

# Vermont Country Sampler

August 2017

Free

- Statewide Calendar of Events, Map
- Inns, B&B's, Dining, Real Estate
- Sights to See, Things to Do
- Plenty of Good Reading!

N. Cassidy



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August Journal

Counting Lilies

by Bill Felker

What more felicitie can fall to creature Than to enjoy delight with libertie, And to be Lord of all the works of Nature, To raigne in the aire from th'earth to highest sky, To feed on flowers and weeds of glorious feature, To take whatever thing does please the eie?

—EDMOND SPENSER

It is lily blooming season, and I am counting lily blossoms in my yard.

I accept blossoms in my yard, and that the actual number does not interest me so much as the counting itself.

I record the results of counting in my daybook, but the record does not support theories of climate change. In fact, it supports nothing at all. I am not invested in lilies, and although I like lilies, I am not trying to grow more or more beautiful lilies.

So why do I do it, really?

First, when I am counting lilies, I am not thinking of other things. For a few minutes each July and August day, counting lilies disconnects me from national and world problems. I do not worry about the future nor do I ruminate about the past. I just count.

Second, counting lilies is a form of procrastination. The more lilies there are, the longer I can delay doing other things that other people might find acceptable, or things that I actually should do or need to do.

Third, summer, like everything else, is a matter of

accumulation of sensations. More is more. The more I see, the more I get. The more I count, the more I have.

Fourth, Counting my own lilies is an utterly free practice. I compete with no one. No one else counts my lilies. No one else's lilies count. And no one sees me counting lilies or knows I count lilies (except you). Safe in the meaninglessness of counting lilies, I am loose in the world, unfettered by what is good or bad.

Fifth, I watch myself counting lilies. The more I count lilies, and the longer I count, the more years I count, the more I learn about myself. Little by little old self-definitions become diluted. What other people may or may not think of me does not matter. I am no longer this person or that person. I am neither successful nor a failure. I am neither socially responsible nor socially irresponsible, neither educated nor uneducated, strong nor weak, loved nor unloved, old nor young, respected nor unrespected. I am just a person on whatever day it happens to be, for a few moments, counting lilies.



A young exhibitor with her cow at Addison County Fair and Field Days. photo by Nancy Cassidy

A Vermont Breakfast

When summer days speed up so fast That August bumps September, You need a breakfast that will last, And, 'less I disremember, There's nothing 'round the morning hour With which a man can grapple Like good salt pork, and plenty o'nt, Enriched with good fried apple.

It doesn't fade away so soon Your stomach squirms with wonder; A saint can work right up to noon And not be "sawn asunder"; It beats them package foods a mile— That top-shelf ten-cent scrapple— Jest hand me good old fried salt pork Enriched with good fried apple

Good solid pork, a-salted down 'Way back there last November, That sputters sweet and spatters brown, And 'less I disremember, Them apples by the garden gate That had a reddish dapple— Yes; that's the kind of pork I mean, And that's the kind of apple

A meal that bids the spirit sing— The dish that saves September; And yet there's jest one other thing, And, 'less I disremember, A good cream gravy starts the stuff A-sliding past your thrapple, And makes that pork celestial pig And glorifies that apple.

—DANIEL L. CADY West Windsor, VT. 1861-1934



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ROCKINGHAM ARTS AND MUSEUM PROJECT (RAMP). Economic Development Through the Arts. 7 Canal Street Bellows Falls, VT 05101. (802)463-3252 www.ramp-vt.org. Bravo!!! The Exner Block provides live-work spaces for artists and retail spaces supporting the arts.

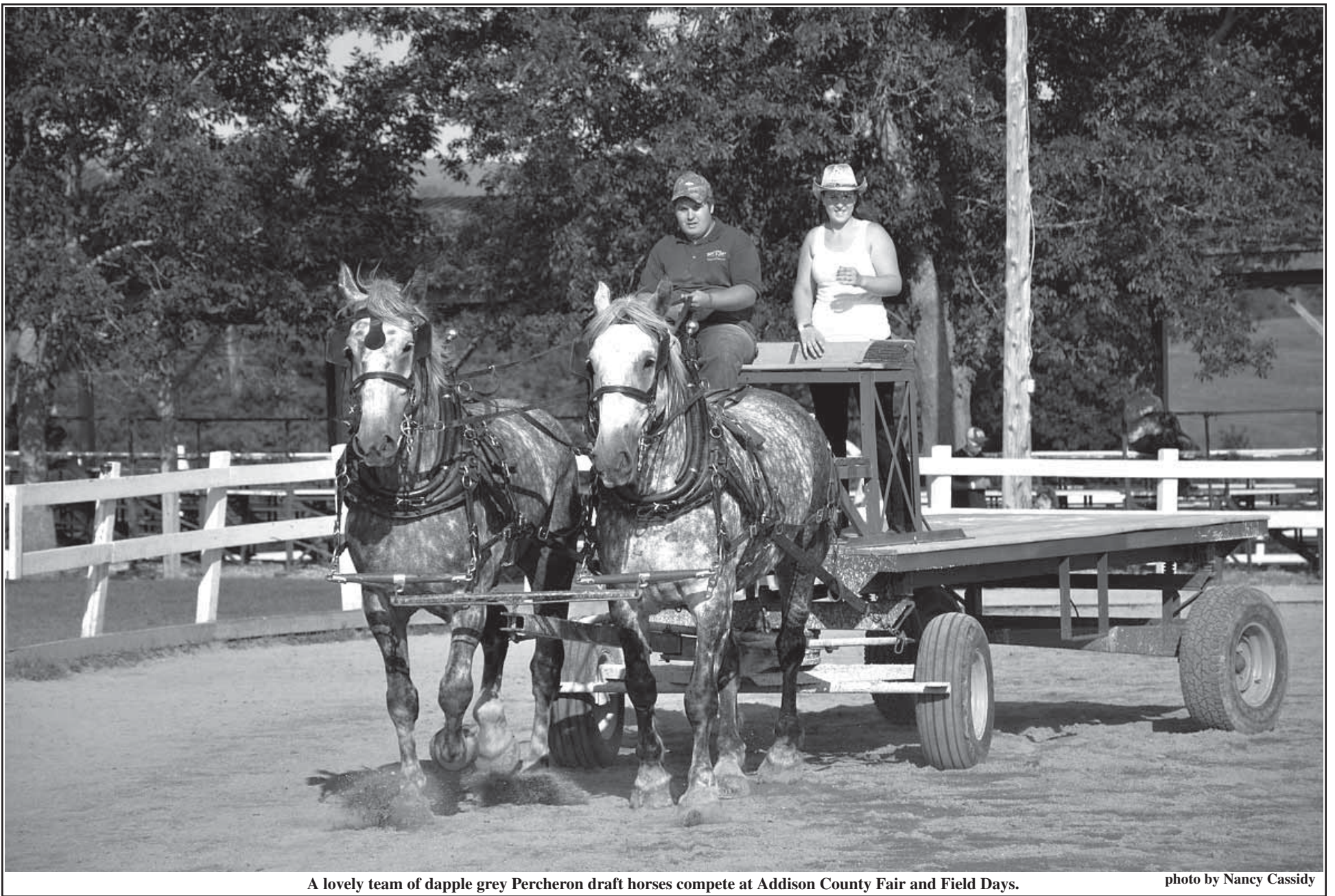
WELLWOOD ORCHARDS 10th Customer Appreciation Day. September 2, 2017—10 am – 3 pm. 10-11 am: MAGIC SHOW by TOM JOYCE! 11 am – 3 pm: Games, food, etc. Visit our Local Police and Fire Departments Face Painters Extraordinaire—Linda Weiser & Abbie! Enjoy Balloon Animals with "Cheryl the Clown" Live music by The Imperfectionists Squeeze our own Official Vermont Apple Lady! FREE: hotdogs, chips, soda, kids games, petting zoo, face painting, balloon art, contests, wagon rides, photos and prizes. Bring your camera. You don't want to miss this! This is OUR day to celebrate YOU, our loyal customers! PYO apples and visit our Country Store for fresh baked good, gift items, Our Famous Cider Donuts and more! Store Hours: 9 to 5 seven days a week Wellwood Orchards, Inc. 529 Wellwood Orchards Rd Springfield, VT • 1-802-263-5200

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A lovely team of dapple grey Percheron draft horses compete at Addison County Fair and Field Days.

photo by Nancy Cassidy

## It's Fair Time in Vermont!

It's late summer and it's time to go to the fair! Whether you're entering your prize vegetables, or going for the horse pulls, the mid-way, or all that fair food, there's nothing like a Vermont fair!

### Pownal Valley Fair

July 29 • Rt. 346, Pownal, VT

Exhibit hall, produce, crafts, quilts, flowers, honey, maple syrup and herbs, antique tractor pull, bingo, petting farm animals, fireworks, and music. Kids' fun fair. (802) 823-5258.

### Franklin County Field Days

August 3-6 • 300 Airport Rd., Highgate, VT

Horse, pony & antique tractor pulls. Live music. ATV drag race, poker tournaments. Exhibits, midway rides, 4H dairy show, draft horse show, antique tractor parade, bands, and more. Breakfast in the 4H booth. (802) 238-4904. franklincountyfielddays.org.

### Addison County Fair & Field Days

August 8-12 • 1790 Field Days Rd., New Haven, VT

Vermont's biggest agricultural fair! Children's barnyard, horse show, dairy show, tractor pulls, kiddie rides. Crafts, exhibits, live entertainment, pony and ox pulling, midway, parade, pet show, demo derby. (802) 545-2557. www.addisoncountyfielddays.com.

### 87th Annual Danville Fair

August 11-12 • On the Green, Danville, VT

A grand street parade, rides, lots of fair food, music, a horse and pony pull, and a fireworks show on the closing night. www.danvillevtchamber.org.

### 172nd Annual Vermont State Fair

August 15-19 • S. Main St., Rutland, VT

Agricultural exhibits. Spectacular rides, thrill rides, family rides, and kiddie rides! Starline Rhythm Boys and Bob Stannard concerts, comedy shows, lots of live music, Woodbooger Demolition Derby, livestock shows, and much, more. Admission adults \$10, ages 6-12 \$5, 5 and under free; Tuesday \$5 adults, children 5 and under free; Thursday Senior Day \$5 admission or free with Green Mountain Passport free. (802) 775-5200. www.vermontstatefair.org.

### 100th Annual Deerfield Valley Farmer's Day Fair

August 10-13 • Baker Field, Wilmington, VT

Exhibition, classic car show, demolition derby, exhibit halls, horse pull, horse show, pie eating contest, saw contest, zodiac academy. Midway by Miller Amusements, buy tickets separately. Admission 4 & under free, ages 5-12 \$4, ages 13-64 \$8, 65 and up \$4. (802) 319-0117. www.dvfair.com.

### 150th Annual Orleans County Fair

August 16-20 • 278 Roaring Brook Rd., Barton, VT

Agricultural exhibits, 4-H judging and displays, cattle and sheep shows, antique tractor pulls, kiddie rides, crafts, grange exhibits. Largest Lincoln Parade on Wednesday! Harness racing, petting zoo. Live entertainment, draft horse pulling, horse show, and demolition derby. A great historic old-time country fair. (802) 525-3555. www.orleanscountyfair.net.

### 162nd Annual Caledonia County Fair

August 23-27 • Mountain View Park, Lyndonville, VT

Mini, pony, horse, & ox pulls. Yoked cattle show, cattle judging, cattle costume contest & sheep and goat show. ATV/UTV racing, motocross show, farm tractor, 4WD truck & lawn tractor pulls. Calvacade, tractor rodeo, pig scramble, chainsaw carver, all star rock band. Dylan Scott concert. (802) 626-8101. www.caledoniacountyfair.com.

### 220th Annual Bondville Fair

August 25-27 • 30 Vermont Rt. 30, Bondville, VT

The oldest continuous fair in Vermont! Midway rides, live music, Wild Country Cloggers, Cheryl the Clown. Craft fair, quilt show. Horse, ox, truck and tractor pulls. Farm animals, sugar house demonstration. Flowers, vegetables, handcrafts, art & more. www.bondvillefair.org.

### Champlain Valley Exposition

August 25-September 3 • 105 Pearl St., Essex Jct., VT

The Ten Best Days of Summer! Concerts by John Mellancamp, Pentatonix, Brantley Gilbert, Satisfaction—Rolling Stones Tribute Show. Demolition derby, agricultural exhibits, horse shows, horse pulling, cattle shows. Midway, grange, 4H, and lots of entertainment. (802) 878-5545. info@cvexpo.org. www.champlainvalleyfair.org.

### 73rd Annual Guilford Fair

September 3-4 • 163 Fairgrounds Rd., Guilford, VT

Horse draw, cattle and horse shows and sheep shearing demonstrations. Live music, beautiful homegrown produce, flowers, handiwork and hobbies. guilfordfairvermont.com.

### 146th Annual Tunbridge World's Fair

September 14-17 • Rt. 110, Tunbridge, VT

Old fashioned agricultural fair in a rural setting. 4-H exhibits, midway, free grandstand. Livestock Cavalcade, agricultural exhibits, antique tractor pulls, crafts, live entertainment, ox and pony pulling, gymkhana, harness racing. Sheep dog trials, Log Cabin Museum, Larkin Contra Dancing, Antique Hill. (802) 889-5555. www.tunbridgeworldsfair.com.



### Brown Bag Lunch Series

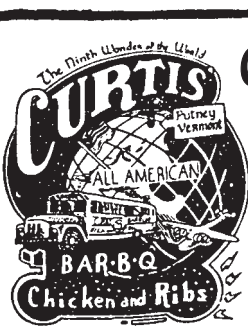
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# Billings Farm & Museum Hosts August Festivities

Billings Farm is an operating Jersey dairy farm that continues a 145-year tradition of agricultural excellence and offers farm programs and historical exhibits that explore Vermont's rural heritage and values. The Farm & Museum has served as a gateway to Vermont's rural heritage for over 1.5 million visitors. In addition to the following special events, you can visit the farm for Time Travel Tuesdays, Wagon Ride Wednesdays and Foodways Fridays. Whether you are a visitor or make Vermont your home, plan a trip to Billings Farm & Museum this summer. You'll have a great time!

### 31st Annual Quilt Exhibition

Billings Farm & Museum, gateway to Vermont's rural heritage, will host its 31st Annual Quilt Exhibition from July 29 through September 17, 10 a.m. to 5 p.m. featuring quilts made by Windsor County quilters.

The exhibition includes quilting activities and demonstrations for every age and skill level, with quilters on hand to discuss their work. Challenge quilts made by the Heart of the Land Quilter's Guild will also be exhibited. A quilt challenge requires specific design and construction rules agreed upon by guild members, with the goal of improving their quilting skills. This year's theme is "Play".

For over three decades, Billings Farm & Museum has played a significant role promoting and encouraging the quilting tradition in Windsor County. Still considered both a creative and utilitarian household craft, renewed interest in the tradition dovetails with the museum's mission of celebrating Vermont's rural heritage. Since 1985, over 280 quilters have submitted more than 1,000 quilts for exhibit at the Farm & Museum.

### Farm to Ballet

Grab your blanket, picnic basket, and the entire family to experience Farm to Ballet—an early evening, full-length ballet performance at the Billings Farm on Saturday, August



Parade of tractors at the Antique Tractor Day at Billings Farm & Museum in Woodstock, VT.

photo by Billings Farm & Museum

5 at 6:30 p.m. The colorful program reinterprets classical ballet pieces to tell the story of three seasons on a Vermont farm—accompanied by a live string sextet playing music by Vivaldi.

The Farm to Ballet Project is a dance collaborative designed to celebrate the unique culture of New England farms, while promoting a vibrant, local, and sustainable food system and introducing new audiences to the beauty of classical ballet.

Doors open at 5:30 p.m. for exploring the operating dairy farm, featuring the Jersey herd, draft horses, sheep, and oxen. Pack a picnic or snack on a Billings Farm Picnic, which includes the farm's own 100% raw milk cheddar cheese made from milk produced exclusively from the Billings Jersey herd, crackers, and fresh fruit while you enjoy the performance! Hot and cold beverages and Vermont-made ice cream will be available at the dairy bar and Billings Farm's prizewinning cheddar cheese may also be purchased.

Proceeds from the ticket sales of Farm to Ballet will sup-

port the farm's educational programming. General admission \$15; general admission (plus a \$10 donation) \$25; general admission (plus a \$20 donation) \$35; children 12 & under are free. Tickets are available through the Farm & Museum at [billingsfarm.org/product/farm-to-ballet/](http://billingsfarm.org/product/farm-to-ballet/) or [flyntix.org](http://flyntix.org). For more information and tickets please visit [www.farmtoballet.org](http://www.farmtoballet.org) or call (802) 457-2355.

### 17th Annual Antique Tractor Day

17th Annual Antique Tractor Day takes place on Sunday, August 6th, from 10 a.m. to 5 p.m. featuring both restored and unrestored tractors dating from the 1930s to the 1970s. The narrated tractor parade at 1 p.m. provides a wonderful opportunity to see the machines operating, with interesting and historical background details about each tractor. Tractor-drawn wagon rides will be offered. Make-it-take-it wooden tractors for children, a toy tractor sandbox, ice cream making, and more will be on hand for family fun.

### Heritage Chicken Days

Billings Farm Heritage Chicken Days are featured on Saturday & Sunday, August 19 & 20, from 10 a.m. to 5 p.m. A variety of heritage chicken breeds will be on display, including threatened and rare breeds like the Blue Andalusian and Buff Laced Polish. All are protected breeds of the American Livestock Breeds Conservancy, a nonprofit membership organization working to conserve over 180 historic breeds of livestock and poultry and maintain genetic diversity.

Heritage Chicken Days will feature programs and information about each breed's unique traits, plus interesting facts about chicken and eggs. Chicken-themed activities and programs for children include make-it-and-take crafts and games.

Admission includes all activities and programs. Adults \$15; 62 & over \$14; children 5-15 \$8; 3-4 \$4; 2 & under free. Open daily May 1 through October 31, 10 a.m. to 5 p.m., weekends Nov. - Feb., and Christmas & Presidents' weeks, 10 a.m. to 4 p.m.

The Farm & Museum is located one-half mile north of the Woodstock village green on Rt. 12. (802) 457-2355. [www.billingsfarm.org](http://www.billingsfarm.org) or through Facebook: [facebook.com/BillingsFarmMuseum](https://www.facebook.com/BillingsFarmMuseum).

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# A 60-Mile Tramping Trip in the Green Mountains

by Edith M. Esterbrook

— Circa 1917 —

Such delightful memories of last year's hike lingered in our minds that when our former leader expressed the desire to guide us through untrodden and longed for trails in Somerset, it needed but the one word to bring us all together at the appointed time, our numbers augmented by the addition of a properly enthusiastic new member.

We staged from Williamsville to East Dover, then walked over the hills to West Dover. Because of haze we lost the superb view from Dover Hill, which includes the Green Mountains, the White Mountains and Monadnock in its magnificent sweep. We ate our noonday lunch on the piazza of the only remaining house on Dover Common, facing the church (still used for town meetings), these two being the sole survivors of a score or more which not so many years ago clustered about the green. A little flock of goldfinches, which paused for a moment on the barn and shed, afforded the only bit of life, for the one remaining house had been vacated a short time before. As the probable annual rental for the same was placed at twelve or fifteen dollars, we will hope that it may be re-opened. It would make an ideal place for a camping-out vacation, as it contains enough furniture to be habitable.

The general mistiness of the atmosphere deterred us from going over Cooper Hill, as the splendid view from that point would have been obscured, and a slight drizzle of rain made the bushes rather wet for much cross-country traveling. We did however take a delightful backroad leading towards West Dover and a small cutoff across pastures, with lovely glimpses of the surrounding hills and through bits of woodland, with the whiff of a fox and the crossing of a brook on stepping stones.

We turned east and after two or three miles reached Grout's Mills, a deserted village with one large vacant house, which had been selected as a camping place for the July meeting of the Vermont Bird and Botanical Clubs.

Just as we had finished eating our lunch on its piazza, an automobile approached and in it were two gentlemen who had charge of the camp arrangements for these clubs. From one of them, a botanist, we learned that a rare variety of the blue-eyed grass grew in that neighborhood and from his description we identified some of it a day or two later. This variety has the sheath which bears the flower on a tiny stem

***"The next day we continued our tramp by delightfully grassgrown backroads till we emerged on Taylor Hill in Winhall."***

instead of being sessile on the main stalk as in the common kind. This incident served to show what a wealth of scientific information could be gleaned by any one fortunate enough to sit humbly at the feet of the scientists encamped at Grout's.

A detour was made to visit Grout's Pond, a lovely sheet of water, beloved of fishermen, a mile and a half from the highway. At one spot, where stood an old cellar hole in a clearing, there was a superb view of the hills round about. And just off the main road at the Daniel Webster log cabin (erected where the great orator addressed the people at the base of Stratton Mountain) was a magnificent view of Pisgah and the whole Haystack Range, also of the vast wilderness through which we had come, bounded on the west by the lovely Glastenbury Hills.

Delayed a few minutes by a sudden thunder shower, we reached the remodelled Green Mountain House at West Wardsboro in time for a late supper. We were among the first guests under its new management, two Brattleboro schoolteachers having taken the hotel for the summer, and as we had warned them of our probable arrival, they had made strenuous efforts to be ready for us. The results of their labors were most deeply appreciated by our party of just a trifle footsore and weary pilgrims (we had covered nearly 18 miles that day).

The next day we continued our tramp by delightfully grassgrown backroads till we emerged on Taylor Hill in Winhall, and had such a panorama spread before us as one may travel many miles in many lands to see. A wide circle of hills and mountains spread out before our eyes as we looked across a broad valley studded with farms and villages, the latter so concealed in the trees that they were guessed at rather than actually seen. As a man, who appeared from nowhere to point out and name the different peaks, told us, "you can see 18 townships from the hill back here, if you know where to look for them." He also said that he had sometimes rested from his ploughing and counted over 100 farmsteads spread out before him in the valley below.

To the west and near at hand was Winhall Mountain, then the Marble Mountain in Dorset, Bromley Mountain in Peru and beyond, Stiles and Tabor. Way in the dim distance, as one said, "like a shadow on the sky," was Killington in its remote majesty, while far to the northeast Ascutney raised its huge blue bulk. Glebe Mountain in Londonderry closed the semicircle at the east; and from a slightly higher point,

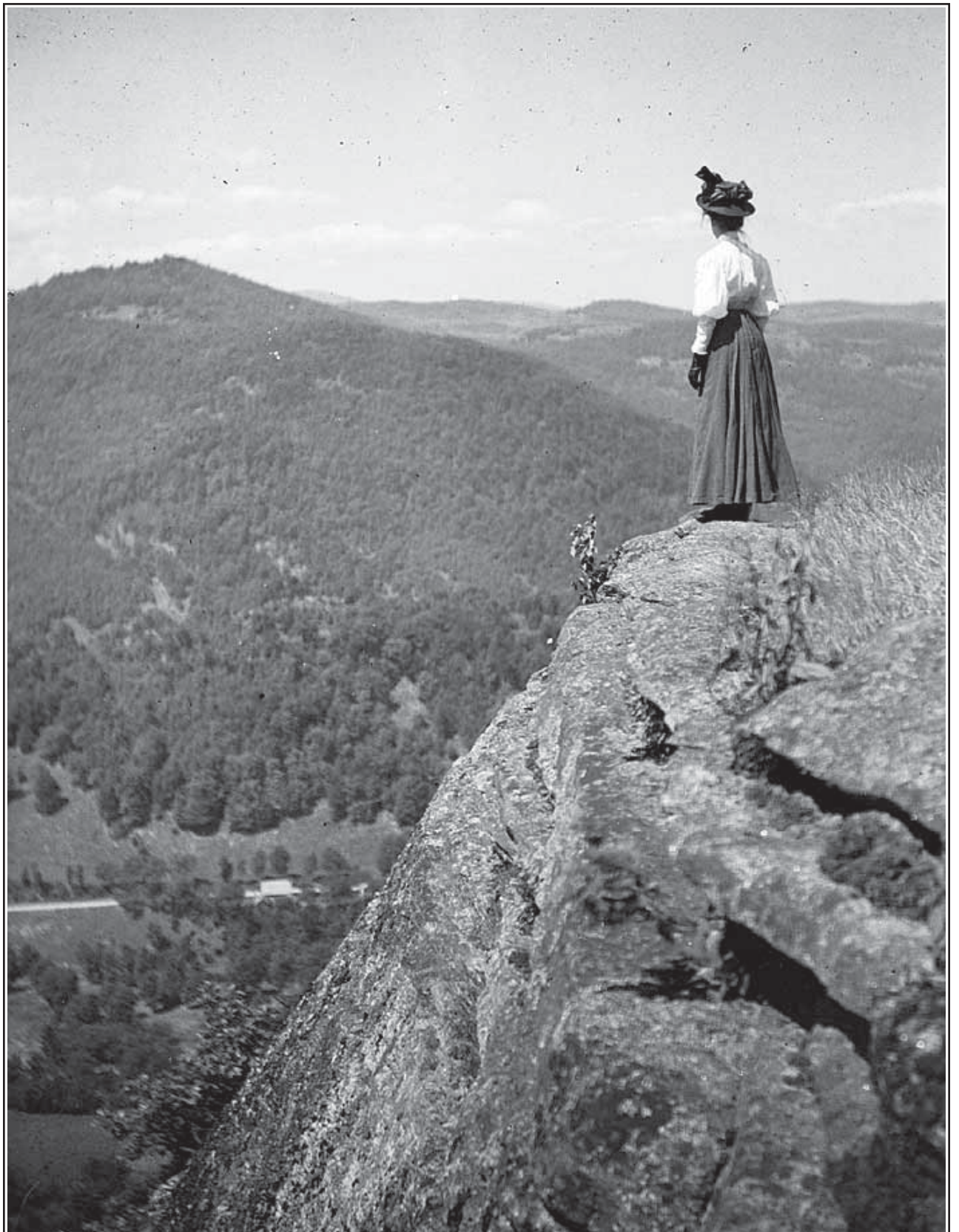


photo by H.L. Chapman courtesy of the Vermont Historical Society  
Viewing Townshend, VT from Peaked Mountain, circa 1910.

Equinox in Manchester rose up on the opposite hand, and Stratton to the southwest loomed so near that every tufted tree stood out individually and it seemed as if one could stretch forth a hand and touch it.

Leaving this glorious prospect we descended rapidly by a leafy road to "the iron bridge" over Winhall river, and a mile of sandy level brought us to the Morgan House at Bondville where we found rest and good cheer. We also found, much to our chagrin, that had we but known it, we could have dropped directly from the brow of Taylor Hill by a fascinating "winter road" through the woods and come out at the hotel, saving a mile of walking and avoiding the dusty level stretch from the bridge. Let any prospective wanderers in these wilds note well this point.

Saddened in spirit by the thought that our tramp was nearly

over, we next morning walked over Fuller Hill, with every now and then lovely glimpses of Stratton, Bromley, and lesser heights. At South Londonderry we connected with the picturesque West River Railroad, which winds through a lovely valley to Brattleboro, thus ending our summer adventure.

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# A Vermont Almanack For Late Summer

by Bill Felker

But I shall see the August weather spur  
Berries to ripen where the flowers were—  
Dark berries, savage-sweet and worth the wait—  
And there will come the moment to be quick  
And save some from the birds, and I shall need  
Two pails, old clothes in which to stain and bleed,  
And a grandchild to talk with while we pick.

—Richard Wilbur from "Blackberries for Amelia"

## The Blackberry Moon And the Cricket and Katydid Moon

Dark blackberries flavor the season of late summer. When they are ripe enough to pick, then all the crickets and katydids sing through the nights, and the first bird migrations are underway.

**August 2:** Lunar apogee (when the moon is farthest from Earth)

**August 7:** The Blackberry Moon is full at 1:11 p.m.

**August 14:** The moon enters its final quarter at 8:15 p.m.

**August 18:** Lunar perigee (when the moon is closest to Earth)

**August 21:** The Cricket and Katydid Moon is new at 1:30 p.m.

**August 29:** The moon enters its second phase at 3:13 a.m.

## The Sun

This month, the sun moves halfway between summer solstice and autumn equinox, entering Virgo and reaching Cross-Quarter Day on August 23.

A total eclipse of the Sun occurs on August 21, visible in its entirety in an area from Oregon through the central and southeastern states. A partial solar eclipse will begin in the Northeast around 1:30 and last and will last until about 4:00 in the afternoon.

## The Planets

Moving retrograde above Orion into Gemini, Venus holds on to its position as the morning star. Mars, in Cancer, is still hidden from view. Jupiter remains in Virgo, low on the western skyline at dusk. Saturn lies below Hercules at sundown, disappears into the west after midnight.

## The Shooting Stars

The Perseid meteors peak August 11 through 13 in the east an hour or so after midnight below the Milky Way in Perseus. This shower can produce up to 60 meteors in an hour. If you look too far to the east, you will see Orion emerging out of the trees. If you look too far west, you will see the Great Square. The gibbous moon may limit the number of meteors you will be able to see.



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Tedding hay in East Braintree, VT.

photo by Nancy Cassidy

## August Almanack Phenology: When...Then

When honeysuckle berries ripen, and hickory nuts and black walnuts drop into the undergrowth, then dig your potatoes.

When green acorns fall to the sweet rocket growing back for next year's flowers, then black walnut trees will have lost about a third of their leaves and hummingbirds, wood ducks, Baltimore orioles and purple martins start to move south.

When the violet Joe Pye weed flowers become gray like the thistle-down, then peaches, processing tomatoes and peppers are almost all picked, and the fruit of the bittersweet ripens orange.

When watermelons are ripe and firefly season comes to a close, then cut the last of your oats and put in your fall peas.

When spiders start to increase their building of webs in the woodlot, then yellow jacket season begins in the windfall apples and plums, and morning fogs increase in the lowlands.

When the first field corn is mature, then divide and transplant the lily-of-the-valley.

When cardinals stop singing before dawn, then watch the soybean leaves yellowing in the fields and get ready to cut corn for silage.

When velvet leaf goes to seed in the fields, then frost time approaches for pastures in the Rocky Mountains.

When you see long flocks of blackbirds moving across the sky, then it's time for plums to be the sweetest of the year.

After you pick the last of the elderberries, then scout the fields for late-season pests: second-brood corn borers, second-generation bean leaf beetles and rootworm beetles.

When the first wild grape is sweet, then prepare the soil for the planting of winter grains.

When all the summer apples have been picked, then look for the first puffball mushroom of the year to swell in the cool, damp nights.

When you see more than one Judas maple tree in the woodlot, then hickory nutting season gets underway.

When red leaves appear on the Virginia creeper in Kentucky, then snow threatens gardens in central Canada.

When the last garden phlox dies back, then ragweed time winds down and the year's final tier of wildflowers is budding: beggarticks, bur marigolds, asters, zigzag goldenrod.

When the midseason hostas and the lilies are gone, then summer stabilizes again, solid in the gold and purple cone-flowers, the tall wingstem and ironweed, the rich opening of the ragweed, the green budding stalks of the goldenrod poised, their full season still ahead, reassuring, promising the long-lived asters soon.

When dogbane pods turn reddish brown in the fields, then wood nettle has gone to seed under the high canopy.

When elm trees start to turn, then watch for mallards flying south. Whip-poor-wills, cedar waxwings and catbirds follow.

When greenbrier berries are black, then prickly mallow blooms along the fencerows and most of the oats are cut.

When the last summer apples have been picked, then the wood thrush migrates south.

When arrowhead blooms in the waterways, then pale Asian lady beetles look for safety from winter in the siding of your house and barn.

## Passage into Virgo

On August 22, Cross-Quarter Day, the sun reaches a declination of 11 degrees, 42 minutes, the halfway point between summer solstice and autumn equinox. Having dropped below the celestial equator in the first week of late summer, the sun now enters the more volatile sign of Virgo, the first of the most violent periods of change in the second half of the year.

Throughout the remainder of the month, high late summer still holds sway. Cicadas and katydids and crickets are still boisterous in the night. Fold-wing skippers still chase each other in the morning sun. Great colonies of ants migrate. Beds of false bonaset and trellises of virgin's bower bloom. Tall blue bellflower and burdock and euonymus keep their blossoms, and fields glow with seven-foot wingstem, tall coneflowers, early purple ironweed, late bouncing bets and black-eyed Susans.

The latest wildflowers of the year, the heralds of early fall, are set to open. Bur marigolds, zigzag goldenrod, tall

goldenrod, Jerusalem artichokes, broad-leafed swamp goldenrod, New England asters and small-flowered asters are budding.

The weakening sun accelerates its message to the monarchs and swallowtails and the fall webworms. Sparrows form larger flocks. Robins emerge from their middle summer retreats. Great murmurations of starlings become more common. Peaches, plums, grapes, blackberries, second-crop raspberries and elderberries sweeten, then close their seasons. Yellow jackets come to feed in the fallen fruit

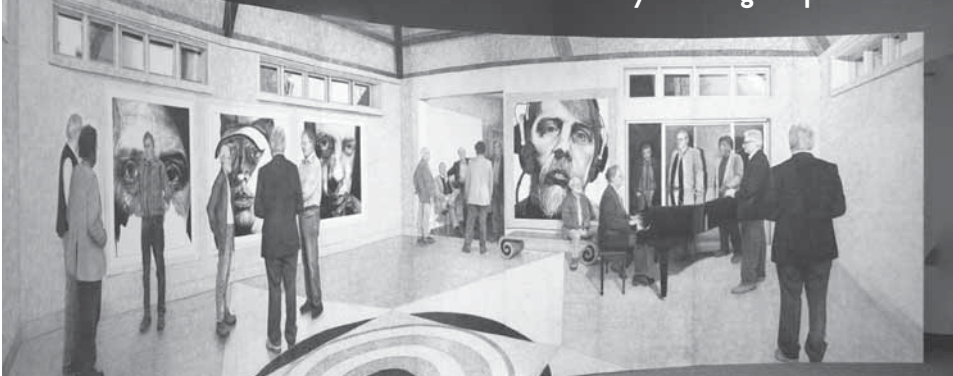
At the transition between Leo's vast plateau of heat and color and Libra's sudden collapse of the forest canopy, Virgo brings the first turning of the leaves and chance of frost. Hickory nuts fall to earth. The first black walnut leafturn and leafdrop began in the center of July's Leo, and now the walnut trees are shedding, yards and paths filling with their leaves. The horse chestnuts follow, and then the cottonwoods and then box elders.

—B.F.

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# Take The Plunge

## An Explorer's Guide to Swimming Holes of Vermont

by David Hajdasz

Remember the "old swimmin' hole"? Well, many are still here and they are still lots more fun and naturally beautiful than a chlorinated swimming pool!

David Hajdasz's book, *Take the Plunge — An Explorer's Guide to Swimming Holes of Vermont*, now in a new second edition, as well as his website, [SwimmingHoles.info](http://SwimmingHoles.info), focuses on moving, fresh water spots like creeks, rivers, springs and waterfalls. Also listed are other swimming places on lakes, quarries or bays which have unique features that make them especially beautiful or fun for swimming.



### Clarendon Swimming Holes

There's a big difference between quarry swimming and river swimming. Quarries carry the mystique of being virtually bottomless. With quarries, you're either in the water or out of the water trying to figure out how you'll get out of the quarry once you're in.

Rivers are a different matter altogether. You can ease into a river and slowly move out into the current. Once there, you can let yourself get lost in the power of the moving water and get a real sense that the river is actually alive; you can connect with it. Fortunately, swimmers can quench their thirsts for quarry and river swimming in and around Clarendon, VT.

Clarendon is blessed with several beautiful rivers: Otter Creek, Cold River and Clarendon River all provide fine swimming.

### Swinging Bridge Swimming Hole

The Swinging Bridge swimming hole is located beneath a beautiful suspension bridge over the Mill River along the Long Trail in Clarendon, VT. This is the same Mill River that holds the Devils Gorge and Clarendon Gorge swimming holes further downstream. Though close to the road, the approach to the swimming area is somewhat longer than you expect and is part of the fun of visiting.

When the midsummer wildflowers are in bloom in the meadow just before the bridge, you just might linger there until the urge to swim moves you along. As you approach the bridge, you'll notice that it's certainly sturdy enough, yet it still swings gently as you make your way across. After crossing the bridge, turn right and make your way downstream; there are many pools to choose from.

The proximity to the very busy Rt. 103, the large parking area and the ease of access are the perfect combination for large crowds here. Use your best judgment and plan to visit during off peak times such as weekday mornings. It's well worth the effort.

**Directions:** From Rutland, VT, take Rt. 7 south then take a left onto Rt. 103. Follow Rt. 103 for approximately 2.5 miles, to a large parking area on the right.

**Location:** Clarendon, VT. 43.5199W, 72.9262N

**Swimming:** Swim in the many pools below the bridge.

### Clarendon Gorge

Clarendon Gorge, on the Mill River, is a well-known swimming hole just south of Rutland. With no waterfall, an unassuming swimming area that is situated a bit too close to the traffic zooming by on Rt. 7, a north facing cliff that always seems to be in the shade, a somewhat awkward rope swing and, at times, a crowd, you might think that this is not a special place at all. But it is.

The hole is surprisingly deep and the cliff is very interesting too. Just upstream where the river bends north and the traffic noise disappears, you'll find some good fast water to dabble in and feel the power of the river. Visit here once and you will return.

The Vermont River Conservancy has secured perpetual access to Lower Clarendon Gorge.

**Directions:** From the southernmost junction of Rts. 7 and 4 in Rutland, follow Rt. 7 south for 4.6 miles to the turn off for Rt. 7B. Take a left onto Rt. 7B, and you will see a parking area immediately on the right. Follow the trail at the southern end of the parking lot down to the river.

**Location:** Clarendon, VT. 43.51425N, 72.96620W

### Devil's Gorge

There are two swimming holes just south of Rutland. One is the well-known Clarendon Gorge pool very close to Route 7. Though fun in its own right, the obvious swimming hole at the end of the trail from the parking lot is only half of the story here. Devil's Gorge is just north of Clarendon Gorge swimming hole, on the same Mill River.

Walk, swim, trudge and scramble your way upstream, past two sharp bends in the river and discover the eerie abyss that is Devil's Gorge.

At the end of your journey, you'll be rewarded by swimming in one of the most unique swimming holes in Vermont. So narrow at one point, you can actually touch both sides of the chasm as you try to swim to the uppermost waterfall. Deep, dark and spooky, Devil's Gorge will test your resolve. Strong currents that can occur in this narrow channel make reaching the falls at the top of the gorge a challenge, if not impossible. This section of the river is extremely private.

Returning from your Devil's Gorge pilgrimage is always fun. Simply let the river take you back downstream to Clarendon Gorge and the earthly safety of your car.

**Directions:** From the southernmost junction of Routes 7 and 4 in Rutland, follow Route 7 south for 4.6 miles to the turn off for Route 7B. Take a left onto Route 7B, and you will see a parking area immediately on the right. Follow the trail at the southern end of the parking lot down to the river. This is the Clarendon Gorge swimming hole described on page 29. Make your way upstream to Devil's Gorge.

**Location:** Clarendon, VT. 43.51643N, 72.96448W



### Safety First

Most accidents/drownings in natural swimming places are due to strong currents, diving and/or alcohol. Do not let carelessness or peer pressure get you into a situation you cannot deal with. Each time you go, wade in gradually and check the current. Do not jump in until you have checked both the depth and the current first. Look downstream—if the current is strong for a long distance or might pin you against a large object (e.g., bluff, large rock or downed tree) don't go in. Large rivers have hidden currents below the surface—assume large rivers are never safe to swim in regardless of how calm they look on the surface.

If you find yourself being swept away in a current, do not panic, do not fight the current and do not try to stand up (a foot can get trapped in rocks). Float feet first downstream on your back. Let the current carry you until it becomes more gentle and/or until you calm down. Then, staying on your back and still with feet first downstream, gradually use your arms to paddle to shore. If you swim or

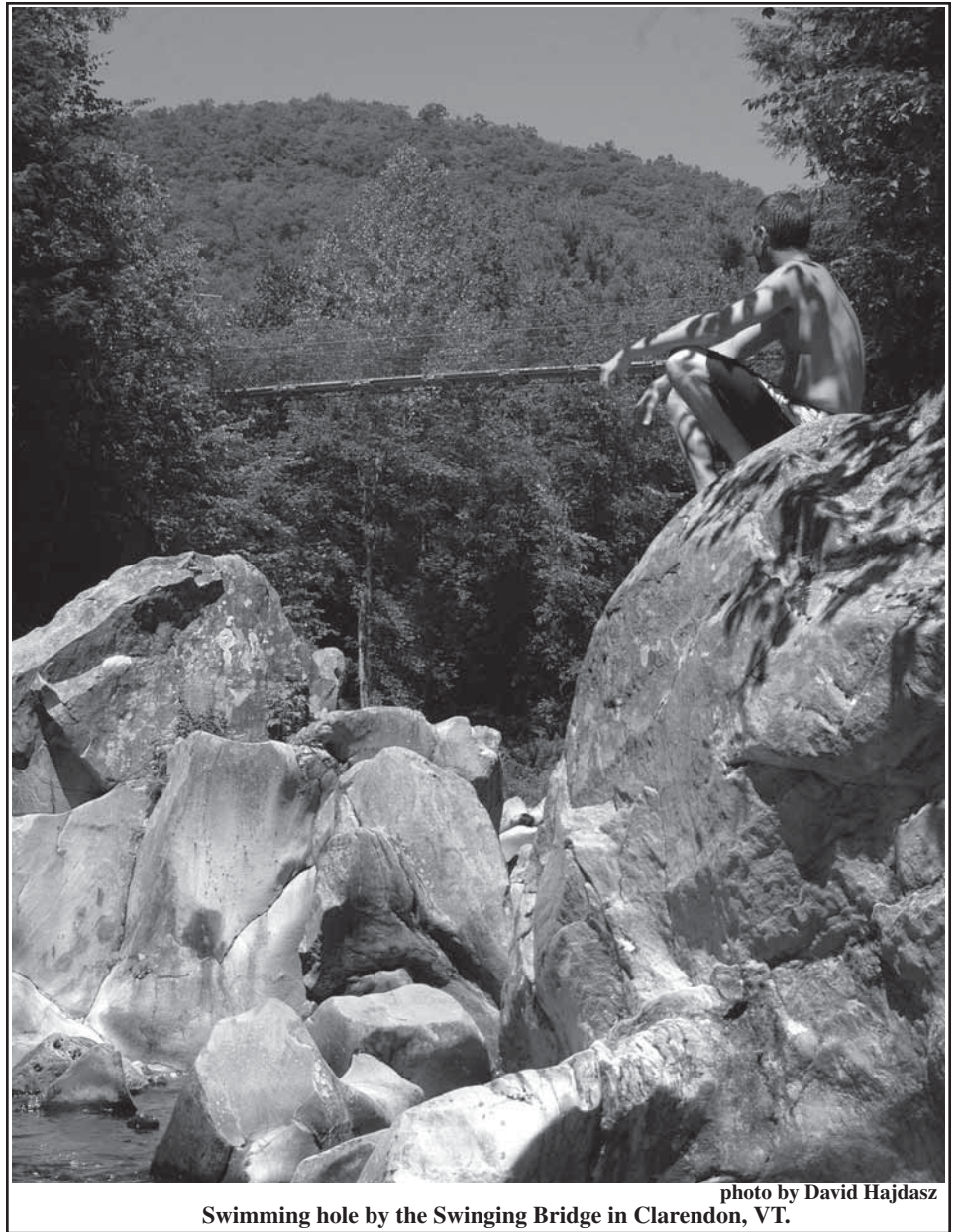


photo by David Hajdasz

Swimming hole by the Swinging Bridge in Clarendon, VT.

boat in creeks often, you should practice this maneuver until it becomes familiar.

Never do these things (even if others are doing them): dive headfirst (paralysis, death); swim alone (no rescuers); drink alcohol and swim (drowning); go barefoot (glass, sharp rocks); stand directly under a waterfall (rocks wash over falls); swim in upper pools of a waterfall (you wash over falls); climb above or alongside a waterfall (many deaths from this).

Follow these added precautions: don't put your hands or feet into places you can't see (snake dangers); be careful when on a rope swing (rope dangers); if rocks are very slippery, walk on all fours (hands and feet).

You may need to get into some cold water to enjoy many swimming holes, but the cold doesn't last, while the warm memories of a swim in a beautiful setting certainly will.

The new second edition of "Take the Plunge An Explorer's Guide to the Swimming Holes of Vermont" by David Hajdasz

includes descriptions, photos and the author's directions to over 40 swimming holes personally visited by the author. All of the author's proceeds from the sale of the books are donated to the Vermont River Conservancy.

The book is available throughout Vermont at book stores and many general stores. It is also available on Amazon.

Learn more than you would ever want to know about the why, when and how of swimming holes in Vermont at the website: [swimmingholes.info](http://swimmingholes.info).

Author Dave Hajdasz lives in Connecticut. He's an avid outdoor enthusiast who has enjoyed exploring fun and unique places such as caves, waterfalls and remote forests for the past 25 years. He's an experienced rock climber, kayaker, hiker, mountain biker and trout fisherman, though he always manages to get in a bit of swimming no matter where he goes. He holds the unusual distinction of swimming in 12 different natural bodies of water (one each month) in New England during the course of a year.

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# The Sparkle Barn—Gifts and Art from All Over the World

by Charles Sutton

When one sees flowers growing in gardens and even wild ones along the roadside, it may be difficult to imagine there also other beautiful and different flowers in countries around the world.

One artist whose fascination with nature's colors and especially flowers led her to combining flower petals from foreign lands with oil paintings on glass.

This artist, Stacey Harshman, recently opened a gallery of her works and a studio named The Sparkle Barn at 1505 Rt. 7 South, Wallingford, VT in a property that was formerly an antique business. The gallery also features works of artists and craftspeople from America and other countries.

## Artistic creations with paint and flowers on glass

On the day we visited, Stacy took us into her work area where she showed how she paints directly on glass combining resins and glass oil paints with real, dried and pressed flowers. She orders these flowers from counties worldwide guaranteeing a variety of different shapes and colors. She mixes and creates her many color combinations from a massive collection of small jars of oil paints. She started working with flowers on glass four years ago while learning how to make kaleidoscopes at a folk art school.

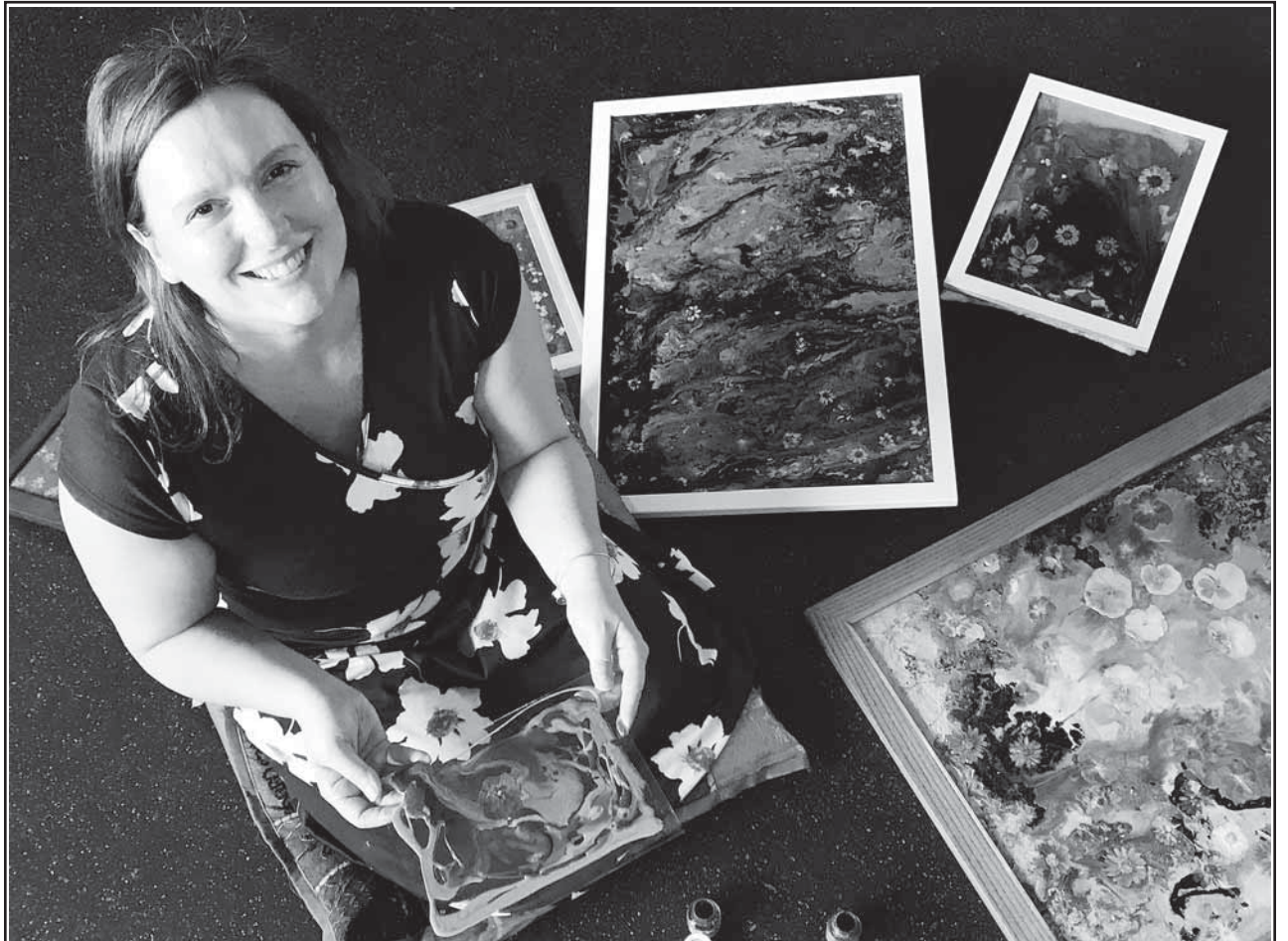
Her entitled works have such names as Easter Jewels, Fairy Garden, Romania and Rapunzel. The works come in small and large sizes costing from \$40 to \$350.

Visitors to The Sparkle Barn will be intrigued by the variety of works on display, some of which one has probably never seen before. Among that list might be Folded Page Book Sculptures by Luciana Frigeri of Norwich, VT. She actually folds the pages of a book into a sculpture.

## Artists from around the world

Other artists display from around the world are Handmade Felt Paintings by Christina Horbatiuk of Ukraine; Hand-painted Silk Scarves by Ivana Kristina of Serbia; Hand-blown Glass by Bruce Bentley of Wichita, KS; Reclaimed Barn Board and Slate Sculptural Art by Basin Reclaimed of Brandon, VT; Hand-crocheted Fairy Lights and Votive Candle Holders by Vita Orlovsky of Poland; and Hand-embroidered Hoop Art by Project Sarafan of Dublin, Ireland.

Also featured are Hand-painted, Kiln-formed Glass Vases and Sculptures by Pam Peters, a mother and daughter team from England; Vintage Broken China Jewelry by Anna Tuomisa of Helsinki, Finland; Nuno Felted Shawls by Fiber Art Europe of Latvia; Hand-made "Tweedy Family" Dolls by Svetlana Toykka from Russia; and Hand-felted Soaps by



Stacy Harshman looks up from the painting she's creating at her studio at The Sparkle Barn in Wallingford, VT. photo by Nicole Marie Polec

Lisa Bondurant from Virginia; Hand-spun Glass Plates and Bowls made in Turkey; Felt, Fabric and Textile Jewelry by Nari of Melbourne, Australia; and Patchwork Blankets made from vintage textiles from India.

## An eclectic beginning

Before moving to Vermont, Stacy lived in the East Village in Manhattan where initially she had a business selling antique rugs from Pakistan, Persia (Iran), and other foreign counties as well as American rag rugs. She attributed her interest in rugs and their colorful patterns to spending a lot of time in her grandparent's antique shop in Indiana where she grew up. She was fascinated then by antique colored glass which led to later artistic projects.

While in New York she also started making chandeliers, first out of glass swizzle sticks and later glass rods. This led to her launching a custom lighting design company called Andarina Designs. Many of its works are cube shaped.

She was fortunate in having a large apartment so she started inviting other artists and craftspeople in on Sunday afternoons. This community event involved hosting musicians, comedians, poets and writers and other artists. On one Sunday she recalled 90 people showed up. Well, it was a big apartment, she said.

## The Sparkle Barn—a community center for the arts

Stacy hopes her new home and studio in Wallingford, that includes a large barn, can become a community center for the arts. She envisions musical and artistic events, with workshops and classes being held there.

Joining Stacy in managing The Sparkle Barn is Nicole Polec, a powerhouse of talent and enthusiasm, whose title could include "secretary of sparkles." Nicole is an artist and her many talents, including photography, design, staging, imagination, and systems building have made the birth of the Sparkle Barn possible.

Coinciding with the opening of The Sparkle Barn, Stacey is releasing a book about an experiment in self discovery entitled *Crowning Glory* about her experiences pretending to be a different person by wearing a long, red wig for five weeks. She said she learned more about herself and other people than she ever thought possible. The book is available in print and eBook formats for \$9.99 and \$2.99 respectively. Stacy also authored a coloring book called *Swirled Nature* based on her painting designs. It retails for \$12.50.

The Sparkle Barn is located at 1509 Rt. 7 S., Wallingford, VT. It is open Tuesday-Sunday 9 a.m. to 6 p.m. (802) 446-2044. [www.thesparklebarnshop.com](http://www.thesparklebarnshop.com)

## Grandmother's Garden

As I sit alone and ponder  
On the days of long ago,  
I can see my grandmother's garden  
With its flowers all in a row.  
She had touch-me-nots and poppies,  
Bachelor buttons and zinnias too.  
She had sage and four-o'clocks,  
She had flowers of every hue.  
How she loved that flower garden  
I shall never, never forget.  
The fond loving care she gave it  
Lingers in my memory yet.  
She passed that love of flowers  
To this grandchild of hers,  
For she could raise a flower  
Where others can't raise burrs.



—ETHEL M. EWING, 1939



photo by Nicole Marie Polec  
Stained glass with bike gears by Lynn of Bangor, ME.

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## Rupert, VT

# August Festivities at Merck Forest and Farmland Center

There's a lot going on at the hillside farm at Merck Forest and Farmland Center. For all Merck outdoor events, please dress for the weather—wear sturdy shoes/boots, layered clothing, rain/snow gear; bring a flashlight/headlamp, snacks and water. Outdoor events are held weather-permitting. Here are some upcoming festivities.

### Guided Hikes

*Heaven is under our feet as well as over our heads.*

—H. D. Thoreau.

We couldn't agree more, so we're hosting a number of guided evening hikes over the next few months. Please call to pre-register.

**Perseid Meteor Shower Viewing.** August 12, 8 p.m., fee: \$3. Bring a blanket and prepare to be awed by the immensity of the skies over the mountains.

**Guided Sunset Hike.** September 23, 6 p.m., fee: \$3. Enjoy a spectacular evening with a sunset hike at Merck Forest.

**Hike Mount Antone.** October 1, 11 a.m., Fee: \$3. Let's do lunch—atop Mount Antone. Bring your cold lunch (no grilling available). This is a difficult hike. Dress for the weather with sturdy hiking gear.

### Upcoming Events

**U-Pick Berries.** Daily from 9 a.m. to 4 p.m. The sweet, sweet rewards of summer are ready! Raspberries (\$4.25/pound) are available now; blueberries (\$3.75/pound) will be along in about a week; blackberries and black raspberries (\$4.25) follow soon after. Think of the jams, jellies and pies that you and your family could enjoy!

**Farm Chores for Children.** Thursday afternoons from 2-4 p.m., through August 17. Fee: \$2.50 per person. On Thursday afternoons children (and their adult companion) join the farm staff at Merck Forest & Farmland Center for daily chores. Youngsters may feed the horses, pick berries, collect eggs and perform other tasks. Introduce children to simple farm routines and products, and to meet our animals under expert supervision. Suitable for children ages three and up. Please pre-register early, because participation is limited.

**Bluegrass Concert.** Saturday, August 5, 6 p.m. Free event. Bob Amos & Catamount Crossing return for another of their popular concerts. Bring a picnic supper to enjoy on the west-facing meadow above the saphouse, and prepare yourself for a toe-tapping good time.

### Open Farm Week

Open Farm Week is held daily, August 14-20 and is always busy, busy, busy and lots of fun.

**Draft Horse Clinic.** Tuesday August 15th from 1-4 p.m., Katie Connor presents her popular clinic for teens ages 12-15. Learn about heritage horse breeds, how to care for our two gentle giants, Fern and Arch, and perhaps have an opportunity to harness and drive the team. Limited to four participants, \$40 per student. Early pre-registration is suggested.

**Farm Chores for Children.** Final session on Thursday August 17th from 2-4 p.m. Fee: \$2.50 per person.

**Children's Garden Party.** Each weekday morning through August 18 at 10 a.m. Kids take part in planting, weeding, harvesting, storytime and games. Free.



photo by Merck Forest and Farmland Center

Happy blueberry pickers at Merck Forest and Farmland Center in Rupert, VT.

**Wagon Tour of the Farm.** Friday August 18th will be a big day for draft horses Fern and Arch, as they provide the transportation for an extended farm tour. As you ride, a member of the farm staff will describe our farming operations, as well as larger issues and current trends in sustainable agriculture. The tour is free.

**Blacksmith's Art.** On Saturday August 19th, Don Chandler will demonstrate blacksmithing.

Each day through Open Farm Week, Merck's farm is open for your exploration, with staff available to answer questions, sweet ripe u-pick berries, and the farm animals grazing on the hillsides. Bring a picnic lunch and plan to spend a day.

**Mushroom Identification Workshop.** Sunday, August 27, 10 a.m. to 2 p.m., Sue Van Hook's workshops always fill up quickly! \$30 per person or \$50 per couple. Call to register: (802) 394-7836.

*Directions: Merck Forest & Farmland Center is located between Rupert and Dorset, VT, at the top of the very large hill at 3270 Rt. 315 (Rupert Mountain Road). Please do not rely solely on your GPS: once you reach the top of the big hill on 315, turn into Merck Forest's driveway. If you start going downhill, you've missed us! For more information call (802) 394-7836. Visit [www.merckforest.org](http://www.merckforest.org).*

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# Castleton Hosts 79th Annual Colonial Day House Tour

Step back in time as hostesses in Colonial attire greet guests in homes along Castleton's historic Main Street during the 79th Annual Colonial Day House Tour, Saturday August 19th from 10 a.m. to 4 p.m.

The self guided walking tour includes over a dozen sites throughout the village including outstanding period homes, public buildings and historic sites.

The Castleton Federated Church on Main Street, described as architect-builder Thomas Royal Dake's architectural masterpiece, is a popular stop on the tour. The pulpit, with its intricate moldings and panels is one of the most extraordinary in the state. Dake is famous for his beautifully scaled spiral staircases which can be seen in some of the homes on the tour. The Federated Church, was completed in 1833. It features what many feel is the most beautiful pulpit in Vermont.

The story goes that Dake, nearing completion of the building, ran out of money. When he approached the church committee that had hired him to build the church for \$6,000, they refused to appropriate more than the original \$250 for the pulpit. Determined to include his masterpiece as planned, Dake spent \$150 of his own

money for the completion of the pulpit. The congregation faces forward toward the pulpit and main entrance doors which guarantees that there will be no late comers!

At the Higley House, home of the Castleton Historical Society, at 407 Main St., visitors can tour the exhibits, antique tools, carriage collection and period fashion display of 19th century clothing and accessories.

On display at the Higley House will be the famous Blue Cat Quilt depicting historic landmarks in town and highlights from the book *The Blue Cat of Castleton*. The quilt was entirely hand sewn and hand quilted with over 375 hours spent in creating the unique pattern of quilting stitches.

New on the tour this year is the St. Mark's Episcopal Church dedicated in 1899 and recently renovated into a charming private residence. Triangular stained glass windows, hardwood floors, an original pew and internal wood beams are featured in the living area.

Items dating 1871 to 1899 that were found in a time capsule during the renovation of St. Mark's will be on display in the Buel Block building across the street.

Demonstrations of Early American crafts including chair caning, slate carving,



The pulpit at the Castleton Federated Church in Castleton, VT, now part of the Colonial Day House Tour.

spinning and hand carved wooden spoons can be seen in homes on the tour.

The Castleton Free Library will hold an ice cream social from 2-3 p.m. At 3 p.m., Friends of The Library will host Glenn Andres, Professor Emeritus of Art and Architecture at Middlebury College, a well renowned architect, author and inspiring speaker who will talk about the historical architecture of

Castleton. There is no charge for this program and it is open to the public.

The 2017 Castleton Colonial Day House Tour will be held rain or shine. Tour tickets are \$20 (\$18 seniors 62+) and can be purchased on Colonial Day at ticket booths on Main Street.

For more information call (802) 468-5691 or e-mail: [rileytjvt@comcast.net](mailto:rileytjvt@comcast.net)

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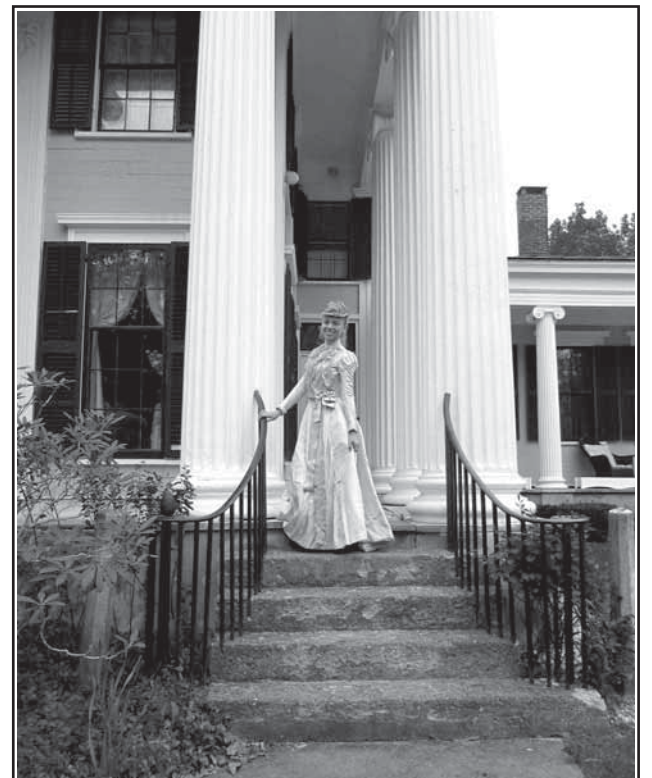
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A Colonial Day Hostess beckons on the front steps of The Manse on Castleton's Main St.

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## Being Part of Colonial Day by Pamela Hayes Rehlen

I've been part of Castleton Colonial Day pretty much all of my life. I started young—although not young enough to have been pushed around in the 1890s rattan baby carriage. I'm guessing that wasn't something my mother was prepared to do.

The rattan baby carriage is now out of active service, and presently it sits in the front window of our Castleton Village Store, along with two quilts, some 19th century dresses, a top hat, and a child's sleigh, all part of the town Historical Society's every-summer exhibit of old-time Castleton life.

As a young teenager, a week or so before Colonial Day I would report to the historic, town-center, Buel Block with my mother and sister and climb the stairs to a room haphazardly awash with antique clothing.

Back then, there were still plenty of outfits from the 1800s to loan out, especially seldom-worn-out mourning dresses, and I could wear any of them because I had an eighteen-inch waist.

A few years later, I moved from being Colonial Day re-enactor to Colonial Day historic house owner. Soon after my husband and I bought the Manse, Mildred Northrop—in her official capacity as Castleton Women's Club representative (wearing a hat and gloves)—came on a formal visit to ask us to open. In the old days, those sorts of visits by aristocratic Women's Club leadership were a singular honor.

Now I stand at my door, and because the Manse is smaller than a visitor would suppose and the few downstairs rooms open into each other, I only need a single hostess-helper, and for the last several years, that's been Davene Brown, who lives in the summer on Lake Bomoseen's Nesobe Island.

Visitors arrive and listen to me give my spiel about Justin Ransom, the successful sheep-farmer, Manse-builder, who in the 1840s commissioned his attention-grabbing early McMansion. At the end of my talk, they invariably confess, "I've always wanted to see the inside of this house."

When I was young, I also yearned to explore the Manse. Sometimes tagging along behind my mother, I got inside.

**"Three black-faced lambs are having  
a stiff-legged jumping game  
around and over a little hillock."**

That was back when Olaf Johnson, his wife Elizabeth, and their four sons used the place as a church parsonage, and the interior was pretty thread-bare and ordinary. Plus there was always a ribbon stretched across the bottom of the hall staircase, barring the way to a dim, possibly-more-exciting, second floor.

Some Colonial Days, Davene and I sit well into the morning before anyone arrives, but then later in the afternoon when things get going, there isn't enough space for everyone to crowd into our smaller-than-expected center room.

Whether attendance goes up or down, ticket sales have always come out where they need to, and that's good because Colonial Day revenues make up almost all of the Castleton Women's Club charitable projects budget.

Colonial Day was started in the 1930s by the Federated Church Ladies Aid Society. After a few years, the Women's Club took it over. Throughout its long life, it's always stuck to the same format, although the world and the town have changed dramatically.

For the 18th Annual Castleton Colonial Day, held on August 7, 1957, a major part of the event was the Colonial Day parade. Parades are a lot of work. They call for the kind of all-town commitment that is probably impossible to marshal in Castleton today.



Pam Rehlen prepares for the Colonial Day parade back in 1957 in Castleton, VT.

In 1957, the Colonial Day procession was made up of 22 historically-themed carriages and floats, many miscellaneous entrants, and patriotic music supplied by the Ludlow School Band.

Long-time, well-regarded, Federated Church minister Olaf Johnson led off as town crier. He was followed by an antique bicycle, the rattan baby carriage, horseback riders, surreys, a Tally-Ho, a barouche, and nine ambitious floats.

I was in a tiny, open, buggy—wearing my usual widow's weeds—sitting close to Pond Hill Stables Harry O'Rourke who was masterfully driving our little rig.

Down the line in the Tally-Ho, my sister and 'Burkie' Brough, along with four other Broughs, some Elliots and a Rogers were standing in for, "Mrs. Moses Hawkins and her eleven children."

Pride of place went to the early-settler, Nathaniel Northrop's, barouche, in which rode Mildred Northrop, town patriarch 'Old Ed' Ellis, Ed's wife and his granddaughter Pam—now a local grandmother herself.

After the parade, a dramatic reading of "The Patriots" was held at the Village School. Historic-topic movies were shown continuously at the library. Late afternoon, Early American dances were performed in the Edson garden on Glenbrook Road.

These days, history and patriotism seem to have given way to more commercial enterprises because now there's no parade. Instead there are a number of yard sales and food vendor booths on the green, and by late afternoon when the houses are ready to close, Castleton becomes a ghost town.

But, overall, Colonial Day endures. It brings out a lot of people, and it's one of the only acknowledgements and celebrations of the town's rich past.

I'd always want to be part of that.

*Pamela Hayes Rehlen has written and lived most of her life in Castleton, Vermont. She is the author of stories, articles, essays and magazine features, and of two books: **The Blue Cat and the River's Song** (\$17 plus shipping and handling) and **The Vanished Landmarks Game – Vermont Stories from West of Birdseye** (\$20 plus shipping and handling) available at the Castleton Village Store, P. O. Box 275, Castleton, Vermont 05735, and at a number of Vermont booksellers. To reach the store, call (802) 468-2213.*

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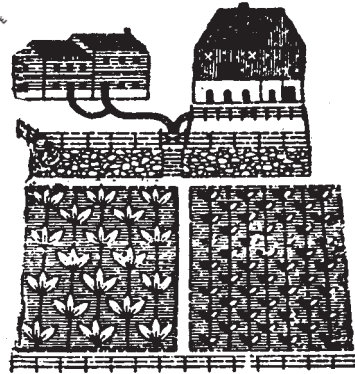
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# Vermont Country Calendar

See the end of the daily event calendar for ongoing activities and museums, exhibits, and galleries.

## SATURDAY, JULY 29

**BRISTOL.** The Three Day Stampede. Giant lawn sale including silent auction, food concession, bake sale, book tent! Motorcycle ride sponsored by the Red Knights of Vermont. 8 am – 8 pm. Bristol Recreation Field, 110 Airport Dr. (802) 453-4305. [www.threedaystampede.org](http://www.threedaystampede.org). Also July 30.

**BURLINGTON.** Lake Champlain Maritime Festival. Commemorating the past, present and future of beautiful Lake Champlain! Lake Champlain maritime exhibits; vintage boat show; U.S. Coast Guard exhibit; live musical performances; kids' entertainment; food; and crafts. On the Burlington Waterfront, from Perkins Pier to the Community Sailing Center. More information at [lcmfestival.com](http://lcmfestival.com). Also July 30.

**CABOT.** The 14th Annual Manifestivus. Vermont's uplifting international music festival. Admission \$25-\$80. Car camping: \$25 for one car and driver, \$25 for each additional camper. Pransky Farm, 234 Pransky Rd. (720) 446-8380. [www.manifestivus.com](http://www.manifestivus.com). Also July 30.

**DANVILLE.** The Great Corn Maze. Largest Maze in New England and one of the top 10 mazes in America! 10 am – 5 pm. Great Vermont Corn Maze, 1404 Wheelock Rd. (802) 748-1399. [vermontcommaze.com](http://vermontcommaze.com). Thru October 15.

**DOVER.** 9th Annual Blueberry Festival Parade. Local floats and marching bands. Parade starts at 11 am and goes north on Rt. 100 to Country Club Rd. After parade BBQ and crafts at Dover Forge at noon. (802) 464-8092. [www.vermontblueberry.com](http://www.vermontblueberry.com).

**HAVERHILL, NH.** 73rd Annual North Haverhill Fair. Admission: \$12/day, five-day pass \$48, 12 & under free. Overnight camping \$25, w/ac hookup \$30. 9 am – 11 pm. 1299 Dartmouth College Hwy. (603) 989-3305. [nohaverhillfair.com](http://nohaverhillfair.com). Through July 30.

**JOHNSON.** Lamoille County Field Days. Admission: Saturday \$12. Free parking. 9 am to midnight. Lamoille County Field Days Fair Grounds, 203 Wilson Rd. (802) 635-7113. [www.lamoillefelddays.com](http://www.lamoillefelddays.com). Through July 30.

**ORWELL.** Mount Independence Coalition Annual Meeting & Book Celebration. Followed mid-day by the launch party for the Coalition's new book, *Strong Ground*, a lively look at the compelling history of Mount Independence. 10:30 am – 2 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**POWNAL.** Pownal Valley Fair. Kids' fun fair. Exhibit hall, antique tractor pull, bingo, petting farm animals, fireworks, food booths and music. Sponsored by the Pownal Fire Department. 10 am – 10 pm. Behind the Post Office and Firehouse. (802) 823-5258.

**RUTLAND.** Vermont Farmers' Market. 9 am – 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). Saturdays through October 28.

**WEST DOVER.** Annual Deerfield Valley Blueberry Festival BBQ. Outdoor games and a billiards parlor featuring four nine-foot pool tables, two dart boards, foosball and ping pong. New England Center for Circus Arts Benefit Performance under the "big top tent", admission by donation, 12-4 pm. BBQ will be served all day. Festival opens at 11 am. Dover Forge, 183 Rt. 100. (802) 464-7117. [www.vermontblueberry.com](http://www.vermontblueberry.com).

**WINDSOR.** Harpoon Brewery BBQ Festival. Cover charge \$15, includes one beverage, food separate. Children 12 and under free with parents. 11 am – 7 pm, doors close at 5:30 pm. Event held rain or shine. Harpoon Brewery, 336 Ruth Carney Dr. (802) 674-5491. [www.harpoonbrewery.com/festivals](http://www.harpoonbrewery.com/festivals). Also July 30.

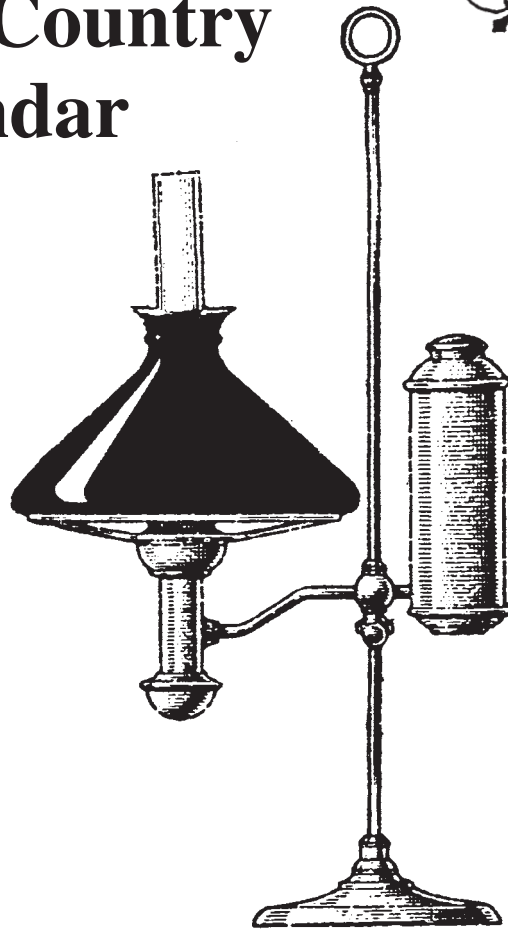
**WOODSTOCK.** 31<sup>st</sup> Annual Quilt Exhibition. Includes quilting activities and demonstrations for every age and skill level, with quilters on hand to discuss their work. Challenge quilts made by the Heart of the Land Quilter's Guild will also be exhibited. Admission: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org). Through September 17.

## SUNDAY, JULY 30

**ADDISON.** Blast from the Past: Historic Clock and Watches Afternoon. Green Mountain Timekeepers Society members talk about the history of your clocks and watches and how they can be repaired. Bring your clocks and watches or photographs. Admission \$5, children 14 and under free. 12 noon – 4 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [www.historicsites.vermont.gov/directory/chimney\\_point](http://www.historicsites.vermont.gov/directory/chimney_point).

**BENNINGTON.** Play: *Mauritius*. Tickets: \$39, \$12. 2 pm. Oldcastle Theatre Company, 331 Main St. (802) 447-1267. Also August 2 & 3.

**BRISTOL.** The Three Day Stampede. Giant lawn sale including silent auction, food concession, bake sale, book tent, kids toys and much more! 5K road race and walk-a-thon. 8 am – 4 pm. Bristol Recreation Field, 110 Airport Dr. (802) 453-4305. [threedaystampede.org](http://threedaystampede.org).



**BURLINGTON.** Lake Champlain Maritime Festival. Commemorating the past, present and future of beautiful Lake Champlain! Lake Champlain maritime exhibits; vintage boat show; U.S. Coast Guard exhibit; live musical performances; kids' entertainment; food; and crafts. On the Burlington Waterfront, from Perkins Pier to the Community Sailing Center. [lcmfestival.com](http://lcmfestival.com).

**CROWN POINT, NY.** Points of Interest: Lake Champlain Bridge Guided Walk, led by Crown Point site manager Michael Roets and Chimney Point administrator Elsa Gilbertson. Meet at the Crown Point, NY, State Historic Site museum. Rain or shine, dress for the weather. \$6, includes admission to both museums. 1-3 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov/directory/chimney\\_point](http://historicsites.vermont.gov/directory/chimney_point).

**HAVERHILL, NH.** 73rd Annual North Haverhill Fair. 8 am – 5 pm. 1299 Dartmouth College Hwy. (603) 989-3305. [garyscruton@yahoo.com](mailto:garyscruton@yahoo.com). [nohaverhillfair.com](http://nohaverhillfair.com).

**JOHNSON.** Lamoille County Field Days. Midway rides, music, entertainment, children's shows, commercial vendors, food, animals. Admission: Sunday \$10. Free parking. 9 am to midnight. Lamoille County Field Days Fair Grounds, 203 Wilson Rd. (802) 635-7113. [lamoillefelddays.com](http://lamoillefelddays.com).

**LYME, NH.** Summer Buffet Music Series on Post Pond. Susan Brison & Friends will be performing. Buffet dinner at 6 pm. Adults \$25, kids 5-12 \$10, 4 and under free. Reservations required. Loch Lyme Lodge, 70 Orford Rd. (Rt. 10 just north of town). (603) 795-2141. [www.lochlymelodge.com](http://www.lochlymelodge.com).

**WILMINGTON.** Annual Deerfield Valley Blueberry Festival. "Blueberry Splash" at Lake Whitingham. Listen to floating musical groups. Pack a picnic lunch and bring the family. At 2:30 pm watch the parade of boats! Decorate your boat blue, and at 2 pm meet at High Country Marina for the parade of boats line-up! Help from High Country Marina & prizes from the Hermitage Club. Music at Wards Cove and at the end of Fairview Ave. boat landing on Lake Whitingham. 1-5 pm. (802) 464-8092. [www.vermontblueberry.com](http://www.vermontblueberry.com).

**WINDSOR.** Harpoon Brewery BBQ Festival. Cover charge \$15, includes one beverage, food separate. Children 12 and under free with parents. 11 am – 5 pm, doors close at 3:30 pm. Event held rain or shine. Harpoon Brewery, 336 Ruth Carney Dr. (802) 674-5491. [www.harpoonbrewery.com/festivals](http://www.harpoonbrewery.com/festivals).

## WEDNESDAY, AUGUST 2

**HANOVER, NH.** Concert: Rhiannon Giddens. With revered roots master Dirk Powell, performing her latest album, *Freedom Highway*, which channels African American voices from slavery to the present. Tickets \$17-\$40. 8 pm. Spaulding Auditorium, The Hopkins Center, 2 East Wheelock St. (603) 646-2422. [hop.dartmouth.edu](http://hop.dartmouth.edu).

**POULTNEY.** 3<sup>rd</sup> Annual Farmer Olympics. Spectators welcome to enjoy the games, as well as delicious wood-fired pizza cooked in the NOFA-VT mobile oven. 4:40-6:30 pm. Cerridwen Farms at Green Mountain College, 1 Brennan Circle. [www.nofavt.org/events/farmer-olympics](http://www.nofavt.org/events/farmer-olympics).

**RANDOLPH.** Classical Concert. Pianist Simone Dinnerstein and Violinist Rebecca Fischer of the Chiara String Quartet team up for a concert including works by Bach, Furst, Beethoven, Lasser, and Muhly. Tickets: \$35. 7:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.chandler-arts.org](http://www.chandler-arts.org).

## THURSDAY, AUGUST 3

**FAIR HAVEN.** Fair Haven Farmers' Market. 3-6 pm. Downtown at Fair Haven Park. (802) 948-2211. [www.vtfarmersmarket.org](http://www.vtfarmersmarket.org). Thursdays through October 26.



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# Vermont Country Calendar

(Thursday, August 3, continued)

**HIGHGATE.** Franklin County Field Days. 300 Airport Rd. (802) 238-4904. franklincountyfielddays.org. Through August 6.

**HYDE PARK.** Vermont Maplerama 2017. Tours to area maple operations, trade show, maple syrup and products competition. Fee: \$135 (two days of tours, trade show and all meals, including the awards banquet and Saturday barbecue). Headquarters at the VFW Hall. (802) 888-9385. arnoldpiper@comcast.net. www.vermontmaple.org/events. Through August 5.

## FRIDAY, AUGUST 4

**BELLOWS FALLS.** 41st Annual Rockingham Old Home Days. Farmers Market, sidewalk sales, eating contests, antique truck show, firewicks and fireworks train. Fun, food and live music! (802) 463-4280. www.gfrcc.org. Through August 6.

**BURLINGTON.** Tenth Annual Festival of Fools, a curated festival of street theater. Free. 12 noon Friday to 6 pm Sunday. Four main stage locations surrounding the Church Street Marketplace and City Hall Park. (802) 865-7166. www.burlingtoncityarts.org. Through August 6.

**HIGHGATE.** Franklin County Field Days. 300 Airport Rd. (802) 238-4904. franklincountyfielddays.org. Through August 6.

**WOODSTOCK.** Foodways Fridays. Visit the farmhouse kitchen and garden and learn how we cook traditional Vermont and New England recipes. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am - 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. www.billingsfarm.org. Fridays through October.

## SATURDAY, AUGUST 5

**BELLOWS FALLS.** 41st Annual Rockingham Old Home Days. Farmers Market, sidewalk sales, eating contests, antique truck show, firewicks and fireworks train. Fun, food and live music! (802) 463-4280. www.gfrcc.org. Through August 6.

**BURLINGTON.** Tenth Annual Festival of Fools, a curated festival of street theater devoted to community engagement through the celebration of circus arts, music and comedy for family audiences. Free. 12 noon Friday to 6 pm Sunday. Four main stage locations surrounding the Church Street Marketplace and City Hall Park. (802) 865-7166. burlingtoncityarts.org. Through August 6.

**EAST BURKE.** Bluegrass & BBQ. Delicious BBQ, lively bluegrass tunes from Granite Junction, and Vermont beer specials. BBQ starting at 5 pm and music from 5:30-8 pm. Burke Base Lodge, Burke Bike Park. 223 Sherburne Lodge Rd. (802) 626-7400. First Saturday of each month.

**HIGHGATE.** Franklin County Field Days. 300 Airport Rd. (802) 238-4904. franklincountyfielddays.org. Also August 6.

**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performance at 8 pm in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. marlboromusic.org. Through August 14.

**ORFORD, NH.** 41st Annual Orford Flea Market. Up to 190 vendors. Antiques, handcrafted items, baked goods, and the usual serendipity. French fries, hamburgers, hotdogs, beverages, and donuts. Breakfast sandwiches, pie & ice cream. 9 am - 5 pm. Rain or shine. On the Common, Rt. 10. (603) 353-4855. ovfdinc@gmail.com. Through August 6.

**PLAINFIELD.** Concert: The Sky Blue Boys with Cold Country Bluegrass. Donations accepted to benefit Plainfield's Senior Center. 7 pm. Plainfield Town Hall Opera House, 18 High St. (802) 454-1286. banjodan@pshift.com.

**PLYMOUTH.** Plymouth Old Home Days. Actor Jim Cooke performs as John Quincy Adams at 1:30; reenactment of Calvin Coolidge's "Homestead Inaugural" at 2:47. Wagon rides, chicken barbecue, old-time music, sheep shearing, historic displays, water pump log demonstration, traditional crafts, and historic children's games. 10 am - 4 pm. President Calvin Coolidge State Historic Site, 3780 Route 100A. (802) 672-3773. william.jenney@vermont.gov. historicites.vermont.gov. Open through October 22.

**PUTNEY.** Yellow Barn Music Festival: Matinee Concert. Works by Coxe, Berg, Druckman, and Ravel. Tickets: \$18. 12:30 pm. The Big Barn at Yellow Barn, 49 Main St. between Putney Co-op and Putney Public Library. (802) 387-6637. info@yellowbarn.org. www.yellowbarn.org.

**RUPERT.** Bluegrass Concert: Bob Amos & Catamount Crossing. Bring a picnic supper to enjoy on the west-facing meadow above the saphouse, and prepare yourself for a toe-tapping good time. Free. 6 pm. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. www.merckforest.org.

**RUTLAND.** Vermont Farmers' Market. Farm fresh veggies and fruits, artisan cheeses, handcrafted breads, maple syrup, Vermont crafts, prepared foods, and more. Live music. EBT and debit cards. 9 am - 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. vtfarmersmarket.org. Saturdays through October 28.

**WALLINGFORD.** Trail Magic. We'll be set up in the trailhead parking lot on Route 140, feeding hungry Long Trail/Appalachian Trail through-hikers. Bring food to contribute or stay a while to chat with the hikers - they always have tales to tell. Sponsored by the Green Mountain Club. Contact Leader for meeting location and details: Wayne Krevetski, (802) 282-2237. greenmountainclub.org.

**WOODSTOCK.** Farm to Ballet Performance. A dance collaborative celebrating the culture of New England farms and the beauty of classical ballet. A string sextet will play the music of Vivaldi. Before the ballet begins guests are invited to visit the livestock barns to see nation's oldest registered herd of Jersey, visit the Southdown sheep and draft horses in the pastures, and tour the restored and furnished 1890 farmhouse. Picnic suppers featuring Billings Farm cheese, Vermont ice cream, and beverages are available or bring your own picnics. Bring chairs and blankets to sit on. General admission \$16.50, with \$10 donation \$27, with \$20 donation \$37.50, children 12 & under are free, but must have a ticket. Tickets can be purchased at the Visitor Center or they can be mailed to you. 6:30 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2365. www.billingsfarm.org. farmtoballet.org.

## SUNDAY, AUGUST 6

**ROCKINGHAM.** 111th Pilgrimage to Rockingham Meeting House. There will also be music. Free program. 1 pm. Meetinghouse Rd. off Rt. 103. (802) 463-4280. www.gfrcc.org.

**BROWNINGTON.** Back Roads Readings Summer Poetry Series: Charles Simic reads from his most recent book, *Scribbled in the Dark: Poems*. Followed by a reception and book signing. Free, donations are appreciated. 3 pm. Brownington Congregational Church. (802) 633-4956. www.backroadsreadings.com.

**BURLINGTON.** Tenth Annual Festival of Fools, a curated festival of street theater devoted to community engagement through the celebration of circus arts, music and comedy for family audiences. Free. 12 noon Friday to 6 pm Sunday. Four main stage locations surrounding the Church Street Marketplace and City Hall Park. (802) 865-7166. www.burlingtoncityarts.org.

**HIGHGATE.** Franklin County Field Days. 300 Airport Rd. (802) 238-4904. franklincountyfielddays.org.

**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performance at 2:30 pm in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. marlboromusic.org. Through August 14.

## Rutland, VT

# Vermont Canvas Products Creating Unique Bags for Forty-Six Years!

by Charles Sutton

Consider the competition—foreign manufacturers' low, low prices or top-of-the-line mail order companies like L.L.Bean and Land's End. Yet Gail Dufrane of Rutland, VT, known as "The Bag Lady" has held her own for 46 years sewing canvas into all sorts of intriguing and useful sizes and shapes.

She is the owner of Vermont Canvas Products, 359 Woodstock Avenue (Route 4 East) where daily a half a dozen full or part-time sewers do their thing with canvas. Initially Gail's sewing career started in Springfield, MA making baby clothes. Her sewing career in Vermont began on August 10, 1971 in a garage at 171 Woodstock Avenue run by a sewing machine mechanic Virgil Monrow. Later the business was purchased and run by the Poplowski family for seven years. Finally Gail bought the business and moved it to its present location.

When the fad began when every school-child had to have a backpack for books, their business went to big box stores because of cheaper prices. So Gail had to develop additional products and build a business based on custom-made products and repairs.

Over the years special jobs done with care and fine craftsmanship have kept the business going no matter what the competition. We

asked her what some of these 'special' sewing orders were. Be as surprised as we were:

**\*Firefighter's bag.** This is large enough to include all protective clothing and boots. (Gail said the fireman can just step into the boots and pull the clothes on.)

**\*Dog's Suit.** A padded canvas suit protects the dog who had epileptics if is had an attack and fell down.

**\*Tool Kit.** This piece of canvas has pockets designed for exact fit for each tool.

**\*Dress & Suit Bags.** These bags duplicate plastic overs one gets from the dry cleaners. Her bags fold into suitcases with handles.

**\*Boat Tote.** This canvas bag is especially designed to carry ice for boaters (one of her big sellers).

**\*Gun Cases.** Made to fit any size gun. She presently was making a bag for a rifle that came in two pieces.

Gail's most popular items are canvas log carriers (four sizes), tote bags, purses and brief cases. Her shop carries many other products including barrel-shapes bags, covers for directors' and butterfly chairs, luggage bags, saddlebags and a special bag for motorcycle helmets.

Ever mindful that aside from good customer service, she has to develop new prod-



Gail Dufrane has created bags for the last 46 years at Vermont Canvas Products.

ucts. She is especially excited lately about converting denim clothing into bags and other products. We were shown pants that were reshaped into aprons (pockets there already). Some of her customers who have downsized their jeans have given them to her for her new venture.

Gail remarried three years ago to Jeff Dufrane, a Manchester artist and antique house restorer. Jeff decorated the walls of the shop with hand-painted butterflies. Gail admits she loves butterflies and has a collection of more than 300 butterfly objects, including jewelry

with butterfly designs. Fine craftsmanship runs in her family. Her mother, Carolyn Kerson, who lives in Manchester, VT, now 84, was a silversmith.

Gail's shop logo is "Better Bags Made Here." Come see for yourself.

Vermont Canvas Products is located at 250 Woodstock Avenue, Route 4 East, Rutland, VT. For more information and special order inquiries, call (802) 773-7311. The shop is open Monday through Saturday 9 am to 5:30 pm.

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## Useful Vermont Websites

**Vermont Tourism Site:** vermontvacation.com

**Vermont Chamber of Commerce:** visitvt.com

**Vermont State Parks:** vtstateparks.com

**Green Mountain Club:** greenmountainclub.org

**Discover Vermont Vacations:** discoververmontvacations.com

**Vermont Outdoor Guide Association:** voga.org

**Hunting & Fishing:** vtfishandwildlife.com

**Vermont Campground Association:** campvermont.com

**Mountain Biking:** vmba.org • **Golfing:** vtga.org



# Vermont Country Calendar

**ORFORD, NH.** 41st Annual Orford Flea Market. Up to 190 vendors. Antiques, handcrafted items, baked goods, and the usual serendipity. French fries, hamburgers, hotdogs, beverages, and donuts. Breakfast sandwiches, pie & ice cream. Sunday 9 am – 4 pm. Rain or shine. On the Common, Rt. 10. (603) 353-4855. [ovfdinc@gmail.com](mailto:ovfdinc@gmail.com).

**ORWELL.** Hike into History. On this guided tour, walk in the footsteps of Revolutionary War soldiers with Mount Independence Coalition president Stephen Zeoli. Meet at museum. Wear sturdy shoes and dress for the weather. Adults \$5, children under 15 free. 2-4 pm. Mount Independence State Historic Site, Mount Independence Rd. (802) 948-2000. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**ROCHESTER.** Chamber Music Baroque Band Concert. Rochester Chamber Music Society will perform the Brandenburg Concerto # 5. Donations appreciated. 4 pm. Rochester Federated Church, Rt. 100. (802) 767-9234. [www.rcmsvt.org](http://www.rcmsvt.org).

**SHAFTSBURY.** Farm to Ballet Performance. A dance collaborative celebrating the culture of New England farms and the beauty of classical ballet. A string sextet plays the music of Vivaldi. Farm tours highlighting regenerative agriculture will take place throughout the day. Purchase tickets through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket. 3 pm. Studio Hills, 957 Trumbull Hill Rd. [www.studiohill.farm](http://www.studiohill.farm). [www.farmtoballet.org](http://www.farmtoballet.org).

**TOWNSHEND.** Grace Cottage Hospital Auxiliary Fair Day. Art show in the Townshend Church. The artwork and crafts pieces in the show will be for sale, with a portion of the proceeds going to benefit Grace Cottage Hospital. 9 am – 6 pm. Townshend Common. (802) 365-9992 or (802) 365-9109.

**WOODSTOCK.** 17th Annual Antique Tractor Day. Featuring both restored and unrestored tractors dating from the 1930s to the 1970s. Narrated tractor parade at 1 pm. Tractor-drawn wagon rides. Make-it-take-it wooden tractors for children, a toy tractor sandbox, ice cream making, and more. Admission: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

## MONDAY, AUGUST 7

**RUTLAND.** Rutland Free Library Summer Monday Afternoon Book Sales. Thousands of organized, gently-used books, CDs, DVDs and puzzles for all ages. Each week a new buy-one-get-one-free and other specials! Sponsored by the Friends of the Rutland Free Library. 2-6 pm. Rutland Free Library, 10 Court St. (802) 773-1860. [www.rutlandfree.org](http://www.rutlandfree.org). Also August 14.

## TUESDAY, AUGUST 8

**DORSET.** Performance by Christopher Doddard and Reading with Dominica Phetteplace. 6 pm. Marble House Project, 1161 Dorset West Rd. [info@marblehouseproject.org](mailto:info@marblehouseproject.org). [www.marblehouseproject.org](http://www.marblehouseproject.org).

**EAST DORSET.** Vermont Summer Festival Horse Show Grand Finale: Vermont Summer Celebration. \$50,000 Grand Prix on Saturday August 12 at 1 pm. Admission: Wednesday, Thursday, Friday Adults \$6, Children \$3; Grand Prix Saturday and Sunday Adults \$9, Children \$5. Tuesday through Sunday, 8:30 am – 4 pm. Beebee Farm, 2971 Route 7. (802) 489-4945. [www.vt-summerfestival.com](http://www.vt-summerfestival.com). Through August 13.

**NEW HAVEN.** Addison County Fair & Field Days. Vermont's biggest agricultural fair! 1790 Field Days Rd. (802) 545-2557. [www.addisoncountyfielddays.com](http://www.addisoncountyfielddays.com). Through August 12.

## THURSDAY, AUGUST 10

**FAIR HAVEN.** Fair Haven Farmers' Market. Farm fresh veggies and fruits, meat, handcrafted baked goods including gluten-free, maple syrup, jams, and more. 3-6 p.m. Downtown at Fair Haven Park. (802) 948-2211. [www.vtfarmersmarket.org](http://www.vtfarmersmarket.org). Thursdays through October 26.

**NEW HAVEN.** Addison County Fair & Field Days. Vermont's biggest agricultural fair! 1790 Field Days Rd. (802) 545-2557. [www.addisoncountyfielddays.com](http://www.addisoncountyfielddays.com). Through August 12.

**WILMINGTON.** 100th Annual Deerfield Valley Farmer's Day Fair. Exhibition, classic car show, demolition derby, exhibit halls, horse pull, horse show, pie eating contest, saw contest, zoocademy. Midway by Miller Amusements, buy tickets separately. Admission 4 & under free, ages 5-12 \$4, ages 13-64 \$8, 65 and up \$4. Baker Field. (802) 319-0117. [www.dvfair.com](http://www.dvfair.com). Through August 13.

## FRIDAY, AUGUST 11

**BROOKFIELD.** Annual Vermont Old Time Music Gathering. Good fun, music, food and merriment. All day. Plant Spirit Farm & Fibers, 2007 Twin Pond Rd. (802) 276-3839. [www.plantspiritfarm.com](http://www.plantspiritfarm.com). [www.plantspiritfibers.com](http://www.plantspiritfibers.com). Through August 13.

**DANVILLE.** 87th Annual Danville Fair. A grand street parade, rides, lots of fair food, music, a horse and pony pull, and a fireworks show on the closing night. On the Green. [www.danvillevtchamber.org](http://www.danvillevtchamber.org). Also August 12.

**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performance at 8 pm in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. [marlboromusic.org](http://marlboromusic.org). Through August 14.

**NEW HAVEN.** Addison County Fair & Field Days. Vermont's biggest agricultural fair! 1790 Field Days Rd. (802) 545-2557. [www.addisoncountyfielddays.com](http://www.addisoncountyfielddays.com). Also August 12.

**STOWE.** Concert: Banjo Dan's Bluegrass Revue. Bob Amos & Catamount Crossing and The Sky Blue Boys with Carrie Cook. No-holds-barred onstage jam at the end of the show. Tickets: \$20 in advance, \$25 at the door. 8 pm. Spruce Peak Performing Arts Center. (802) 223-6965. [www.sprucepeakarts.org](http://www.sprucepeakarts.org).

**WILMINGTON.** 100th Annual Deerfield Valley Farmer's Day Fair. Admission 4 & under free, ages 5-12 \$4, ages 13-64 \$8, 65 and up \$4. Baker Field. (802) 319-0117. [www.dvfair.com](http://www.dvfair.com). Through August 13.

## SATURDAY, AUGUST 12

**BRATTLEBORO.** Farm to Ballet Performance. A dance collaborative celebrating the culture of New England farms and the beauty of classical ballet. A string sextet will play the music of Vivaldi. Gate opens at 4:30 pm for tours of the Children's Farm and Forest and picnicking on Farmhouse square before musical entertainment. Food available from Rigani Wood Fired Pizza, Dosa Kitchen South Indian Soul Food, and Ro's Petite Fête or bring a picnic. Purchase tickets through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket. 6 pm. The Retreat Farm, 350 Linden St., located off Rt. 30, just northwest of downtown Brattleboro. (802) 490-2290. [www.retreatfarm.com](http://www.retreatfarm.com). [www.farmtoballet.org](http://www.farmtoballet.org).

**DANVILLE.** 87th Annual Danville Fair. A grand street parade, rides, lots of fair food, music, a horse and pony pull, and a fireworks show on the closing night. On the Green. [www.danvillevtchamber.org](http://www.danvillevtchamber.org).

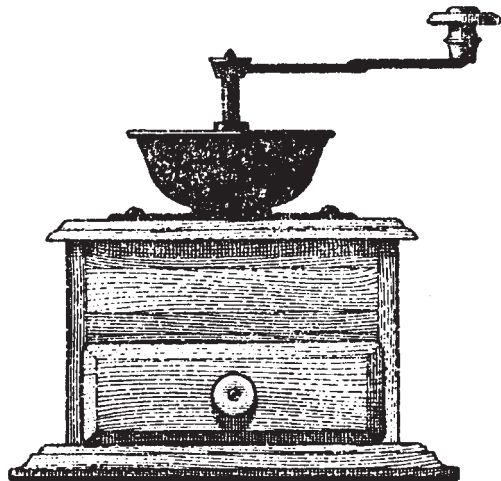
**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performance at 8 pm in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. [marlboromusic.org](http://marlboromusic.org). Through August 14.

**MIDDLETOWN SPRINGS.** Pickin' in the Pasture—A Vermont Music Festival. This is a multi-genre music festival featuring Bluegrass, Roots, Americana, Blues and Rock n' Roll music. A slew of local talent includes Bob Wayne, The Blind Owl Band, The Native Howl, The Gold Hope Duo, Cactus Attack, JD and 6 Feet Deep, Matthew Mule McKinley, Miketon and the Nightblinders, Saints & Liars, Big Night Band, Carling & Will, Run Mountain, Old Sky, Matt Olson, Battenkill, Lauren Hurley, Ida Mae Specker, Wolf Holler Band, Meaghan Casey, and King Arthur, Jr. Admission: \$70 includes music, camping, and parking. To purchase go to Facebook page and click "Shop Now". All day. Brown Rd. (802) 558-6160. [jweiss301@gmail.com](mailto:jweiss301@gmail.com). [www.facebook.com/pickininthepasture](http://www.facebook.com/pickininthepasture). Also August 13.

**NEW HAVEN.** Addison County Fair & Field Days. Vermont's biggest agricultural fair! Children's barnyard, horse show, dairy show, tractor pulls, kiddie rides. Crafts, exhibits, live entertainment, pony and ox pulling, midway, parade, pet show, demo derby. 1790 Field Days Rd. (802) 545-2557. [www.addisoncountyfielddays.com](http://www.addisoncountyfielddays.com).

**NORWICH.** Second Saturday Contra Dance. Please bring soft-soled shoes. Potluck munchies at the break. Admission: adults \$9, students \$6, seniors donate, under 16 free. Beginner session at 7:45 pm, regular dance from 8-11 pm. Tracy Hall, 300 Main St. UVDM.org.

**RANDOLPH.** Central Vermont Chamber Music Festival Concert: Violinist Basia Danilow, violist Arturo Delmoni, cellist Peter Sanders, pianist Adrienne Kim, and bassist David Mercier perform Schubert's "Trout" piano quintet, Robert Schumann's Fantasy Pieces Opus 73, and Three Madrigals for Violin and Viola by Bohuslav Martinu. Tickets: \$25, students free. 7:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).



Rutland, VT

## Vermont Farmers Market August Bounty

One of the great things about living in Vermont is knowing that with every month, fresh new local produce in season will arrive at market.

Give or take variations due to our weather, you can mark your calendars and do your meal planning according to what our farmers provide. Summer is a great time to wait and watch for familiar seasonals to reappear.

I have been thrilled to see summer squash, snap peas, peppers, garlic, eggplant, broccoli, green beans and corn return. And one by one, strawberries, raspberries and blueberries—I even forced myself to freeze half of what I bought to get me through the berry-less months. By the way, the only thing difficult about freezing berries is not eating them all! If you don't already, try this the next time you shop. You'll be grateful come winter!

It seems every year I remember my favorites coming to market earlier than they do, and when they finally arrive I am as excited as if I never saw or sampled them before. Personally, I can't wait for the first melons. Because, what's a summer party without juicy watermelon slices?

This is the time of year menu planning goes from making the most of a few choice ingredients to being spoiled for choice by an embarrassment of riches. Our amazing bakers and prepared food vendors at the market take advantage of what's in season, so expect to see new items appearing at their booths as well.

August means all your summer favorites are reaching their peak and when you think there can't be any more delicious surprises, another joins the party!

—Gabriella Mirollo

*Vermont Farmers Market is located for the summer at Depot Park in downtown Rutland, VT across from Walmart. Open Saturdays through October 28th from 10 a.m. to 2 p.m. and Wednesdays through October 25th from 3-6 p.m.*

*The Fair Haven Market at the park is open Thursdays June 8th through October 25th from 3-6 p.m. Call (802) 948-2211. E-mail: [fairhavenmarketmanager@vtfarmersmarket.org](mailto:fairhavenmarketmanager@vtfarmersmarket.org)*

*For more information call (802) 342-4727. E-mail: [summermarketmanager@vtfarmersmarket.org](mailto:summermarketmanager@vtfarmersmarket.org). Visit [www.vtfarmersmarket.org](http://www.vtfarmersmarket.org).*



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# Vermont Country Calendar

(Sunday, August 12, continued)

**RUPERT.** Guided Hike: Perseid Meteor Shower Viewing. Bring a blanket and prepare to be awed by the immensity of the skies over the mountains. Bring a flashlight or headlamp and sturdy footwear. Call to pre-register. Held as the weather permits. Cost: \$3. 8 pm. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [www.merckforest.org](http://www.merckforest.org).

**RUTLAND.** Grand Opening Celebration, as part of the Rutland Mini Maker Faire. Drones, robotics, CNC demonstration, homemade telescopes, and many other attractions. Tours, equipment demonstrations, food and drink available. 12 noon to 5 pm, opening ceremony at 3 pm. The Mint, 112 Quality Lane. (802) 779-4242. [kmccalla@millriverschools.org](mailto:kmccalla@millriverschools.org). [rutlandmint.org](http://rutlandmint.org).

**RUTLAND.** 56th Annual Art in the Park. Fine art & craft festival. Live music, art demonstrations, and kid's activities. 10 am - 4 pm. Main Street Park, junction of Rts. 4 & 7. (802) 775-0356. [chaffeeartcenter.org](http://chaffeeartcenter.org). *Through August 13.*

**RUTLAND.** Vermont Farmers' Market. 9 am - 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Saturdays through October 28.*

**WATERBURY CENTER.** Cold Hollow's Annual Cider Fest. Activities for kids, samplings from various Vermont food vendors, live music by the Starline Rhythm Boys, live cider pressing! 11 am - 5 pm. Cold Hollow Cider Mill, 3600 Waterbury Stowe Rd. (802) 244-8771. [coldhollow.com](http://coldhollow.com).

**WEST NEWBURY.** Summer Festival. 'Maddie Cakes' Gourmet Pastries, "Let It Grow" Parade, White Elephant Sale, Silent Auction, Whimsical Table Setting Exhibit, Historical Society Schoolhouse, BBQ Ribs Lunch, Taste of Local Desserts, Hayrides and Music. Free Admission. 8 am - 2 pm. Follow signs to West Newbury Hall, 219 Tyler Farm Rd. (802) 222-7480. [www.westnewburyhall.org](http://www.westnewburyhall.org).

**WILMINGTON.** 100th Annual Deerfield Valley Farmer's Day Fair. Baker Field. (802) 319-0117. [www.dvfair.com](http://www.dvfair.com). *Also August 13.*

## SUNDAY, AUGUST 13

**BENNINGTON.** Vermont Antiquarian Booksellers Association Annual Summer Book Fair. Vermont history, modern literature, poetry, children's books, old and rare books, ephemera and much more. Admission is free. 10 am - 4 pm. Grace Christian School, 104 Kochoer Dr. (802) 282-9769. [john@catamountbooks.com](mailto:john@catamountbooks.com). [www.vermontisbookcountry.com](http://www.vermontisbookcountry.com).

**FERRISBURGH.** Pie & Ice Cream Social. Music, chat — and pie! This great tradition features homemade pies of every type, plain or à la mode. Proceeds support the Museum's work, so have a second piece! 1-4 pm. Rokeby Museum, 4334 Rt. 7. (802) 877-3406. [rokeby.org](http://rokeby.org).

**GRAND ISLE.** Concert: Vermont Jazz Ensemble. Tickets: \$25, 12 and under free. 6:30 pm; grounds open at 5:30 pm for picnicking. Grand Isle Lake House, 34 E. Shore N. (802) 372-8889. [www.islandarts.org](http://www.islandarts.org). [www.grandislelakehouse.com](http://www.grandislelakehouse.com).

**HUBBARDTON.** East Hubbardton Cemetery Tour. Site interpreter Carl Fuller leads this walk in the East Hubbardton Cemetery, to talk about the early settlers of Hubbardton, their roles in the 1777 Battle of Hubbardton, and life after the war. If inclement weather shorter inside program. 2-4 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).

**HUNTINGTON.** Who Walks These Woods? Tracker Mike Kessler will guide a journey into the ancient art of tracking where we learn as much about ourselves as the animals and landscape we are tracking. Free with Museum admission. Pre-register, limit 15 walkers. Ages 7 and up. 1-3 pm. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. [birdsofvermont.org](http://birdsofvermont.org). *Second Sundays through October.*

**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performance at 2:30 pm in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. [marlboromusic.org](http://marlboromusic.org). *Through August 14.*

**MIDDLETOWN SPRINGS.** Pickin' in the Pasture—A Vermont Music Festival. This is a multi-genre music festival featuring Bluegrass, Roots, Americana, Blues and Rock n' Roll music. A slew of local talent. Admission: \$70 includes music, camping, and parking. To purchase go to Facebook page and click "Shop Now". All day. Brown Rd. (802) 558-6160. [jweiss301@gmail.com](mailto:jweiss301@gmail.com). [www.facebook.com/pickininthepasture](http://www.facebook.com/pickininthepasture).

**ROCHESTER.** Joan Hutton Landis Summer Reading Series: "Cooking With Fire" demonstration and discussion with Paula Marcoux, food historian. \$25 at door. 5:30 pm, doors open at 5 pm. BigTown Gallery, 99 North Main. (802) 767-9670. [info@bigtowngallery.com](mailto:info@bigtowngallery.com). [www.bigtowngallery.com](http://www.bigtowngallery.com).

**RUTLAND.** 56th Annual Art in the Park. Fine art & craft festival. Fine art, metal, glass, clay, fiber and specialty food vendors. Live music, art demonstrations, and kid's activities. 10 am - 4 pm. Main Street Park, junction of Rts. 4 & 7. (802) 775-0356. [artinthepark@chaffeeartcenter.org](mailto:artinthepark@chaffeeartcenter.org). [www.chaffeeartcenter.org](http://www.chaffeeartcenter.org). *Through August 13.*

**SHELBURNE.** Farm to Ballet Performance. A dance collaborative celebrating the culture of New England farms and the beauty of classical ballet. A string sextet will play the music of Vivaldi. Bring a picnic or purchase farm fresh food prepared and served by our friends from NOFA-VT and Fork in the Road. Also available, locally produced beer, wine and ciders as well as Sisters of Anarchy Ice Cream made locally by Fisher Brothers Farm. Tickets will not be sold at the door so please purchase ahead of time through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket. 6 pm. Shelburne Farm, 1611 Harbor Rd. (802) 985-8498. [www.shelburnefarms.org](http://www.shelburnefarms.org). [farmtoballet.org](http://farmtoballet.org).

**STRAFFORD.** Presentation: Gothic Revival Architecture in Vermont. With Glenn Andres. 2-3 pm. Strafford Town House. (802) 765-4484. [historicsites.vermont.gov](http://historicsites.vermont.gov).

**WILMINGTON.** 100th Annual Deerfield Valley Farmer's Day Fair. Exhibition, classic car show, demolition derby, exhibit halls, horse pull, horse show. Midway by Miller Amusements. Baker Field. (802) 319-0117. [dvfair.com](http://dvfair.com).

**RUTLAND.** Rutland Free Library Summer Monday Afternoon Book Sales. Thousands of organized, gently-used books, CDs, DVDs and puzzles for all ages. Each week a new buy-one-get-one-free and other specials! Sponsored by the Friends of the Rutland Free Library. 2-6 pm. Rutland Free Library, 10 Court St. (802) 773-1860. [rutlandfree.org](http://rutlandfree.org).

**WOODSTOCK.** Central Vermont Chamber Music Festival Concert. Violinist Basia Danilow, violist Arturo Delmoni, cellist Peter Sanders, pianist Adrienne Kim, and bassist David Mercier perform Schubert, Schumann, and Martinu. Tickets: \$10. 4 pm. North Universalist Chapel, 7 Church St. [www.cvcmf.org](http://www.cvcmf.org).

## MONDAY, AUGUST 14

**RUTLAND.** Rutland Free Library Summer Monday Afternoon Book Sales. Thousands of organized, gently-used books, CDs, DVDs and puzzles for all ages. Each week a new buy-one-get-one-free and other specials! Sponsored by the Friends of the Rutland Free Library. 2-6 pm. Rutland Free Library, 10 Court St. (802) 773-1860. [www.rutlandfree.org](http://www.rutlandfree.org).

**STATEWIDE.** Farms Across Vermont celebrating 'Open Farm Week' with activities including milking cows and goats, harvesting vegetables, collecting eggs, and tasting farm fresh food. Scavenger hunts, hayrides, dinners, and live music. Prices vary by event, many are free. Visit website for schedule. (802) 434-2000. [www.diginvt.com](http://www.diginvt.com). *Through August 20.*

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## Rutland Downtown Farmers Market

Depot Park, Rutland, VT  
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**Every Saturday, 9 am - 2 pm**

— Through October 28 —

**Every Wednesday, 3-6 pm**

— Through October 25 —

**Fair Haven Market at Fair Haven Park**

— Thursdays, 3-6 pm, June 8 through October 26 —

[vtfarmersmarket.org](http://vtfarmersmarket.org)



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Built circa 1820, this beautiful Victorian home was converted in 1982 into a six room B&B, and became the Hugging Bear Inn. Located on Chester's Village Green, the Inn is near shops, galleries, and restaurants. The house is a Queen Anne Victorian with wraparound porch, slate roof, and original interior oak trim.

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The Guest House is a three-bedroom, two-bath cottage at the back of the lot.

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Direct inquiries to the Hugging Bear, (802) 875-2412. For more info and pictures, look on Zillow.com. Type in the address: 244 Main St, Chester, VT 05143. Asking price \$490,000. Appraised price \$550,000. Inn as a turnkey operation is negotiable. Value of Teddy Bear Shop is negotiable



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# Vermont Country Calendar

## TUESDAY, AUGUST 15

**CHARLOTTE.** Philo Ridge Pasture Walk & Field Day. Grazing research, soil health demonstration with Cornell Coop Extension educator Fay Benson, and a pasture walk with Jim Gerrish. Cost: \$40, includes lunch. 10 am – 2 pm. Philo Ridge Farm. [jalvez@uvm.edu](mailto:jalvez@uvm.edu). Registration at [www.eventbrite.com/e/field-day-pasture-walk-at-philo-ridge-farm-tickets-35457651791](http://www.eventbrite.com/e/field-day-pasture-walk-at-philo-ridge-farm-tickets-35457651791).

**RUPERT.** Open Farm Week: Katie Connor presents her Draft Horse Clinic for ages 12-15. Learn about heritage horse breeds, how to care for our two gentle giants, Fern and Arch, and perhaps harness and drive the team. Cost: \$40. 1-4 pm. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [www.merckforest.org](http://www.merckforest.org).

**RUTLAND.** 172nd Annual Vermont State Fair. S. Main St. (802) 775-5200. [vermontstatefair.org](http://vermontstatefair.org). *Through August 19.*

## WEDNESDAY, AUGUST 16

**BARTON.** 150th Annual Orleans County Fair. A great historic old-time country fair. Fairgrounds, 278 Roaring Brook Rd. (802) 525-3555. [www.orleanscountyfair.net](http://www.orleanscountyfair.net). *Through August 20.*

**ORWELL.** Free Admission at all Vermont State-Owned Historic Sites. 9:30 am – 5:30 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**RUTLAND.** 172nd Annual Vermont State Fair. Agricultural exhibits. Spectacular rides, thrill rides, family rides, and kiddie rides! Concerts, comedy shows, Woodbooger Demolition Derby, livestock shows, and much more. Fairgrounds, S. Main St. (802) 775-5200. [www.vermontstatefair.org](http://www.vermontstatefair.org). *Through August 19.*

## THURSDAY, AUGUST 17

**BARTON.** 150th Annual Orleans County Fair. Fairgrounds, 278 Roaring Brook Rd. (802) 525-3555. [www.orleanscountyfair.net](http://www.orleanscountyfair.net). *Through August 20.*

**FAIR HAVEN.** Fair Haven Farmers' Market. 3-6 pm. Downtown at Fair Haven Park. (802) 948-2211. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Thursdays through October 26.*

**RANDOLPH.** Central Vermont Chamber Music Festival: An evening of improvisation, led by the jazz contingent of Franceschini, Ephron, Vega, and Perowsky. Musicians of all levels are welcome, and folks are invited to bring their instruments. 7-8:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).

**RUPERT.** Open Farm Week. Final session of our Farm Chores for Children. Cost: \$2.50. 2-4 pm. Draft horses Fern and Archy provide the transportation for an extended Wagon Tour of the Farm. A member of the farm staff will describe our farming operations, and current trends in sustainable agriculture. The tour is free. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [www.merckforest.org](http://www.merckforest.org).

**RUTLAND.** 172nd Annual Vermont State Fair. Fairgrounds, S. Main St. (802) 775-5200. [www.vermontstatefair.org](http://www.vermontstatefair.org). *Through August 19.*

## FRIDAY, AUGUST 18

**BARTON.** 150th Annual Orleans County Fair. Fairgrounds, 278 Roaring Brook Rd. (802) 525-3555. [www.orleanscountyfair.net](http://www.orleanscountyfair.net). *Through August 20.*

**MIDDLEBURY.** 32nd Annual Summer Carillon Series. George Matthew Jr., performs a program of music entirely composed by women, from the soaring tower of Mead Chapel. Free. 3 pm. Inside Mead Chapel or on the surrounding lawns, Middlebury College, 72 Porter Field Rd. (802) 443-3168. [www.middlebury.edu/arts/news/carillon](http://www.middlebury.edu/arts/news/carillon).

**NEW HAVEN.** Lincoln Peak Concert Series: Bob Degree & the Bluegrass Storm. Straight up wild bluegrass. Admission is free. Bring lawn chairs or a picnic blanket. Food for sale and wine by the glass. 6-8 pm. Lincoln Peak Vineyard, 142 River Road. (802) 388-7368. [hello@lincolnpeakvineyard.com](mailto:hello@lincolnpeakvineyard.com). [lincolnpeakvineyard.com](http://lincolnpeakvineyard.com). *Every other Friday.*

**RANDOLPH CENTER.** Open Farm Week Pancake Supper. Join Silloway farm sugarmakers for a pancake supper in their sugarhouse. Enjoy watermelon, pancakes, sausage, and their award-winning maple syrup from their wood-fired evaporator. Come early for a maple candy making demonstration at 4:30! Rain or shine. \$8 per adult plate, \$3 per child plate. 5-7 pm. Silloway Maple, 1303 Boudro Rd. (802) 272-6249. [www.sillowaymaple.com](http://www.sillowaymaple.com).

**RANDOLPH.** Central Vermont Chamber Music Festival: Friday Night in the Gallery. A stringed instrument and bow symposium led by New York luthier Guy Rabut and Vermont bow maker Eben Bodach-Turner. 7 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).

**RUTLAND.** 172nd Annual Vermont State Fair. Agricultural exhibits. Spectacular rides, thrill rides, family rides, and kiddie rides! Concerts, comedy shows, Woodbooger Demolition Derby, livestock shows, and much more. Fairgrounds, S. Main St. (802) 775-5200. [www.vermontstatefair.org](http://www.vermontstatefair.org). *Also August 19.*



## SATURDAY, AUGUST 19

**BARTON.** 150th Annual Orleans County Fair. Agricultural exhibits, 4-H judging and displays, cattle and sheep shows, antique tractor pulls, kiddie rides, crafts, grange exhibits. Harness racing, petting zoo. Live entertainment, draft horse pulling, horse show, and demolition derby. Fairgrounds, 278 Roaring Brook Rd. (802) 525-3555. [www.orleanscountyfair.net](http://www.orleanscountyfair.net). *Also August 20.*

**CASTLETON.** 79th Annual Colonial Day House Tour. Hostesses in Colonial attire greet guests in homes along Castleton's historic Main Street. Self-guided walking tour includes over a dozen sites throughout the village. Demonstrations of chair caning, slate carving, spinning and hand carved wooden spoons. 2 pm ice cream social at Castleton Free Library. 3 pm free talk about the historical architecture of Castleton. Tickets: \$20 (\$18 seniors 62+). 10 am – 4 pm. (802) 468-5691. [rileyjvt@comcast.net](mailto:rileyjvt@comcast.net).

**CRAFTSBURY.** Open Farm Day. Join us for snacks prepared by New England Culinary Institute and VT99 featuring our farm-grown produce and meats from neighboring farms, plus a cheese tasting from local producers. Wagon rides, farm tours at 11:30 am and 1 pm. Games and drink tastings from Eden Ice Cider and Caledonia Spirits. Pete's Greens, 266 S. Craftsbury Rd. [www.petesgreens.com](http://www.petesgreens.com).

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# Vermont Country Calendar

(Saturday, August 19, continued)

**DUMMERSTON.** Orchard Stroll, with orchardist Zeke Goodband. Discuss orchard ecology and grafting, scout for pests and discuss how we manage them. The Farm Market will be open. Free. 10 am. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [www.scottfarmvermont.com](http://www.scottfarmvermont.com). Also August 20, September 24, October 1.

**HUBBARDTON.** Castleton Colonial Days at The Hubbardton Battlefield. A stop on the 80th annual summer Castleton Colonial Days. Call for details. 10 am – 4 pm. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).

**MIDDLEBURY.** Ciderstock – Fourth Annual Woodchuck Cider Music Festival. Great music, delicious food, refreshing cider, in the backyard behind the cidery. Tickets \$35, kids 12 and under free. 2-10 pm. Woodchuck Cider, 1321 Exchange St. [woodchuck.com/ciderstock](http://woodchuck.com/ciderstock).

**RANDOLPH.** Central Vermont Chamber Music Festival: Concert for Kids, with Island Time Steel Drums. A hands-on music learning experience, exploring the basics of playing the steel drums and culminating with a performance. The annual ice cream social follows. 10:30 am. Sign up at [islandtimesteel@hotmail.com](mailto:islandtimesteel@hotmail.com). Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).

**RANDOLPH.** Central Vermont Chamber Music Festival Concert: Music for string quartet with a jazz relationship with composers such as Debussy, Piazzolla, and Jerome Kern, as well as music drawn from jazz greats Chet Baker and Stan Getz. Tickets \$25, students free. 7:30 pm. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).

**RUPERT.** Open Farm Week: Don Chandler will demonstrate the blacksmith's art. Merck Forest & Farmland Center, 3270 Rt. 315. (802) 394-7836. [merckforest.org](http://merckforest.org).

**RUTLAND.** 172nd Annual Vermont State Fair. Agricultural exhibits, spectacular rides, family rides, and kiddie rides! Concerts, comedy shows, and much more. S. Main St. (802) 775-5200. [www.vermontstatefair.org](http://www.vermontstatefair.org).

**RUTLAND.** Vermont Farmers' Market. Farm fresh veggies and fruits, artisan cheeses, handcrafted breads, maple syrup, Vermont crafts, prepared foods, and more. Live music. EBT and debit cards. 9 am – 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). Saturdays through October 28.

**WEST RUTLAND.** West Rutland Marsh Monitoring Bird Walk. To date 154 species, from Least Bittern to Northern Shrike, have been recorded at this Important Bird Area (IBA). Join us for the 3.7 mile loop around the marsh (dirt and paved roads) or go halfway. Meet at the West Rutland Price Chopper parking lot at 7 am. [birding@rutlandcountyaudubon.org](mailto:birding@rutlandcountyaudubon.org).

**WESTFIELD.** Farm Tours and Smoothies. Butterworks Farm is a ground-breaking organic dairy farm with beautiful Jersey cows. The Lazor family makes artisan yogurt, cheese, and more. Farm tours and smoothies. 10 am – 3 pm. 421 Trumpass Rd. (802) 744-6023. [www.butterworksfarm.com](http://www.butterworksfarm.com).

**WOODSTOCK.** Heritage Chicken Days. A variety of heritage chicken breeds will be on display, including threatened and rare breeds like the Blue Andalusian and Buff Laced Polish. Chicken-themed activities and programs for children include make-it-and-take crafts and games. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [www.billingsfarm.org](http://www.billingsfarm.org). Also August 20.

## SUNDAY, AUGUST 20

**ADDISON.** Blast from the Past: Working with Fiber. Members of the Twist o' Wool Guild will demonstrate a variety of fiber skills, crafts, and arts important historically and relevant today. Bring your project or ask questions. Light refreshments. Admission \$5, children 14 and under free. 2-4 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov/directory/chimney\\_point](http://historicsites.vermont.gov/directory/chimney_point).

**BARTON.** 150th Annual Orleans County Fair. Agricultural exhibits, 4-H judging and displays, cattle and sheep shows, antique tractor pulls, kiddie rides, crafts, grange exhibits. Harness racing, petting zoo. Live entertainment, draft horse pulling, horse show, and demolition derby. Fairgrounds, 278 Roaring Brook Rd. (802) 525-3555. [orleanscountyfair.net](http://orleanscountyfair.net).

**DUMMERSTON.** Orchard Stroll, with orchardist Zeke Goodband. Discuss orchard ecology and grafting, scout for pests and discuss how we manage them. The Farm Market will be open. Free. 10 am. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [events@scottfarmvermont.com](mailto:events@scottfarmvermont.com). [www.scottfarmvermont.com](http://www.scottfarmvermont.com). Also September 24, October 1.

**DUMMERSTON.** Peach Galette Workshop. With Pastry Chef Laurel Roberts Johnson. Learn how to prepare and roll out dough for delicious peach galettes, using Scott Farm Orchard's fresh peaches. Fee: \$50, includes the tart you bake, another batch of dough, and a take-home tote of peaches. Reservations required. 10 am – 1 pm. Scott Farm Orchard, 707 Kipling Rd. (802) 254-6868. [events@scottfarmvermont.com](mailto:events@scottfarmvermont.com). [scottfarmvermont.com](http://scottfarmvermont.com).

**HUBBARDTON.** Sixth Annual Mount Independence-Hubbardton Military Road Car Tour. To look at the Hydeville Branch of the 1776 Mount Independence-Hubbardton Military Road. Meet at the visitor center with your own vehicle; travel north from Hydeville through west Castleton to eastern Benson. 12:30-3:30 pm. Hubbardton Battlefield State Historic Site, Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).

**HUNTINGTON.** Ice Cream Social. 2-4 pm. Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. [museum@birdsofvermont.org](mailto:museum@birdsofvermont.org). [birdsofvermont.org](http://birdsofvermont.org)

**PUTNEY.** 15th Annual Twilight on the Tavern Lawn Concert series: Simba, eight member funk and world beat band. Free (donations accepted), food available. 6 pm. On the Putney Tavern lawn (bring a lawn chair or blanket) or at Next Stage, 15 Kimball Hill in case of rain. (802) 387-5772. [www.twilightmusic.org](http://www.twilightmusic.org).

**RANDOLPH.** Central Vermont Chamber Music Festival Finale: Breakfast with Bach/Baroque Brunch. Festival artists and Vermont Youth Orchestra members perform Bach's Orchestral Suite #2 and a "little something extra." Meal at 11 am in Upper Gallery at Chandler, concert at 12:30 pm across the street at Bethany Church. Chandler Center for the Arts, 71-73 Main St. (802) 728-6464. [www.cvcmf.org](http://www.cvcmf.org).

**WOODSTOCK.** Heritage Chicken Days. A variety of heritage chicken breeds will be on display, including threatened and rare breeds like the Blue Andalusian and Buff Laced Polish. Chicken-themed activities and programs for children include make-it-and-take crafts and games. Admission: adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [www.billingsfarm.org](http://www.billingsfarm.org).

## MONDAY, AUGUST 21

**QUECHEE.** StarLab—Total Solar Eclipse. Introducing our Starlab Deluxe Portable Planetarium. Create your own pinhole projector to safely view the eclipse, which begins just before 6 pm. Free with general admission: adults \$14.50, seniors (62 plus) \$13.50, youth (4-17) \$12.50, under 4 free. 12:30-2:30 pm. Vermont Institute of Natural Science 6565 Woodstock Rd. (802) 359-5000. [vinsweb.org](http://vinsweb.org).

## TUESDAY, AUGUST 22

**DORSET.** Readings by Playwrights Willie Johnson and Mackenzie McBride. Willie Johnson is a playwright and essayist based in New York City. Mackenzie McBride is a Brooklyn based playwright and teaching artist. 4 pm. Marble House Project, 1161 Dorset West Rd. [marblehouseproject.org](http://marblehouseproject.org).

## Way Back Then

### Sailing on River and Ocean

by Charles Sutton

Soon after my first wife and I purchased some land and a cottage on the Saco River in Hollis Center, Maine, we got a rowboat. The current wasn't too strong so we could row around the river and go to and from a small lake a couple of hundred yards downstream which actually was the reservoir for Biddeford and Saco.

It wasn't too long, when we were adding a bedroom wing on the cottage, that one of the carpenters said "Have you ever thought of converting the rowboat into a sailboat? It would be a lot more fun." And better yet he would be willing to do it for us if we would get the materials. He was from Vinalhaven, ME where he grew up with and helped build boats.

Almost right away he was

cutting an opening in the bottom of the boat to install a centerboard. He put a rudder on the stern and stepped a mast through the boat's front seat. He rigged the boat for a triangular-shaped lateen sail, the kind used on boats on the Nile in Egypt. Its shape and placement make the best use of winds up and down rivers.

My wife put together the sail out of one of our yellow nylon bed sheets, mastering the use of grommets and eyelids.

Our boat-builder was kind enough to give both of us lessons, and we were soon on our own.

It was rare when we could sail the boat all the way back up stream to our little beach, so we would tie it up along the way and retrieve it later.

We enjoyed the little sail-

boat for several summers before I changed newspaper jobs and moved to Bridgeport, CT. I was immersed in restoring a derelict inner city building which I converted into three apartments. I gave no thought to sailing again.

So it was some surprise one afternoon when one of my apartment tenants, Joel Jarcaruso, asked me if I would like to go sailing. After all Bridgeport was located on Long Island Sound.

"Well, sure," I replied wondering what this was about as he never said anything about sailing before.

It seems he had the use of a doubled-masted schooner that was moored in Bridgeport harbor. Its owners let him use the vessel in exchange for doing maintenance, repairs, and being responsible for its safety.

So aboard we went and this was some fancy craft with a bedroom, galley, and head. It also was equipped with an engine. Joel asked me if I had even done any sailing. My only experience sailing a converted rowboat on a fresh-



Sailing on the Saco River in Hollis Center, Maine, circa 1965.

water river discouraged him right away from having me help with the sailing.

I would be the deck hand. There was a strong breeze and we made several lengthy tacks parallel to the shore.

Try to imagine the happy moment when, upon return-

ing to the harbor, Joel asked me if I would like to sail the vessel in to its berth. He had taken down one of the sails so I only had to tend the main sail.

Then began one of the nicest times I had ever had on the water. The vessel just glided smoothly over the water heading for home. I put it square in the middle of the entrance between stone breakwaters. I recalled when I had been in the Navy years before that on returning to harbor one kept the buoys "red on right"—on the right or starboard side of the ship,

and the black buoys on the port or left side of the ship.

The lights were going on all over the city and the sky was darkening. Joel took over once inside the harbor using the engine to back the vessel into its slip. Well done, sailors!

That was the only and last time I went sailing with Joel. It was his final trip, too, as the owners would soon retrieve their ship and head to southern waters. I'll never forget that perfect time with its combination of wind, water and sail with me alone at the helm.

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# Vermont Country Calendar

## WEDNESDAY, AUGUST 23

**LYNDONVILLE.** 162nd Annual Caledonia County Fair. Mini, pony, horse, & ox pulls. Yoked cattle show, cattle judging, cattle costume contest & sheep and goat show. ATV/UTV racing, motocross show, farm tractor, 4WD truck & lawn tractor pulls. Calvacade, tractor rodeo, pig scramble, chainsaw carver, all star rock band, Dylan Scott concert. Mountain View Park. (802) 626-8101. [www.caledoniacountyfair.com](http://www.caledoniacountyfair.com). *Through August 27.*

## THURSDAY, AUGUST 24

**FAIR HAVEN.** Fair Haven Farmers' Market. 3-6 p.m. Downtown at Fair Haven Park. (802) 948-2211. [www.vtfarmersmarket.org](http://www.vtfarmersmarket.org). *Thursdays through October 26.*

**LYNDONVILLE.** 162nd Annual Caledonia County Fair. Mountain View Park. (802) 626-8101. [www.caledoniacountyfair.com](http://www.caledoniacountyfair.com). *Through August 27.*

**MIDDLEBURY.** Third Annual Middlebury New Filmmakers Festival. Walk up tickets: \$8 Thursday, \$12 Friday-Sunday. Festival passes available. Film blocks will screen at 10:30 am and 1:30 pm. Opening night at 6 pm. Town Hall Theater; after party at the Swift House Inn. (802) 382-9222. [townhalltheater.org](http://townhalltheater.org). [middfilmfest.org](http://middfilmfest.org). *Through August 27.*

## FRIDAY, AUGUST 25

**BONDVILLE.** 220th Annual Bondville Fair. The oldest continuous fair in Vermont! 30 VT Rt. 30. [www.bondvillefair.org](http://www.bondvillefair.org). *Through August 27.*

**CANAAN.** 26th Annual Moose Festival. The two-day festivities include a dog show, an ATV ride-in, moose chili, maple tasting, a classic car show, over 75 area artisans, a moose calling contest, horse-drawn wagon rides, an old-fashioned barn dance, live music, moose and riverside tours, and much more. Open, non-juried event that welcomes artisans, crafters, non-profits and food vendors. 3-10 pm. Rt. 103 in the Northeast Kingdom on the Canadian border. (603) 237-8939. [www.chamberofthenorthcountry.com](http://www.chamberofthenorthcountry.com). *Also August 26.*

**EAST RYEGATE.** Summersong Weekend 2017. With Lynn & Will Rowan. Singing, dancing, theater, storytelling, drumming, games, and a fire circle. Concert by all of Windborne Saturday evening, open to the public. Harmony singing from around the world, protest songs, rounds and chants. Ages 10 to adult. Cost: \$100. All day. Whitehill Farm. [Heather.l.alger@gmail.com](mailto:Heather.l.alger@gmail.com). *Through August 27.*

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Through September 3.*

**GRANVILLE, NY.** First Annual Country and Bluegrass Festival. Tickets: \$35 at the gate plus \$10 to camp; \$10 for day pass, \$10 for evening; children under 12 free. 9 am - 1 pm. Potter Ave. *Thru August 27.*

**LYNDONVILLE.** 162nd Annual Caledonia County Fair. Mountain View Park. (802) 626-8101. [www.caledoniacountyfair.com](http://www.caledoniacountyfair.com). *Through August 27.*

## SATURDAY, AUGUST 26

**BONDVILLE.** 220th Annual Bondville Fair. The oldest continuous fair in Vermont! 30 VT Rt. 30. [www.bondvillefair.org](http://www.bondvillefair.org). *Also August 27.*

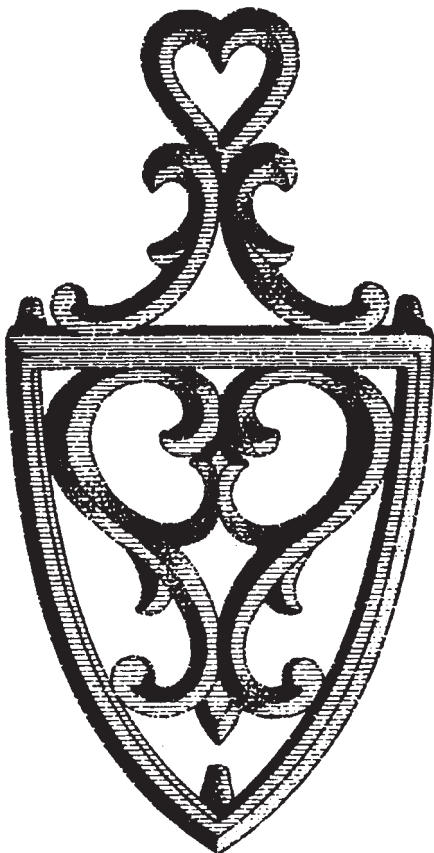
**CANAAN.** 26th Annual Moose Festival. The two-day festivities include a pancake breakfast, dog show, an ATV ride-in, moose chili, maple tasting, a classic car show, over 75 area artisans, a moose calling contest, horse-drawn wagon rides, an old-fashioned barn dance, live music, moose and riverside tours, and much more. Open, non-juried event that welcomes artisans, crafters, non-profits and food vendors. 3-10 pm. Rt. 103 in the Northeast Kingdom on the Canadian border. (603) 237-8939. [www.chamberofthenorthcountry.com](http://www.chamberofthenorthcountry.com).

**EAST THETFORD.** Annual Revels Tradition Day. The afternoon and evening events include Revels Teens, Revels Singers, Band of Fools, Potluck Supper, and a Revels North Community Dance. Fee \$20. 12:30-7:30 pm. East Thetford Dance Pavilion, 140 Pavilion Rd. off Rt 5. (866) 556-3083. [fredland@revelsnorth.org](mailto:fredland@revelsnorth.org). [revelsnorth.org](http://revelsnorth.org).

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Through September 3.*

**GRANVILLE, NY.** First Annual Country and Bluegrass Festival. Hosted by The New Ole Country & Honky Tonk Club. Bring your lawn chairs. Water spigots available. Food and beverages available. Tickets: \$35 at the gate plus \$10 to camp; \$10 for day pass, \$10 for evening; children under 12 free. 9 am - 1 pm. Potter Ave. *Through August 27.*

**HUBBARDTON.** Astronomy Deep Sky Discovery Night. Explore the mysteries of the sun before it sets and the universe with the Green Mountain Astronomers. They share their telescopes and knowledge with you. Bring flashlights and a blanket. Admission by donation. 6:30 - 11 pm. Hubbardton Battlefield State Historic Site, Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov/directory/hubbardton](http://historicsites.vermont.gov/directory/hubbardton).



**LYNDONVILLE.** 162nd Annual Caledonia County Fair. Mountain View Park. (802) 626-8101. [www.caledoniacountyfair.com](http://www.caledoniacountyfair.com). *Also August 27.*

**ORWELL.** Soldiers Atop the Mount, honoring the 240th anniversary of the American, British, and German occupation of 1777. Demonstrations of Revolutionary War camp life, military tactics, colonial crafts and skills, and firing artillery. Interactive "walkabout" on trails and grounds and reading of the Declaration of Independence. Activities for children. Admission: adults \$6, children under 15 free. 9:30 am - 5 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). *Also August 27.*

**ORWELL.** Strong Ground 5K Walk. Fundraiser for education and special programming efforts. \$20 fee includes commemorative t-shirt, admission to Soldiers Atop the Mount, and a simple lunch. Pre-registration suggested. 9:30 am - 1 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**RUTLAND.** Vermont Farmers' Market. Farm fresh veggies and fruits, artisan cheeses, handcrafted breads, maple syrup, Vermont crafts, prepared foods, and more. Live music. EBT and debit cards. 9 am - 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Saturdays through October 28.*

## SUNDAY, AUGUST 27

**BONDVILLE.** 220th Annual Bondville Fair. The oldest continuous fair in Vermont! Midway rides, live music, Wild Country Cloggers, Cheryl the Clown. Craft fair, quilt show. Horse, ox, truck and tractor pulls. Farm animals, sugar house demonstration. Flowers, vegetables, handcrafts, art & more. 30 VT Rt. 30. [bondvillefair.org](http://bondvillefair.org).

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! Demolition derby, agricultural exhibits, horse shows, horse pulling, cattle shows. Midway, grange, 4-H, and lots of entertainment. 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Through September 3.*

**GRANVILLE, NY.** First Annual Country and Bluegrass Festival. Hosted by The New Ole Country & Honky Tonk Club. Bring your lawn chairs. Water spigots available. Food and beverages available. Tickets: \$35 at the gate plus \$10 to camp; \$10 for day pass, \$10 for evening; children under 12 free. 9 am - 1 pm. Potter Ave.

**LYNDONVILLE.** 162nd Annual Caledonia County Fair. Mini, pony, horse, & ox pulls. Yoked cattle show, cattle judging, cattle costume contest & sheep and goat show. ATV/UTV racing, motocross show, farm tractor, 4WD truck & lawn tractor pulls. Calvacade, tractor rodeo, pig scramble, chainsaw carver, all star rock band, Dylan Scott concert. Mountain View Park. (802) 626-8101. [www.caledoniacountyfair.com](http://www.caledoniacountyfair.com).

**ORWELL.** Soldiers Atop the Mount, honoring the 240th anniversary of the American, British, and German occupation of 1777. Demonstrations of Revolutionary War camp life, military tactics, colonial crafts and skills, and firing artillery. Interactive "walkabout" on trails and grounds and reading of the Declaration of Independence. Activities for children. Admission: adults \$6, children under 15 free. 9:30 am - 3:30 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**RUPERT.** Mushroom Identification Workshop. Sue Van Hook's workshops always fill up quickly! Fee: \$30 per person, \$50 per couple. 10 am - 2 pm. Call to register. Merck Forest & Farmland Center, Rt. 315. (802) 394-7836. [merckforest.org](http://merckforest.org).

## The End of Summer

When poppies in the garden bleed,  
And coreopsis goes to seed,  
And pansies, blossoming past their prime,  
Grow small and smaller all the time,  
When on the mown field, shrunk and dry,  
Brown dock and purple thistle lie,  
And smoke from forest fires at noon  
Can make the sun appear the moon,  
When apple seeds, all white before,  
Begin to darken in the core,  
I know that summer, scarcely here,  
Is gone until another year.



—EDNA ST. VINCENT MILLAY

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# Vermont Country Calendar

(Sunday, August 27, continued)

**ST. JOHNSBURY.** Concert: Prydein. American Celtic-rock band incorporates traditional Scottish bagpipes into its high-energy rock music. 4 pm. The Stephen Huneck Gallery at Dog Mountain, 143 Parks Rd. (802) 748-2600 x 106. [concerts.levittamp.org/stjohnsbury](http://concerts.levittamp.org/stjohnsbury).

## TUESDAY, AUGUST 29

**DORSET.** Performance by Slinko and Screening with Gina Kamensky. Slinko is a multi-disciplinary artist born in Ukraine, and now working and living in New Jersey. Gina Kamensky's first animated film was produced when she was 12 using a Bell and Howell 8mm camera and drawing on recycled computer paper. 6 pm. Marble House Project, 1161 Dorset West Rd. [www.marblehouseproject.org](http://www.marblehouseproject.org).

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Through September 3.*

## FRIDAY, SEPTEMBER 1

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Through September 3.*

## SATURDAY, SEPTEMBER 2

**BENNINGTON.** 22nd Annual Southern Vermont Garlic and Herb Festival. Over 200 vendors; garlic-inspired booths, from garlic popcorn, to garlic wreathes, to garlic chocolate. Food vendors. Live music. Demonstrations. Kids' tent. Garlicfest merchandise. One-day pass \$8 at the gate for adults, 12 and under \$2. Two-day pass \$10. 10 am – 5 pm. Camelot Village, on Rt. 9. (802) 447-3311. [lovegarlic.com](http://lovegarlic.com). *Also September 3.*

**BURLINGTON.** Over the Edge for the Flynn Center '17. Benefiting Flynn Center for the Performing Arts. 100 intrepid adventurers will go Over The Edge by rappelling nine stories down the side of one of downtown Burlington's tallest buildings: The Courtyard Marriott Harbor Hotel. Burlington Harbor. (802) 652-4533. [www.firstgiving.com](http://www.firstgiving.com). [flynncenter.org](http://flynncenter.org).

**EAST BURKE.** Bluegrass & BBQ. Delicious BBQ, lively bluegrass tunes from Beg, Steal or Borrow, and Vermont beer specials. BBQ starting at 5 pm and music from 5:30–8 pm. Burke Base Lodge, Burke Bike Park, 223 Sherburne Lodge Rd. (802) 626-7400. *First Saturday monthly.*

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org). *Also September 3.*

**GUILFORD.** Friends of Music at Guilford 52nd Anniversary. Weekend begins with organ concert, "A New England Organ Sampler." 7:30 pm. Free. Donations appreciated. The Barn, 37 Bee Barn Rd. (802) 254-3600. [www.formag.org](http://www.formag.org). *Also September 3.*

**NORTHFIELD.** Labor Day Celebration. Food, craft and game booths. Library Book Sale. NoStrings Marionette Puppet Show. Biy Scouts Soap Box Derby. (802) 485-9201. [www.northfieldlaborday.org](http://www.northfieldlaborday.org). *Through September 4.*

**ORWELL.** Mushrooms Foray. All ages welcome. Bring a hand lens or magnifying glass, if you have one. Lens available to share. Admission: adults \$5, children under 15 free. 10 am – 12 noon. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**PLYMOUTH.** 13th Annual Plymouth Folk & Blues Festival. Features stars from Vermont and nationally known musicians. Lineup includes Hungrytown, Dupont Brothers, Bow Thayer, Eric French, Alastair Mook, Danielle Miraglia, and Jay Ottaway. Wagon rides on Saturday; children's crafts and face painting both days. The concerts are free; donation is suggested. Organized by Jay Ottaway and the Vermont Division for Historic Preservation. 2-5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [www.plymouthfolk.com](http://www.plymouthfolk.com). *Also September 3.*

**RUTLAND.** Vermont Farmers' Market. EBT and debit cards. 9 am – 2 pm, in Depot Park downtown across from Walmart. (802) 342-4727. [vtfarmersmarket.org](http://vtfarmersmarket.org). *Saturdays through October 28.*

**WELLS RIVER.** So Long Summer—Hello Fall Festival. Street fair, bake sale, book sale, car wash, flea market, hand crafts, and food vendors, information booths, in-store and sidewalk sales, rubber ball river race, free raffle drawings, and more. Rain or shine. 9 am – 2 pm. Contact Wells River Action Program at [wrapwr@gmail.com](mailto:wrapwr@gmail.com). (802) 757-2708.

## SUNDAY, SEPTEMBER 3

**BENNINGTON.** 22nd Annual Southern Vermont Garlic and Herb Festival. Over 200 vendors; garlic-inspired booths, from garlic popcorn, to garlic wreathes, to garlic chocolate. Food vendors. Live music. Demonstrations on planting, growing, braiding, and cooking garlic. Kids' tent. Garlicfest merchandise. One-day pass \$8 at the gate for adults, 12 and under \$2. Two-day pass \$10. 10 am – 5 pm. Camelot Village, on Rt. 9. (802) 447-3311. [www.lovegarlic.com](http://www.lovegarlic.com).

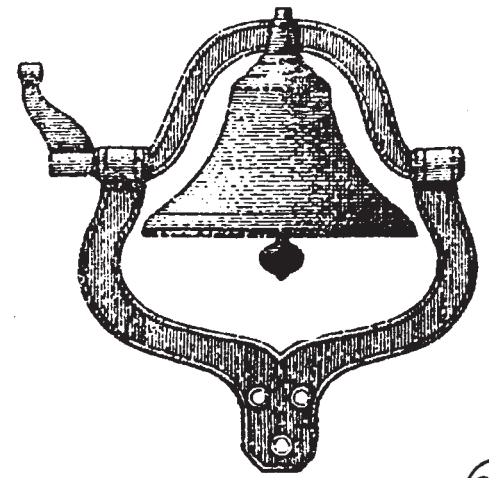
**BRATTLEBORO.** Annual Dawn Dance. All night dancing. At 8 pm to 11:30 pm, contra dancing, caller Mary Wesley with The Moving Violations. Couples dancing, 11:30 pm–12 am. Contra dance 12-3:30 am, Nils Fredland caller with Tempest. Contra dance 3:30-7 am with Alex Deis-Lauby caller and Drivetrain. Tickets at the door 7:33 pm or online. More information on website. Gibson-Aiken Center, 207 Main St. (Rt. 5). [www.dawndance.org](http://www.dawndance.org).

**ESSEX JUNCTION.** Champlain Valley Exposition. The Ten Best Days of Summer! 105 Pearl St. (802) 878-5545. [info@cvexpo.org](mailto:info@cvexpo.org). [www.champlainvalleyfair.org](http://www.champlainvalleyfair.org).

**GUILFORD.** Friends of Music at Guilford 52nd Anniversary. The 50-piece Guilford Festival Orchestra performs a lawn concert featuring Mozart, Elgar, and Novacek. Grounds open at noon for picnicking and gourmet lunch for \$10. Concert free. Donations appreciated. 2 pm. The Barn, 37 Bee Barn Rd. Rd. (802) 254-3600. [www.formag.org](http://www.formag.org).

**GUILFORD.** 73rd Annual Guilford Fair. Horse draw, cattle and horse shows and sheep shearing demonstrations. Live music, beautiful homegrown produce, flowers, handiwork and hobbies. 163 Fairgrounds Rd. [guilfordfairvermont.com](http://guilfordfairvermont.com). *Through September 4.*

**NORTHFIELD.** Labor Day Celebration. Food, craft and game booths. Library Book Sale. Wunderle's aerial circus act. BMX bike stunt show. Fire Dept. tag sale. Labor Day car show. (802) 485-9201. [www.northfieldlaborday.org](http://www.northfieldlaborday.org). *Also September 4.*



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## Vermont Open Farm Week Celebrates Local Food Origins

For the third consecutive year, farmers across Vermont will open their barn doors and garden gates to welcome the public for a look at Vermont's vibrant working landscapes. Vermont Open Farm Week 2017 will be held Monday, August 14, through Sunday, August 20, at dozens of farms in Vermont.

Open Farm Week is a celebration of Vermont farms offering visitors a backstage pass to learn more about local food origins, authentic agritourism experiences, and the chance to build relationships with local farmers.

During Vermont Open Farm Week, you can meet the farmers, plants, and animals that bring your favorite high-

quality Vermont products to your plate.

Activities vary and may include milking cows and goats, harvesting vegetables, collecting eggs, tasting farm fresh food, scavenger hunts, hayrides, farm dinners, and live music.

What's the greatest part about Open Farm Week? Every farm is unique! Milk a cow and harvest a carrot at one farm, sit on a tractor and take in the smell of freshly cut hay at another.

Each Open Farm Week event is created by a farmer and focused on highlighting the unique character of the host farm.

Here are some highlights for the 2017 schedule.

**Merck Forest & Farmland Center, Rupert, VT.** (802) 394-7836. A non-profit educational organization located in the Taconic Mountains of southwestern Vermont. The Center's mission is the sustainable management of its forest, the promotion of innovative agricultural practices on its upland farm, the education of local students in outdoor exploration and the study

of natural sciences, and the creation of unparalleled recreational opportunities for individuals, families and school groups.

The property is open free to the public, daily from dawn to dusk, year-round.

Pork and lamb products from our pasture-raised, non-GMO-fed pigs and lambs, certified-organic maple syrup, and u-pick berries are available for sale in the Visitor Center.

**Green Mountain Girls Farm, Northfield, VT.** (802) 505-9840. A Vermont hill-farm blending traditional know-how (heritage breeds, heirloom veggies) and modern methods (balancing micronutrients to maximize nutrition) to grow food which is healthy and ecologically responsible. Farmstand is open from 7am to 7pm, 7 days a week, all year long. Tours and farm experiences and farmstays.

**Pickle Making Workshop, Saturday, August 19th.** Crossmolina Farm, Corinth, VT. (802) 439-3358. Learn to make and preserve your own pickles from scratch. All materials

will be provided. Participants will go home with seven jars of dill pickles. Our farm is also home to our flock of Registered Icelandic Sheep.

**Meet the Parris Hill Farm Alpacas, Saturday, August 19th and Sunday, August 20th.** Parris Hill Farm, Brownsville, VT. (802) 484-3200. Learn all about the alpaca anatomy, husbandry, evolution, migration, history, fleece, and products.

**Junior Sugarmaker Learning and Quiz, Monday, August 14th.** Sugarbush Maple & Cheese Farm, Woodstock, VT. (802) 457-1757. Children and adults can sample maple syrup, walk the maple trail, visit the sugar house and learn how maple syrup is made. Earn a sugarmaker certificate after finding the answers to a 10-question quiz.

Many events are free and some require pre-registration. Not all farms are open every day, so be sure to check the detailed schedule information to help plan a visit.

Open Farm Week is a collaborative statewide agritourism project presented by the UVM Extension, Vermont Agency of Agriculture, Vermont Farm to Plate Network, Vermont Fresh Network, VT Dept. of Tourism and Marketing, Shelburne Farms and Farm-Based Education, NOFA-VT, and City Market.

Find up-to-date lists of participating Open Farm Week farms at your portal to Vermont's agriculture and culinary experiences, [Dig-InVT.com](http://Dig-InVT.com).

CURATED BY  
ERIC FISCHL

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# Vermont Country Calendar

**ORWELL.** Hike into History. On this guided tour, walk in the footsteps of Revolutionary War soldiers. Meet at museum for orientation. Wear sturdy shoes and dress for the weather. Admission: adults \$5, children under 15 free. 2-4 pm. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov).

**PLYMOUTH.** 13th Annual Plymouth Folk & Blues Festival. Features stars from Vermont and nationally known musicians. Lineup includes Hungrytown, Dupont Brothers, Bow Thayer, Eric French, Alastair Mook, Danielle Miraglia, and Jay Ottaway. Wagon rides on Saturday; children's crafts and face painting both days. The concerts are free; donation is suggested. Organized by Jay Ottaway and the Vermont Division for Historic Preservation. 2-5 pm. President Calvin Coolidge State Historic Site, 3780 Rt. 100A. (802) 672-3773. [historicsites.vermont.gov](http://historicsites.vermont.gov). [www.plymouthfolk.com](http://www.plymouthfolk.com).

**RANDOLPH.** New World Festival. Celebrate Vermont's Celtic and French Canadian heritage with traditional – and sometimes not so traditional – music and dance. More than 70 musicians from New England, Canada and the British Isles. Concerts, music and dance workshop sessions, children's activities, and open dancing unfold on five continuous stages from noon until 11 pm. Food and drink provided by the area's chefs and breweries. At Chandler Music Hall and Gallery, all-weather tents on both sides of Main St., and in historic Bethany Church. Main Street closed to traffic. Tickets \$40/\$12, after 6 pm \$25, children 12 and under free. (802) 276-3808. [www.chandler-arts.org](http://www.chandler-arts.org).

## MONDAY, SEPTEMBER 4

**GUILFORD.** 73rd Annual Guilford Fair. Horse draw, cattle and horse shows and sheep shearing demonstrations. Live music, beautiful homegrown produce, flowers, handiwork and hobbies. 163 Fairgrounds Rd. [guilfordfairvermont.com](http://guilfordfairvermont.com).

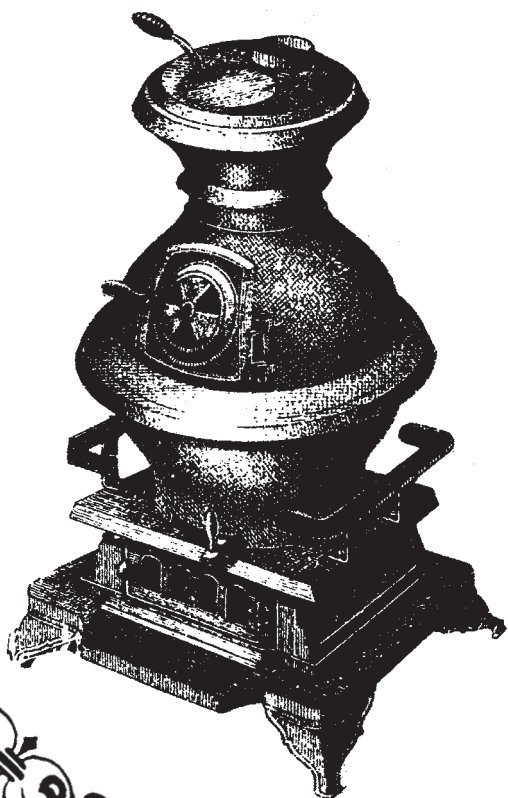
**NORTHFIELD.** Labor Day Celebration. Food, craft and game booths. Parade at 10 am. Island Time Steel Drum Band. Library Book Sale. American Legion Chicken Barbeque starting at noon. (802) 485-9201. [www.northfieldlaborday.org](http://www.northfieldlaborday.org).

## ONGOING ACTIVITIES 2017

**ADDISON.** Chimney Point State Historic Site. Newly updated and expanded permanent exhibit on the Native American, French Colonial, and early American history of the Chimney Point area incorporates archaeological findings from the Lake Champlain Bridge project. Learn how to use the atlatl (ancient spear thrower). Children's French Colonial dress-up basket. Admission \$5, children 14 and under free. Wednesday through Sun and Monday holidays, 9:30 am – 5 pm. Chimney Point State Historic Site, 8149 VT Rt. 17W. (802) 759-2412. [historicsites.vermont.gov](http://historicsites.vermont.gov). *May 27 to October 15.*

**BENNINGTON.** The Bennington Battle Monument will be open for the season. An elevator takes visitors to the observation floor for a spectacular view of three states. \$5 adult admission, 6-14 \$1, under 6 free. The Monument and gift shop are open seven days a week from 9 am – 5 pm. Bennington Battle Monument, 15 Monument Circle, (802) 447-0550. [marylou.chicote@vermont.gov](mailto:marylou.chicote@vermont.gov). [historicsites.vermont.gov](http://historicsites.vermont.gov). *Open April 22<sup>nd</sup> through October 31<sup>st</sup>.*

**COLCHESTER.** The Colchester Log Schoolhouse, one of Colchester's earliest schoolhouses, built approximately 1815. Visitors welcome. Free admission; donations appreciated. Open Fridays, Saturdays, Sundays and Mondays, 11 am – 3 pm. Colchester Log Schoolhouse, Airport Park, 500 Colchester Point Rd. (802) 879-0042. [colchestervt.gov/historicalsociety](http://colchestervt.gov/historicalsociety). *Through September 4.*



**EAST DORSET.** Vermont Summer Festival Horse Show. Admission: Wednesday, Thursday, Friday, adults \$6, children \$3; Grand Prix Saturday and Sunday, adults \$9, children \$5. Tuesday through Sunday, 8:30 am – 4 pm. Beebe Farm, 2971 Route 7. (802) 489-4945. [www.vt-summerfestival.com](http://www.vt-summerfestival.com). *July 4 through August 13.*

**FAIRFIELD.** President Chester Arthur State Historic Site. In 1881, Vermonter Chester Alan Arthur was sworn in as the nation's 21st President. The son of an impoverished Baptist minister, Arthur was born in a small temporary parsonage. He became a lawyer who advocated for civil rights and as President, a champion of civil service reform. Donations appreciated. Chester Arthur Historic Site, 4588 Chester Arthur Rd. (802) 933-8362. [historicsites.vermont.gov](http://historicsites.vermont.gov). *July 1 through October 15.*

**HARDWICK.** Tea Garden. Teas are served in the flower garden, under a covered porch or, when the weather is inclement, in a little plant-filled conservatory. 12-4 pm. By reservation only. Perennial Pleasures Nursery, 63 Brockhouse Rd. (802) 472-5104. [perennialpleasures.net](http://perennialpleasures.net). *Through Labor Day.*

**HUBBARDTON.** Hubbardton Battlefield State Historic Site. Exhibit: Hubbardton Battle—American Rebels Stem the Tide, July 7, 1777. Period artifacts, battle diorama, and a large fiber optic map. Children's colonial dress-up basket, Interpretive Trail. Bring your flag to be raised over the Hubbardton Battlefield and receive a certificate. Admission: adults \$3, children under 15 free. Open 9:30 am – 5 pm. Thurs – Sun and Monday holidays. Hubbardton Battlefield State Historic Site, 5696 Monument Hill Rd. (802) 273-2282. [historicsites.vermont.gov](http://historicsites.vermont.gov). *Through October 15.*

**MARLBORO.** Marlboro Music Festival. Tickets \$5 to \$37.50, call (215) 569-4690. Performances are on Saturdays at 8 pm and Sundays at 2:30 pm, with two special Friday concerts on August 5th and 12th at 8 pm. All concerts take place in Persons Auditorium on the Marlboro College campus, 2472 South Rd. (802) 254-2394. [marlboromusic.org](http://marlboromusic.org). *Through August 14.*

**ORLEANS.** Vermont Reindeer Farm. Come see the only live reindeer in the whole state of Vermont! Many other farm animals to pet & feed. Nature trail, Reindeer games & gift shop. Vermont Reindeer Farm, 3108 Chilafoux Rd. (802) 754-9583. On Facebook.

**ORWELL.** Mount Independence State Historic Site. Celebrating the 240th anniversary of the start of American construction of the Revolutionary War's Mount Independence and the military road to Hubbardton and Rutland, the 50th anniversary of the trail system, and the 25th anniversary of the Mount Independence Coalition. Special Exhibit: "Strong Ground," Artwork of Gary Zaboly. Children's Discovery Corner. Trails. Admission: adults \$5, children under 15 free. Open daily 9:30 – 5:30. Mount Independence State Historic Site, 497 Mount Independence Rd. (802) 948-2000. [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). *May 27 – October 15.*

**PLAINFIELD, NH.** The Attic Shop. New and used items include antiques, books, gift items, collectables, jewelry, furniture, glassware, artwork, and gently used clothes. Free coffee. Free admission. 10 am – 3 pm. Blow-Me-Down Grange, 1107 Rt. 12A. (603) 448-0773. *Every Saturday.*

**PLYMOUTH.** President Calvin Coolidge State Historic Site. Plymouth Notch, Vermont is the birthplace and boyhood home of Calvin Coolidge, the 30th President of the United States. The Village is virtually unchanged since the early 20th century. The homes of Calvin Coolidge's family and neighbors, the community church, cheese factory, one room schoolhouse, and general store have been carefully preserved, and many of the buildings have their original furnishings. Admission: adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. Open daily 9:30 am – 5 pm. President Calvin Coolidge State Historic Site, 3780 Route 100A. (802) 672-3773. [William.jenney@vermont.gov](mailto:William.jenney@vermont.gov). [historicsites.vermont.gov](http://historicsites.vermont.gov). *Through October 22.*

**POULTNEY.** Weekly Game Night. Games for young children as well as adults. Bring your own or play ours. Experienced game players help new players get started. 7-10 pm. Poultney Public Library, 205 Main St. (518) 282-9089 or (802) 287 5556. [poultneypubliclibrary.com](http://poultneypubliclibrary.com). *Ongoing every Thursday.*

**QUECHEE.** Vermont Institute of Natural Science. Wildlife exhibits, workshops, and special events. Wildlife rehabilitation. Admission: adults: \$14.50, seniors (62 plus) \$13.50, youth (4-17): \$12.50, children 3 and under free. Open April 9-October 31: 10 am – 5 pm. November 1 to April 8: 10 am – 4 pm. Vermont Institute of Natural Science, 6565 Woodstock Rd. (802) 359-5000. [info@vinsweb.org](mailto:info@vinsweb.org). [www.vinsweb.org](http://www.vinsweb.org).

**RUPERT.** Merck Forest and Farmland. Camping, cabins, trails, farm, workshops and seasonal events. Visitor's Center and store with certified organic maple syrup, our own 100% wool blankets, and more. Farm chores for children Thursday afternoons through August 17. Open year round, dawn to dusk. 3270 Rt. 315, west of Manchester. (802) 394-7836. [merckforest.org](http://merckforest.org).

**RUTLAND.** Himalayan Salt Cave. Relax in the only public Himalayan Salt Cave in North America. Mon thru Fri 10 am – 7 pm, Sat/Sun 10 am – 6 pm. \$12. Pyramid Holistic Wellness Center, 120 Merchants Row. (802) 775-8080. [pyramidvt.com](http://pyramidvt.com).

## What an Old Housekeeper Has Learned

That clabbered milk is better than water for freshening salt fish.

That salt pork will be nearly as nice as fresh, if soaked in sweet milk and water, equal parts.

That if we wish to prolong our lives we should always

put one day between washing and ironing.

That half a cup of vinegar in the water will make an old fowl cook nearly as quick as a young one, and does not injure the flavor in the least.

—*The Farm and Household Cyclopaedia, 1885*

## Birds of Vermont Museum



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# Vermont Country Calendar

(Ongoing activities, continued)

**RUTLAND.** Rutland Area Flea Market. Indoors, year-round, clean & friendly! Cozy cafe offers refreshments and light lunch. 10 am – 4 pm. 200 West St. corner of Forest St. (802) 770-9104. On Facebook. *Every Saturday and Sunday.*

**SPRINGFIELD.** Eureka Schoolhouse State Historic Site. the oldest one-room schoolhouse in Vermont and one of the few surviving eighteenth century public buildings in the State. Donation appreciated. Open weekends 10 am – 5 pm. Eureka Schoolhouse State Historic Site, 470 Charlestown Rd. (802) 828-3051. [historicsites.vermont.gov](http://historicsites.vermont.gov). *May 27 through October 15.*

**STRAFFORD.** Senator Justin Morrill Homestead. Adults \$6, children 14 and under free. Open Wed-Sun 11 am – 5 pm. Justin Morrill Homestead, 214 Justin Morrill Highway. (802) 765-4484. [Historicsites.vermont.gov](http://Historicsites.vermont.gov).

**VERGENNES.** Lake Champlain Maritime Museum. Shipwreck tours, courses and workshops, exhibits, collections, special events. Fleet of full-size replica vessels which visitors may board. Small craft of display. Maritime Research Institute. Museum store. Admission: adult \$12, seniors \$11, youth 6-17 \$8, children 5 and under free. Lake Champlain Maritime Museum, 4472 Basin Harbor Dr. (802) 475-2022. [www.lcmm.org](http://www.lcmm.org). *May 27 through October 15.*

**WEST RUTLAND.** Vermont Herbal General Store. Owned and operated by a registered pharmacist. Tai' Chi Gung classes, Tuesdays and Thursdays at 5 pm at the store. Free intro classes. Meditations at the store Wednesdays at 5 pm. Usul & Karuna Reiki Healings & Classes. Handmade Herbal Medicines, Oils, Essences, Crystals, Gemstones & Books. Teas, Lotions, and Capsules. All are welcome. Open Tuesday & Wednesday 1-6, Thursday 11 am – 4:30 pm, Saturday 1-6 pm, Sunday 1-4 pm, closed Friday and Monday. Vermont Herbal General Store, 578 Main St. (802) 438-2766. [info@vermontherbal.com](mailto:info@vermontherbal.com). On Facebook and Twitter. [www.vermontherbal.com](http://www.vermontherbal.com).

**WHITE RIVER JUNCTION.** Newberry Market. A year-round, public indoor market with vendors offering local products, cheeses, clothing, gifts, pottery, and specialty foods. Free admission. Open every Thursday year round 11 am – 6 pm. Newberry Market, 19 South Main St. For information contact: Betsy Briggs Wheeler at (802) 299-0212. [newberrymarketwrj@gmail.com](mailto:newberrymarketwrj@gmail.com). [newberrymarketwrj.com](http://newberrymarketwrj.com).

**WINDSOR.** Cider Hill Gardens & Gallery. Come and explore our gardens. Open through April by appointment, starting May 4 open daily 10 am – 5 pm. 1747 Hunt Rd. (802) 674-6825. [www.garymilek.com](http://www.garymilek.com). [www.ciderhillgardens.com](http://www.ciderhillgardens.com).

**WOODSTOCK.** Billings Farm & Museum. Visit our award-winning Jersey herd, draft horses, and sheep and tour the restored 1890 Farm House. Adults \$15, 62 & up \$14, ages 5-15 \$8, 3-4 \$4, under 3 free. 10 am – 5 pm. Billings Farm & Museum, Rt. 12 & River Rd. (802) 457-2355. [info@billingsfarm.org](mailto:info@billingsfarm.org). [www.billingsfarm.org](http://www.billingsfarm.org).

**WOODSTOCK.** Marsh-Billings-Rockefeller National Historic Park. 20 miles of trails and carriage roads are open year-round. Gardens and mansion. Vermont's only national park. Guided tours \$4/\$8, under 15 free. Walk the grounds free. Marsh-Billings-Rockefeller National Historic Park, 54 Elm St. (802) 457-3368 x 22. [nps.gov/mabi](http://nps.gov/mabi).

## MUSEUMS, EXHIBITS & GALLERIES

**BARRE.** Vermont History Center and Leahy Library. Adults: \$5; families: \$12; students, children, seniors: \$3; members and children under 6: free. Monday through Friday, 9 am – 4 pm. Vermont Historical Society, 60 Washington St. (802) 479-8500. [www.vermonthistory.org](http://www.vermonthistory.org).

**BENNINGTON.** The Dollhouse and Toy Museum of Vermont. Museum shop. Admission is \$2 for children three and older, \$4 for adults and \$10 for families. Saturdays and Sundays 1-4 pm. 212 Union St. at the corner of Valentine St. (802) 681-3767. [dollhouseandtoymuseumofvermont.com](http://dollhouseandtoymuseumofvermont.com).

**BENNINGTON.** Bennington Center for the Arts. Permanent collections, theater productions, workshops. Adults \$9, seniors & students \$8, families \$20, under 12 are free. Open Wed-Mon, 10 am – 5 pm. Bennington Center for the Arts, 44 Gypsy Lane. (802) 442-7158. [www.thebennington.org](http://www.thebennington.org).

**BENNINGTON.** Bennington Museum. Exhibit—"Gatherum of Quiddities: Paintings by Pat Adams", a selection of twenty-nine works surveying her entire career, through June 18. Founding documents, fine art, Bennington Pottery, the 1924 Wasp Touring Car, Vermont furniture, and the Bennington Flag—one of America's oldest flags. Lectures, workshops, concerts, films, and the George Aiken Wildflower Trail. Admission: adults \$10, seniors and students over 18 \$9. Admission is never charged for younger students, museum members, or to visit the museum shop. Open 10 am – 5 pm every day except Wednesdays. Bennington Museum, 75 Main St. (802) 447-1571. [www.benningtonmuseum.org](http://www.benningtonmuseum.org).

**BRANDON.** Exhibit: Warren Kimble—Folk Art 2017. Animal, barn, and homestead scenes on antique wooden boards and other found objects. Open daily, 10 am – 5 pm. Brandon Artists Guild, 7 Center St. (802) 247-4956. *Through August 29.*

**BRANDON.** Compass Music and Arts Center. Arts businesses and studios, workshops & classes, exhibits, concerts, and community events. A gift shop features art and music related books, collectibles, and the music of the classical recording company, Divine Art Records. Onsite café. Open daily 10 am – 5 pm. Compass Music and Arts Center, 333 Jones Drive, Park Village, 1.5 miles north of downtown. (802) 247-4295. [cmavct.org](http://cmavct.org).

**BRATTLEBORO.** Brattleboro Museum & Art Center. Open daily 11-5, closed Tues. Admission \$8 adults, \$6 seniors, \$4 students, free for youth 18 and under. 10 Vernon St. (802) 257-0124. [www.brattleboromuseum.org](http://www.brattleboromuseum.org).

**BURLINGTON.** ECHO Lake Aquarium and Science Center. Exhibits, workshops, programs, café, gift shop, story hour. Admission: \$9.50 adults, \$7 ages 3-17, \$8 seniors and students, under 3 free. Monday-Sunday, 10 am – 5 pm. ECHO Lake Aquarium and Science Center at Leahy Center for Lake Champlain, One College St. (877) 324-6385. [info@echovermont.org](mailto:info@echovermont.org). [www.echovermont.org](http://www.echovermont.org).

**BURLINGTON.** Fleming Museum of Art. More than 20,000 objects that span the history of civilization. Adults \$5, family \$10, students and seniors \$3, children 6 and under free. Tue, Thu, Fri 10 am – 4 pm, Wed 10 am – 7 pm, Sat-Sun noon – 4 pm. Fleming Museum of Art, 61 Colchester Ave. (802) 656-0750. [fleming@uvm.edu](mailto:fleming@uvm.edu). [www.flemingmuseum.org](http://www.flemingmuseum.org).

**GLOVER.** Bread & Puppet Museum. One of the largest collections of some of the biggest puppets in the world housed in a 100-foot-long converted dairy barn built in 1863. Free admission, donations welcome. Open 10 am – 6 pm daily summertime. Bread and Puppet Farm, 753 Heights Rd. (802) 525-3031. [www.breadandpuppet.org](http://www.breadandpuppet.org). *Open through November 1.*

**GRAFTON.** The Vermont Museum of Mining and Minerals. Features displays and specimens from all over the Green Mountain State and around the world. Open Saturdays, Sundays, 10 am – 12 pm & 1-4 pm, or by appointment. 55 Pleasant St. (802) 875-3562. *Through mid-October.*

## Quechee, VT

### StarLab and the Total Solar Eclipse at VT Institute of Natural Science

On Monday, August 21, all of North America will be treated to an eclipse of the sun.

The Vermont Institute of Natural Science (VINS) in Quechee, VT will host the public debut of the StarLab, our portable planetarium,

on Monday, August 21 at the VINS Nature Center, in celebration of the Eclipse Across America.

Presentations will include: 12:30 to 1 p.m. Milky Way Starfield & H.A. Rey Constellations; 1:15 to 1:45 p.m. Native American Mythology

& Navajo Skies; and 2 to 2:30 p.m. Milky Way Starfield & H.A. Rey Constellations. You can learn more about Native American Mythology & Navajo Skies prior to the StarLab event by reading our blog, Science Talk.

Come to VINS to create your own pinhole projector with which to safely view the eclipse, which begins just before 6 p.m.

All activities are included with admission to VINS: adults \$15, seniors (62 plus) \$14, youth (4-17) \$13, children 3 and under are free.

*Vermont Institute of Natural Science is located at 6565 Woodstock Rd., Rt. 4, east of Woodstock, VT. For more information call (802) 359-5000. [education@vinsweb.org](mailto:education@vinsweb.org). Visit [www.vinsweb.org](http://www.vinsweb.org).*

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Cracked Corn	21% Turkey Grower Pellets
Whole Corn	Whole Barley
16% Dairy Pellet	Whole Oats
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[www.greenmountainfeeds.com](http://www.greenmountainfeeds.com)

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# Vermont Country Calendar

**GRAFTON.** The Nature Museum at Grafton. Hands-on exhibits, dioramas, mounted specimen, wildlife garden. Hiking trails in the Village Park behind the Museum. Admission by donation. Thursdays, Fridays, and Saturdays 10 am – 4 pm. The Nature Museum at Grafton, 186 Townshend Rd. (802) 843-2111. [nature-museum.org](http://nature-museum.org). *Through Columbus Day weekend.*

**HUNTINGTON.** Birds of Vermont Museum. Adult \$7, senior \$6, child 3-17 \$3.50. Open daily 10 am – 4 pm. The Birds of Vermont Museum, 900 Sherman Hollow Rd. (802) 434-2167. [birdsofvermont.org](http://birdsofvermont.org). *Through October 31.*

**MANCHESTER.** Southern Vermont Art Center. Open Tues-Sat 10 am – 5 pm. Yester House Galleries, Southern Vermont Arts Center, West Rd. (802) 362-1405. [svac.org](http://svac.org).

**MANCHESTER.** Visit Hildene, The Lincoln Family Home. Summer home of presidential son, Robert Lincoln. \$20 adults; \$5 children 6-14; under 6 free. Daily 9:30 am to 4:30 pm. Hildene, Rt. 7A. (802) 362-1788. [hildene.org](http://hildene.org).

**MIDDLEBURY.** Middlebury College Museum of Art. Free. Tuesday through Friday 10 am–5 pm, Saturday and Sunday 12–5 pm, closed Mondays. 72 Porter Field Rd. (802) 443-3168. [museum.middlebury.edu](http://museum.middlebury.edu).

**MIDDLEBURY.** Henry Sheldon Museum of Vermont. The oldest chartered community history museum in the United States, welcoming visitors since 1882. Exhibits, research center, and museum shop. Admission: adults \$5, youth 6-18 \$3, senior \$4.50, family \$12, under 6 free. Tues-Sat 10 am – 5 pm. Henry Sheldon Museum of Vermont History, One Park St. (803) 388-2117. [henrysheldonmuseum.org](http://henrysheldonmuseum.org).

**MIDDLEBURY.** Vermont Folklife Center. Gallery, archives & research center, programs, and Heritage Shop. Free admission. Open Tues-Sat 10 am – 5 pm. Vermont Folklife Center, 88 Main St. (802) 388-4964. [info@vermontfolklifecenter.org](http://info@vermontfolklifecenter.org). [www.vermontfolklifecenter.org](http://www.vermontfolklifecenter.org).

**MONTPELIER.** Vermont History Museum & Bookstore. One admission fee gives access to both the Vermont History Museum in Montpelier and the Vermont Heritage Galleries in Barre. Admission: adults: \$7; families: \$20; students, children, seniors: \$5; members and children under 6: free. Open 9 am – 4 pm, Tuesday through Saturday, Pavilion Building, 109 State St. (802) 828-2291. [info@vermonthistory.org](http://info@vermonthistory.org). [www.vermonthistory.org](http://www.vermonthistory.org).

**NORWICH.** Montshire Museum of Science. Trails, programs, and museum store. Open 10 am – 5 pm daily. Admission \$14 adults, \$11 children 2-17, under 2 free. Open daily 10 am – 5 pm. One Montshire Rd. (802) 649-2200. [www.montshire.org](http://www.montshire.org).

**PLYMOUTH.** President Calvin Coolidge State Historic Site. New exhibit: "Homespun". The practical, often highly artistic textiles and fiber items created by the Coolidge family and their neighbors during the 19th and 20th centuries. Permanent exhibit: "More Than Two Words—The Life and Legacy of Calvin Coolidge". Admission: adults \$9, children 6-14 years \$2, children under 6 years free, family pass (up to 8 people) \$25. Open daily 9:30 am – 5 pm. President Calvin Coolidge State Historic Site, 3780 Route 100A. (802) 672-3773. [historicsites.vermont.gov/coolidge](http://historicsites.vermont.gov/coolidge). *May 27 through October 22.*

**QUECHEE.** Vermont Institute of Natural Science. Wildlife exhibits, workshops, and special events. Wildlife rehabilitation. Adults: \$14.50, seniors (62 plus) \$13.50, youth (4-17): \$12.50, children 3 and under free. Open 10 am – 5 pm. Vermont Institute of Natural Science, 6565 Woodstock Rd. (802) 359-5000. [www.vinsweb.org](http://www.vinsweb.org). *Through October 31.*

**READING.** Exhibits: *Hope and Hazard: A Comedy of Eros* curated by Eric Fischl of over sixty-five artists from the Hall and Hall Art Foundation collections. *Ready, Fire! Aim.* curated by DJ Hellerman, exhibited in Reading, and also at BCA Center in Burlington. And a Solo exhibition by British artist David Shrigley in the newly opened visitor center. Outdoor sculptures by Richard Deacon, Olafur Eliasson, and Marc Quinn. Admission is free. Open weekends and Wednesdays by appointment at 11 am, 1 pm and 3 pm, and unguided tours first Fridays from 5-8 pm. Box lunches for purchase 24 hours before your visit. Hall Art Foundation, 544 VT Rt. 106. (802) 952-1060. [vermont@hallartfoundation.org](http://vermont@hallartfoundation.org). [hallartfoundation.org](http://hallartfoundation.org). *Through November 26.*

**READING.** First Fridays. View exhibitions without a guide and at your own pace. Wood-fired pizza prepared in a vintage truck with an Italian-made wood-burning oven, using local, seasonal and artisanal ingredients. 5-8 pm. Hall Art Foundation, 544 Vermont Rt. 106. (802) 952-1056. [www.hallartfoundation.org](http://www.hallartfoundation.org). *First Friday of every month through November 3.*

**RUTLAND.** Chaffee Downtown Art Center. Exhibits, workshops, classes. Open Tuesday-Friday 12-6 pm, and Saturday 10 am - 5 pm. Chaffee Downtown Gallery, 75 Merchants Row. (802) 775-0062. [info@chaffeeartcenter.org](http://info@chaffeeartcenter.org). [www.chaffeeartcenter.org](http://www.chaffeeartcenter.org).

**SAXTONS RIVER.** Main Street Arts. Exhibit: Gil Perry landscape oils and graphite fantasy drawings. Charles Norris-Brown images plus narrative from his children's book *Did Tiger Take the Rain?* Exhibits, concerts, lectures, workshops, and classes for adults, teens and children. Main Street Arts, 35 Main St. (802) 869-2960. [www.mainstreetarts.org](http://www.mainstreetarts.org). *Through June 16.*

**SHELBURNE.** Shelburne Museum. Renowned for its collection of American folk art and quilts. Home to holdings of decorative arts, design, decoys, and carriages. The paintings collection includes French Impressionists as well as over 400 18<sup>th</sup>-20<sup>th</sup> century American works. Exhibit: "Wild Spaces, Open Seasons: Hunting and Fishing in American Art" through August 27. Over 20 gardens. Historic houses and community buildings. Admission: adult \$24, ages 5-17 \$5, under 5 free. Open daily 10 am – 5 pm. Shelburne Museum, 6000 Shelburne Rd. (802) 985-3346. [shelburnemuseum.org](http://shelburnemuseum.org).

**SHOREHAM.** Shoreham Bell Museum. See 5-6,000 bells collected from all over the world. Open most afternoons by appointment or chance year round. Free admission, donations accepted. Shoreham Bell Museum, 127 Smith St. off Rt. 74 west. For information call Judy Blake at (802) 897-2780. [vtcat@shorehambellmuseum.com](http://vtcat@shorehambellmuseum.com). [www.shorehambellmuseum.com](http://www.shorehambellmuseum.com).

**SPRINGFIELD.** Exhibit: "Falling in Love With Fall". The latest collection of hand drawn and painted scarves from silk painter Teresa Hillary. Tuesday – Saturday, 11 am – 5 pm. Gallery at the VAULT, 68 Main St. (802) 885-7111. [galleryvault.org](http://galleryvault.org). *September 14 through November 2.*

**STOWE.** Helen Day Art Center. Exhibits and workshops. Free admission. Hours: Wednesday–Sunday, noon – 5 pm and by appointment. Helen Day Art Center, 90 Pond St. (802) 253.8358. [www.helenday.com](http://www.helenday.com).

**ST. JOHNSBURY.** Fairbanks Museum and Planetarium. Exhibits, programs, special events, wildflower table, collections. Admission: adults \$8, seniors and children under 17 \$6, under 5 free. Open every day 9 am – 5 pm. Fairbanks Museum and Planetarium, 1302 Main St. (802) 748-2372. [www.fairbanksmuseum.org](http://www.fairbanksmuseum.org).

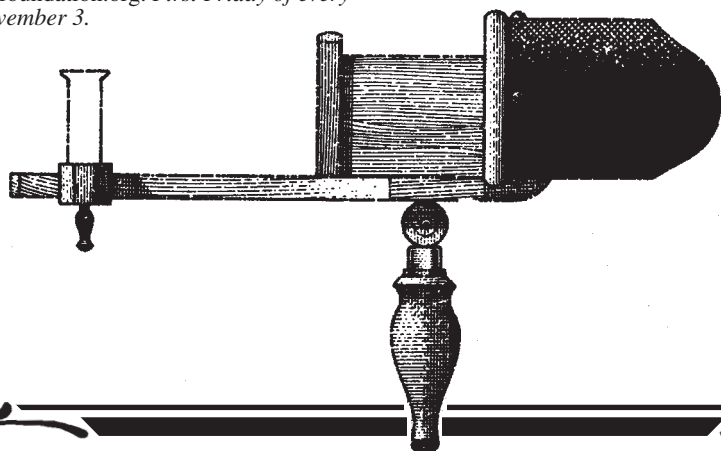
**ST. JOHNSBURY.** The Stephen Huneck Gallery at Dog Mountain and Dog Chapel. Free. Summer hours: Gallery open seven days a week. Dog Chapel open seven days a week from dawn to dusk. Dog Mountain, 143 Parks Rd. off Spaulding Rd. (800) 449-2580. [contact@dogmt.com](http://contact@dogmt.com). [www.dogmt.com](http://www.dogmt.com).

**WESTMINSTER.** Historical Exhibit: The William Czar Bradley Law Office. A delightful, tiny, two-room law office with contents just as he left it in 1858, where he practiced law and taught students. See his wonderful multi-drawer filing cabinet and surveying instruments he used to survey the US/Canadian border. Open Sunday 2-4 pm or by appointment. Free admission. Located in the Town Hall at 3613 US Rt. 5. (802) 722-4203 or (802) 387-5778. *Open Sunday July 2 through September 3.*

**WESTMINSTER.** The Westminster Historical Museum. In the town where the first shots of the American Revolution and massacre happened. See a scale model of the courthouse where the massacre occurred, one of the largest painted stage curtains in Vermont, plus many items pertaining to life in the earliest settlement in the state. Open Sundays 2-4 pm or by appointment. Free admission. Located in the Town Hall, 3651 US Rt. 5. (802) 722-4203 or (802) 387-5778. *July 2 to September 3.*

**WEST RUTLAND.** Carving Studio and Sculpture Center Gallery. Monday-Friday, 10 am-1 pm, or by appointment. 636 Marble St. (802) 438-2097. [carvingstudio.org](http://carvingstudio.org).

**WINDSOR.** Old Constitution House. On July 8, 1777, the first Constitution of the "Free and Independent State of Vermont" was adopted at the Windsor Tavern owned by Elijah West. West's tavern, the location of many of the deliberations charting the future of Vermont, is now preserved as a historic site and called "The Old Constitution House." Adults \$3, children 14 and under are free. Weekends and Monday holidays 11 am – 5 pm. Located on Main Street at the northern end of the village on Rt. 5, between exits 8 and 9 on I-91. Old Constitution House State Historic Site, 16 N. Main St. (802) 672-3773. [William.jenney@vermont.gov](http://William.jenney@vermont.gov). [www.historicsites.vermont.gov](http://www.historicsites.vermont.gov). *May 27 through October 15.*



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## Farm to Ballet Hosts Summer Performances

The Farm to Ballet Project is a dance collaborative designed to celebrate the unique culture of New England farms while promoting a vibrant, local, and sustainable food system and introducing new audiences to the beauty of classical ballet. Enjoy one of these late summer Farm to Ballet events.

### Billings Farm & Museum, Woodstock, VT Saturday, August 5th

Billings Farm & Museum hosts Farm to Ballet performance on August 5th. Entry to Billings Farm and tours will begin at 5:30 p.m. Show starts at 6:30 p.m. A string sextet will play the music of Vivaldi for this performance.

Billings Farm & Museum is the only outdoor museum in the nation that successfully combines a fully-operational dairy farm with a dynamic museum of public education and engagement. Billings Farm offers diverse, interactive programs and events that focus on the life, work, and culture of Vermont's 19th century farm families, as well as showcasing the progressive improvements advanced by Frederick Billings on his farm and in the forest during the late 19th century. For an hour before the performance begins, ballet performance guests are invited to visit the livestock barns—home to the nation's oldest registered herd of Jerseys—visit the Southdown sheep and draft horses in the pastures, and tour the restored and furnished 1890 farmhouse.

Picnic suppers featuring Billings Farm cheese, Vermont ice cream, and beverages will be available at the Billings



Farm to Ballet performs at the Retreat Farm in Brattleboro, VT photo by Farm to Ballet

Farm & Museum Dairy Bar. Performance guests are also welcome to bring their own picnics. Please bring chairs and blankets to sit on.

In the event of inclement weather, the show will be cancelled. We will do everything we can to perform outdoors if possible. In the event of cancellation, ticket holders may continue to donate their ticket to the cause, refund their ticket or exchange for another show.

Tickets can be purchased at Billings Farm and Museum at the admissions desk in the Visitor Center or call the farm and they can be sent through the mail: (802) 457-2355. General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket.

Billings Farm & Museum is located at Route 12 & River Rd. in Woodstock, VT. (802) 457-2355.

### Studio Hill, Shaftsbury, VT Sunday, August 6th

Studio Hill is proud to host Vermont's own Farm to Ballet for a day of on-farm entertainment and education on Sunday, August 6th. Doors open at 1 p.m. and the show starts at 3 p.m. A string sextet will play the music of Vivaldi for this performance.

The farmers at Studio Hill use strictly regenerative farming practices to restore and strengthen the ecosystems on their 4th-generation family farm in Shaftsbury. Farm tours highlighting the promise and practices of regenerative agriculture will take place throughout the day before the ballet.

Audience members are encouraged to bring their own picnic blankets or lawn chairs. This show will go on, rain or shine. In the event of rain, we will move into the riding arena, where audience members can be seated on hay bales or their own lawn chairs.

Proceeds generated by the event will go toward building phase one of the Studio Hill Perennial Food Forest Project. Phase one will reclaim 4.5 acres of the farm that was clear-cut for timber. Once complete, the food forest will be up to 20 acres and will produce fruit, nuts, herbs, flowers, eggs, meat, and vegetables in a stacked system of self-sustaining permanent agriculture. Once established, the forest will be a central component of our regenerative agriculture exhibition and training center.



Sheep walk past a cottage at Studio Hill, Shaftsbury, VT.

Purchase tickets through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket.

Studio Hill is located at 957 Trumbull Hill Rd. in Shaftsbury, VT. For more information about the farm, visit [www.studiohill.farm](http://www.studiohill.farm).

### Shelburne Farms, Shelburne, VT Sunday, August 13th

You're invited to come for a performance of Farm to Ballet, taking place at the historic Breeding Barn at Shelburne Farms on August 13th. Doors open at 5 p.m. and the show begins at 6 p.m. A string sextet will play live Vivaldi for this performance. Enjoy this full-length performance that reinterprets classical ballet pieces to tell the story of a Vermont farm from Spring to Fall.

Audience members should bring their own picnic blankets or lawn chairs. If it rains, the show will go on! The performance will be held inside the Breeding Barn and chairs will be provided for audience members.

Bring a picnic or purchase farm fresh food prepared and served by our friends from NOFA-VT and Fork in the Road (8/13), while you enjoy the performance. There will be a cash bar serving locally produced beer, wine and ciders as well as Sisters of Anarchy Ice Cream made locally by Fisher Brothers Farm.

Tickets will not be sold at the door for our Shelburne Farm's Show. Please purchase ahead of time. Purchase tickets through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket. Shelburne Farm is located at 1611 Harbor Rd., Shelburne VT.

### Retreat Farm, Brattleboro, VT Saturday, August 12th

The Retreat Farm in Brattleboro is excited to host the Farm to Ballet Project for the second year. The gate will open at 4:30 p.m. for tours of the Children's Farm and Forest, picnicking on Farmhouse square and musical entertainment. The show starts at 6 p.m. A string sextet will play the music of Vivaldi for this performance.

Audience members should bring their own picnic blankets or lawn chairs. If it rains, the show will need to be cancelled. Audience members can either choose to continue to give their donation to the farm, get a reimbursement or exchange their tickets for a different show.

Join us at 5 p.m. for tours of our new educational garden and food from Rigani Wood Fired Pizza, Dosa Kitchen South Indian Soul Food, and Ro's Petite Fête.

Purchase tickets through [www.flynntix.org](http://www.flynntix.org). General admission \$16.50, general admission with \$10 donation \$27, general admission with \$20 donation \$37.50, children 12 & under are free, but must have a ticket.

The Retreat Farm is located at 350 Linden St. in Brattleboro, VT. We are off Rt. 30, just northwest of downtown Brattleboro.

For more information about Farm to Ballet visit their website at [www.farmtoballet.org](http://www.farmtoballet.org).

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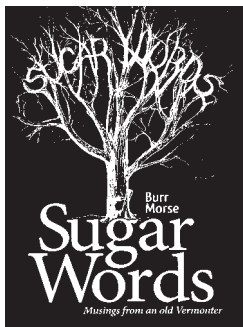
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# 25th Annual Central Vermont Chamber Music Festival

Welcome to the 25th anniversary season of the The Central Vermont Chamber Music Festival, celebrating World-class Music in the Heart of Vermont at Chandler Music Hall in Randolph the second week of August.

Cellist and Artistic Director Peter Sanders has packed the two week residency with a lot of music—both traditional and quite unusual.

Mr. Sanders formed the Central Vermont Chamber Music Festival which had its inaugural season in 1993. He plays the cello and is a graduate of the Manhattan School of Music. Mr. Sanders has been a member of the New York City Ballet Orchestra since 1999 (for which he has served as Acting Principal), and as well performs with other orchestras, in summer music festivals and as a studio musician.

There will be an open rehearsal at Chandler Music Hall on August 10th at 7 p.m. Admission is free.

## August 12th—Schubert and Schumann

The first Saturday evening concert, on August 12th at 7:30 p.m. features the beloved Schubert “Trout” piano quintet, last performed during the very first season in 1993. Also on the program will be Robert Schumann’s Fantasy Pieces Opus 73 for cello and piano and Three Madrigals for Violin and Viola by twentieth century Czech composer Bohuslav Martinu. The musicians will be violinist Basia Danilow, violist Arturo Delmoni, cellist Peter Sanders, and, new to the Festival, bassist David Mercier and pianist Adrienne Kim.

## August 17th—An Evening of Improvisation

A first for the Festival will be an evening of improvisation on Thursday, August 17th, from 7 to 8:30 p.m. A Guide to Improvisation and Musicianship will be led by the jazz contingent of Franceschini, Ephron, Vega, and Perowsky. Musicians of all levels—students, adult amateurs and young professionals, jazz and non-jazz players alike—are welcome. Participation is encouraged and folks are invited to bring their instruments.

## August 18th—Night in the Gallery

The annual Friday Night in the Gallery on August 18th at 7 p.m. in the Gallery will be a stringed instrument and bow symposium led by New York luthier Guy Rabut and Vermont bow maker Eben Bodach-Turner. Festival artists will join in on a lively discussion about choices that are made when creating “the tools” of the trade, and will also play various instruments with various bows.

## August 19th—Jazz and Chamber Music

The quite unusual happens during the second week of the Festival. World-class artists from the jazz and chamber music world will join forces to produce a concert from both genres and a mixture of the two. The second Saturday evening concert on August 19th at 7:30 p.m. will include music for string quartet with a jazz relationship with composers such as Debussy, Piazzolla, and Jerome Kern, as well as music drawn from jazz greats Chet Baker and Stan Getz. There might even be some original tunes as well! The musicians besides Basia Danilow, Adela Peña, and Peter Sanders include violist Kathryn Lockwood, saxophonist Bob Franceschini, bassist Fima Ephron, trumpeter Ray Vega, and drummer Ben Perowsky.

## August 19th—Concert for Kids

The Concert for Kids on Saturday August 19th at 10:30 a.m. has an unusual twist as well, with a visit from the local



Jung Lin, pianist and cellist/Artistic Director Peter Sanders with the Central Vermont Chamber Music Festival. photo by Robert Eddy

Island Time Steel Drums, led by Scott Paulson and Barbara Smith. Youngsters will have a chance for a hands-on music learning experience, exploring the basics of playing the steel drums and then culminating with a performance. There will be two 45-minute educational on-stage sessions for groups of 13 students each, with the rest of the audience cheering them on. Early sign-ups are encouraged for the two session slots at [www.islandtimesteel@hotmail.com](mailto:www.islandtimesteel@hotmail.com). The annual ice cream social follows for everyone, participants and audience alike.

## August 20th—Breakfast with Bach

The annual finale of the Festival will again be the popular focus on a communal meal and Bach, this time Breakfast with Bach/Baroque Brunch. On Sunday, August 20th festival artists will be joined by Vermont Youth Orchestra members led by Yutaka Kono, in a performance of Bach’s Orchestral Suite #2 and a “little something extra.” The meal is served in Upper Gallery at Chandler at 11 a.m. and the concert will be performed across the street at Bethany Church at 12:30 p.m.

## VPR Classical Performance

It is tradition for Festival musicians to be on the air with Walter Parker, host of VPR Classical in the studio in Colchester. This time, though, something special is planned. In an appearance VPR describes as a “major audience event” in honor of the 25th anniversary, the Festival piano quintet will perform the entire Schubert work in the new VPR

performance space for an invited audience of VPR donors and Friends. The festival is thrilled to have Vermont Public Radio as the Media Sponsor of the Festival.

For a full rundown on the 25th anniversary offerings and buying tickets online, visit the festival website at [www.cvcmf.org](http://www.cvcmf.org).

Tickets to the festival are \$25 for each date or \$45 for two dates. Tickets to the Children’s Concert are \$6 at the door. Student tickets are free thanks to a special grant. Tickets for the Chandler concerts are also available by calling the Chandler box office at (802)728-6464 weekdays 12 to 5 p.m.

Chandler Music Hall is located at 71-73 Main St., Randolph, VT. Chandler Music Hall is fully accessible and equipped for the hearing impaired.

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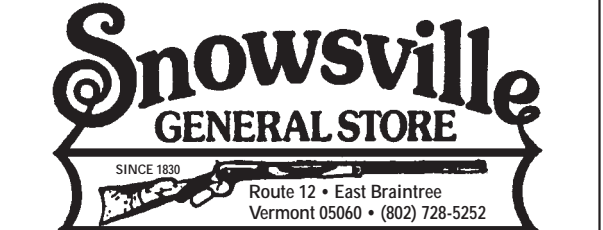
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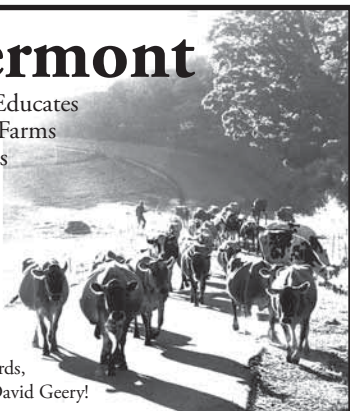
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# Banjo Dan's Bluegrass Revue Comes to Spruce Peak

Banjo Dan's Bluegrass Revue, a dynamite show featuring two of Vermont's top acoustic bands, will take the stage at the Spruce Peak Performing Arts Center in Stowe, VT on Friday, August 11th, with show time set for 8 p.m.

The Revue combines the talents of Bob Amos & Catamount Crossing and The Sky Blue Boys with Carrie Cook.

Catamount Crossing has emerged as the premiere Vermont bluegrass band and is currently performing at major festivals around New England and beyond while their recent recordings are attracting attention nationwide.

Fronted by banjoist Bob Amos they deliver the full-bore, five-piece, classic bluegrass sound with dynamic instrumental work and wonderfully blended vocals highlighted by the compel-

ling voice of Sarah Amos. Bob's award-winning songs are front and center, supplemented by a healthy dose of timeless bluegrass standards.

The Sky Blue Boys feature Dan and Willy Lindner, founders of the legendary Banjo Dan and the Mid-nite Plowboys, a band that put Vermont bluegrass on the map, appearing throughout the Northeast, touring overseas on several occasions, and recording extensively.

The brothers now concentrate on the early- or pre-bluegrass sound of the classic "brothers duos" whose music gave rise to bluegrass as we now know it around the middle of the last century.

For this special performance the remarkable Carrie Cook joins the brothers on bass, boosting the acoustic sound and adding to the vocals. The two bands will join

at the end of the show for a no-holds-barred onstage jam not to be missed.

"We are really excited to bring our bluegrass show to Spruce Peak," says Banjo Dan, the Revue's organizer and namesake. "This is a state-of-the-art facility and one of the finest performance venues in New England, and we aim to deliver a memorable show."

Tickets at the door for Banjo Dan's Bluegrass Revue are \$25. Mark your calendar now for Vermont's top bluegrass show of 2017.

*Spruce Peak Performing Arts Center 122 Hourglass Dr., Stowe, VT. (802) 760-4634. sprucepeakarts.org.*

*For more information about The Sky Blue Boys and Banjo Dan and the Mid-nite Plowboys' recordings visit www.skyblueboys.com.*



Bob Amos and Catamount Crossing.



Dan and Willy Lindner performing as The Sky Blue Boys.

## "The Apple-Sauce Man"

There lived in New England a long time ago  
A man of queer habits as seldom you'd know;  
He sold apple-sauce by the quart or the can,  
And the people all called him "The Apple-Sauce Man."

He lived on a hill, and he used to come down  
With the berries he picked and sell them in town;  
And the boys, when they saw him, they always began  
To shout and hurrah for the "Apple Sauce Man."

A sort of philosopher was he in truth,  
And took jokes most kindly from old folk and youth:  
"My dears, always take all the comfort you can  
For life is so short"—said the "Apple Sauce Man."

"Make the most of this world, you're not sure of another;  
Eat, drink and be merry, my sister and brother.  
Remember my counsel and follow my plan,  
And you'll always be blessed," said "The Apple Sauce Man."

He died years ago, and I haven't a doubt  
The truth of his theory he has found out;  
But, wherever he is, I wouldn't dare bet  
That he is not selling his apple sauce yet!

—SAMUEL SLAYTON LUCE  
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## She's a Real Gem

by Burr Morse

There they go again, spade shovel at hand, my wife Betsy tagged by our black lab Fern and headed up the woods road. That's the way they start every day, going to the woods where Fern poops and snoops, and Betsy prospects. Prospects you ask? Yes, she's searching for the mother lode but when I allude to wealth accumulation, she shrugs it off—"Already rich," she says. "Got my dog, a walk in the woods, and a good day. What more could I want?" That's my wife, a true proletariat and, oh yes, it's not gold she's after but quartz.

While Burr was breaking all the quartz into smaller pieces with his bare hands...Quartz is common on our farm but Betsy has already claimed most of it visible to the eye, hence, the shovel. Recently after she returned with a bucket full which included perfect diamond shapes with faces so flat and precise they appeared machined by man. I asked her where she finds such gems. She gazed at me with her round-eyed, mysterious look and replied "I go where they are."

I estimate the piles she's accumulated in our yard in tons rather than pounds. Those piles are met with different reactions from visitors with some walking right by without noticing. One guy, a bit on the different side, simply said "looks like one-a-them hoarders lives here." And then there's the occasional artist type who sees, appreciates, and praises Betsy for her creative effort.

Betsy was busy digging and carrying this into it's rightful place! She's always had this fascination with quartz. In fact when we got engaged I knew she could care less about a diamond, so I hired a man with a bulldozer who went over to the eastern part of our farm, excavated and dragged home a huge quartz rock. Needless to say, Betsy was thrilled with

the Volkswagen-size "gem" that still sits at the entrance to our house.

A quick research of quartz brings words of description like "clarifies and purifies both mentally and spiritually" and "crystal of harmony." It's possible that quartz is even "helpful in romantic relationships." Perhaps that is what prompted me to write the following birthday message to Betsy one time: "Today as I walked through the woods it was grey and dirty with winter's end. And there in my path was this beautiful white rock nestled in the leaf mold. I thought immediately of you, not just because I know you love white rocks. This rock was the only thing around that shined and stood out.

Among people, you stand out and shine just like that rock did for me."

Ok, just call me a romantic old fool but remember...the quartz made me do it! Yup,

Betsy's a special person. She indeed, shines and stands out among people. Lately, she's had some health issues with a major stroke last January, followed by a stroke-related seizure. She's not able to bring home quartz by the bucketful during her recovery but she's getting stronger every day and walking in the woods with Fern. One of these days, she'll resume collecting, the piles will grow, and I'll know where those beautiful rocks come from...she just goes "where they are."

*Morse Farm Maple Sugarworks is located at 1168 County Rd., Montpelier, VT. It is open year-round with Vermont products, gifts, maple syrup and maple products, bacon, beef, Burr's famous "Kettle Corn", and Cabot cheddar cheese. Order from (800) 242-2740 or www.morsefarm.com.*

**"Got my dog, a walk in the woods, and a good day. What more could I want?"**



photo courtesy of Morse Farm Sugar Works  
A walkway lined with quartz leading up to Burr and Betsy Morse's home in Montpelier, VT.

### East Thetford, VT

## Annual Revels Tradition Day

Revels Traditions Day takes place this year on August 26th at the East Thetford Dance Pavilion in East Thetford, VT, 12:30 to 7:30 p.m.

The afternoon and evening includes Revels Teens, Revels Singers, Band of Fools, Potluck Supper, and a Revels

North Community Dance.

The Revels Teens are an un-auditioned singing group focused on folk and community singing traditions from around the world, open to ages 12 to 19. The

Revels Singers is a multi-generational community

singing group focused on folk and community singing traditions from around the world, open to all. And the Band of Fools is a multi-generational community band focused on playing for parades and community dances, open to all levels and instruments.

The Revels North Community Dance includes set dances (circles, squares, longways). All dances taught and called. No experience is necessary. Live music pro-

vided by the Band of Fools.

There will be a Potluck Supper following the Revels Traditions workshops and prior to the Community Dance, from 5 to 6:15 p.m.

Admission fee is \$20 for the whole afternoon and evening.

*East Thetford Dance Pavilion, 140 Pavilion Rd. East Thetford, VT off Rt. 5. Contact Nils Fredland at (866) 556-3083. fredland@revelsnorth.org.*



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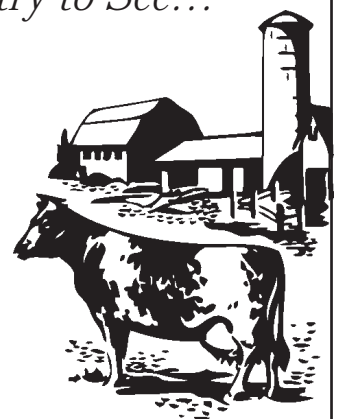
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# North Country Book News

Children's Book Reviews by Charles Sutton

## Tales of Summer Vacations at Lake and Ocean!

Being left behind because you are too little and too young while others go off for fun and adventure is disappointing especially if you are a little pig and bigger brother and sister pigs are going off for a week at a sailing camp. But our little pig is not disappointed for long as you will see in *Little Pig Saves The Ship* by David Hyde Costella (\$14.99, Charlesbridge, [www.charlesbridgepress.com](http://www.charlesbridgepress.com)). Little Pig practices making nautical knots and his grandfather builds him a tiny sailboat. The twosome start testing the boat every day making sure the sails work. They batten down the hatches when it rains, and for the biggest test they sail the boat across a stream. But a gust of wild blows the ship into the current, and down a waterfall it goes. Neither grandfather nor little pig can catch the boat, so little pig runs down the path and using a rope from his pocket, ties a bowline knot and lassos the boat as it passes under a bridge. He surely has proven he's ready for sailing camp next summer, and he later shows his brothers and sisters just what a sailor he is, already sailing his own boat in safer waters. This is a delightful story.

For most children and adults a day at the beach will be a happy time, certainly nothing to be afraid of if the waves aren't too high and there's a vigilant lifeguard. However, if you are the extra-shy dog Sukie, even being with Chunka Munka, your stuffed monkey doll, and your faithful companion, the little girl Eleanor, the beach is still a scary place as seen in *There Might Be Lobsters* by Carolyn Crimi and illustrated by Laurel Molk (\$16.99, Candlewick Press, [www.candlewick.com](http://www.candlewick.com)).

Pity Sukie, for everything is frightening to her—the stairs to the beach, a beach ball, even the edge of the water, and especially, there might be a lobster someplace with its pinching claws.

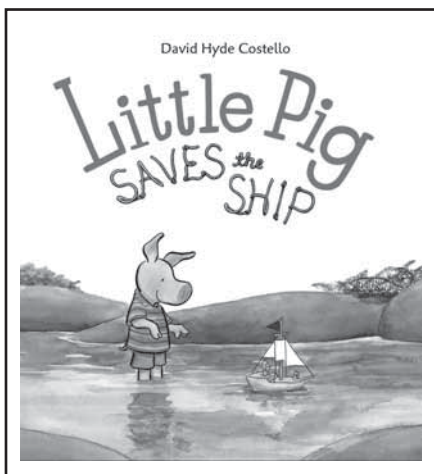
While Eleanor is having a swim a big wave comes and carries Chunka Munka into the sea. Suddenly the scared Sukie becomes a fearless rescue dog and plunges into the water and rescues her pet monkey. Proud Eleanor gives Sukie and Chunka Munka hugs and kisses. The beach will never be a frightening place again...as long as there are no lobsters!

There are many rescue stories involving the sea, but in *Flash the Fish* by Paul Kor (\$16.99, Penguin Random House, [www.penguinyoungreaders.com](http://www.penguinyoungreaders.com)) our hero is a tiny silver fish named Flash. One day he swims away from the school and encounters a baby whale who is in tears having lost its parents. The whale initially seems like a huge mountain, but soon the great size difference between the two makes

no difference and Flash sends his brothers and sisters and cousins to look for the parent whales. Flash stays to comfort the baby whale. Enjoy the happy ending as the parents join their baby who has made a new "somewhat smaller" playmate—a tiny silver fish.

Kor published over 20 children's books before his death in 2001 and is one of the most admired Israeli authors of all time. You can see why from his unusual drawings—large and small.

When I was boy I was always thrilled when one of those strange-looking horseshoe crabs washed up on the beach in Southport, CT. If the crab were alive and on its back, my brother and I would flip it over and return it to the sea.



I had no idea that every spring millions of these horseshoe crabs launch onto the shores of Delaware Bay to mate and lay eggs in the moist sands.

Learn all about this marine oddity in *High Tide for Horseshoe Crabs* by Lisa Kahn Schnell and illustrated by Alan Marks (\$16.95, Charlesbridge, [www.charlesbridgepress.com](http://www.charlesbridgepress.com)). Actually horseshoe crabs are not crabs at all, despite all those crab-like legs. Their nearest relatives are spiders, scorpions and ticks. Horseshoe crabs are ancient, more than half a billion years old.

In the artist's sea-to-shore drawings one notices a round disc on some of the horseshoe crabs. These have been

tagged for tracking by marine scientists. The biomedical industry uses the blue blood of the horseshoe crab to make LAL (Limulus Amoebocyte Lystate) used in a test that ensures all medicines and medical devices like pacemakers, needles, and artificial knees are free of harmful bacteria. The crabs are captured, bled, and returned to the ocean, a process they are able to survive, although concerned researchers are working on a synthetic substitute to the horseshoe crab's blue blood.

You will enjoy the drawings showing how the horseshoe crabs emerge from the sea and come ashore. This triggers the arrival of millions of migrating birds who will feed on the nutritious eggs. Don't worry, enough horseshoe crab green eggs are safe and ensure the population survives.

Also witness sightseers, families on vacation, and marine scientists tagging or collecting information from the tags. The buried eggs hatch in about two weeks and then "nearly the size of ladybugs, they crawl from the moist sand and swim away to begin their own journey." It's over until next year.



Do you collect tropical fish? Did you know that many of these colorful favorites come from Brazil? Learn how important they are to the planet's health in *Amazon Adventure—How Tiny Fish Are Saving The World's Largest Rainforest* by Sy Montgomery with photographs by Keith Ellenbogen (\$18.99, Houghton Mifflin Harcourt, [www.hmhc.com](http://www.hmhc.com)).

Meet Scott Dowd, a marine biologist who looks for new species among the electric eels, piranhas and stingrays. Fishermen (piabeiros) working from canoes, scoop up the tiny fish, providing a lucrative income and environmentally sound alternative to lumbering, mining and farming—all destroyers of the rainforest. The Amazon is the "lungs of the world" providing... a fifth of the world's oxygen...and the tiny tropical fish do their part!



## Book News

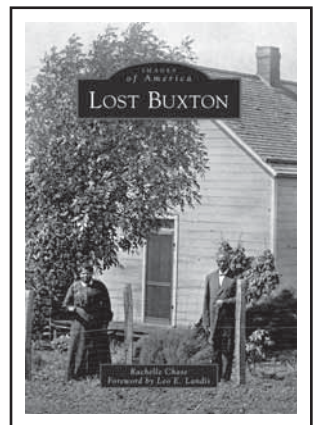
### Author Chase Discusses The Town Vermonter Ben Buxton Built

Phoenix Books Rutland will host Author Rachelle Chase on Thursday, August 10th at 6:30 p.m. for a talk on her new book, *Lost Buxton*.

Vermont Ben Buxton (1867-1933) was raised in Vermont and Iowa, and took over his father J.E. Buxton's job as manager of the coal mines in Oskaloosa, Iowa when he retired and returned to his home in Middletown Springs, VT. Eventually Ben Buxton followed him, after working in the Iowa coal industry and establishing the town of Buxton, Iowa. Returning to Vermont, Ben ran a large farm and dairying operation, also in Middletown Springs.

Using rare photographs, quotes extracted from oral histories, and audio clips from former residents of Buxton, Iowa, the town that Ben Buxton built, Rachelle will discuss how vastly the town of Buxton differed from other mining towns, and how it became the largest unincorporated town in Iowa.

Buxton, Iowa, was an unincorporated coal mining town, established by Consolidation Coal Company in 1900. At a time when Jim Crow laws and segregation kept blacks and whites separated throughout the nation, Buxton was integrated. African American and Caucasian residents lived, worked, and went to school side by side. The company provided miners with equal housing and equal pay, regardless of race, and offered opportunities for African Americans beyond mining.



Professional African Americans included a bank cashier, the justice of the peace, constables, doctors, attorneys, store clerks, and teachers. Businesses, such as a meat market, a drugstore, a bakery, a music store, hotels, millinery shops, a saloon, and restaurants, were owned by African Americans.


For 10 years, African Americans made up more than half of the population.

Unfortunately, in the early 1920s, the mines closed, and today, only a cemetery, a few foundations, and some crumbling ruins remain.

Copies of *Lost Buxton* will be available for attendees to purchase and have signed.

Rachelle Chase is a senior business analyst for Fortune 500 companies and a published author with an interest in African American history. She currently lives in Iowa.

Phoenix Books Rutland is located at 2 Center St. in Rutland, VT. For more info call (802) 855-8078 or visit [www.phoenixbooks.biz](http://www.phoenixbooks.biz).



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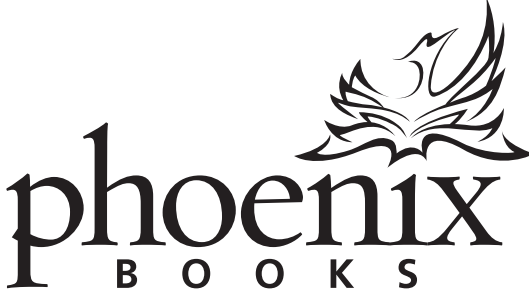
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# Naturally Delicious

## 100 Recipes for Healthy Eats That Make You Happy

(From the Kitchens of Naturally, Danny Seo)

by Danny Seo

(\$30, Pam Kraus Books, [www.penguin.com](http://www.penguin.com))

If you are stuck in your office for lunch, or want a quick pick-me-up picnic take-along, what might you bring? Author Danny Seo offers 100 recipes for “healthy eats that will make you happy” in this surprising 240-page cookbook.

Danny Seo is the founder and editor-in-chief of *Naturally, Danny Seo*, a national magazine of green living that emphasizes style and sustainability in food, beauty, travel, home, entertaining and much more. He is also the author of 10 books on ‘green’ topics and this is his first book on cooking.

### Ethnic, gourmet and healthy

The cookbook covers home-cooked surprise meals that Danny makes for guests at his cabin in Bucks County, Pennsylvania, as well as tasty dishes one would find in a gourmet ethnic restaurant in the city.

Danny attributes much of what he learned about cooking to the Natural Gourmet Institute in New York City whose courses include Culinary Nutrition, Cooking for People with Illness, Writing for Food Media, Raw and Living Foods, Food Entrepreneurship and Sustainable Farming. One of the courses he took there was making Indian breads which he writes were a “delicious success.”

Indian dishes are among his favorites and he recalls enjoying street food in India when he went there to shoot a “Bucket List Adventure” story for his magazine. One such dish was Indian-inspired Kamut Stew made from red lentils and spices, including hing and nigella seeds—common staples in Indian cooking—layered on a base of root vegetables. The dish includes Kamut, an ancient grain packed with nutrients that has a rich, buttery flavor.

For a gourmet treat from the Middle East, Danny recommends Quinoa Tortillas with Muhammara (a zingy Syrian red pepper), scrambled eggs, and fried Halloumi (a Greek cheese made from goat and sheep milk).

### Cooking with coconut

Danny is a fan of coconut, using unrefined virgin coconut oil as his main cooking oil and using coconut in many recipes. He recommends keeping the oil in a fridge during the summer months as it becomes liquid at 76 degrees. To him, “raw coconut is a fabulous addition to any dessert...and it is a pure source of energy.”

Among some 20 recipes using coconut are Coconut Wraps with Grilled Shrimp, Scallions and Spicy Mayo; Raw Coconut-Mango Parfait; No-Bake Coconut-Acai Macaroons; and Vegan Chlorella and Matcha (a Japanese green tea powder) Coconut Pudding.

And he writes: “The addition of chlorella to this banana and coconut pudding makes it

a dessert with a big healthy punch. Chlorella is a superfood: it helps cleanse the body.”

### Tasty treats with unusual ingredients

Danny’s book is full of tips. For instance, he says coconut oil is a chemical-free alternative to deodorants because the oil reduces pathogens like bacteria.

We are introduced to ice cream made out of cauliflower. Really—cauliflower? But Danny exclaims; “Never in my wildest imagination would I ever think to turn a head of cauliflower into vegan ice cream...and that it is really, really good.”

The recipe gives a clue why it might indeed be tasty. The mix includes cashew and pistachio nuts, coconut milk, vanilla beans and extract, maple and rice syrups.

### Tips on tea

The book introduces the reader to several favorite teas. The author reminds us that tea is the second-most consumed beverage on the planet just behind water. Recommendations

for us tea drinkers are Maca Apple Tea using maca powder called ‘Peruvian ginseng’ with a toasted oat flavor;

Cinnamon Apple Rooibos Tea, the “bush” red tea of South Africa; Lemon Verbena-Matcha Blended Tea used in Japanese tea ceremonies; and Ginger-Pomegranate Tea, frequently used in Ayurvedic medicine. Five secrets for making a perfect cup of tea are listed including not to steep too much and make sure the waters boiling.

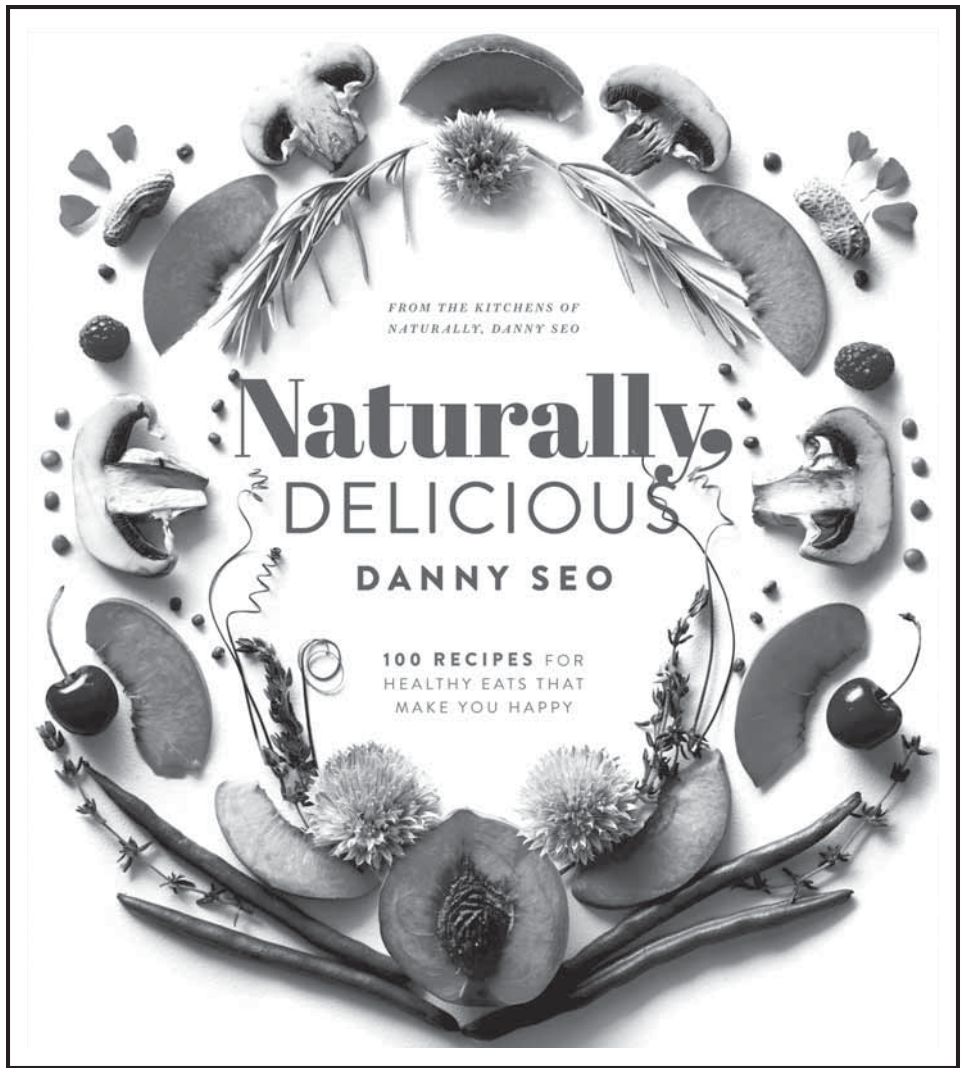
### Healthy snacks

Danny is big on tasty and healthy snacks. In one of the many beautiful full-page photographs of snack food we see baked sweet potato croquettes. He says they taste better than a plain baked sweet potato.

Among the other snack food that caught our eyes were: three types of hummus—sweet potato, classic, and cilantro-edamame—a green soybean used in East Asia cuisines.

Danny warns us that microwave popcorn comes in non-stick bags that contain a chemical. For more healthy popcorn he says just use a brown bag. In addition to simple popcorn he has recipes for Truffle-Parmesan Popcorn, Chipotle-Maple Popcorn and Peanut-Banana Popcorn.

For vegetarians Danny offers Vegetarian Curry with Sweet Potatoes and Chickpeas, Garlic-Ginger Mullet with Vegetables en



Papillote (parchment paper); and Glazed Eggplant and Black Sesame Fried Rice.

Although he doesn’t eat meat himself, his cookbook includes hearty meat recipes including Braised Grass-Fed Beef Ragù with Creamy Polenta; Jerk Chicken with Caribbean Salsa; Balsamic Braised Beef Shanks; and Braised Oxtails with Oranges and Dates.

One of his seafood recipes that we want to try is Low ‘N’ Slow Seafood Boil. The mix in the slow cooker includes corn, sausage, potatoes, celery, onions, lemon, paprika, cloves, cumin, parsley, and one bottle of beer. Shrimps are added last and only for 30 minutes.

### A green advocate from an early age

At age 12 Danny Seo founded an organization, Earth 2000, with a few of his friends in

Pennsylvania on a budget of \$23. By his 18th birthday he transformed the organization into one of the country’s largest teenage activist charities, working on worldwide campaigns on behalf of the environment.

Today Danny promotes an eco-friendly way of living under the banner “Simply Green.” This includes a nationally syndicated newspaper column “Do Just One Thing,” television programs, products, magazine columns and how-to lifestyle lectures. His first book *Conscious Style Home* (St. Martin’s Press) is about the renovation of his parents’ home in Green Hills, PA, using easy-to-find, eco-friendly materials.

Readers will be amazed at the beautiful and ‘mouth-watering’ full-page color photographs by Armando Rafael, a food photographer in Brooklyn, NY.

### Book Review by Charles Sutton

The book introduces the reader to several favorite teas. The author reminds us that tea is the second-most consumed beverage on the planet just behind water. Recommendations

for us tea drinkers are Maca Apple Tea using maca powder called ‘Peruvian ginseng’ with a toasted oat flavor;

Cinnamon Apple Rooibos Tea, the “bush” red tea of South Africa; Lemon Verbena-Matcha Blended Tea used in Japanese tea ceremonies; and Ginger-Pomegranate Tea, frequently used in Ayurvedic medicine. Five secrets for making a perfect cup of tea are listed including not to steep too much and make sure the waters boiling.

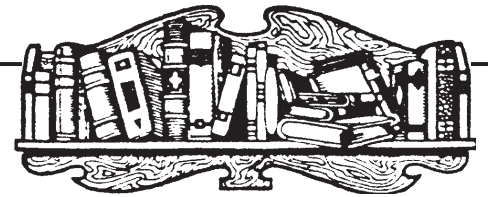
### Healthy snacks

Danny is big on tasty and healthy snacks. In one of the many beautiful full-page photographs of snack food we see baked sweet potato croquettes. He says they taste better than a plain baked sweet potato.

Among the other snack food that caught our eyes were: three types of hummus—sweet potato, classic, and cilantro-edamame—a green soybean used in East Asia cuisines.

Danny warns us that microwave popcorn comes in non-stick bags that contain a chemical. For more healthy popcorn he says just use a brown bag. In addition to simple popcorn he has recipes for Truffle-Parmesan Popcorn, Chipotle-Maple Popcorn and Peanut-Banana Popcorn.

For vegetarians Danny offers Vegetarian Curry with Sweet Potatoes and Chickpeas, Garlic-Ginger Mullet with Vegetables en



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# 26th Annual Moose Festival

In late August, the North Country will play host to the 26th Annual Moose Festival in Canaan, VT. This North Country tradition is expected to draw thousands of people from the North Country as well as from southern New Hampshire, Maine, Vermont, Massachusetts and Canada.

The Festival takes place on Friday, August 26, 3 to 10 p.m. and on Saturday, August 26 from 10 a.m. to 3:30 p.m.

The many festivities include a country fair, artisan crafters, vendors, cruise night, a dog show, an ATV ride-in, live music, moose calling contest, maple tasting, a classic car show, over 75 area artisans, helicopter rides, tethered hot air balloon rides, a moose calling contest, horse-drawn wagon rides, a quilt show, and much more!

Moose chili will be served till gone on Saturday at 11 a.m. for \$5 a bowl, till gone.

Enjoy moose-watching tours and an old-fashioned barn dance with a beer and wine tent.

Come to the Moose Watcher's Breakfast on Saturday morning from 7-10 a.m. at the Canaan School Cafeteria.

Enjoy some out-of-town explorations. There will be a guided tour of River Walk on the Connecticut River. Historic Indian Stream School will be open on Saturday, 20 minutes north on Rt. 3.

Come to Day on the Farm at 11 a.m. on Saturday at Roy and Laurel Amey's Farm on Tabor Road in Pittsburg, NH (20 minutes north on Rt. 3).

The Pittsburg Historical Society Open House will be on Saturday from 205 p.m. The society is 20 minutes north on Rt. 3.

The festival closes with a Bluegrass Concert Under the Stars from 7-10 p.m. at Amy Farm field on Rt. 3 in Pittsburg, NH.

"The Moose Festival is a wonderful, family-centered event," said Kathy Meader, event Co-Director. "Over the years we've been thrilled to provide attendees with access to dozens of talented artisans, crafters and vendors. New this year, thanks to a generous donation, we have recently added a community vendor tent for small hand-crafted vendors and area non-profits. It will allow home crafters and small non-profits an affordable option to participate in the Moose Festival."

Ms. Meader noted that the Moose Festival is an open, non-juried event that welcomes artisans, crafters, non-profits and food vendors of all types which gives the visitors lots to choose from!

Gate fee \$5 per adult, children 12-4 are \$3, 4 and under are free. (Friday's bracelet will get you in for Saturday). Price includes parking, horse and wagon tour, vote in people's choice for the Classic Car Show and art contest, dog show and participation in the Moose Calling Contest and the Family Friendly Competitions.

The Moose Festival is a fundraiser for the North Country Chamber of Commerce.

Canaan, VT is on Rt. 3, on the Canadian border, and is the northeastern-most town in Vermont. To learn more about the Moose Festival visit [www.moosfestival.com](http://www.moosfestival.com) and [www.chamberofthenorthcountry.com](http://www.chamberofthenorthcountry.com).



photo by Nancy Cassidy  
Moose grazes in a bog. Moose watching is a popular activity in Vermont's Northeast Kingdom.

## Green Mountain Gardener

### Wild and Cultivated Flowers You Can Eat

by Rebecca Slater, student  
University of Vermont

If you do all your shopping at the grocery store or local farmer's market, you are missing out on some interesting foods, those found in your own backyard. I'm talking about edible flowers. Here are some you might want to sample:

**BEE BALM** (*Monarda didyma*)—Bee Balm is a hardy perennial. The red flowers have a minty flavor, as Monarda is a member of the mint family. Anyone who has grown Bee Balm knows that it is very easy to grow and can become somewhat invasive in a spot it likes.

**CHICORY** (*Cichorium intybus*)—Chicory is a common roadside weed with beautiful periwinkle blue flowers in midsummer. Many people who lived through the Depression remember making a coffee substitute out of Chicory. Make sure you don't pick flowers on heavily traveled roads because of the pollution absorbed by the plant.

**CHAMOMILE** (*Chamaemelum nobile*)—English Chamomile is a hardy perennial that prefers moist soil and full sun. The flowers are small and daisy-like and have a sweet, apple-like flavor. CAUTION: Ragweed sufferers may also be allergic to Chamomile. It contains thujone and should be eaten in moderation.

**DANDELION** (*Taraxacum officinale*)—Yes, this is the common weed. If the yellow flowers are picked young, they have a sweet, honey-like flavor. Mature flowers are bitter. Do not eat Dandelions from lawns that have been sprayed! If in doubt, ask or just don't eat them. As you know, Dandelions will grow just about anywhere.

**DAYLILY** (*Hemerocallis fulva*)—Daylilies, which are hardy, indestructible perennials, have lovely blossoms in many shades. Their flavor is a combination of asparagus and zucchini. Some people think that different colored blossoms have different flavors. They make a nice garnish and may be stuffed for hors-d'oeuvres or made into fritters.

**ELDERBERRY** (*Sambucus canadensis*)—Elderberry is a large shrub or small tree that grows wild in many parts of the Northeast. The blossoms are a creamy color and have a sweet flavor. The fruit is used to make wine. CAUTION: All other parts of this plant are poisonous! Do not even eat the stems of the flowers!

**LAVENDER** (*Lavendula sp.*)—Lavender is a beautiful and wonderful smelling perennial or small shrub depending on where you live. The flowers are lavender, of course, and have a perfumed flavor. The flavor may be very intense, so use them sparingly. Lavender prefers a light, well-drained soil and full sun.

**MINT** (*Mentha sp.*)—Mints are clean-smelling, hardy perennials. Members of the mint family are characterized by their square stems. The flavor of the flowers is minty, with different overtones depending on the variety. Other members of the mint family with edible flowers are Bee Balm (mentioned above) and Lemon Balm (*Melissa officinalis*).

**ROSE** (*Rosa sp.*)—Roses can be shrubs or climbers. Some are hardy, some are not. They all prefer rich soil and full sun (except for a few species that will grow in some shade). It is important to remove the sour petal base.

**SCENTED GERANIUM** (*Pelargonium sp.*)—This is a tender perennial usually grown for its scented leaves. Scented geraniums come in many "flavors," ranging from rose to nutmeg to lemon and mint.

**SQUASH BLOSSOMS** (*Cucurbita pepo sp.*)—The blossoms of the annual squash plant are a vibrant yellow color and possess a mild vegetable flavor. They prefer soil enriched with organic matter and full sun. Squash blossoms, like daylilies, may be stuffed or made into fritters.

Remember that flowers aren't just appealing to the eyes or nose any more. Many are edible and can be used to add a "touch of spice" to your everyday dishes.

Contact: Dr. Leonard Perry, Extension Professor, University of Vermont at [leonard.perry@uvm.edu](mailto:leonard.perry@uvm.edu). Visit Perry's Perennial Pages for more resources.

## My Garden

A garden is a lovesome thing, God wot!  
Rose plot,  
Fringed pool,  
Ferned grot—  
The veriest school  
Of peace; and yet the fool  
Contented that God is not—  
Not God! in gardens! when the eve is cool?  
Nay, but I have a sign;  
'Tis very sure God walks in mine.

—THOMAS EDWARD BROWN  
England, 1830-1897



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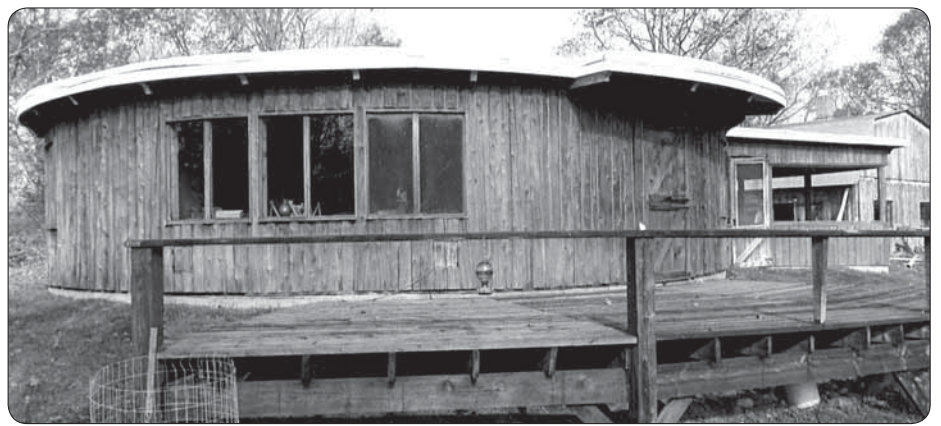
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