new perennial bed, we unavoidably churn up the soil. And thus some of those dormant weed seeds and weed root fragments finish up near the surface of the soil, where they promptly respond to the added light by cheerily sprouting.

And, as we cultivate around established flowers and vegetables, it will not take long for persistent weeds with filamentous roots—like sorrel and bishop's weed—to begin to regrow. Also, as everyone knows, when you break off the tap root of a dandelion in the middle, rather than getting the whole thing out, it too will grow back into a new dandelion plant.

So before planting it is really important to manually remove as many perennial weed roots as possible. I am always on the lookout for telltale problem roots—especially those filamentous roots that run horizontally through the soil—and try to follow them back to their origin.

But to prevent surface weed seeds from germinating and the remaining weed roots from re-sprouting, we need to cover the ground and shade the soil from light.

Let's take a look at three easy ways of to cover the ground and deter those weeds.

### Tarps

Tarps are inexpensive and durable, and I use them to cover any section of my vegetable garden that is temporarily empty.

My vegetable garden consists of four 12-foot square beds and every year I rotate the crops around the squares. Each



photo by Dick Conrad

A stepping stone path runs through this bed in Judith's garden. Beneath the path a layer of newspaper and bark mulch deters the weeds, while on either side the plant leaves just touch one another to naturally shade the soil.

year, one square will be devoted to sprawling winter squash while in the remaining three squares I use three-foot wide rows separated by narrow paths for individual crops.

During the summer, after I harvest an early crop like garlic, I cover the empty row with a 12' x 4' tarp (sold to cover wood piles) until I get around to planting some late season peas or greens.

And every fall, after the harvest is complete, I cover each square with a pair of overlapping 12' x 8' tarps. These remain in place until next season when I am ready to plant that particular square. This strategy prevents those opportunistic weeds from getting a head start in spring and it also warms the soil ahead of planting.

### Mulch

Everybody knows about mulch, and indeed sometimes we see way too much of it.

A sea of mulch separating a few paltry perennials looks anything but natural. And those 'mulch volcanoes' that get heaped up around the base of trees are positively harmful. They provide a winter haven for rodents who enjoy nibbling the bark. And if they are mounded up over the root flare, it stimulates the tree to produce girdling roots at the surface. These eventually encircle the entire trunk which strangles the tree.

But, if used in moderation, mulch has a role in every garden. For instance in a new flower bed it is critical to shade the soil to prevent those weed seeds from germinating. I like to start by covering the soil with about six layers of overlapping newspaper to keep out the light. In my flower gardens I will top off the newspaper with a thin layer of finely ground bark mulch (one to two inches is plenty), whereas in my vegetable garden I cover the newspaper with fluffed up hay.

You need less mulch as the garden matures, but a small amount is often a great way to show off special plants or garden features.

### Ground covering plants

The final way to deter the weeds is to use the plants themselves to shade your soil.

A carpet of groundcover around the trees and shrubs is an attractive addition (and is less work than replenishing the mulch annually). Barren Strawberry (*Waldsteinia ternata*), Barrenwort (*Epimedium*), Deadnettle (*Lamium maculatum*) and various types of Hardy Geranium including Geranium 'Biokova' and Geranium macrorrhizum are all well-behaved ground covers.

Also I like to position my perennials so that, as they mature, their leaves overlap and naturally shade the soil. For instance, the leaves of a single daylily plant can easily grow into a three foot circle and very little light reaches the soil beneath it. So, in a sunny border, a group of three or five daylilies becomes completely self mulching. Similarly in a shady bed, large leaved hostas and dense ferns perform the same function.

### Putting it all together

This picture of the bed that surrounds our gazebo illustrates these ideas.

A narrow ribbon of mulch not only deters the weeds but also draws attention to the stepping stone path that meanders through the bed. The remainder of the soil is naturally shaded by a mix of taller plants including daylilies and azaleas, some low-growing geranium and sedum and a small amount of mulch.

*Judith Irven and her husband Dick Conrad live in Goshen, VT where together they nurture a large garden. You can subscribe to Judith's blog about her Vermont gardening life at [www.northcountryreflections.com](http://www.northcountryreflections.com).*

*Dick Conrad is a landscape and garden photographer; to see his photographs go to [northcountryimpressions.com](http://northcountryimpressions.com).*

### Pasture Bars

He found the Jerseys waiting patiently,  
Grouped near the bars beneath the pasture hill,  
Calm-eyed, serene, a part of patient days  
And seasons going by with footsteps still.

With grave regard they watched the bar's release  
Bring freedom and the fresh, sweet wayside grass  
And homeward turned sedately, while he paused  
Waiting the pleasure of an idling lass.



And then delayed beside the open bars,  
Beyond which he could see the dark hills' blue  
Changing to gold and rose, for one last need  
To let the sunset through!

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# Don't Have a Cow!

by Burr Morse

Every day lately we have been juggling up syrup preparing for all the visitors coming soon to see Vermont's beautiful fall foliage. In addition to that heavenly aroma of maple syrup heating up and, of course, the ample opportunity to taste-test lots of it, my juggling job has stimulated some bitter-sweet nostalgia. We recently added a new filter press to our syrup canning line. This new press works off a diaphragm pump instead of a gear-driven one and the sound it makes, "chir-chit-chir-chit-chir-chit", is reminiscent of the sounds made by pulsating milking machines that I grew up hearing. I heard those pulses seven days a week, 365 days a year...that's the "bitter" part. I much prefer our new farm venture, serving a clientele that appreciates sweet syrup instead of sweet hay.

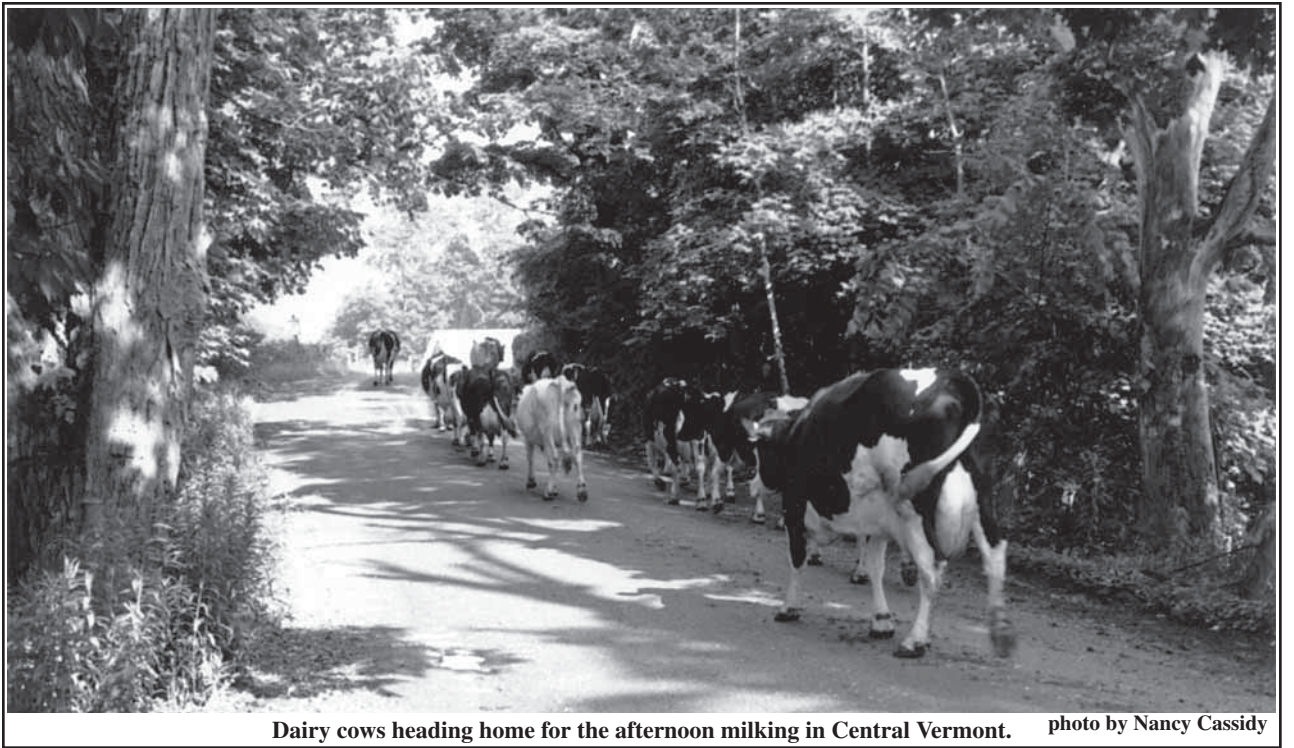
Another barn sound that I remember comes from way back before the State of Vermont mandated cooled bulk tanks for milk storage. Farmers back then put their milk in ten gallon steel milk cans. The covers fit so tightly into the top of the

*"...and sometimes when school was in session, I was lucky enough to escape the morning barn chores."*

cans that they had be pounded off to be opened. We kept an eighteen inch-long piece of iron pipe for that purpose which made a "clang, clang, clang" sound all over the farm. Our house was about a quarter-mile up the road from our cow barn and sometimes when school was in session, I was lucky enough to escape the morning barn chores. On those occasions, the clanging music made me know that someone else was doing the work...hooray! I always knew, though, that my only reprieve from those cursed chores necessitated a "clang" of a different nature—a school bell.

Of course there was also the animal sounds coming from our farm. Milking time meant "grain" time for the girls and they sure let us know. To this day, I look down the road at our old grey cow barn, uninhabited by milk cows for many years now, expecting to hear that chorus of pleading "Moos.....". And then there were the calves whose high-pitched blats hurt my ears. Calves are generally thought of as cute, cuddly things but to me, they were nothing but noisy, sucking annoyances. The job of feeding them often falls to younger family members and I, being the youngest kid, got it by the pen-full. In addition to their painful blats, they wanted to suck on my shirt sleeves and pant legs and I never felt like anyone's "mommy."

Despite the memories the calves conjure up, I rather like the "milking machine" sounds coming from down in our syrup canning room these days. Back in my youth, there were



Dairy cows heading home for the afternoon milking in Central Vermont. photo by Nancy Cassidy

many pieces farming that bring memories to mind, often crowding out the ones I would gladly go back and do again. But as I have said before, when looking at the past through the lens of nostalgia, somehow the "bitter" gets filtered out leaving just those "sweet" recollections.

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East Burke, VT

## Burke Fall Foliage Festival

Enjoy a full day of fun at the 30th Annual Burke Fall Festival on Saturday, September 30th in East Burke, VT. Admission is free.

Things kick off at 10 a.m. with a parade. On the green, 70 vendors showcase their crafts including locally-made chocolate truffles and more.

There's plenty for the kids—meet farm critters, go for a horse-drawn wagon ride, enjoy free ice cream, play in the bounce house or check out the rubber ducky race.

See the interactive wildlife presentation from Wildlife

Encounters of NH at 11 a.m. Enjoy a burger or sausage from the BBQ. Chickweed will be performing at the gazebo from 12:30-2 p.m. Later on, Tritium Well will be rocking Mike's Tiki Bar!

Win at the raffle tables. The East Burke Congregational Church will feature a shoebox auction and tag sale. The Burke Community Library is having a silent auction. The East Burke School will host an open house, a cider sale, and farm stand.

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# North Country Book News

**Burlington, VT**

## 13th Annual Burlington Book Festival—It's One for the Books!

The 13th Annual Burlington Book Festival, taking place September 15-17 at The Burlington City Arts Center, Contois Auditorium in Burlington, VT and a variety of downtown venues, is not only Vermont's largest annual literary event but the region's only free three-day celebration of the written word.

Since 2005, no organization in the area has done more to promote and advance the pivotal cause of literacy without charging a single cent. Over the past thirteen years, the Festival has made it possible for thousands and thousands of children, students, visitors and community members to attend readings by and interact with many of the greatest writers of our time.

### A stellar lineup of guests, past and present

These include U.S. Poet Laureates Tracey K. Smith (also a Pulitzer Prize winner) Philip Levine, Charles Simic, Maxine Kumin and Rita Dove. Countless Pulitzer Prize winners have appeared such as Ron Powers, Yusef Komunyakaa, Vijay Seshadri, Grace Paley, Barbara Walsh, Galway Kinnell and Paul Muldoon.

Literary luminaries that have participated include Alistair MacLeod, Robert Bly, Rick Moody, Howard Norman, Elinor Lipman, Chris Ware, Jennifer Haigh, Garret Keizer, Jeff Danziger, Russell Banks, Gregory Maguire, Ann Beattie, Kim Addonizio, Rebecca Makkai, Leslie Jamison, Chase Twichell, Marie Howe, Amy Hempel, Rolling Stone contributing editors Michael Hastings and Anthony DeCurtis, New Yorker legends Ed Koren and Harry Bliss, Brooklyn Poet Laureate Tina Chang, Newbery Award-winning children's author Paul Fleischman, and Tony Hoagland, winner of the Mark Twain Prize.

National Book Critics Circle Award recipients Mary Jo Bang, C.D. Wright, Edward Hirsch and Blake Bailey as well as National Book Award winners Ellen Bryant Voigt, Katherine Paterson, Ruth Stone and M.T. Anderson along with Joyce Carol Oates have appeared, among many others.

### Speaking at this year's Festival

More authors are about to be added to the list, according to Kisonak. On the way to this September's "literary shindig," are international luminaries like Mark Leyner, David Lehman, Melissa Febos and New York City poet, critic, and

performer J. Mae Barizo, whose past collaborators include Beyoncé, Jay-Z and Kanye West.

Founding Director Rick Kisonak says he finds it hard to believe he's had the good fortune to meet and, in many cases become friends with, so many of his idols. "I grew up in Maine. In those days, you were more likely to meet a cosmonaut marching through the town square playing the tuba than a famous author. I look at the list of authors contributing to the Festival and I have to shake my head."

### Programs, readings, family events, and more!

Among other firsts, this year's celebration will feature a Virtual Reality demo courtesy of Champlain College's Emergent Media Center. There will be a silent auction of selected volumes from the personal collection of rock legend Warren Zevon, who died in 2003, along with a talk by the singer-songwriter and musician's wife, Crystal and daughter, Ariel.

The UVM Medical Center is sponsoring The First Annual John Elder Robison Roundtable, where families grappling with the challenges of raising children with special needs can pick the brain of the bestselling author, one of the world's foremost authorities on Autism Spectrum Disorder. "John is amazing," Kisonak says. "He conceived of those famous special effects guitars for KISS and created electronic games for Milton Bradley. Then found out what Asperger's Syndrome is and that he'd been struggling with it all his life."

Then there's "The Canadians Are Coming!", a day-long program of with several of the country's most and acclaimed writers headlined by the Governor General's Award-winning poet, playwright, painter, photographer, prize-winning filmmaker and politician (as in the 29th Lieutenant Governor of New Brunswick) Hermenegilde Chiasson. The current political climate inspired the idea for this cultural exchange, Kisonak explains, "I thought it might be nice if an international incident engendered fun and friendship for a change."

The Festival promises three days of free readings, signings, workshops, film screenings, panels, musical performances, lectures, original theater, world class cultural & political satire, demos, exhibits, student presentations, book launches, family events, and the triumphant return of the Boston Type-writer Orchestra!

### A heartfelt dedication to Senator Patrick Leahy

This year's Festival is dedicated to Senator Patrick Leahy. "The world's at the snapping point," Kisonak reflects. "A handful of sane men and women are holding things together, giving hope to the whole planet, that order and reason will be restored. He's one of those precious people." Vermont's senior Senator and, in fact, the nation's senior Senator, Leahy will accept the honor at the Festival's Opening Ceremonies on Friday, September 15 at 7 p.m. in Contois Auditorium.

The 2017 Burlington Book Festival promises to be a memorable chapter in a season of celebrations.

For more information, events, and schedules go to [burlingtonbookfestival.com](http://burlingtonbookfestival.com).



**Book Review by Charles Sutton**

## Super Women—Six Scientists Who Changed the World

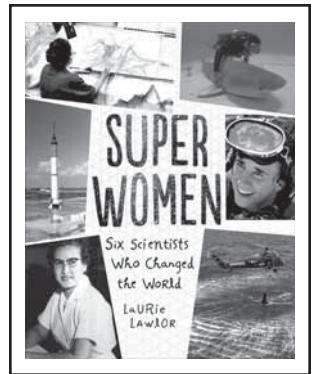
Through the years women traditionally have been discouraged or regularly banned from careers in science, mathematics, medicine and other fields dominated by men.

But in *Super Women – Six Scientists Who Changed the World* by Laurie Lawlor (\$17.95, *Holiday House*, [www.holidayhouse.com](http://www.holidayhouse.com)) you can learn about women who shared a passion for discovery and who succeeded while being discriminated against not only because they were women, but in some cases because they were members of a minority.

If you have or know a little girl who has an interest in science or math, she will be encouraged and thrilled by these women's stories.

- Marine scientist Eugenie Clark, known as Shark Lady, led hundreds of expeditions and logged more than 7,000 hours underwater, including leading the first team of women aquanauts in 1970. Throughout her life of 92 years she worked hard to mentor and inspire women and minorities to become marine biologists. She was Japanese-American.

- Medical researcher Gertrude Elion, winner of the Nobel Prize for her work on life-saving medications, including drugs that made organ transplants possible and



the antiviral drug acyclovir "that targets infected cells and not healthy ones." After graduating from Hunter College she applied for fellowships at 15 graduate schools but was turned down because she was a woman. Her first job in 1944 was as a lab assistant for \$50 a week.

- Cartographer Marie Tharp, a geologist who created the first World Ocean Floor map. Although she had more academic experience than her superiors she would never be granted permission to go aboard a research ship.
- Florence Hawly Ellis, a pioneering archeologist of the American Southwest, who was told point-blank that men would refuse to work for a female boss on her first organized dig.

- Eleanor Margaret Burbidge, an astronomer whose discoveries changed how we see galaxies and quasars. Most of her life she was offered menial jobs until she was finally hired as Director of the Royal Greenwich Observatory in Great Britain. She was the first woman president of the American Astronomical Society.

Grown-ups, women and men, will also be surprised by these women's lives.

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# The Book of Greens

## A Cook's Compendium

by Jenn Louis with Kathleen Squires

(\$35, Ten Speed Press, [www.crownpublishing.com](http://www.crownpublishing.com))

Many of us will never forget as children being told "to eat your vegetables." Making the command worse was a follow-up threat that if we didn't eat them there would be no dessert.

So early on vegetables including all sorts of greens got a bad rap. It didn't help that usually the vegetables were over-cooked, dark olive green in color and not bright green, and that any flavor they might have had was boiled out of them.

Now, years later, you should be willing to at least give greens another try, with encouragement and help from *The Book of Greens* by Jenn Louis with Kathleen Squires. You will be introduced to 40 varieties of greens, some you have never heard of, and how to blanch and cook them to perfection, with more than 175 tempting recipes to bring out the flavor and uniqueness.

If you have been in the habit of overcooking vegetables, author Jenn's advice is to "toss them out. Once you've taken chlorophyll to the point where the color turns deep army green, the greens no longer taste good. Chalk it up to a learning experience." And start over.

The author gives the best method for cooking each green: pan-fried, deep-fried, sautéed, roasted, grilled, braised, baked, boiled, stir-fried, steamed, "wilted in soups or stews," made into a soup or sauce, stewed and simmered, served raw or made into a puree.

From her recipes one learns what seasonings to use and what combinations of greens go well together. Her most commonly used additions and seasonings include anchovies, cheeses, fish sauce, miso, extra-virgin olive oil, sesame oil, other vegetable oils, lard, three types of salt (kosher, fine or flaky sea salt), spices, stocks, vinegars, and wines.

The author has many surprises for us including ways to use as many parts of the vegetable as possible. In a section entitled "Root, Fruit and Vegetable Greens", we learn that greens from carrots, cauliflower, broccoli, celery, squash, sweet potatoes and even the leaves from tomatoes can be eaten and should not be thrown away.

And Jenn writes: "Incredibly aromatic, tomato leaves, despite what you may have heard, are not poisonous. Quite simply, they taste like they smell: intense and slightly

perfumed, and they are also packed with nutrients." She says these unusual greens can be delicious simmered in soups and stews, boiled, braised and steamed and she offers recipes for each of these greens. For example, for carrots there is a recipe for *Carrot Leaves in Cabbage Salad with Dates and Almonds* as well as *Roasted Trout with Carrot Greens Salsa Verde*.

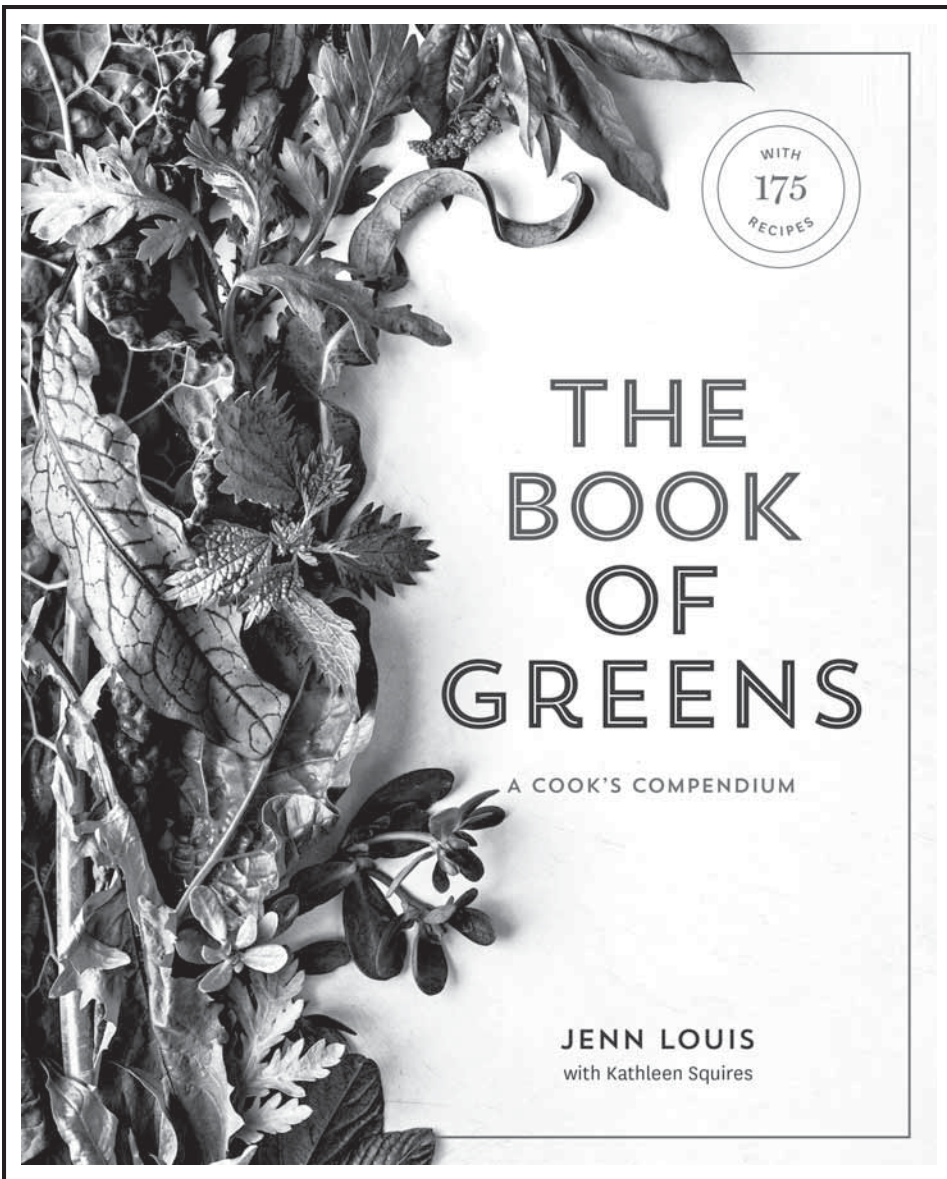
This 350-page salute to greens has many, full-page, stunning photographs of the greens alone, but also delicious-looking dishes with greens as the main ingredient. Some that triggered our appetites: *Manila Clams with Sorrel and Cream*; *Salted Herbs with Vietnamese Coriander*; *Swiss Chard Polenta*; and *Tender Bok Choy Salad with Chicken and Orange*.

All greens have a variety of names, some quite humorous and far-out. As a cook's bonus Jenn gives the other names for each green or its varieties in her book. Here are those for nettles: Ball, Bull, Carolina Horse, Dead, Dumb, False, Flame, Hedge, Hemp, Himalayan Giant, Horse, Painted, Robust Horse, Rock Silver Leaf, Small-Leaf, Spurge, Stinging, Texas, Tree, Western Horse, White, White Horse and Wood. Nettles are one of the first wild greens to surface from the winter chill. They have a nutty, earthy flavor but they need care in handling.

Jenn recommends shoppers try the unfamiliar greens with strange names one sees at farmers' markets, green-grocers, or at farm stands. And she writes "don't be afraid to taste a leaf, especially at a farmers market. Is the flavor right? Is the texture as it should be (crisp, firm, succulent) depending on the variety?"

Here are a few greens with unfamiliar names that she encourages you to try: Amaranth—also known as African spinach with bright green or green with red and purple leaves; Cardoon—looks like celery but tastes like artichoke; Celtuce—a Chinese lettuce with a nutty, cucumber-esq flavor; Mal-low—used in the Middle East as a thickener of soups and stews, much like okra; Red Orach—sometimes called mountain spinach or giant lambs-quarters, used in Italy to color pasta; Spigarello—a leafy variety of broccoli; and Tatsoi—an Asia salad green with a mustardy flavor.

### Book Review by Charles Sutton



If your children grow to like greens, too, they will still want dessert. Try Pan di Zucchero and Apple Tart with tarragon and honey. It's made with an escarole-like chickory which lends a very vegetal flavor to this recipe. You can offer them ice cream made out of leaves from the tropical screw-pine called Pandan, which the author says is an amazing coconutty, herbal flavor with a cool richness. There's also a recipe for *Celery Leaf and Heart Chartreuse Sherbet* which the author says is "delicate, tart and flavorful." Author Jenn Louis who lives in Portland, OR, was named one of the Food & Wine magazine's Best New Chefs. Co-author Kathleen Squires is a food and travel writer based in New York City. The photographs are by Ed Anderson.

### Book Review by Charles Sutton

## Clean Soups—Simple, Nourishing Recipes for Health and Vitality

by Rebecca Katz with Mat Edelson

(\$22, Ten Speed Press, [www.crownpublishing.com](http://www.crownpublishing.com))

What's the first remedy one thinks of when someone isn't feeling well—a steaming bowl of chicken noodle soup! Usually this is a big help. In fact soups in general are comforting foods especially if they aren't too watery and have a good flavor.

*Clean Soups* by author and chef Rebecca Katz is an excellent guide for 60 soups that not only taste good, but are nourishing and healthy.

Her success depends on starting with home-made stocks or broths—seven choices: magic mineral, Thai coconut, chicken magic mineral, old-fashioned chicken, immune, nourishing bone, and pastured beef bone broths. Carefully prepared and seasoned, they are made ahead of time stored in the refrigerator for to five days

and in the freezer for up to six months. She recommends the best broth to be used for each soup.

Her magic mineral broth, used as a base for 30 soup recipes, is made out of carrots, onions, leeks, celery, potatoes, yams, sweet potatoes, seasoned with garlic, parsley, peppercorns, bay leaves, sea salt, whole allspice and the seaweed Kombu.

"It's a veritable veggie-palooka and can be used for nearly all the soups in the book. In a bowl or sipped as tea, it's the perfect cleansing broth," Katz writes.

Curious about immune broth? It is made out of burdock root, shiitake mushrooms, ginger and garlic to create a delicious earthy healthy broth.

Among soups using chick-

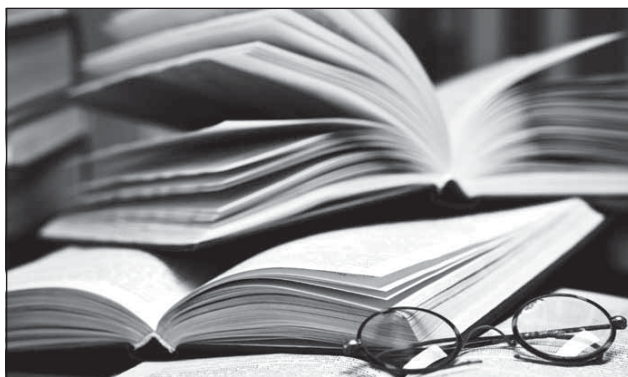
en stock are Power Green Soup made with kale and chard and plenty of lemon juice; Sweet Pea and Mint Soup; Zucchini Soup with Basil; Escarole Soup; and Very Gingerly and Garlicky Chicken Soup.

Here's your chance try other-world soups: Mulligatawny (Indian for 'pepper water' made with lots of veggies, peppers, cream and curry power); Kitchari (a 1,000 year old staple of India and Pakistan made with basmati rice, mung beans and ghee); Pho (a traditional Vietnamese chicken-based soup garnished with

sliced jalapeños, mung bean sprouts, Thai basil, and mint; and Greek Cucumber Yogurt Soup.

The recipes are grouped according to nourishing broths, blended soups, and traditional healing soups. The author suggests a dozen toppings including parsnip chips, polenta crotons, kale crumbles, and several salsas.

Katz also is the author of *The Cancer-Fighting Kitchen*, *The Longevity Kitchen* and *The Healthy Mind Cookbook*. Co-author Mat Edelson is an award-winning science, health and sports writer.



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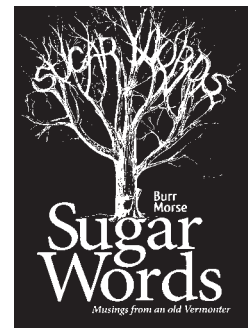
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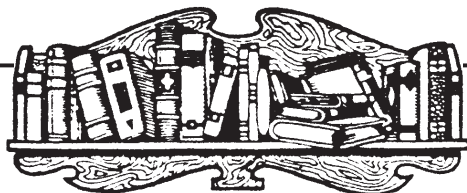


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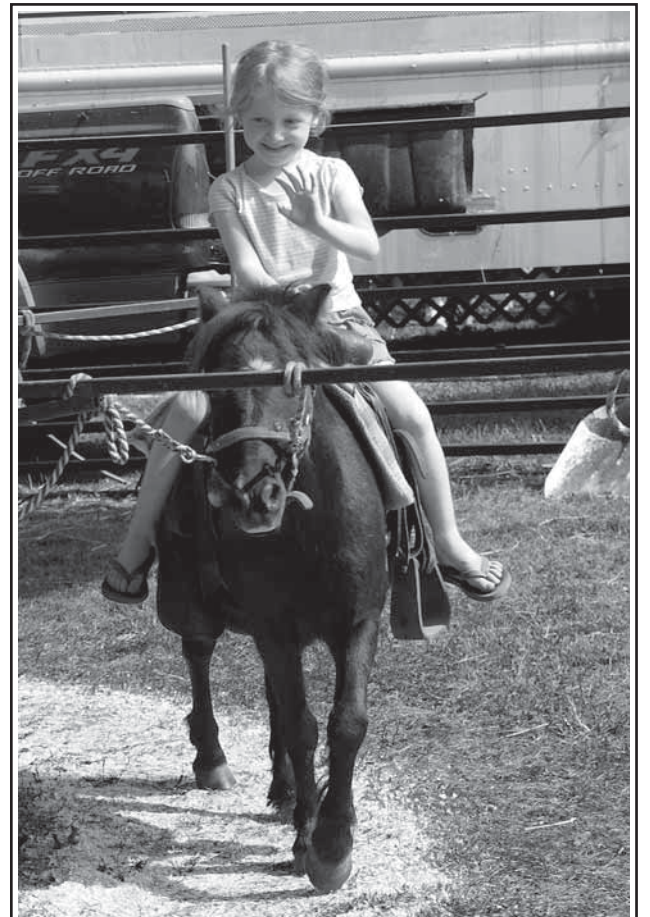


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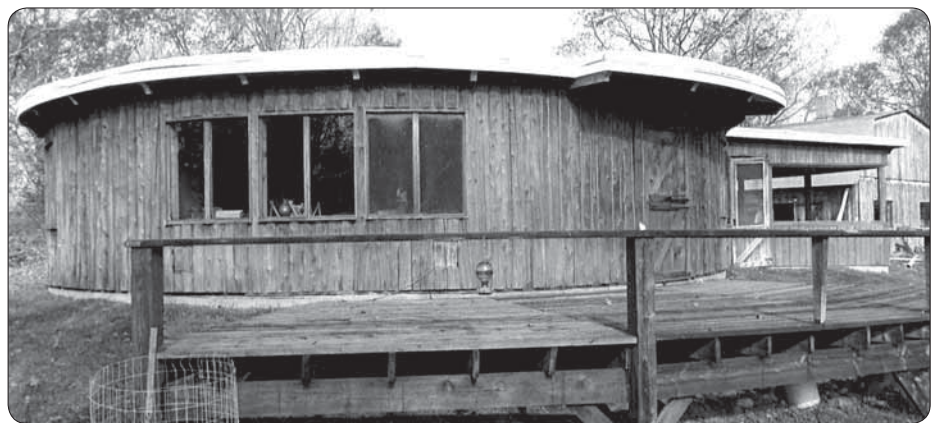
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